

WAR IN UKRAINE



(10) 5

Cloudy with spells of rain, heavy at times

Early mist and fog will clear. It will then be generally cloudy during the day with outbreaks of rain and drizzle which are possible quite widely, but will be locally heavy across southern **England**. Brighter in the north west.

Today's historical average high: 9.1 March 2022 average high so far: 10 March historical average high: 9.1 All averages based on CET Mean Max Temp. Historical info from 1961-1990 (Source: Met Office)

CLIMATE FACT: Delhi has recorded the highest temperature of the season at 33C on Monday. Meanwhile, this is the second time in the past 10 years that the first two weeks of March did not record any rain. The temperature is expected to rise in the upcoming days. (Source: Met office)

MONEY TIP OF THE DAY



USE a simple measurement hack to stop cooking too much pasta or rice. For rice, measure a quarter of a mug of uncooked per person. For pasta, place it into the bowl you will be eating from before cooking it. This should give you an indication of whether it's too little or too much. Use a bundle of dry spaghetti about the same diameter as a 10p coin for two people.



- ACROSS 2 Large motorboat (6) 5 Make bread (4)
- 6 Short advert (6)
- 7 Display, informally (4) 8 UK healthcare organisation (1,1,1)
- 11 Roof slab (4)
- 13 Number puzzle (6) **14** Spa city (4)
- 15 Headdresses (6) DOWN
- 1 Undulation of the sea (4) 2 Reveal a secret (3,2)
- 3 Nasal organ (4)
- 4 Zimbabwe's capital (6)
- 7 English county (6) 9 Counterfoils (5)
- **10** Notion (4)
- 12 Early 'guitar' (4)

TUESDAY'S SOLUTIONS

Across: 6 Inane, 7 Nag, 8 Available, 13 Clark Kent, 18 Arm, 19 Total. Down: 1 Lisa, 2 Lava, 3 Bell, 4 Snub, 5 Ague, 9 Val, 10 IVR, 11 Auk, 12 LAN, 13 Char, 14 Alms, 15 Kite, 16 Etta, 17 Told.

THE LOTTERY

LAST NIGHT'S EUROMILLIONS: 1, 2, 12, 19, 26 Lucky Stars: 288

THUNDERBALL: 16, 18, 23, 26, 30 Thunderball: 3. No £500k winner.

HEALTH LOTTERY: 2, 9, 17, 37, 48 Bonus: 19. **MONDAY'S SET FOR LIFE:** 4, 5, 10, 40, 44 Life Ball: 4. No winner of £10k a month for 30yrs.

SATURDAY'S LOTTO: 7, 13, 21, 23, 39, 44 Bonus: 16. Two winners share £4m jackpot.

NAZANIN HOPE AS PASSPO IS GIVEN BAC

Jailed mum's 6yr Iran ordeal may be over

BY **EMILY RETTER** Senior Feature Writer

NAZANIN Zaghari-Ratcliffe has been given back her British passport, raising hopes she may soon be able to return home to her husband and daughter after nearly six years trapped in Iran.

Her MP, Tulip Saddiq, revealed it was returned to Nazanin at her parents' home in the Iranian capital Tehran, where she has been under house arrest since lockdown.

Ms Saddiq believes "there is a British negotiating team in Tehran" discussing Nazanin's release.

The mum, 43, was initially jailed for five years in 2016 on trumped up charges of plotting against the regime, which she denies.

Last year the Iranians sentenced her to another year for spreading propaganda. In October, husband Richard Ratcliffe went on a hunger strike and camped for 21 days outside the Foreign Office in London to demand action to bring her home.

Nazanin's lawyer Hojjat Kermani said: "I am hopeful that we will have good news soon."

Prime Minister Boris Johnson said: "Everybody wants Nazanin home. We have been working on that for a long, long time.

"I don't want to do anything to interrupt the conversations right now."

As Foreign Secretary, he wrongly stated 🥈 in Parliament that Nazanin



had been working in Iran as a journalist. This gaffe worsened her position, her family has claimed.

Nazanin's was arrested in April 2016 at Tehran airport as she tried to return home with her then baby Gabriella after visiting her parents.

Her case has been unofficially linked to an outstanding debt of £400million the UK owes Iran for not delivering Chieftain tanks in 1979. Downing Street official would

not confirm payment had been made, stating: "There is no change on our position to that. We are committed to paying the debt. We're exploring options to resolve it."

Nazanin's sister-in-law Rebecca Ratcliffe said because of "so many false hopes" in the past, it was difficult to tell whether "this is a really positive sign or just the Iranian government playing games again".

She added: "We have everything

crossed but remain sceptical."

Nazanin has not seen Gabriella. now seven, since October 2019.

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BY RUKI SAYID Consumer Editor

FAMILIES face cutting back on treats when rule changes in October ban multibuy deals on unhealthy snacks such as crisps and biscuits.

Products high in fat, salt or sugar will not be available in buy one, get one free deals.

And 40% of managers and business

owners in the food and drink industry feel unprepared for the shake-up, research by global standards organisation GS1 UK found.

Boss Anne Godfrey said: "The legislation represents a seismic shift for businesses." In the move unhealthy food will also be

banned from the end of aisles and checkouts. MOVE Supermarket aisle

China curbs as new wave of Covid hits

CHINA has imposed strict lockdowns as Covid-19 cases hit a two-year high.

Tens of millions face restrictions, including all the Jilin province and residential and office buildings in Beijing and Shanghai.

Experts have linked waning protection from China's vaccines with a more than doubling of new cases in 24 hours.

The surge is considered the most serious since the first Wuhan outbreak.

Yanzhong Huang, of the Council on Foreign Relations think tank, asked: "How is that going to affect the Chinese economy?"

Worst wage squeeze for eight years

WORKERS are suffering the worst pay squeeze for eight years, figures show.

The Office for National Statistics said average wages rose 3.8% between November and January.

But it also revealed that was outstripped by inflation, which jumped by 5.3% over the same period.

Experts at think-tank The Resolution Foundation warned the squeeze is likely to continue until summer next year.

TUC General Secretary Frances O'Grady said: "Working people deserve financial security and a wage they can live on."

Arena blast inquiry told to be brave

RELATIVES of Manchester Arena attack victims want. the public inquiry to be "clear-sighted and brave".

The 18-month probe into the May 2017 blast, which killed 22 people, ended yesterday after hearing evidence from 267 witnesses and 24 experts.

Solicitor Kim Harrison, who represents 12 families, said they "desperately want something positive" from the inquiry and "real changes" to keep the public safe from terrorism.

She blasted a "catalogue of organisational failings".

The findings will be published later this year.

CORRECTIONS & COMPLAINTS (ipso.) Regulated

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I WIINNON WEDNESDAY 16.03.2022

WAR IN UKRAINE: RUSSIAN



TALENT Pierre Zakrzewski

Two journos dead & Brit reporter hurt in Kyiv attack

BY **CHRISTOPHER BUCKTIN** US Editor

A LONDON-based cameraman was one of two journalists killed covering the war on Monday.

Their British colleague was seriously injured.

Cameraman Pierre Zakrzewski, 55, and Ukrainian journalist Oleksandra Kuvshinova died when a vehicle was fired on in Kyiv suburb Horenka.

Announcing Zakrzewski's death, Fox CEO Suzanne Scott said: "His passion and talent as a journalist were unmatched."

They were with Fox reporter Benjamin Hall, 39, who suffered shrapnel injuries to his legs.

The married father of three, from London, was last night in an intensive care unit in hospital.

The attack comes days after award-winning US journalist Brent Renaud, 51, was killed by Russian forces near Kyiv.

THE WAR BRIEFING

Russian forces continue
assault on Kyiv
Cameraman killed while
covering war in Kyiv suburb
21 child cancer patients
arrive at NHS hospitals
Over 100,000 Brits offer to
house refugees
PM heads to Saudi Arabia to
ask Crown Prince to boost oil
production
FI imposes new sanctions

ask Crown Prince to boost oil production

EU imposes new sanctions on Roman Abramovich

Russian journalist who protested against the war fined but released



RUSSIAN forces blasted Kyiv relentlessly yesterday killing civilians as air raid sirens blared across Ukraine.

Thundering artillery pounded the capital as it emerged Russia has now lost 13,500 troops in the invasion.

Kyiv mayor Vitali Klitschko went to investigate a devastated apartment block in his city. The former world heavyweight boxing champion announced a 35-hour curfew and urged citizens to "spend the time in the bunkers".

A woman cried as she was evacuated from one of four multi-storey buildings hit in the strikes, which Mr Klitschko said killed four people.

The Kyiv region and the city's outer limits have been targeted

during Russia's 20-day onslaught on its neighbour but it was the first time the inner city had been attacked.

Two Ukrainians were last night injured in Odesa in the south after Russia opened fire from the sea in what is believed to be the start of a long-expected onslaught.

Up to 14 Russian amphibious landing ships which can each carry 10 tanks and up to 350 marines have been waiting off the coast for weeks.

Ukraine has announced two new laws banning collaboration with Russia, with 15-year jail terms for anyone caught.

President Volodymyr
Zelensky appeared
to try to appease
Putin by saying
Ukraine must
accept it will
never be part of
NATO. He
spoke after
video peace

APPEASING Mr Zelensky





Mayor Vitali Klitschko: Stay in the shelters

ROCKETED
Kharkiv tram with hole in its roof

talks held by his representatives, and Russia he said negotiations were "pretty good".

Mr Zelensky added: "Ukraine is not a member of NATO. We have heard for years that the doors open, but we also heard that we could not join. It's a truth and it must be recognised."

Support within Ukraine for NATO entry has fallen from 76% to 72% because the alliance has refused to close the skies over their country.

Some 90% of Ukrainians want a "no-fly zone" policed by

NATO jets – but this would likely lead to clashes between alliance jets and Russian warplanes. But 56% believe the main goal of the invasion is to completely destroy them.

Just 2% believe Russia is trying to protect the Russianspeaking population, social study organisation Rating Group found. Air-raid sirens even blared in the west in cities such as Ivano-Frankivsk, where the airport has been blitzed three times in 20 days.

Police in the sub-Carpathian city have warned locals to look out for strangers as they could be Russian spies.

Sources told the Daily









Mirror the spy agency SBU's local office believes agents rented apartments there months before the invasion.

It is believed they have given intelligence on long-range missile targets, including the military and civilian airport.

Ivano-Frankivsk is a supply hub, sending vital medication,

even bedding to frontline troops. It has provided as many as 150 volunteer troops to the front line in Kyiv.

Across Ukraine, a second wave of troops is being called upon to fight in the capital as it desperately hangs on. The shelling ignited a huge fire in a

clothing, military fatigues and 15-storey apartment building and spurred a frantic rescue effort. Two people were killed when Russia struck an aircraft factory in Kyiv. The Antonov factory produces many of the world's biggest cargo planes.

A councillor for Brovary, east of Kyiv, was killed in fighting and shells fell on the Kyiv

suburbs of Irpin, Bucha and Hostomel. Nine people died in a rocket attack on a TV tower in the western town of Antopol and in the eastern city of Kharkiv, a four-storey residential building was destroyed.

But Moscow has also suffered massive casualties. As well as the human casualties,

it has lost 81 warplanes, 95 figures emerged of at least four helicopters, 404 tanks and four generals in 20 days.

The leaders of the Czech Republic, Poland and Slovenia arrived in Kyiv by train yesterday to show support, the first foreign heads to visit since the invasion began.

It came as heartbreaking

children a day being killed by Russian shelling – more than 90 in total.

More than 100 children have been injured and Moscow's forces have blitzed 400 schools, destroying 59 of them.

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Mirror

Shame on you, Boris

KOWTOWING Boris Johnson is guilty of shameful double standards in serving as an apologist for Saudi Arabia's leader.

As a horrified world looks on at Vladimir Putin's war crimes in Ukraine, the brutal regime of Mohammed bin Salman is alleged to have committed many of the same barbaric offences in Yemen.

Our Prime Minister is a man without principles for overlooking the killing of children, bombing of hospitals and suspected use of cluster munitions in the Middle East – while rightly condemning them in central Europe.

Begging bin Salman to open the oil taps in order to slow rises in petrol and energy prices carries a high political cost.

Johnson will face that cost when he travels to Saudi Arabia to woo a Crown Prince said by US intelligence to be involved in the butchering of exiled journalist Jamal Khashoggi.

Human rights are universal and abuses must be condemned – including in Saudi Arabia, a country without fair trials which recently carried out the mass executions of 81 men.

The PM should have cancelled today's disturbing, humiliating trip there and instead stood up for decent values everywhere.

Choose a side

SANCTIONED Chelsea oligarch Roman Abramovich's flight to Moscow is the scramble of a Putin crony desperate to salvage his crumbling empire.

His closeness to the invader is why his return home will be viewed as a self-serving PR exercise unless he speaks out publicly.

Because everybody has to pick a side in this war. If Russian oligarchs turn on Putin then his brutal incursion might be halted. Say nothing and they have picked Putin's side.

Greatest gift

A BRIDESMAID could give no greater wedding present than to be a surrogate mother delivering a beautiful baby.

The bride throwing a bouquet for a bridesmaid to catch is a nice tradition – but it's second best to the incredible gift of life.

CHELTENHAM WEEK JOKE



WAR IN UKRAINE: YOUNG



SAFETY FIRST Nurses take babies to basement as air-raid sirens sound

EXCLUSIVE

BY AMY SHARPE in Korczowa and RACHEL WEARMOUTH

FRIGHTENED and anxious, a group of pregnant women are led into a dark hospital basement as air-raid sirens ring out above ground.

Since the start of the war, dozens of babies have been born underneath the maternity hospital in the southern city of Mykolaiv, where violence has been escalating.

Yesterday's grim scene played out as figures from global children's charity UNICEF showed that almost one child a second has been made a refugee since Russia's brutal invasion began 20 days ago.

More than 1.5 million kids, over 73,000 a day, have fled Ukraine.

President Volodymyr Zelensky said 97 children had been reported dead in the invasion and UNICEF's James Elder said: "Many more have been injured."

The UN said the total number of refugees has passed 3 million with more than half crossing into Poland.

Among them is Ivanna Burka, who said she had "no choice" if she wanted to protect her child.

Just 10 weeks ago, Ivanna was on holiday in the Carpathian mountains with husband Volodymyr, 28, and eight-year-old son, Roman, to celebrate the new year.

Now Volodymyr is fighting for their country in Luhansk, eastern Ukraine, and Ivanna and Roman fled after Russian air strikes hit an Army base near her home in Yavoriv on Sunday.

Speaking hours after her group crossed the border into Korczowa, south east Poland, she said: "We did not want to leave but we have children and I am afraid for them.

"I was scared. I heard rockets, explosions. I hid in the basement with my son. We are in danger in Ukraine. I can't sleep at home."

The mum smiled as she showed us photos of her recent holiday with Volodymyr: "We were outside together and so happy.

"We did not know he would have to leave us to fight so soon."

The joyful pictures were in stark contrast to a grim selfie of him in military kit weeks later.

"I'm afraid for him," Ivanna said.
"Roman is missing his father. He is brave and strong but I want to get him a cat or a dog to help him. We speak to my husband every day."

Ivana fled with a group which

Infants born in dark basement as air-raid sirens sound Almost one child a second is fleeing Putin bombardment

included her sister Iryna Shylo, 27, and one-year-old niece, Veronika.

Yesterday they had an emotional reunion with family friend Adam in Korczowa before setting off on a 700km journey to Zielona Gora, near the German border.

Another refugee, Maria Shiakhova, an engineering teacher, has continued to hold lessons while

travelling thousands of kilometres from Kharkiv, where a bomb smashed the doors and windows of her home.

She said "terrible things" have happened in the city but she wants to help "build the future Ukraine" by teaching her students remotely. The 24-year-old mum said: "We all continue our work. We must work for our country's future."

She has held classes over Skype as she travels to Warsaw with her son, Lev, four, and plans to complete her postgraduate dissertation in Poland. She said: "I am helping five students with Skype. I

call them and together we write. In May they will take their exams.

"Some are in Germany, Poland and some are in Ukraine, in areas that are more secure."

Her colleagues at Kharkiv National University are teaching their students from a bunker after shelling in the city intensified.

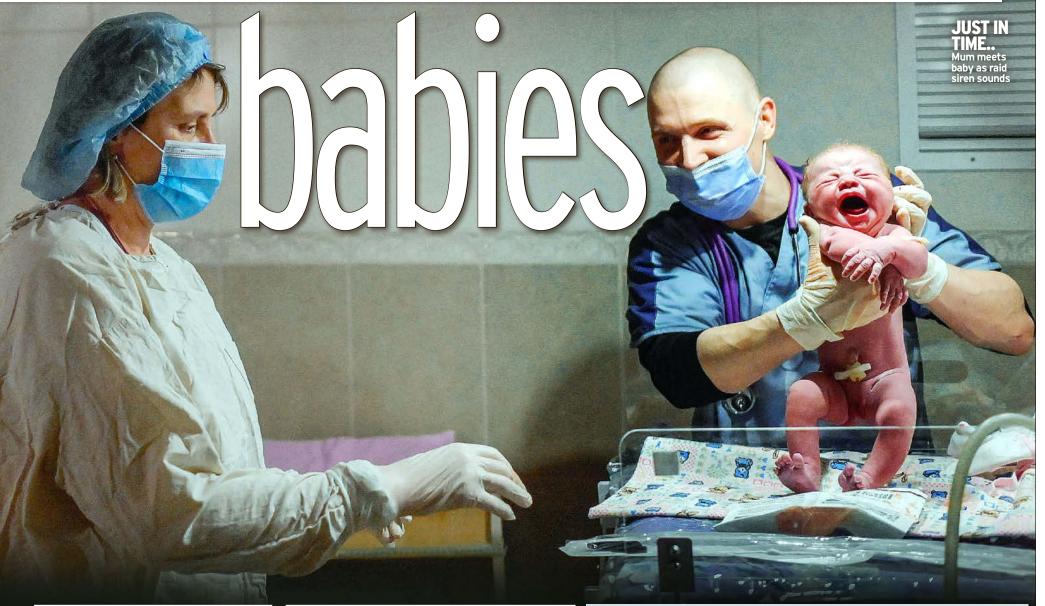
Holding back tears, Maria said:

"A bomb went off near my house and the glass and doors smashed. My university was on fire. I had no choice, I had to go. I was in another part of town with my parents. Now they live underground in a train station, where there is

A bomb went off near my house. My uni was on fire. I had no choice.. I had to go

REFUGEE MUM OF ONE MARIA SHIAKHOVA

BEAR BRUNT OF RUSSIA INVASION





DARK Pregnant women below Mykolaiv hospital



CUDDLE Mother and infant try to find comfort underground

a good cellar. They have been there seven days. My parents in Ukraine are strong. It's their home."

Her husband of five years Mazk, 24, an engineer, also remained in the country, helping to source and build materials for the war effort.

"He works because we must continue to work, for our Ukraine's future," said Maria, who hopes to return in time for his 25th birthday on June 1. She vowed: "I will go home, I want to go home.

Around 29,000 people were evacuated from Ukrainian cities through humanitarian corridors yesterday, most of them leaving the besieged port of Mariupol, a senior government official said.

About 7% of Ukraine's population have become refugees.

Last night more than 120,000 people in the UK had signed up to host a refugee at their home, within hours of a Government site

going live. PM Boris Johnson praised the "fantastic" response to the Homes For Ukraine scheme.

Hosts will be offered £350 a month and are asked to sign up for a minimum of six months, though Ukrainians will be eligible to stay in the UK for three years.

But concerns were raised about vetting of sponsors and support available for new arrivals, with one group warning of a "real risk" some refugees could be left homeless.

The Home Office said the total number of visas it had issued, as of 4pm on Monday, was 4,600.

According to its website, 17,600 applications had been submitted with 10,900 appointments made at visa processing centres.

The Refugee Council called for the Government to waive visa restrictions, arguing they would be complex and restricted to refugees known to people in the UK. Chief

executive Enver Soloman said: "A humanitarian crisis requires a speedy and compassionate response, not one that puts bureaucratic hurdles ahead of the immediate needs of people whose lives have been ripped apart."

Mr Soloman said he was worried about ensuring the safety of "very traumatised" women and children fleeing bloodshed and the support available for their sponsors.

He called for refugees to get full access to benefits, GPs, mental health services and schools.

Shadow Communities Secretary Lisa Nandy praised the public's "heartening" offers to help.

However, in a letter to Cabinet Minister Michael Gove, she said that the Government should be more actively involved in matching refugees with sponsors.

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Cancer children Terrified teen's are 'doing well' text of thanks

THE 21 child cancer patients evacuated from Ukraine are doing well after arriving at seven NHS children's hospitals.

The youngsters had endured a journey across the war-torn country to Poland before being flown to England on Sunday.

Medics from Southampton Children's Hospital and Birmingham Women's and Children's Hospital accompanied the children and their guardians.

Birmingham oncologist Dr Martin English said: "The children are all safe and doing as well as expected, especially after all the trauma they have endured."

A FRIGHTENED 14-year-old Ukrainian sent a WhatsApp message to a British family to say: "Thank you for giving us an opportunity to live in a safe country".

Victoria Malona, mum Lillia, 38, dad Vitalii and sister Ilona, six, are expected to arrive in the UK next week.

Sabrina and Tony Edge offered them space at their home in Driffield, East Yorks, alongside daughters Emily, 19, Maddie, 16, and Kitty, 11. Sabrina said the message made her family "sad".

Now in Moldova, the Malonas can still hear bombs falling a mile away in Ukraine.

MORE than 100,000 Brits registered interest in housing a refugee from Ukraine in the first 24 hours of a new scheme - but these questions remain...

When will hosts/refugees be matched? Visa applications open this Friday, but only for "phase one" - Ukrainians who know a sponsor by name and vice versa.

People or organisations who want to host but don't know a refugee can sign up now but have no date to hit the go button.

Michael Gove has not set a date for phase two and been criticised for leaving matching to charities and other groups.

Is the £350 payment enough? Hosts will get £350 a month for up to 12 months but this is a set amount regardless of how many refugees are hosted and is not designed to cover living costs.

It could lock out low-income sponsors. Refugees can claim Universal Credit but will have to take an advance out of future benefits to get paid in under five weeks.

What happens after six months?

Hosts must give accommodation for at least six months but visas last three years.

Hopefully, Ukrainian families will find their own places as soon as possible.

What happens if people fall out?
The PM's spokesman said: "We'd expect the

local authority to step in. What about safeguarding?

Security checks will be "light-touch", ie less thorough than a full DBS check.

BORIS Johnson is so desperate for oil he is willing to pretend this week's mass execution of 81 men never happened. The damage to Britain's moral standing globally is huge.

Mohammed bin Salman swore he is modernising the Saudi justice system but days later oversaw the country's largest mass execution.

He is betting countries like the UK will look away, because they would rather fund his blood-soaked petrostate than Putin's war machine.

It is not an either/or. There are better and more sustainable ways to deal with the energy crisis than empowering these murderous regimes. Johnson's visit to Saudi will confirm it will face no meaningful consequences for these executions. It

They hope Britain will look away

COMMENT BY **Maya foa** of Reprieve

virtually guarantees more people whose only crime was to protest against Bin Salman's rule, will be executed. People like Hasan al Maliki, an academic currently facing a death sentence for owning banned books.

The 81 executions at the weekend

were probably beheadings, but Saudi "justice" is

such a black box we can't be sure. The European Saudi Organisation for Human Rights, which tracks death sentences in Saudi, didn't even know about 69 of the cases. These men were tried, convicted, sentenced, and executed in complete secrecy.

Of the 12 we know about, at least three were tortured into making false confessions to terrorism after taking part in pro-democracy protests.

Visiting Riyadh so soon after this mass execution shames the Prime Minister and shames Britain. We must not show our revulsion for Vladimir Putin's atrocities by rewarding those of Mohammed bin Salman.

WAR IN UKRAINE:

PM begs Saudis for oil... despite Yemen atrocities & 81 executions

BY RACHEL WEARMOUTH

AS Russia carries out new attacks against the people of Ukraine, Boris Johnson is heading to Saudi, where 81 people were executed this week for opposing its brutal regime.

The largest mass execution in its modern history was on the orders of Crown Prince Mohammed bin Salman, who is also guilty of the merciless bombing of civilians in Yemen and was implicated in the 2018 assassination of US-based journalist Jamal Khashoggi.

But the PM heads to Riyadh to beg Bin Salman to increase oil production to help the West wean itself off Russian energy.

He will make similar pleas to Crown Prince Sheikh Mohammed bin Zayed in the neighbouring UAE, also guilty of human rights abuses.

Mr Johnson said: "The UK is building an international coalition to deal with the new reality we face.

'The world must wean itself off Russian hydrocarbons and starve Putin's addiction to oil and gas. Saudi Arabia and the United Arab Emirates are key international partners in that."

Pressed on whether the shift away from Russia meant dealing with other dangerous regimes, he said: "We want to build the widest possible coalition."

Ed Miliband, Shadow Secretary of State for Climate and Net Zero, said: "It is a sign of our vulnerability and energy

insecurity as a country that the Prime Minister is going to Saudi Arabia to seek an increase in oil production, despite

the appalling human rights record."
Polly Truscott, of Amnesty International UK, said: "Saudi oil shouldn't be allowed to buy the world's silence over Saudi's terrible human rights record."

Mike Davis, of Global Witness, said: Oil and gas drives conflict. Rather than run, cap in hand, to Riyadh, the PM should be focusing on how we can rapidly invest in renewable energy."

Conservative Julian Lewis, who chairs the Intelligence and Security

Committee, called for assurances that the UK would not now become dependent on another "unreliable, sometimes hostile, regime"

Katie Fallon of the Campaign Against Arms Trade said Britain's weapons sales to Saudi had "emboldened" the kingdom to "commit violations" of humanitarian law in Yemen.

Mr Johnson, who will travel overnight before starting in the UAE, wrote in the Telegraph yesterday: "As long as the West is economically dependent on Putin, he will do all he can to exploit that dependence... And that is why that

dependence must - and will - now end." Tory MPs yesterday urged Chancellor Rishi Sunak to combat "eye-watering" fuel costs by cutting duty.

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ALTERNATIVE Arab supplies are now vital



BY **JASON BEATTIE**

THE war in Ukraine has exposed the fragility of the UK's energy supplies. Embargoes on oil and gas from Russia have pushed up prices and sparked a

Ministers are trying to square the dash for new sources with net zero promises.

What can the UK do to bring down prices for consumers, secure its energy supplies and meet its green commitments?

OIL AND GAS

The Prime Minister will travel to Saudi Arabia and the United Arab Emirates to urge them to increase oil production. This would help bring down global wholesale prices.

Turning to Saudi Arabia is controversial

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JOHNSON'S TAINTED MISSION



energy: The UK's alternatives

because of the country's human rights record, but Whitehall sources have played down an immediate deal.

The UK is looking to issue new licences for North Sea oil and gas.

RENEWABLES |

In 2020, Boris Johnson said he wanted 100% of the UK's energy to come from renewables by 2035.

However MPs have warned recently that the Prime Minister's target is unlikely to be met.

And any hopes of meeting it will be thrown into further doubt if the Government decides to turn to fossil fuels to plug the gap in energy supplies. The Labour party argues that the Government has been too slow to invest in solar, tidal and wind power.

It says there are 649 onshore wind farms and solar projects in the country which already have planning permission but have yet to be developed.

NUCLEAR

Britain gets just 16% of its power from nuclear sources, compared to 71% in France.

The Government's
2020 energy white paper
identified nuclear as a way to reduce
emissions but just one new nuclear

power station, Hinkley Point, left, is being built. Ministers have named seven possible new sites but could also speed development of "mini" nuclear reactors still powerful enough to service a city.

BRACKING

Under pressure from the Tory right the Government has agreed to review its moratorium on fracking. It was banned in the UK in 2019 amid concerns it was causing tremors, but Boris Johnson has

amid concerns it was causing tremors, but Boris Johnson has said it would not make sense to seal the country's shale gas wells.

Experts warned that it could take 10 years before the wells started to produce

gas commercially. Business Secretary Kwasi Kwarteng admitted that fracking would not change wholesale prices.

H (DM BUNSUU AVU (DN

One of the most effective ways to reduce heating bills is to insulate homes properly.

Labour's Ed Miliband says upgrading the 19 million homes without insulation would cut bills by an average of £400 a year and reduce gas imports by 15%.

But David Cameron cut subsidies for insulation and relaxed rules on new builds. Since 2016 more than a million homes have been built with poor energy ratings. Mr Johnson's £1.5billion green homes grants scheme was scrapped in 2021.

Heating bill nightmares for schools

EXCLUSIVE BY LUCY THORNTON

SCHOOLS are at "breaking point", being forced to put recruitment on hold to meet rocketing energy bills.

Wales High School, near Rotherham, South Yorks, expects its gas and electric bills to almost double.

Headteacher, Pepe Di'lasio, whose run-down school has a leaking roof, said: "We're looking at increases of nearly £100,000 in the next year. £100,000 is essentially three new teachers."

UNISON head of education Mike Short said: "School budgets were already stretched to the limit. Soaring energy prices could push them to breaking point. The government must boost school funding."

And Paul Whiteman, general secretary of school leaders' union NAHT, said: "Rising fuel costs are a huge concern for school leaders."

The Department for Education said a £4billion increase in core funding would help schools.

Pupils may lose buses says boss

SOARING fuel prices are putting the traditional school bus at risk, transport chiefs warned yesterday. Andrew Scott, joint boss

Andrew Scott, joint boss of Co Durham coach firm Stanley Travel, says it may struggle to fulfil its school contracts with both Durham and Northumberland county councils.

The deals were agreed in 2017 with an annual fuel "uplift" of around 3.7%.

Usually three years, the deals were extended by 12 months in 2020 and 2021 due to Covid

Now even bulk purchases of fuel have gone up 54%.

Andrew, 55, who has been in the family business for almost 40 years, warned school run contracts could end at short notice if new deals are not agreed.

He called for a fuel tax rebate, adding: "We order around 20,000 litres a week including deliveries off site.

"So last week we were paying £2,100 more than the week before.

"It is another obstacle for us to overcome."

WAR IN UKRAINE: TRUTH

Sea creatures and lies: How Russia tries to twist reality

BY **GABRIEL GAVIN** Moscow-based British journalist

FOR weeks, ordinary Russians have been bombarded with TV reports designed to convince them that the "special operation" in Ukraine is both going well and morally justified. Here's what we saw during a day's viewing...

BREAKFAST TV: MORNING IN RUSSIA

Viewers switching on their TVs from 5am are greeted with scenes of apparent devastation broadcast on one of the country's most popular TV channels, But the carnage wasn't in Ukrainian cities besieged by Russian troops.

In one clip, locals in Donetsk, held since 2014 by pro-Moscow rebels, lay flowers after civilians were reportedly killed "by Ukrainian aggression" in a missile attack. One local woman tells the camera crew, "it's scary, this is the centre of the city, it's supposed to be the safest place"

Western governments and international observers are yet to verify the incident.

LIVE NEWS: RUSSIA 24

The country's go-to station for rolling news, Russia 24 plays on screens everywhere.

Today it leads its lunchtime slot with a live broadcast from a press conference with General Igor Kirillov, the head of Russia's



radiological, chemical and biological warfare unit.

The top officer claims Ukraine has "30 biological laboratories" set up by the US in a secret weapons programme, which he insists is a threat to Russians.

WHO IS AGAINST US? **ROSSIYA-1**

On Who Is Against Us?, an afternoon show on the Kremlin's flagship current affairs outlet, Rossiva-1, a "debate" is held between commentators in which they attempt to take apart the arguments against Putin's war.

According to the host, veteran media personality Dmitry Kulikov, the key question is whether Ukrainian President Volodymyr Zelensky is "good enough" to be allowed to remain in power.

Featuring footage from the scene of a supposed rocket strike in Donetsk, guests one by one condemn Kyiv's leader as a "dictator" and a "madman."

ROLLING NEWS: ROSSIYA-1

Throughout the day, producers at the news channel flash up clips of Russian iets taking out what they describe as Ukrainian military targets.

One graphic repeatedly shown to viewers indicates that the war is going in Moscow's favour. insisting 156 Ukrainian aircraft and pieces of aviation equipment plus 1.306 tanks and other armour have been destroyed.

No mention is made of the country's own losses.

FACTS: RUSSIA 24

A primetime evening show designed to rebut criticism of government policy, on Tuesday night Facts aired footage of rallies in support of Putin's war - half a dozen demonstrators flying Russian flags and those of Ukraine's breakaway republics.

NAVY SEALS: RUPTLY

Ruptly, Russia's international news network, based in Berlin, on Monday published a video report on the country's "navy seals" two of the marine mammals dressed in army berets and pirouetting with fake rifles.

Director of Baikal Aquarium Evgeniy Baranov told Ruptly TV: "The seals were intended to provoke some patriotic feelings."



RUMA He's in Moscow as more cronies hit

ARMSTRONG and PIPPA CRERAR

TROUBLED tycoon Roman Abramovich arrived in Russia yesterday as he moved to protect his £12bn cash and assets around the globe.

The Chelsea owner's WAIT Abramovich in Israel private jets and two yachts

worth more than £1billion were safeguarded before yet more UK and EU sanctions were put in place.

Abramovich looked dishevelled as his £49m Gulfstream G650 LX-RAY jet left Israel after the country made it clear they would not become a "safe haven" for sanctioned Russians. Air-tracking services showed it then travelled to Istanbul.

Sources confirmed he was on board yesterday as it landed in Moscow.

Two of his yachts, his £445m Solaris and £537m Eclipse, were also believed to be heading for "safe" Turkish waters.

The move came as hundreds of powerful Russians linked to the Kremlin were hit by tough sanctions. Just hours after a new law cleared in Parliament, the

new targets, and froze the assets of Abramovich. But he reportedly

"exercised effective control" of Evraz, a steelmaker which "potentially supplies steel" for Russian tanks. His stake is worth £420m. His shareholding was

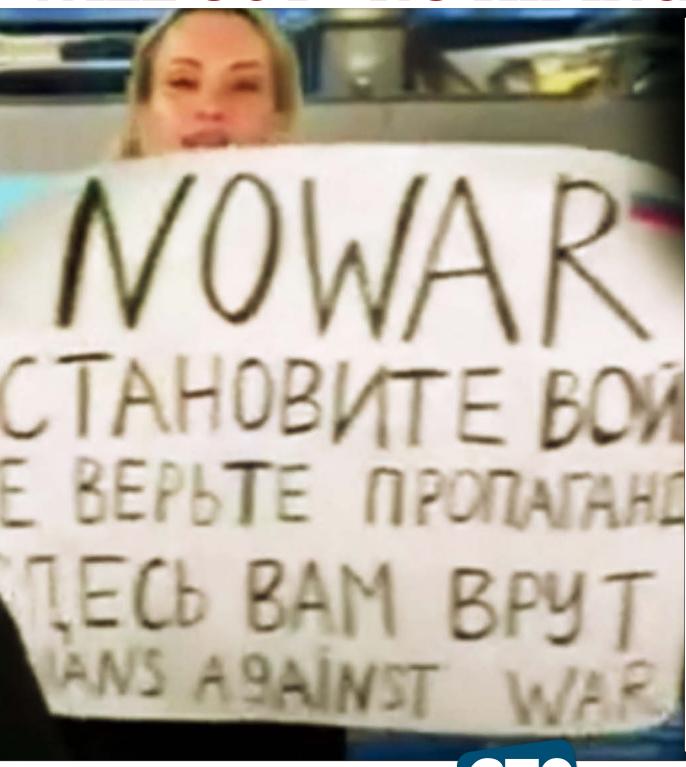
moved eight days before Russian president Vladimir Putin ordered the invasion of Ukraine. Abramovich was

Dmitry Medvedev

Served as Russian president from 2008-12 and PM from 2012-20, swapping roles with Putin until he was able to alter the constitution to stay in the top job. One of Putin's closest allies. Deputy chairman of the Security Council.



LL OUT... NO HIDING PLA





elly protester's £215 ine after news demo

A RUSSIAN journalist who protested against the war in Ukraine on live TV news has been fined £215.

Marina Ovsyannikova appeared in a Moscow court yesterday and was ordered to pay 30,000 roubles.

The editor at state-controlled Channel 1 interrupted the bulletin with a sign saying "no war". She also released a

video calling the war in Ukraine a crime and urging Russians to protest against it.

The fine was imposed after she was found guilty of flouting protest laws with her video, the court said. It is not clear if she

will face separate charges relating to her TV protest under repressive new laws which carry a jail term of up to 15 years.

There were fears for her safety until a photo of her with her lawyer appeared

online. After the hearing, she said she was quizzed for 14 hours with no legal help.

She said: "It was mv anti-war decision. I don't like Russia starting this FEARS Protest journalist invasion. It was really terrible."

State TV insists the invasion is a "special military operation" to "de-Nazify" Ukraine.

A Kremlin spokesman denounced Ms Ovsyannikova's protest as "hooliganism".

said to have transferred shares to himself from an offshore company on February 16.

But his £150m Kensington mansion in West London, a £22m penthouse, helicopters and supercars based in Britain cannot be sold.

It is understood he was not due to meet President Putin in Moscow.

But sources suggested he was keen to find a peaceful resolution to the conflict.

It was the second trip a jet linked to the oligarch has made between Istanbul and the Russian capital in a matter of days.

Data showed the jet in the Russian capital, with sources confirming he was on board on Thursday. Germany's Bild newspaper reported

he met with ex-chancellor Gerhard Schroeder in Moscow before Schroeder sat down with Putin.
A source told Reuters news

agency that Abramovich "wanted to find a way to stop the war".

But Foreign Secretary Liz Truss pledged to hit hard those close to

Putin for their "complicity in Russia's crimes in Ukraine".

The UK's sanctions regime is effectively now in line with the tougher one imposed by its European and other allies.

The EU launched a new barrage of sanctions yesterday including bans on Russian energy

sector investments. And they also froze the assets of more Kremlin-linked individuals including Abramovich.

The ŬK slapped export bans on luxury goods such as sports cars and high-end fashion and hiked 35% import tariffs

individuals and entities

sanctioned yesterday

The Foreign Office said the latest oligarchs sanctioned have a combined estimated worth of more than £100bn.

on goods such as vodka.

Ukrainian President Volodymyr Zelensky warned the sanctions while welcome were "not enough", calling for a full trade embargo.

Prime Minister Boris Johnson, hosting a meeting of European leaders in London which Mr Zelensky addressed via video-link, said he heard him "loud and clear".

Among hundreds of Russian and Belarussian individuals who have been hit with UK asset freezes and travel bans are former President Dmitry Medvedev, Russian Foreign Affairs spokeswoman Maria Zakharova and oligarch Mikhail Fridman.

But Lib Dems spokeswoman for foreign affairs Layla Moran said: "This is shutting the door after the private jet has bolted.

VOICE OF MIRROR: PAGE 6



Mikhail Fridman

Ukrainian born Fridman is founder of Alfa Bank, the largest private bank in Russia. Said to be worth £9.2bn. He moved to London in 2015, buying Athlone House in Highgate, and has business interests in the UK



Maria Zakharova

As foreign affairs spokeswoman, Zakharova is the international voice of the Putin regime. Claims videos of strikes against civilians are part of Ukrainian propaganda. The day before the war she was sanctioned by the EU as "a central figure of the government propaganda''

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We know everyone wants to help those affected by the crisis in Ukraine. You can now donate to the British Red Cross' Ukraine Appeal by rounding up your shop in-store to the nearest £1 at the self-service tills or by donating your Clubcard vouchers online. We'll match your donations in the UK up to £700k, with a further £300k donated across ROI and Central Europe, totalling £1m. Let's help, together.

Visit tes.co/everylittlehelps for details.







It is also known to use algorithms

to predict and prevent problem

gambling, which may have impressed the Gambling Commission. Mr

which has run the National Lottery

since its launch in 1994, and chief

executive Nigel Railton said it was

considering its "next steps". Because

graham.hiscott@mirror.co.uk @Grahamhiscott

mated £5.9billion, is married to

Stepanka and lives in Switzerland.

ensure an important Czech energy

asset was not subject to full Russian

control. There are very few options to

fully divest from Russian gas in

Eastern Europe." Gazprom, which is

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FARM BID Jeremy Clarkson

Clarkson car park 'would suffer crime'

BY TOM BRYANT

A POLICE expert is opposing Jeremy Clarkson's bid to build a large car park at his farm.

The former Top Gear presenter wants to up parking at his Diddly Squat farm from 10 spaces to 70.

Thames Valley Police's crime prevention adviser Kevin Cox set out objections to the local council. He said: "It is to be

expected that this site may well generate significant interest, and due to its isolated rural location, I have concerns that it may be vulnerable to crime and antisocial behaviour."

Locals have complained of traffic chaos at the site, which is featured in Amazon Prime Video series Clarkson's Farm.

Clarkson's previous application for a restaurant there was rejected.



FEELING HEAT Matt Lucas

Baking not a piece of cake for host Matt

BY MARK JEFFERIES

MATT Lucas struggled with nerves in The Great Celebrity Bake Off tent.

Usually the host, Matt, 48, had to swap sides after a contestant pulled out at the last minute.

Asked if Matt had learned some baking skills over his two years, judge Paul Hollywood, 56, said: "If you watch, you realise... no. He has all the words but nothing to back it up.

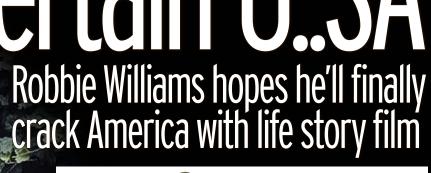
"He got upset because something had gone wrong. It did get to him."

But Prue Leith, 82, said: "He didn't do badly.'

The show which raises money for Stand Up To Cancer starts next Tuesday at 8pm on Channel 4.

Paul Hollywood has been sunk by his Lego obsession, with a back injury flaring up while building a model Titanic.





I'm not

scared to

human,

portray my

villainous

side on TV

ROBBIE WILLIAMS ON HIS MOVIE BETTER MAN

EXCLUSIVE BY TOM BRYANT

ROBBIE Williams is making a bid to conquer America at long last, not with his music but with a biopic of his life.

Despite huge success in Europe and Asia, the singer remains relatively unknown in the US.

But Hollywood bosses have high hopes a big-budget film about him will prove a massive hit, like Bohemian Rhapsody and Rocketman did about Oueen and Elton John.

A source said: "Early indications are it may really cut through to US audiences, not least as the people in place on it

have such pedigree. Movie chiefs think the script - essentially a stirring story about an underdog catapulted to fame – will really resonate, even those who may not know much about Robbie himself.

The film is being directed by Michael Gracey, whose movie The Greatest Showman – about the life of circus founder P.T. Barnum –

was a global hit. He was also an executive producer on Rocketman.

Robbie, 47, whose hits include Angels, Let Me Entertain You and Millennium, is expected to appear as himself in the biopic, which will tell of his rise to fame with Take That and a successful solo career.

Having said for years that he enjoyed the anonymity of his new life in Los Angeles, he now hopes

Better Man, named after one of his songs, will make him a household name.

He said the "warts and all" film will not be afraid to address issues such as addiction. He told this week how he poured his heart out to Gracey then "ran away and hid behind a sofa". Robbie said:

"I'm not scared to portray myself with human characteristics some would see as villainous. Hopefully the tale will explain who, what and why I am.

He said in another interview: "For a narcissist it's a wonderful project because it's all about me."

> tom.bryant@mirror.co.uk @MirrorTom



RISING YOUNG STARS Take That in the early Nineties, with Robbie on the left

VISITORS Queen with Mary Simon & Whit Fraser

It's good to see you back, Ma'am

THE Queen was back at work in person yesterday, hosting Canada's Governor General Mary Simon and her husband Whit Fraser for afternoon tea at Windsor.

She returned to work a day after being forced to miss the Commonwealth Day service at Westminster Abbev.

Prince Charles represented his mother. who has recently recovered from Covid, at the annual Commonwealth celebration. The Queen, who is 95, pulled out because she felt uncomfortable about the 26-mile journey from Windsor to London, rather than because she was unwell.

She is thought to be having mobility issues, although palace sources say she has "good days and less good days"

The Queen was also back on duty with video calls yesterday, speaking to Mongolian Ambassador Enkhsukh Battumur and Rukhshona Emomali, the

Ambassador from the Republic of Tajikistan. In her message on Commonwealth Day, on Monday, the Queen said it had made her happy, during her Platinum Jubilee year, to reaffirm the pledge she made in 1947, aged 21, to

devote her life in service. The Queen is "determined" to attend the service of thanksgiving for the life of her late husband Prince Philip, who died aged 99, last April.

Gulls recall a plaice to eat

SEAGULLS fly up to 100 miles to visit their favourite fish and chip shop, a study found.

GPS-tagged herring gulls flocked to one chippy in the town of Troon on Scotland's west coast.

British Trust for Ornithology researchers were amazed to realise some had come 100 miles, from the Inner Hebrides.

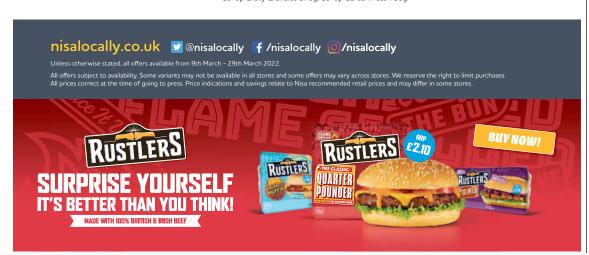
Dr Nina O'Hanlon, study author, said some individuals made repeated visits.

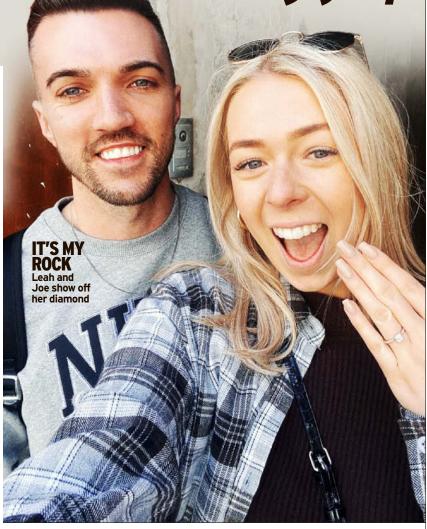
The study is to find why the population is declining.



Funfair date proposes







BY LUCY THORNTON

A COUPLE who were seriously injured in a rollercoaster crash at Alton Towers on their first date have announced their engagement.

Leah Washington, 24, and Joe Pugh, 25, were teenagers when the Smiler ride crashed in 2015 leaving them with devastating injuries.

Leah's leg had to be amputated and Joe had shattered knees, but their romance carried on and this week he proposed during a break in Venice.

A delighted Leah showed off her stunning diamond solitaire engagement ring in a photo with Joe.

She posted it and told her 25,000 followers: "So this happened yesterday ... I SAID YES."

Joe posted: "What a great end to a long weekend in Venice... SHE SAID YES".

His mum gave her blessing to the engagement, saying: "Fabulous news . Lots of love to you both."

Leah and Joe recently bought their first home together, a bungalow in Yorkshire, and started their own small printing business together.

What a

great end

to a long

weekend

in Venice

The couple, from Barnsley, South Yorks, were among 16 people hurt when two carriages on the ride collided.

Theme park owner Merlin admitted breaching the Health and Safety Act and was fined £5million in September 2016.

Leah and Vicky Balch, of Leyland, Lancs, who also lost a leg in the accident, announced they were

suing Merlin for negligence and/or breach of statutory duty.

Leah's £60,000 prosthetic leg will need replacing every few years, costing many thousands of pounds. An investigation by

the Staffordshire theme park operators in November 2015 found the crash had been caused by human error.

In 2018, Leah told how she feared Joe would leave her after the accident, but it brought them closer.

She said: "We are part of something that will for ever knit us together."

Reacting to the engagement news, one follower told the couple: "You deserve a happy ending."

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@lucethornton





TRIBUTE Jack Charlton

Big Jack cap statue set for home town

BY JEREMY ARMSTRONG

A LIFE-size statue of Jack Charlton in his trademark flat cap will take pride of place in his home town.

The £50,000 tribute to the late England World Cup winner will be 6ft 2in tall. It is set for unveiling in July.

It is based on a photo of Big Jack in cap and scarf and carrying a ball at Hirst Park, where he played football as a boy in Ashington, Northumberland.

The statue is by awardwinning sculptor Douglas Jennings, whose work also includes figures of 1966 hero George Cohen as well as Margaret Thatcher.

Councillor Liam Lavery, who devised the idea, said the widely funded project "fills me with immense pride". He added: "I visited the studio in London and the statue took my breath away. It's outstanding."



Everton star is fined £900 for speeding

BY **STEPHEN WHITE**

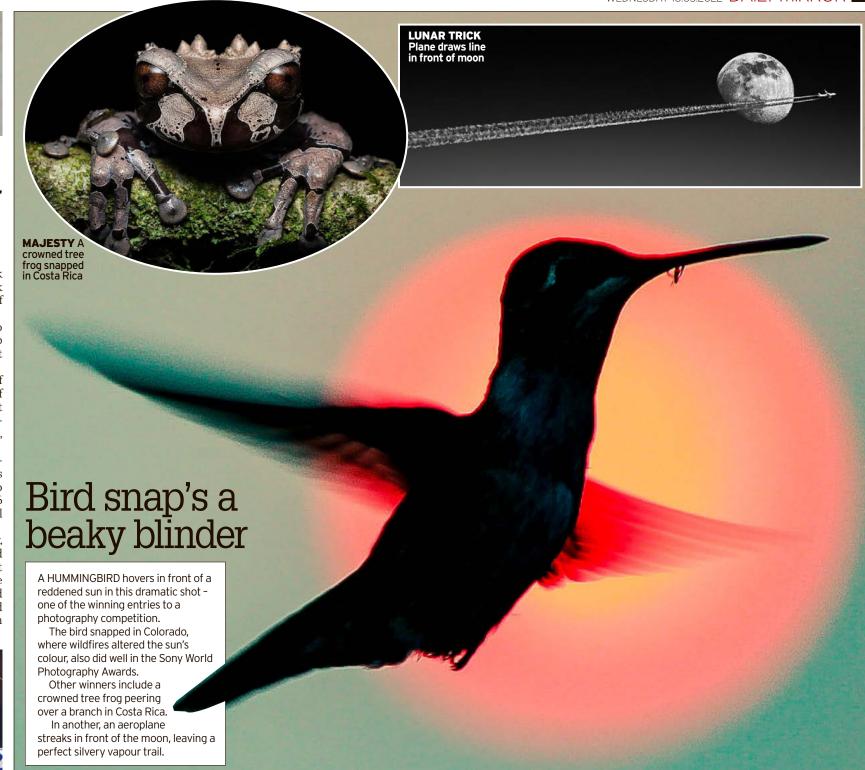
ENGLAND and Everton star Dominic Calvert-Lewin has been fined for driving eight miles over the limit in his Lamborghini.

The striker, who is 25 today, admitted driving the £160,000 Lamborghini Urus at 58mph in a 50mph zone on the A533 in Cheshire in August.

He was fined £900 and got three penalty points, which brought his total to six after a previous speeding offence in 2020.

The footballer had been due to stand trial after he pleaded not guilty to speeding and failing to give information relating to the identification of the driver.

Calvert-Lewin, from Bowdon, Gtr Manchester, changed his plea to guilty on the speeding rap and the other charge was dropped by prosecutors.



EING DOCTORS

BY **MARTIN BAGOT** Health Editor

A SHORTAGE of GPs will get worse as overwork and stress mean one in three aims to retire in the next five years, says a professional body.

The plans to quit will result in 14,000fewer GPs than at present, warned Prof Martin Marshall, chairman of the Royal College of General Practitioners.

He said: "So we're likely to be losing more GPs than we're recruiting and that is a massive crisis.

He told MPs due to staff shortages and heavier workloads because of an ageing

34% of GPs plan to quit in next 5 years as stress and overwork hit

minutes" to deal with each health issue.

He told the Health and Social Care committee: "We know that the average consultation length is 9.8 minutes, and the average number of problems is just about three. So you get a complex problem and you've got two or three loaded by the impact of record Covid

population, GPs had just "two to three minutes to deal with it in a consultation. It doesn't work.

The Health Foundation charity said the Government's funding formula meant poorer areas received 7% less for GP services than wealthier areas.

MPs also heard GPs are being over-

hospital waiting lists, meaning seeing a gastroenterologist can take 63 weeks.

Prof Marshall said constant cornercutting and compromises put pressure on GPs' ability to provide safe care.

He said a number of GPs are just constantly worried they will make a prescribing or a diagnostic error.

A RCGP poll found 34% of GPs plan to retire by 2027. Prof Marshall, a GP for more than 30 years, added: "I've never seen things as low as they are now."

martin.bagot@mirror.co.uk @MartinBagot



THE Government had "overseen years of decline" in the NHS even before the pandemic, a damning

The Public Accounts Committee

governments "did not increase capacity sufficiently to meet growing demand" leading to record waits for care.

It focuses on skyrocketing waiting lists for operations and cancer care. A record 6.1 million patients are waiting for treatments such as hip replacements.

Committee chair Dame Meg Hillier said: "The Department of Health's biggest problem is the

way it manages its greatest resource: our heroic NHS staff." Matthew Taylor, chief executive of the NHS Confederation, said: "We're paying the price for the

NHS's longest financial squeeze."

report by MPs has found. concluded that consecutive Tory

TODAY: WEDNESDAY, MARCH 16, 2022

On this day

105 YEARS AGO (1917)

We reported the news from Petrograd, Russia, formerly St Petersburg, that Tsar Nicholas II a cousin of Britain's King George V - had been forced to abdicate after the Bolshevik Revolution.

69 YEARS AGO (1953)

Yugoslavia's Marshal Tito became the first communist leader to visit Britain. He was met in Westminster by Prime Minister Winston Churchill.

34 YEARS AGO (1988)

Saddam Hussein launched an illegal chemical attack on Kurdish city Halabja, killing around 5,000 civilians. It remains the world's deadliest attack of its kind.



Today's giggle

What washes up on tiny

beaches? Micro-waves

Walcott, 33

Hunter, 44



Huppert, 69

Birthdays

Southampton striker **Theo Walcott** is 33. He is the youngest to score a hat trick for England. Torchwood actress **Sophie Hunter** is 44. She is married to Benedict Cumberbatch. French actress **Isabelle Huppert** is 69. She often portrays calculating characters. Public Enemy rapper **Flavor Flav** is 63. He wears giant clock necklaces. And many happy returns to Mirror reader **Julie Chisholm**, of Oldham,
Manchester, who is 47 today.

If you'd like us to mention the birthday

of a loved one, write to Birthdays, Daily Mirror, One Canada Square, London E14 5AP or yourvoice@mirror.co.uk

DOWNTON ABBEY ITV

Plot: The aristocratic Crawley family, living in Yorkshire in the early 1900s, agonise over heirs and marriages and money, while their servants plot and sabotage and forge their own romantic connections. It's all soapy and scandalous.

Heroes and villains: Dowager
Countess of Grantham (Maggie
Smith) is joyfully scathing. Miss
O'Brien (Siobhan Finneran) is a
wonderfully evil lady's maid. Heroes?
Probably just the dog.

Sets and costumes: Highclere Castle is now a tourist destination, say no more. The women's outfits navigate the trends of the era. From Sybil's harem pants to Mary's wedding gown, it's been a journey.



Bodice-ripper moment: Lady Mary (Michelle Dockery) sneaking into bed with a dishy Turkish diplomat. Shame he died. Best bit: Matthew's proposal to Lady Mary in the snow. Mr Carson proposing to Mrs Hughes comes a close second. Worst bit: Sybil (Jessica Brown Findlay) dying in childbirth. Why, just why?!

OK! ROYAL COLLECTOR'S EDITION

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Online purchase price excludes P&P. See website for details.

THE GILDED AGE Skv

Plot: It's 1880s New York and the old money clashes with new money. The series follows penniless Marian (Louisa Jacobson), who lives with her aunts Agnes (Christine Baranski) and Ada (Cynthia Nixon) on the Upper East side while the servants clash downstairs. Heroes and villains: Agnes van Rhijn is the brilliantly cutting, stubborn old socialite who could give the Dowager a run for her money. Lady's maid Bertha (Kelley Curran) has a mean streak. Heroes to root for include Marian and her friend Peggy (Denee Benton), an African-American writer battling racial division. Sets and costumes: It's not called The Gilded Age for nothing – stunning town houses, elaborate costumes and a big budget production make this a glossier.



AUNTS' NEST Cynthia and Christine

Bodice-ripper moment: More stolen kisses than raunchy sex scenes.

Best bit: Every time Marian tells her spiky aunt Agnes that she's wrong – which is a lot.

Worst bit: Bertha's gratuitous nude scene – there was no need.

UPSTAIRS, DOWNSTAIRS BBC

Plot: The 70s ITV series follows the lives and fortunes of the Bellamy family and their below-stairs servant staff at 165 Eaton Place. Set from 1903-30, it plays out against the backdrop of posh Edwardian London,

posh Edwardian London, women's suffrage, the First World War and the Roaring 20s.

Heroes and villains:
Unlike the scheming of
Downton and The
Gilded Age, this doesn't
have full-on baddies,
just the occasional
rogue. Pauline Collins
was a scene-stealer as
sassy house maid
Sarah Moffat.

Sets and costumes:

One of the first major colour productions made by LWT, the sets and costumes were low-budget compared to modern dramas, mostly shooting in a studio, but still classy.

Bodice-ripper moment: How very dare you!
Best bit: It has left a strong legacy. It was the original costume soap opera, watched by millions and becoming an

institution.

Worst bit: The
2010-12 sequel,
starring Keeley
Hawes and Ed
Stoppard which
didn't have the
same impact.

CRANFORD BBC

Plot: Comedy drama set in the fictional village of Cranford in Cheshire in the 1840s, the story focuses on the single and widowed middle class women in the town. Spinsters with a lot to say and much to gossip about.

Heroes and villains: Mrs Jamieson (Barbara Flynn) displays some nasty and cruel snobbery, but mostly everyone is good-hearted and worthy.

Sets and costumes: Lots of bonnets and bustles, but nothing too glitzy or colourful. As for the sets, think cobbled streets and village scenes.

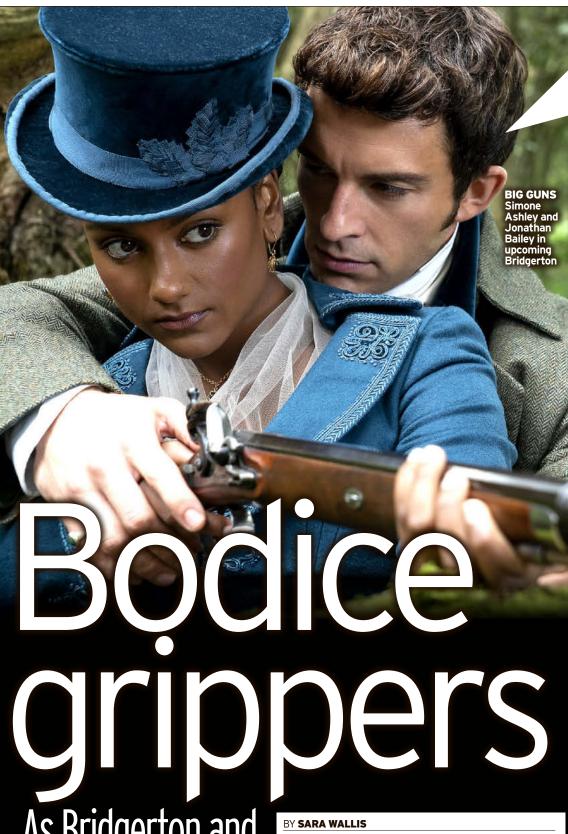
Bodice-ripper moment: Hardly. A man and a woman lying in bed, fully clothed, is about as raunchy as it gets.

Best bit: The power of the matriarchs, and a wish-list cast including Eileen Atkins, Judi Dench, Imelda Staunton,



N STAIRS

VILLAGE PEOPLE Dillon, Atkins & Dench Julia Sawalha, Francesca Annis, Lesley Manville, Julia McKenzie and Lisa Dillon. Worst bit: Occasionally Cranford can be a bit bonkers - please see a cat eating lace, an orange-sucking drama and a vanishing cow.



As Bridgerton and Sanditon return, we pick our top 10 period dramas

IT is a truth universally acknowledged that we are a nation obsessed with period dramas.

Every time a new one comes along, we devour it quicker than you can say "upstairs, downstairs".

Monday sees the return of Sanditon on BritBox, with Bridgerton due back on Netflix on March 25. And for a trip down memory lane, fans can see the BBC's popular 1995 adaptation of Pride and Prejudice on BritBox.

Here's our top 10, examining everything from the sets and costumes to the villains and matriarchs...

sara.wallis@mirror.co.uk > @sarawallis



BRIDGERTON Netflix

Plot: Set in the competitive world of Regency era London, when debutantes are presented at court and it's elbows out for the best husband. Julie Andrews voices the ever-scandalous newsletter columnist known as Lady Whistledown.

Heroes and villains: Villains include the scathing Queen Charlotte (Golda Rosheuvel) and a host of snobby mothers. Daphne (Phoebe Dynevor) is our hero, in

love with Simon, The Duke of Hastings (Rege-Jean Page).

Sets and costumes: Many grand estates including Wilton House and Hampton Court Palace, Around 5,000 costumes,

Bodice-ripper moment: How to choose? Simon and Daphne doing it on a desk, on the stairs, basically everywhere...

Best bit: The diverse casting, including Queen Charlotte with mixed race heritage. Worst bit: You absolutely cannot watch this with your parents.

GENTLEMAN JACK BBC

Plot: Suranne Jones plays Anne Lister, a lady landowner (imagine!) in 1800s Yorkshire, who embarks on a dangerous romance with another woman. She keeps a cryptic diary that no one can decode. And it's all based on a true story.

Heroes and villains: Anne, the proud 19th century lesbian landowner, is the hero of the piece, while all the local gossips are the bad guys. Sets and

ANNE AND WIFE

costumes: Suranne stalks about in a top hat and frock coat, looking a treat in cool, 19th century fashion. Sets are lower-key, but with stunning Yorkshire countryside.

Bodice-ripper moment: A particularly intense kiss after Ann's (Sophie Rundle) romantic 19th century lesbian proposal to Anne.

Best bit: Every time Anne breaks the fourth wall and gives a monologue. So very Fleabag.

Worst bit: Cameos from the likes of Katherine Kelly and Sofie Grabol are all

SANDITON ITV

Plot: Based on Jane Austen's final, unfinished novel, this stars Rose Williams as Charlotte, a young, naive woman navigating life and love in the newly developed seaside resort of Sanditon during the Regency period. She immediately clashes with the wild - and therefore totally attractive - Sidney (Theo James).

Heroes and villains: Charlotte and Sidney are our heroes and we're rooting for them to get together throughout. The villain is Sir Edward Denham (Jack Fox), who shouldn't be trusted.

Sets and costumes: Not as big-budget as Downton or The Gilded Age. Gorgeous seaside shots and conventional corsets.



STARS Theo, Rose and Crystal Clarke

Bodice-ripper moment: Edward and Clara enjoying a racy romp on a marble floor. Viewers will be hoping they don't end up with bruises.

Best bit: Anne Reid as the formidable grande dame of the piece, presiding over her fortune and money-grabbing family.

WAR AND PEACE BBC

Plot: From an era when, in the precise opposite of current events. Russia was on the receiving end of a foreign invasion. Tolstov's melodrama, adapted for the BBC in 2016, stars James Norton, Lily James and Paul Dano. A lavish classic with themes of love, class and power as well as war.

Heroes and villains: Prince Andrei (Norton) is a proper hero - brave, noble and brooding. Villains include Anatole (Callum Turner) and his father Prince Kuragin (Stephen Rea) - just loathsome. Sets and costumes: Filmed in Russia, Lithuania and Latvia. The series has an epic feel with an original score, glittering palaces and sumptuous outfits.

Bodice-ripper moment: Plenty of sex



CAST Paul Dano, Lily James, James Norton scenes between Andrei and Natasha (James, who said: "Some people have called it Phwoar and Peace"). Best bit: James Norton. Enough said.

Worst bit: It sometimes races through the story. But the novel is more than 1,200 pages long, so we'll forgive the makers

PRIDE AND PREJUDICE BBC

Plot: The iconic 1995 BBC adaptation follows the extremely slow-burn romance between Mr Darcy (Colin Firth) and Elizabeth Bennet (Jennifer Ehle).

There's plenty of comedy too, with misunderstandings, hen-pecking mothers (Alison Steadman is a dream) and much high-society plotting.

Heroes and villains: Darcy is the ever-so awkward and emotionally repressed British hero, while potential suitor Mr Collins (David Bamber) makes your skin crawl. Sets and costumes: Earthy-toned costumes gave the Bennet girls innocence and simplicity, this is less lavish than other period dramas in its approach.

But Darcy's Pemberley estate (Lyme Park in Cheshire) lends an imposing grandeur.

Bodice-ripper moment: Darcy emerging from the lake in a soaking wet shirt. Pass the smelling salts, please,

Best bit: That steamy lake scene obviously - awkward, romantic, and iust perfect.

Worst bit: Mr Wickham's sideburns. No match for Darcy's.



LOVE BY LAKE Jennifer and Colin

VANITY FAIR IT

Plot: Based on the 1848 novel by William Makepeace Thackeray, it centres on Becky Sharp (Olivia Cooke), a cynical social climber who seduces upper-class men.

Heroes and villains: Becky is a bit of a sociopath, doing terrible things to raise herself to society's higher echelons.

Among the vaguely decent characters are Becky's friend Amelia (Claudia Jessie). Pretty much everyone else is awful. Sets and costumes: Filming took place at more than 30



locations across England, including London's Fitzroy Square and Lancaster House, and in Hungarian capital Budapest. The outfits are colourful and fun glorious wigs, bonnets, corsets and feathers.

Bodice-ripper moment: A

passionate smooch between Becky and Rawdon Crawley (Tom Bateman).

Best bit: The modern pop music soundtrack. Worst bit: A CGI background of London was panned.

OUR DAILY PUB QUIZ

Queen Anne reigned in which century?

Which tea, Originally from Fujian, China, gains its flavour from being smoke-dried over pinewood fires?

3Which is the coldest planet in our solar system?

Who is the Shadow Secretary for Levelling Up?

5Which John played Captain Jack in Doctor Who?

ANSWERS: PAGE 39

RECO



BY **GRAHAM HISCOTT**

LP sales hit a 30-year high last year as the vinyl revival continued, figures reveal.

Music labels sold almost £116million of vinyl records, up by more than a third on 2020 and double 2018, according to industry trade body the BPI.

The passion for LPs, with sales their highest since 1989, is helping the high street too.

Sales rocket by a third to hit £116m, the highest since 1989

The number of independent sales last year. Total UK music record shops rose from 390 in sales rose almost 13% to 2020 to 407 last year.

CDs are making a comeback too, after being written off by to £837.2million. BPI boss Geoff many, with £117.2million of Taylor blamed streaming and

£1.26billion, said the BPI.

Of that, streaming rose 13.7%

£370million less than 2006.

He said: "We remain a much smaller industry than 15 years ago. We urge the music community to join together to continue growing the market." Best-selling vinyl albums in 2021: 1 ABBA - Voyage; 2 Adele - 30; 3 Fleetwood Mac - Rumours; 4 Ed Sheeran - =; 5 Amy Winehouse - Back To Black.

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MORE heroes will be made on the second day of the Cheltenham Festival and we've teamed up with William Hill to give you another £2 free bet to stake in their shops.

From today's seven races, all eyes will be on the Champion Chase (3:30pm) where we'll get a rematch between Shishkin and Energumene.

The pair faced off in the Clarence House Chase with Nicky Henderson's star winning by one length.

And when you throw Put The Kettle On - last year's winner Chacun Pour Soi and Nube Negra into the mix, you've got a stellar cast.

Tiger Roll could bow out after the Cross Country. He's a three-time

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winner of the race and all the talk from Gigginstown suggests this could be his final run.

Plus, Chelsea take on Lille in the Champions League, and also Premier League football, including Arsenal v Liverpool.

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voucher and head to your nearest William Hill shop to stake your £2 free bet. It's valid for today only on any sport. 18+ only, see voucher for T&Cs.



POLLY HUDSON

Warning: may contain sarcasm... and cats



Going up... Rare/Well done!

This is a steak and cheesy chips pie, but don't panic, you're not being shortchanged, there's pastry under the chips. Feels like it should come from Greggs, actually

comes from M&S. Mind-

blowing, in all senses. **Penis Fly Trap**

Never forget to water your plants again with this helpful little chap who will do it for

you. No responsibility accepted if you have sons who pick up interesting new habits as a result of witnessing said watering.

POLLYOMETER



Going down...

Snacks and grab

Here's a confusing product for people too lazy to put snacks into their mouths: snack finger chopsticks... which look like more work than just using your hand?

Sick Tok

The latest TikTok craze is called Mucus Fishing. It involves cotton buds and literally eyeballs. Just me, or does that sound like basically the opposite of an advert for TikTok?





EARTH-SHATTERING CELEBRITY BOMBSHELL OF THE WEEK

"I don't have a lower pec on my right side and was very self-conscious about it for the longest time."

Matt Gos



Tragedy of show we treated like comedy

IT was the punchline to so many jokes. Famously demeaning, exploitative, damaging TV. And yet this week's documentary Jeremy Kyle Show: Death On Daytime, claimed the truth was even worse than we thought.

If so, that this programme was allowed to destroy lives for 14 years, hiding in plain sight as the jewel in ITV's morning schedule crown, is a matter of national shame.

We knew it was bear-baiting, that the guests had been riled up, manipulated into providing the most sensational version of their story. But the lengths the producers went to, according to whistleblowers and former guests, were astonishing, and unbelievably cruel.

Dominique Bishop went on The Jeremy Kyle Show as a last-ditch, desperate attempt to help her daughter, Kristie, who was addicted to heroin.

She says she was told there were three families competing for one rehab place, and that she would have to fight for it. This would be appalling even if it had been true, but – somehow more shamefully – it's alleged it was a lie. There were no other families. One of the producers admitted, "it was to get the emotion on stage. They were always going to get the place."

These producers, mainly young, working in TV for the first time, were under enormous pressure to book guests. Victims, for Kyle to tear to shreds. Most of us have seen him, even briefly, laying into vulnerable people, shouting in



CRUEL The Jeremy Kyle Show

their faces, judging, sneering.

But, despite all we've witnessed, the abusive behind-the-scenes footage in the documentary was still shocking. The contempt he held for his guests, staff, and studio audience, was genuinely chilling. Mostly because he didn't even bother to hide it.

Her daughter

relapsed, and died, making

that time even

more precious

And so, it is claimed, producers working until 4am sometimes, often not moving from their desks for 15 hours at a time, scared for their jobs, became desensitised. They did whatever it took. That,

it's alleged, included bombarding potential guests with calls, fudging mental health checklists, and running between dressing rooms, telling each person that the other was saying awful things about them, to wind them up.

them, to wind them up.

After Steve Dymond's appearance, he told staff he didn't want to live any more – but, apparently, by that point this was nothing new.

A producer claimed: "There

A producer claimed: "There were times in the dressing rooms, weekly, where someone would kick off, come out and say I'm going to kill myself after this. And probably two calls a week from

people saying they would take their lives if the episode aired."

Mr Dymond was found dead a few days after the recording of his appearance, in May 2019. As a result, The Jeremy Kyle Show was cancelled.

In response to the documentary ITV said more than 20,000 people took part in the Jeremy Kyle Show "to resolve relationship issues or to address drug or alcohol related problems" and they had "achieved many positive outcomes".

The channel still insists that the show was about helping people.

And it's true that sometimes, ultimately, they did help those who couldn't have afforded the counselling, rehab, mediation or anger

management they were given after being publicly degraded by Kyle. Dominique Bishop credits the programme with giving her Kristie back for the 15 months she was clean after rehab.

Her daughter then relapsed, and later died, making that time even more precious.

But being forced to turn to Jeremy Kyle was truly a deal with a devil.

It's hard to believe now that we accepted this show being on air, treated it like a comedy when it was actually a tragedy. We should have been protesting in the streets. These were real people, with real lives, and the consequences many of them suffered – are still suffering – are all too real as well

COUNSELLOR DEFENDS THE JEREMY KYLE SHOW: PAGE 29

ALL OR NOTHING OF THE WEEK "I am absolutely a victim to all of the societal objectification and exploitations that women are subjected to. I have bought into all of them myself at certain times. Now I do nothing. I literally never wash my face." Cameron Diaz

CAT OF THE WEEK



NAME: Woody, aka Tiger APPEARANCE: Marmalade-esque

SPECIAL SKILLS: Over to our rail correspondent: "Causing chaos to the scheduling for many irate passengers. After the workforce has repaired the damage, he does it all over again, causing even more aggravation than leaves on the line." How frustrating for the workforce. So how do the workforce describe Woody then? "Completely adorable." But of course.

If the feline in your life is good - or has no respect for rail safety - enough to be Cat Of The Week, send a photo and details to polly.hudson@mirror.co.uk

BOWLED OVER

Mad Men star January Jones just got basically the same bowl haircut she had as a little kid. Her proud hairdresser posted the pic online with the assurance: "If you're asking yourself if you could pull this off - YOU CAN!" Clearly the end of that sentence got cut off... "as long as you have January Jones' face underneath it."



Eat greens to support brain

NOT eating your greens could double dementia risk, a study suggests.

Scientists measured folate, also known as vitamin B9, in older people.

In those who were foliate deficient, the incidence of dementia was estimated at 7.96 per 10,000 life years.

In those with enough folate, it was just 4.24.

Folate is in foods such as leafy greens. Author Dr Anat Rotstein, of New York's Icahn School of Medicine, urged folate monitoring in later life.

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16 Sep 2022	Back to the 60s & 70s Summer Party Hermans Hermits, Memories of the Four Tops, The Casuals, Union Gap UK, Jimmy Jemain as Cliff Richard, Elvis Thru the Years, Martin Jarvis as Tom Jones & The Story of the Searchers featuring Spencer James	Warner Norton Grange Yarmouth	£399
18 Nov 2022	The BIG Thru the Decades Christmas Party The Legendaries - Les Mckeown's former touring band plays the hits of The Bay City Rollers, The Tornados, Bringing on Back the 80s with New Amen Corner, tributes to Spandau Ballet, George Michael, Elton John, Phil Collins Dusty Springfield & UB40	Warner Norton Grange Yarmouth	£339
25 Nov 2022	The Big Retro Music Christmas Party James Williams Showband Christmas Spectacular, The Beatles Experience, The Revolvers, From The Gap, Comedian Tucker, Absolutely Elton, The D Day Darlings Trio, The Cilla Show - Step Inside Love, tributes to Freddie Mercury & Dusty Springfield	Warner Bembridge Coast Hotel	£349
6 Jan 2023	LEGENDS of The 60s, 70s & 80s BIG Carry on New Year Party Beyond Faith – A tribute to George Michael, True Gold – the Spandau Ballet Experience, the Beatles Experience, The Graduates, Country Joe, Sounds Imperial, the Cilla Show – Step Inside Love, tributes to Cliff Richard, Michael Jackson & Phil Collins	Warner Bembridge Coast Hotel	£319

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BY ADAM ASPINALL

PRICE

MASS killer Jake Davison had been reported to the counter-terrorism Prevent programme by his own mother months before he applied for a shotgun licence, an inquest heard.

The 22-year-old killer's mother, Maxine, 51, had contacted the multi-agency scheme, which aims to stop people becoming terrorists, in November 2016.

Details were not disclosed during a pre-inquest hearing at Plymouth coroner's court but will be a key area of examination in the inquest which will begin in January next year.

Davison killed his mother with a shotgun after a row and then shot dead four others in a 12-minute attack.

Three-year-old Sophie Martyn, her father, Lee, 43, Stephen Washington, 59, and Kate Shepherd, 66, all died on August 12 last year in the Keyham area

of the city. The apprentice crane operator then turned the weapon on himself.

The killings happened weeks after the shotgun and licence had been returned to him by Devon and Cornwall Police. They had been seized after Davison assaulted two teenagers in a park.

The Independent Office for Police Conduct is probing how the force approved his July 2017 application and returned the weapon.

Two members of staff in the firearms licensing department have been served with gross misconduct notices, while an officer has been served with a misconduct notice.

Social media usage by Davison suggested an obsession with "incel" culture, meaning "involuntary celibate".

Reports had suggested his mum had been struggling to get mental health help for him. A further pre-inquest review will be held on December 19.

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EXCLUSIVE

BY NATASHA WYNARCZYK

OVER the course of their 25-year friendship, Emma Smuts-Muller and Laura Donohoe have been there for each other through thick and thin.

Now the pair share an even more special bond after Laura stepped in to be a surrogate mother for her best friend - after being bridesmaid for her just months earlier.

Emma had her hopes of conceiving dashed after she was diagnosed with breast cancer in September 2019 and had to undergo treatment which affected her fertility.

But thanks to Laura, Emma is the proud mum of baby Ella and is looking forward to a bright future.

"Laura and I have always had an amazing connection with each other since we met at school," says 39-yearold Emma, who lives near Birmingham and works as a chief of staff for West Midlands Police.

"My husband Thomas and I had realised how ready we were to have a baby, but after having breast cancer that decision was taken away from us.

"I'll never be able to repay Laura for what she's done for my family, it's brought us even closer together.

In May 2019, Emma married Thomas, 43, with Laura, 39, by their side as a bridesmaid. Soon after returning from their honeymoon in

> I just felt myself go into fight mode. I knew I had no option but to get on with life

EMMA SMUTS-MULLER ON DEALING WITH HER BREAST CANCER DIAGNOSIS

Lake Como in Italy, Emma was delighted to discover she was pregnant, but miscarried just eight weeks later.

The couple were dealt another blow when Emmas dad Terry was diagnosed with leukaemia, then, in September Emma found a mass in her breast.

Scans quickly confirmed the diagnosis of breast cancer.

"I'd had soreness I'd put down to being pregnant, but when I noticed the changes in my breast I had an instant gut feeling it was something bad," Emma recalls.

'Thomas and I had been on a massive high after the wedding, and to get pregnant so quickly it felt like everything was going to plan, but to be dealt so many devastating problems one after the other was

really difficult for our family.
"I just felt myself go into fight mode.
I tried to not think too far into the future because it would have been too overwhelming. I knew I had no option but to get on with life."

Emma underwent eight cycles of chemotherapy, which started in November 2019. The following April, she had a mastectomy, which removed her right breast as well as the 5cm tumour, then she went on to have two weeks of radiotherapy.

Desperate to become a parent,

My bridesmaid had my surrogate baby Incredible friend's offer after newlywed's cancer diagnosis **CHOOSE LIFE** With pregnant Laura After coming through such a difficult time, we finally have

something positive to focus on EMMA SMUTS-MULLER ON LIFE AFTER BIRTH OF THEIR BABY GIRL

menopause.

Emma had been told by doctors that the chemotherapy could affect her fertility so she had been offered IVF

before starting her cancer treatment.

Despite freezing 19 embryos it became clear it would not be an option for her to carry one of them.

Emma says: "Because my breast cancer was linked to hormones, I had ovarian suppression treatment. I was also told I need to take Tamoxifen, which I am on for 10 years.

"Due to the previous treatment, and the fact Tamoxifen stops your ovaries working, I began to go into

Doctors also don't allow you to get pregnant on Tamoxifen, and due to my age, I'd have potentially been too old to carry my own child.

Emma and Thomas began to explore the possibility of using a surrogate, then one night Laura, who has two daughters aged seven and 11 with her husband Rob, came over to their house and told them she would be willing to carry their child.

"She just dropped it out there she'd consider being our surrogate, which took us massively by surprise," says Emma. "Due to the pandemic, plans were put on hold for a few months,

and despite having such a long time to mull it over she didn't change her mind. I was so grateful to her."

In February 2021, Laura was implanted with one of Emma and Thomas's embryos. The trio then had a nail-biting two-week wait until Laura could do a pregnancy test.

When she sent the picture of the positive test, we were so shocked but really delighted," says Emma.

"Doctors told us there was only a 20% chance of it working, so I had prepared for the worst."

On November 3, Ella was born with Emma by Laura's side. "Ella was 12 days overdue, however, she was definitely worth the wait," says

Emma. "Laura was very clear with her children she was just helping out. I'd never any worries she'd bond with Ella. and find it difficult to give her over.

DOUBLE BLOW Dad Terry

We don't know yet when we'll tell Ella how she was born, but it's such a positive experience. We want her to understand what a miracle she is."

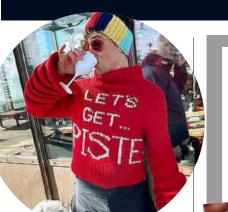
Emma adds: "After coming through such a difficult time, Thomas and I finally have something positive to focus on. Laura is an incredible human being for carrying Ella for us." ■Breast Cancer Now support research into the condition. See breastcancernow.org

natasha.wynarczyk@mirror.co.uk atash wynarczyk

VOICE OF THE MIRROR: PAGE 6

ashleigh.rainbird@mirror.co.uk

THE DIA with Ashleigh Rainbird



Tom Daley is so confident in his knitting, he's even punning with it now.

The Olympic gold medallist kitted himself out for a ski trip in Val d'Isere in the French Alps with husband Dustin Lance Black. A wintery Olympian.



I'm A Celebrity and Made in Chelsea star Georgia Toffolo won a huge £37,500 at the Cheltenham

n Sel 2 / 4: £37500.00 n Sel 4 / 2: £47500.00

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Festival - from a £5,000 bet. Showing off her betting slip, she claimed her win was down to 'beginner's luck".

"Bloody hell can't believe it," she added. "Generous donation incoming to both the British Red Cross and the Disasters Emergency Committee Appeal.'



DOWN YOUR HIGH ST

#THINKWHEREYOUSHOP



Defiant Den will not be out-Boxed

In the wake of her split from fiance **Eddie** Boxshall, a defiant **Denise Van Outen says:** "I don't like to be taken advantage of."

The couple, who appeared on Celebrity

Gogglebox, broke up in January after seven years, amid rumours Eddie had sent messages to other women.

Denise, 47, who has an 11-year-

BREAK-UP Denise and Eddie marriage to Lee Mead, took a break from public life and social media,

for is I do know when to walk away. Sometimes it's been to the detriment of my own career or in my own relationships, but I just feel it's really important as a woman to have self-worth and self-respect.

"I've always tried to maintain that in anything that I do in life,

generally. More so as a mother because I feel like I'm a role model and I have to set an example.

She is optimistic about the future. She said: The bad times

old daughter, Betsy, from her are always followed by good times and that's what I always look forward to.

but has now come out fighting. "I think you just ride the wave of On BBC Radio 2, she said: "The the bad times knowing that even-"I think you just ride the wave of one thing I'm really proud of myself tually you will get to a good place."



it's **fit** comics It's not wokeness killing comedy, according to Dara O'Briain - it's the younger generation worrying about looking fit.

The comic reckons young comics spend too much time in the gym, and less time out and about, making material they can whip out on stage.

"Lads - that isn't what this is about," he says. "It's about stumbling back at five in the morning."

Dara was speaking to **Alan Carr** on his Life's A Beach podcast and Alan agreed. "These young comedians are at the gym at 7am," he scoffs. "We're just coming in with red wine lips like, 'Oh, what did I do last night? Who did Laet off with?"

It helps if you can remember the comedy material you go out and make, of course



I have the constitution of an ox – I can drink people under the table. Champagne hardly counts as a drink...

Ab Fab's Patsy Stone would be proud of Joanna Lumley



What ambitions could a double Oscar-winning actress like Cate Blanchett still have left

to achieve?

"Honestly," the Blue Jasmine star says. "I want to make cheese." . Cate Buchette

Roman Kemp was offered a huge sum by a fan who wanted to "skin graft" a tattoo **Ed Sheeran** inked on his leg. 'People can be weird," he tells OK! magazine.





Insurers' 'no' to leukaemia boy's Oz trip

A BOY of eight whose cancer fight moved many can't visit his best mate in Australia as travel insurers will not cover him.

Oscar Saxelby-Lee has been in remission from rare T-Cell acute lymphoblastic leukaemia for two years since being treated.

Well-wishers raised £500,000 for the lad and 10,000 people in the UK came forward to be tested as possible bone marrow donors for a transplant.

Mum Olivia Saxelby, 26, of Worcester, has booked flights to Sydney but no firm will insure Oscar due to his cancer history.

The trip may have to be cancelled. Olivia said: "It's just been a nightmare and another rollercoaster for us as a family. After everything he has gone through he deserves this trip.



SUFFERING Big Baps cafe Big Baps cafe boss: Sex site is killing trade

BY **ANDREW ROBINSON**

THE boss of a cafe called Big Baps based in a layby says a sex spot is costing her £100 a week in takings.

Amanda Bissett says so many men visit the site for sex that the layby is too full for her customers.

She has called for twohour parking restrictions at her cafe near the M62 at Brighouse, West Yorks.

Amanda says men use nearby woodland for sex.

She has put up a sign urging people to leave space for her customers, who include nurses, midwives and lorry drivers.

But she revealed: "One man said, 'I don't give a about key workers – leave us alone."

Discarded condoms are also a problem. Amanda said: "Sex litter is an issue.

"It's been cold and wet but it still goes on.

Murdered Star's mum gets four more years



BY LUCY THORNTON

THE mother of murdered Star Hobson has had her "lenient" eightyear sentence increased to 12 years.

Frankie Smith, 20, was jailed in December for causing or allowing the death of her 16-month-old daughter, who was murdered by Savannah Brockhill, 28, Smith's then partner.

But Court of Appeal judges have ruled Smith's sentence was "unduly lenient".

Dame Victoria Sharp, who chaired the appeal hearing, said Smith, who was present on a video link from jail, showed a "consistent pattern of cruelty" towards Star in the months before her death.

Smith had shown a "deliberate disregard" for her daughter's welfare and had failed to take any steps to protect her, treating the toddler with "callous indifference", cruelty and neglect. Dame

Condemned as 'sadistic and cruel'

vated by her failure to get medical help for Star and the "prolonged suffering" her daughter had endured.

Tom Little QC, representing the Attorney General's Office, told the court Smith had participated in "degradation of Star and sadistic behaviour".

Brockhill got a minimum 25 years' jail for murdering Star in September 2020. At their trial, a jury heard Star was "caught in the crossfire" of her mother's toxic relationship with Brockhill, **LIFE SENTENCE** Brockhill were hoping it would stay

Victoria said Smith's offence was aggra- a bouncer who was described as a "very intimidating character". She inflicted "utterly catastrophic" injuries on Star.

Smith's family and friends had raised the alarm about bruising they saw on Star, but Brockhill and Smith, from Keighley, West Yorks, convinced social workers the complaints were malicious, from people against their lesbian relationship.

After Smith's sentence was increased, her grandfather David Fawcett said: We are all a bit upset, we

We all agree that if Frankie had never met this monster none of this would have happened

DAVID FAWCETT GRANDFATHER OF FRANKIE SMITH

as it is. There will be family members who will be happy about this. Everyone has their opinion – but one thing we all agree on is that if Frankie had never met this monster (Brockhill) none of this would ever have happened.

"I begged Frankie to leave her but she was brainwashed by her. She was so nice before but even ended up talking like her. Frankie now calls her 'the monster' too. It's dawned on her what's happened."

lucy.thornton@mirror.co.uk

squawk on the wild side down at the allotment

BEING so close to open country, the

allotments play host to a range of wildlife. One chilly morning lately I watched two wood pigeons perch precariously on top of adjoining plants, pecking away at the last of winter's sprouts.

They carried on for what seemed ages. oblivious to traffic passing just a few feet away. One of nature's little cameos.

Minutes later a fat hen pheasant, bigger than anything that has graced my dinner table, waddled through the vegetable



plots looking for food. It's the closed season for game birds now, so she was at no risk from shooters - not that they would be welcome on the allotments.

I haven't seen the roe deer for many months. A female and her two young used to wander across the plots, eating whatever they fancied, like it was an animal smorgasbord.

Not having any prize vegetables to lose - in fact not many vegetables of any kind, such are my horticultural skills - I wasn't

bothered by their graceful meanderings. But some of the others got very cross and blocked up holes in the boundary fence-cum-hedge to stop them getting in.

They could still walk through gaps in the wall, and probably jump over it, but maybe just found a better allotment. Wildlife,

chiefly birds, are a constant hazard for the allotmenteer. Some people build elaborate chicken-wire cages over their produce, especially strawberries.

I have an old roll of plastic mesh netting, which isn't really suitable but does the job. I put that over the peas last year and it worked, though it didn't stop snide overthe-wall comments from rival gardeners.

To hell with that. An allotment is either fun and good soulful exercise or it's nothing. The vegetables are a bonus.

Emojis 'a sign of weakness'

USING emojis in work emails makes you look weaker, a study suggests.

For the research, 200 volunteers were sent business emails both with and without emojis.

They rated the wordsonly email 4.34 out of seven on a scale of perceived power of the sender, compared to 3.96 for the emoji version.

Researchers from Tel Aviv University in Israel said of emoji use: "In some situations... this practice may be costly."

PY JEREMY ARMSTRONG A NEW £22-an-hour nanny job will be a walkies in the park for any dog lover. A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking someone to look after their French bull A family is seeking some



£462-a-week for 21 hours' work.

The succesful candidate could be required to dog-sit overnight in Greenwich, South East JOB FUR LIFE French bulldog London. The job ad says: "A

kind person to look after their her company during the day.

1.5-year-old French bulldog and "You should be happy to do to do some housekeeping.

must. You would be required to ment." The post, on the Polo and

dog and are willing to pay up to friendly couple are looking for a take her out for walks and keep

o do some housekeeping. some cleaning for their two-"Experience with dogs is a bedroom, two-bathroom apart-

Tweed recruitment website site, adds: "She is a happy sociable dog who loves playtime. You should ensure that she is fed and

"Working 9am–4pm, up to 21 hours a week. Possible additional days and overnight."

The couple are looking to appoint the "right person" as soon as possible.

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DULL SIGHT A birdwatcher

Yawn chorus greets boring birdwatchers

BY RUKI SAYID

AN ACCOUNTANT who is a birdwatcher has been rated as the world's dullest person by research.

The job and hobby are the most boring, say 500 people in a study.

Attending church, being a telly addict, lacking a sense of humour, "observing" animals, stamp collecting, smoking, constant whingeing and talking too much were also deemed as boring.

But Essex University's Dr Wijnand Van Tilburg said: "The world needs boring people in professions that are stereotypically boring.

"If people dislike them without ever having been in contact with them, that's a pity."

Actors, scientists and journalists are seen as the most interesting people.



GOLD Martin yesterday

Kemp & stars serve up cafe for homeless

BY **CONNIE EVANS** and **JOEL LEAVER**

SPANDAU Ballet star Martin Kemp joined other celebrities yesterday to open a coffee shop aimed at ending homelessness. Radio host Chris Evans,

Line of Duty's Martin Compston and presenter Kate Garraway also attended Social Bite.

The cafe employs home-

less people.
And it operates a scheme where they can buy an additional meal or hot drink in advance for other homeless to redeem.

The charity, which has five coffee shops in Scotland, opened its first English site near Covent Garden in Central London.

Founder Josh Littlejohn said: "We believe that our programme is lifechanging and provides something unique."

'Nightmare on Elm St' rapist finally jailed 42 years later

A RAPIST has been jailed for a 1980 attack dubbed the "Nightmare on Elm Street".

Roland Long, 67, was caught by a DNA breakthrough after spending years believing he had got away with the assault.

Police were baffled by the

case for four decades after the victim, aged in her 20s, was raped in a lane behind Elm Street in Roath, Cardiff.

The terrified woman feared her attacker was the Yorkshire Ripper when he dragged her behind a pub – because serial

Caught by DNA advances

large at the time. to his arrest ove After originally offering to August 17 1980.

help his victim carry a box, Long chased her, pushed her to the floor and said: "No one savs no to me."

In an impact statement the woman said the attack left her scared of the dark and entering her own home.

A 2019 cold case review called Operation Dudley REPORT Local paper's piece on attack

killer Peter Sutcliffe was still at using forensic techniques lead to his arrest over the attack on

 $\check{\mathrm{D}}\mathrm{NA}$ tests were carried out

Detectives hunt city rapist

led to Long 52 miles away in Nailsea, Somerset.

Judge Tracey Lloyd-Clarke said Long was "dangerous" and had an "entrenched pattern of sexual offending". He was given a 10-year jail sentence and two years on extended licence.

Newport crown court heard the victim, now in her 60s, was delighted after hearing Long had been caught. She said: "I can now enjoy my retirement."

adam.aspinall@mirror.co.uk **y** @MirrorAsp





BY RUSSELL MYERS Roval Editor

PRINCE Charles keeps his head as he carefully pours – then drinks – a pint of Guinness.

He and wife Camilla happily volunteered for bar duties as they visited an Irish centre in London yesterday ahead of St Patrick's Day tomorrow.

Charles, 73, feigned impatience for his drink after being shown how to pull the perfect pint.

He asked drinkers at the Irish Cultural Club in Hammersmith: "How much longer are we going to have to wait for it?" He and Camilla, 74. visit Ireland next week.



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Kyle was a help to thousands' to thousands' Under-fire show's counsellor defends legacy needs are often unheard and investigating reality TV. Asked

EXCLUSIVE BY TOM BRYANT



A JEREMY Kyle Show counsellor has defended the controversial talkshow in the wake of an explosive C4 documentary.

The doc's claims included a former member of the show's staff saying Kyle was "incredibly nasty".

But Graham Stanier insists the programme helped thousands with counselling, family mediation and anger-management sessions.

He said: "Many people benefited from the aftercare service... there were also many who benefited and didn't appear on the show.

"In some cases those whose

ignored were acknowledged and heard by the aftercare team."

He also said the show challenged homophobia, transphobia and racism and offered a platform to the survivors of domestic abuse and other traumas.

ITV axed the show in 2019 following the death of Steve Dymond, whose failed lie detector test ended his engagement.
Shortly before the

cancellation, Mr Stanier testified to a Department of Culture, Media and Sport committee

FLAK Jeremy Kyle

about Kyle's "confrontational" style, he said: "I'm responsible for me and my behaviour. I can't be responsible for the presenter's behaviour."

A letter to the committee from ITV chief exec Carolyn McCall revealed that during filming

of the last season, Stanier advised producers to drop 49 guests to protect their welfare.

Kyle, 56, has said he will comment only after the inquest into Mr Dymond's death, due to start this month.

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BILL HALE

hispering Bob Harris is issuing the warmest greeting, those familiar white teeth gleaming, that unmistakable melodious voice coating our conversation like honey.

It has purred from radio and TV for five decades, from 1971 holding court on cult music show The Old Grey Whistle Test, introducing generations to new stars including Elton John, David Bowie, Bob Marley and the Wailers and Blondie.

Fans may have heard him more recently on his Radio 2 show, Bob Harris Country.

Today, the DJ who toured with Queen, sang with Bowie, "hit it off" with John Lennon and counts Led Zeppelin's Robert Plant as a close pal, is silhouetted against shelves of "around 18,000" CDs in the sunlight of his Under The Apple Tree studio.

Aged 75, Bob is still passionate about music, still working hard.

The dad of eight and grandad of six has just been part of C2C: Country to Country. The festival has been a regular at the O2 arena since 2013, and $featured\ in\ a\ four-part\ series\ on\ official$ broadcast partner Radio 2, Radio 2 Celebrates Country.

But beneath the soundtrack of perfect contentment, Bob is touchingly open about his ongoing health issues. He's also candid about his fears.

In 2007 he was diagnosed with prostate cancer, and today admits although it is "under control", it has spread, including a little to his bones.

In 2019, he suffered a terrifying aortic dissection - a sudden tear along his aorta, the main artery that carries blood from the heart.

He was blue-lighted to hospital, where scans picked up signs of spreading cancer.

ob says: "I wouldn't like to alarm anyone or over-dramatise it, because I'm OK, we have everything under control, I don't feel ill. I go into hospital once every two months for a two-day stay, intravenous radiotherapy that keeps my cancer under control. Every morning I take an absolute fistful of tablets."

Yet, he reveals, he has moments of panic, and believes he is dealing with PTSD, like so many who experience aortic dissection.
"Sometimes I wake up in the

morning really struggling to contain a massive panic attack," he admits.

"After the dissection I started to cry, and once I started I couldn't stop. I cried solidly for about two weeks.

"It sounds unbelievable. I tried to compose myself and didn't find it possible." He eventually rang close friend and fellow DJ Johnnie Walker for comfort. He also got in touch with Robert Plant, who had counselled him after his cancer diagnosis.

Bob says: "I get very frightened, you worry there will be some recurrence. I try and say: look, you can overcome these worries and just live your life.

"The thing you'll always regret if you don't is huddling somewhere feeling frightened by life.

"I try and get on and live life as best I can, I bless the days I have now." This is pure Bob.

The lad from Northampton who became a police cadet to please his Welsh policeman dad has never huddled



JOHN LENNON

away from life. After trying his best at law enforcement, he had the courage to quit and follow his dreams to Swinging London, where he tried his hand at music journalism.

It was 1967 and he was 19.

In 1968 he set up Time Out Magazine, and after befriending DJ John Peel he got a lucky break standing in for him on Radio 1. By 1970 he was presenting Sounds of the Seventies.

TV break followed on Whistle Test. The

anecdotes Bob tells purr on and on. He became close pals with a pre-fame Bowie, even introducing him to a crowd at a mobile disco he was

running, where the soon-to-be legend

was booed off stage.
Bob recalls: "I strode out to the mic, incensed, red in the face, and said, 'What do you think you're doing? You'll doing? remember this night!

"This guy is going to be a star!"

They used to visit each other's homes for dinner and Bob even ended up

singing the chorus on Bowie's track Memory of a Free Festival. He witnessed the break-

the Pops when Bowie sang Starman in 1972. And then sadly, the singer cut ties with his old gang.

Bob says: "I wasn't hurt to start with

Lennon asked

me to buy him

biscuits with

his BBC fee..

we hit it off

BOB ON INTERVIEWING JOHN LENNON IN NEW YORK

chocolate

but gradually I was. It was clear I wasn't going to be able to get through to him again.

"He and Marc Bolan were so important in my life in the late 60s, and John Peel, they were three of my closest friends. I always hoped there would be some bridge back towards David, that would have been nice."

Bob has interviewed music luminaries

including Bill Haley but John Lennon is his all-time favourite.

In the chat, set up by friend Elton through moment on Top of John in 1975, Bob and John hit it off

brilliantly. Lennon was in a good place, back in New York after his 18-month lost weekend" and had just found out Yoko was pregnant.

"He asked us to take him chocolate Oliver biscuits, which he couldn't get out there," Bob chuckles.

He had declined a fee but the BBC insisted on paying its usual rate – £15.

"John said 'Could you bring me out £15 worth of chocolate Olivers then?'

"It was just one of those things, we just got on." Bob got on less well with the Sex Pistols. In 1976 they started on him in a bar because he hadn't invited them on Whistle Test.

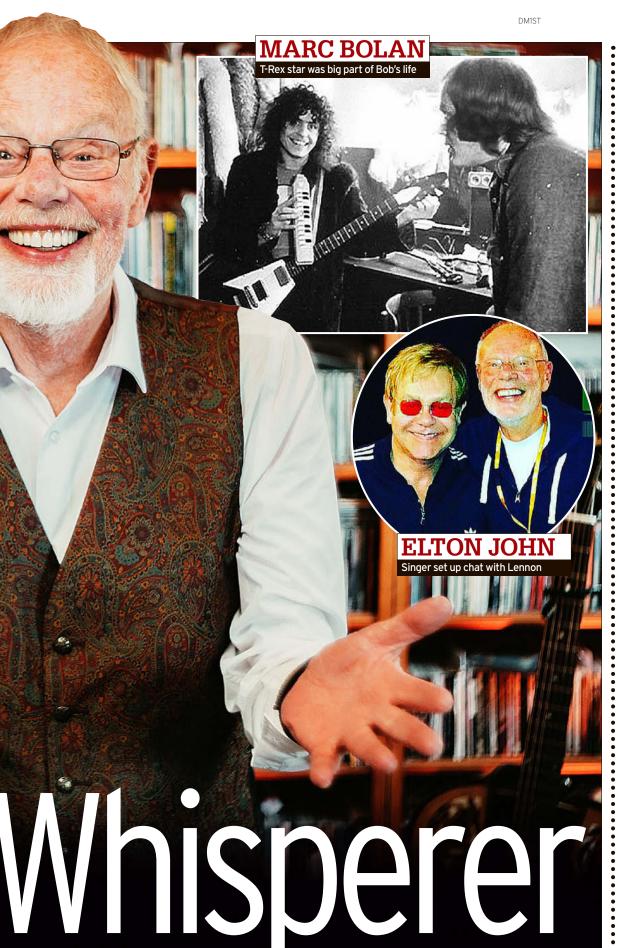
It was only because it was an album show - and they hadn't produced one.

Things became very rock'n'roll for Bob for a while, taking numerous trips to LA each year. Eventually his first marriage broke down.

His wife now, Trudie, is his third.

He partied with all the stars of the





ay. "The only people I haven't met are ob Dylan, Joni Mitchell, Neil Young," e admits, ruefully.

But he insists he was always aware f his BBC credentials, no matter how winging situations became. So didn't ılly partake in the rock'n'roll partying.

He describes being in the ainbow Bar and Grill on unset Strip when he was vited to a Deep Purple arty at a mansion.

"There was a party like ou've never seen a party, e recalls.

"All sorts of stuff was oing on, I realised what an xtraordinary rock'n'roll noment this was - and nen I saw some blue lights t the bottom of the drive, ve or six police cars.

"The place was being aided – the first thing I

thought was 'BBC'." He and his group left sharpish. Today he still adores the social side of his job.

Shielding in lockdown, he reveals, Zoom calls with the other Radio 2 DJs kept him going.

On a Tuesday afternoon we'd all get

The crowd

fury, I said

be a star!'

booed Bowie..

red-faced with

'This guy will

BOB ON BOWIE'S APPEARANCE AT HIS MOBILE DISCO

together, I'd see Michael Ball in his kitchen, Ken Bruce did a couple in bed! Elaine Page in her conservatory, Jeremy [Vine] on his bike somewhere...

The backstage atmosphere of Country to Country is what he loves best. Despite his nickname, Bob doesn't whisper his way through life.

He never has done and is certainly not about to start now.

"I feel I have got so much from life - but also there's so much of life still to live," he purrs.

■Bob's four-part series, 21st Century Country, and highlights of shows from C2C Country to Country are all on BBC Sounds. The Country Show with Bob Harris is on Thursdays at 9pm on BBC Radio 2.

emily.retter@mirror.co.uk @emily retter



Streets ahead in **death** rates



9,200 times more dangerous than in an actual UK town, a study reveals.

Residents of Weatherfield are at greater risk than anywhere else in soapland, with a murder rate of 9.3% against the real-life national average of 0.001%. Research by home security

company SimpliSafe analysed the storylines, cast and events of the four main UK soaps over the last

They found there were 55 "incidents" and eight deaths on the cobbles in 2021

- 167% higher than average. Hollyoaks is in second place with a murder rate of 8.3% and Walford in EastEnders comes next with 6.9%

Emmerdale is the safest spot to live in terms of deaths but its residents are likelier to be robbed as it has 75% more thefts than TV rivals.

Compared to the real North West, Corrie's murder rate is 606,211% higher.

Hollyoaks has 67% more kidnappings than the other shows. SimpliSafe UK boss Jonathan Wall aid: "Thankfully, unlike within our said: favourite soap towns, the UK has seen a decline in crimes over the last year."



inspired by Dolly Alderton's memoir.

The central love story is between childhood friends Maggie played by Emma Appleton (The Witcher, Traitors) and Birdy played by Bel Powley (The Morning Show). Set in a in the early noughties, the series is a deep dive into heartache and asks: Can platonic love survive romantic love as we grow up?

The seven-part series is coming soon to BBC One and BBC iPlayer.

Dark ending is all set to Materialise

The third series of His Dark Materials will hit BBC1 in November. according to show star Ruth Wilson.

The actress, right, who plays Mrs Coulter, savs she is excited for people to watch the final

run of the drama. "We see it all come to a head," she added. "You'll see more of Asriel, Marisa, Mrs Coulter and Lyra." Looking forward to it already.

How to Master art of becoming cool Netflix is helping to make MasterChef

cool for kids, says judge John Torode.

John says of his pal Holly Willoughby, "I was doing This Morning recently and Holly said that her son had discovered it on Netflix. He had never watched it before but suddenly he loves it - because it's on Netflix, I remember Michael McIntvre saying, 'My children never watched any of me on television but

now I'm on Netflix they think I'm cool."

...number of episodes for the second season of Top Boy which launches on Netflix on Friday with Ashley Walters at the forefront once again.

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Paranormal 'cativity' is starting earlier and earlier now that the sun's up bright and early, which means Dan Dan the kitten is also waking

up with the larks. While Boris the pug and I are still snoring, the crazy cat has been getting up and pushing the bedroom blinds ajar, letting the day's first rays

of light flood the room.
"Hello world," she meows loudly, rudely waking me and the sleep-deprived dog up at 6.20am.

I tried throwing scatter cushions at her but she thought that was a good game, so now I've upgraded my weapon of choice to a plant mister. Trouble is, she's become The Furminator - nothing gets in her way, not even the vet.

When we left the clinic after her op last week, the words: "She must wear the cone for 10 days," were still ringing in my ears.

Just 24 hours later, I got up in the morning to find the psycho kitty had shredded the cone-of-shame and left it in tatters at the bottom of the stairs. Worried about her pulling out her stitches, I took her back to the vets, but the exact same thing happened, so I gave up.

"Fine," I said, as we got home and she rocketed out of the travel carrier like a Tasmanian Devil. "And don't come crying to me if you chew your stitches and your insides fall out." I called out after.

But she's more interested in aetting outside in the garden and chewing low-flying pigeons than pulling out her own stitches, so I went to buy her a cat collar, preferably one with a tinkly bell to save the local birdlife.

Which, of course, lasted about five minutes around The Furminator's neck.

I found the pretty rainbow-coloured elasticated collar in a plant pot, along with the remains of a regurgitated toy mouse.

"And there was me innocently thinking it would be nice to have a little bundle of fluff in the house," I sighed to myself, as I dropped them in the bin. "Little did I know I would find myself harbouring the very essence of evil."

An hour later, the essence of evil was wrapping itself around my neck and licking my nose. "OK, maybe you're not so evil," I tickled her chin. "But tomorrow I'm getting you a collar with a sodding great cow bell." ■ Email me at siobhan.mcnally@mirror.co.uk or write to Community Corner, PO Box 791, Winchester SO23 3RP.

Please note, if you send us photos of your grandchildren, we'll also need permission of one of their parents to print them... Thanks!

Yours, Siobhan



"In light of the current rocketing fuel prices, I thought you might like the sign I saw at one of my local garages. And no, I didn't buy any petrol - I couldn't afford the kidney," says Hilary Milne in Wallasey, Merseyside.

I would sometimes find whale sharks washed up on the beach when I was a child living on the east coast of Ireland

That was the closest I will probably ever come to being able to admire the

distinctive markings on their skin, so beautifully captured in this pen drawing by marine artist Eleanor Cason.

Eleanor, 20, from Norfolk, says: "I specialise in detailed and intricate black and white drawings of ocean life. My work is

inspired by my love for marine life and the conservation efforts made by charities within the UK.

Bleanorsart

"I'm very proud that my artwork is now featured on the Marine Conservation Society website where items of clothing are printed with my sketches."

■ Calling all amateur artists and photographers and crafters - if you would like your work to appear in our gallery, send a picture of your work, a selfie and your age and location to siobhan.mcnallv@ mirror.co.uk, and tell us about what inspires you.

It's normal for little heads to be full of big Ye Olde Community ideas and believe monsters live under the Corner Shoppe bed, or that when you leave a room, all vour teddies come to life, or worse, if

you swallow chewing gum, it

But Hedley Bunting was

named after him. The reader,

writes: "I remember as a child

who lives in Preston, Lancs,

will stay in your body for SEVEN whole years!

convinced he had a soap



use to buy Fairy Soap for domestic chores.

Gamble.'

cardboard box containing two green bars. The thing that fascinated me was that on one side of the bar was the imprint of the fairy baby in a nappy, and below was the word HEDLEY.

"I thought it was cool to have my name on a block of soap. Of course I didn't know then that it was manufactured by Thomas Hedley & Co - the old Newcastle-based firm that produced Fairy before it was bought out by Procter & vou wear a

 \blacksquare Send your yesteryear memories to siobhan.mcnally@mirror.co.uk

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He ain't heavy he's my brother. Well, step-sister!

"I seem to remember that it came in a long

'Our labrador, Dougie, and dachshund, Betty, are both 12 months old. They're the best of buddies as they've been together since they were little puppies," says Joanne Hinchliffe in Higher Dinting, Glossop, Derbyshire.

Is your pet a star? Email siobhan.mcnally@

/// shop signs

We kick off our new feature with a fishy theme, which takes a dark turn with the ghoulish-sounding chippie near me in Southampton that calls itself Frying Nemo.

Hope nobody takes the kids there to see poor Nemo aettina battered.

Warming to our theme, reader John Scott says: "If I owned fish and chip shops, I would give them names with a holiday theme. like Fish You

Were Here or Plaices To Go."

After leaving the deep sea fishing business, John now finds himself a landlubber, but old habits die hard.

when we still had a deep sea fishing fleet. I followed my brother into trawlers out of Fleetwood and Hull going to Iceland and the White Sea before 'swallowing the

anchor' - giving it up, and going on coastal oil tankers." But in true

romantic style, he left it all for the love of his life - the one without gills and a tail. "It wasn't until I met my wife, Linda, in Colchester that I finally decided to come ashore.

"I trained to be a plumber and have worked at the

University of Essex for 40 glorious years." ■ Send in your suggestions or local signs you have spotted to

He says: "I'm 75 now, but back in 1961, siobhan.mcnally@mirror.co.uk

JOIN in and be a part of our amazing new community. Share your tips, pictures and hobbies, tell us the quote you live by, or nominate your hero of the day. Whatever is happening in your life and whatever you're talking or thinking about, we want to hear it. Email us at slobhan, mcnally@mirror.co.uk, write to er, PO Box 791, Winchester SO23 3RP, or join the conversation on this Facebook group www.fi

EAR COLE E your problems solved



Dear Coleen

Over the past couple of years, I've really let myself go, but I don't seem to be able to do anything about it.

I'm a woman in my 40s and previously felt pretty positive about myself. However, since the pandemic I've stopped exercising, stopped eating healthily, don't care much about my appearance and everything seems like an effort.

I've gained quite a lot of weight, which my husband has noticed and commented on, and I have little enthusiasm for things.

How can I get out of this rut?



Coleen says

I think you need to focus less on the weight and tackle your mindset. Many people have got into a rut during the pandemic because of the forced isolation and the stress, and it might take time to feel as strong and optimistic as you did before, so don't be too hard on yourself.

It's easy to feel overwhelmed. so the thing is not to try to do everything at once or have big ambitious goals - start with small things you know you can achieve.

That might be getting outside and having a 10-minute walk every day, making something healthier to eat every morning or taking an hour a day - no matter what else is going on - just for yourself.

But be disciplined about it. It's about creating a new routine for yourself and replacing negative habits with positive ones.

But the thing with feeling low or depressed is that it takes a while to reach that point, so it also takes time to re-emerge.

You don't say if your husband's comments about your weight were critical and judgmental, but adopting a healthier, more positive lifestyle is something you can do together.

I'VE LET MYSELF GO AND HAVE NO MOTIVATION 2 COCKOT FOLLOW AND HAVE A COCKOT FOLLOW AND HAVE A COCKOT FOLLOW AND HAVE AND a secret four-year-old soi

Dear Coleen

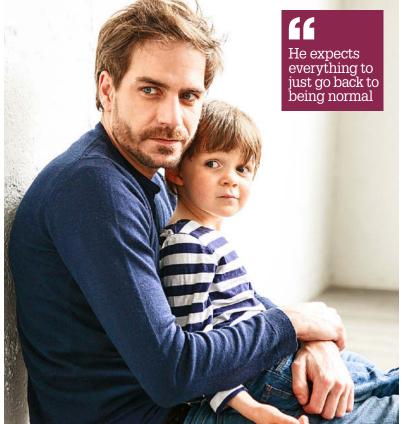
I've been married for 20 years and we have one daughter together. For the most part, our relationship has been very good. However, it recently came out that my husband had an affair about five years ago and has a four-year-old son.

He confessed everything a few months ago after both his parents died. I think he'd been struggling with the guilt and wanted to come clean and start again.

The affair was over some time ago, so we had lots of therapy and we've managed to stay together, but it hasn't

The major stumbling block is the arrangements over his son. While I'm OK with him seeing his child, I don't feel that I'm ready to be involved. Our daughter is 16 and feels very much as I do – betrayed and angry, and doesn't feel ready for a relationship with her brother either.

I think now he's confessed, my husband just expects everything to just fall into place and for us to welcome his son with open arms. I hope this doesn't sound cold and unfeeling, but I think he's expecting too much of us, as we're still reeling from



what's happened. Can we move on from this? I'd love your advice.

Coleen says

I think he's expecting too much at the moment, as you're still clearly struggling from the fallout of his confession and coming to terms with the fact he has another child in his life. The most important thing is you're not stopping him from having contact with his son, who's done nothing wrong and deserves to have a father in his life.

I'm sure that after having therapy your husband must understand he can't just put a plaster over this – it's going to take time to find a way through it, and he needs to be patient with you and your daughter, and accept how you feel.

Some partners never get over an affair, let alone when there's a child involved, but I do believe you can move on if you want to. It'll take time, probably more therapy and complete honesty from everyone.

I also think it's important to have boundaries around him seeing his son that you're OK with, such as where they meet, if the boy's mother is around and so on. Your husband needs to be honest and reassuring when it

I'd like to reply to the woman who is affected by upsetting world events and can't sleep at night (Dear Coleen, March 3). You are not alone – I worry about everything and it eats away at me.

But the thing to remember is that just as "all good things come to an end" so do all bad things.

Simon **West Yorkshire**

IS IT RISKY DATING YOUNG GUY FOR FUN?

Dear Coleen

I'm a woman in my forties and got divorced a few years ago. I don't have kids and I'm not in a serious relationship at the moment.

I work with a guy I find very sexy and it's clear he's interested in me, too, but he's only 28.

I think about him a lot and what it would be like to sleep with him, but I don't want either of us to get hurt. If I could have fun without any risks, I wouldn't think twice.

But there's part of me that worries it's a waste of time and I should only be considering older men, so there's a chance of a proper relationship.

I'd love to hear your thoughts.

Coleen says

Even if you started dating an older guy, there are no guarantees the relationship will



last. No one has a crystal ball at the start of any relationship.

I think you need to work out what you want - if right now it's fun and no strings, then fill your boots. Why not?

Just bear in mind that if you fall out, it might make things tricky at work.

Personally, getting involved with a younger guy isn't for me -I've no desire to go to bars or

clubs or hike up mountains (and whatever else young guys do these days).

Yes, it's a huge ego boost if someone younger finds you attractive and pays you attention, but that's enough for me. If you do get involved with this guy, just have realistic expectations and be honest at the start about what each of you wants from a relationship.

BLEMS? Tell Coleen Nolan about them and she'll give you an honest answer... every weekday in the Daily Mirror

EMAIL: dearcoleen@mirror.co.uk - sorry, but Coleen can't reply personally WRITE TO: Coleen Nolan, The Daily Mirror, One Canada Square, London E14 5AP

n up to my newsletter!

I'm excited to let you know that I've launched a fab newsletter, which I hope you'll sign up to receive once a week via email.

I'll be sharing my thoughts on love, life and relationships, as well as my pick of the week's readers' problems. Sign up by visiting mirror.co.uk/coleen

DDAY'S TV

with SARA WALLIS

ITV, 7.30pm

Dawn hides Alex's blackmail from Harriet and Billy as she struggles to share in their excitement over the adoption.

she attempts to steal from Home Farm in order to pay Alex's debts.

nervously awaits Meena's plea hearing.

family about her encounter with Noah but is left embarrassed when Kerry intervenes.



After seeing Abi's story in the Gazette, Debbie demands answers, assuming the baby to be Kevin's.

But Abi hurries out, explaining the baby is having an operation. As she later waits for news, she's stunned to see Kevin in the hospital corridor.

When Aggie finds Ed perusing the racing pages in the hope of winning £10k, she's horrified to realise Grace's threats could trigger his gambling.

Amy tells Jacob she'll try to swerve her parents so they can meet up later.

EASTENDERS

BBC1, 7.30pm

Things are tense at the Taylor household as Mitch tries to find somewhere to stay and Bailey pleads with Keegan to intervene



unaware of how much he is struggling. Vinny and Kat rally as Keegan opens up.

Jean prepares for another lavish date with Harvey, which gives Tommy a thought - is his nan the money thief? He

decides to confront her.

Later, Tommy approaches Billy and asks if he can be his apprentice, insisting that he didn't steal from Kat.



More TV and film news online at mirror.co.uk/tv

Dawn's deceit ramps up a notch when

Mannreet puts on a brave face as she

Amelia reluctantly tells her concerned



MILLIONS of council house tenants use swap websites -a bit like online dating, but for homes.

It's a competitive world, where people who want to live elsewhere can swap anywhere across the UK.

But there's a catch. Once they've found their ideal home, they have to convince the person living there to move into the house they are vacating. The result is this entertaining series, as everyone judges absolutely everything that's on offer, from the wallpaper to the street bins.

Swappers have to manage and perform the entire process on their own – taking on the role of estate agent... and an extra judgy one.

Beth, one of the swappers in this episode, says: "I've viewed some really horrific places. Mattresses on the floor, dirty plates, dirty knickers

on the floor. Honestly I've seen it all, it's like a joke."

The mum of four wants to leave suburban Mitcham in Surrey for somewhere more rural, since her son Alfie is literally climbing the walls.

But she's so picky, will she ever be able to feel at home anywhere else? Then it gets complicated when she finds herself in a potential multi-swap situation.

Elsewhere, Andy and Marie

McBain, from Worthing, West Sussex, want an extra bedroom so their two 20-something daughters no longer have to share.

They need to upsize, while finding someone who is equally keen to downsize. The

main problem seems to be Marie's loathing for anything that's been decorated with gloss paint.

It all makes for strangely compelling viewing.



KATE & KOJI

If you think Mrs Brown's Boys is uproariously funny, you'll probably like this. If not, it might be best to switch over. Centred on an old-fashioned seaside cafe, it's all canned laughter and set-up gags, with the jokes focused on the clash between the old and the new.

Brenda Blethyn plays Kate, a working-class woman with strong, often dated opinions, while Okorie Chukwu has taken over the role from Jimmy Akingbola of an an asylumseeking African doctor.

The pair strike up a friendship - he

gets free food, while customers queue round the block for a free GP consultation. Cue gags about doctor waiting lists and the bad treatment of asylum seekers.

This aims to make comment on current social issues, but clunky plot lines mean it doesn't always hit the mark

Blake Harrison plays Kate's nephew 'Medium', while Barbara Flynn is Councillor Bone, Kate's lifelong arch enemy.

In this series, Kate and Medium are up for an award, Kate and the councillor are still feuding and we're still waiting for laughs...

A celebrity edition of this baffling game show, which sees four people all claim to own the same house. Usually they all pretend to be the same person as well, but with famous faces taking part, that ship has sailed.

Cameras will snoop around a luxury four-bedroom house, while the celebs try to convince a panel that it belongs to them.

Honing their skills of persuasion are former boxer Ricky Hatton, Dragon

Deborah Meaden, singer-songwriter Claire Richards, and TV presenter Rob Rinder, who all maintain that "this is MY house"

The panel is a starry affair for this special too. Claudia Winkleman, Chris Eubank, Harry Hill and Nina Wadia must deduce who is telling the truth and which three are lying through their teeth.

No doubt there will be clues and red herrings around the house, but it likely won't be as easy as a pair of boxing gloves or a judge's gavel lying around.

Through The Keyhole, without Keith Lemon. Win, win



are on page

film **** *** Average

(R) Repeat

6.00am Breakfast News headlines. **9.15 Morning Live** Magazine.

BBC ONE

10.00 Crimewatch Live Appeals 10.45 Caught Red Handed A car thief comes face to face with the vehicle's owner. (R)

11.15 Homes Under the Hammer Properties in Wallasey, Ilkeston and Salford. (R)

12.15pm Bargain Hunt Members of rock bands the Darkness and Feeder compete. (R)

1.00 BBC News at One; Weather 1.30 Regional News; Weather

1.45 Doctors A struggling Emma makes a bad impression.

2.15 Shakespeare & Hathaway - Private Investigators Lu and Frank must clear the Queen's name. (R)

3.00 Escape to the Country \boldsymbol{A} home in Buckinghamshire.

3.45 The Repair Shop The artisans work on Victorian lamps and a jewellery box.

4.30 Bridge of Lies Gameshow. 5.15 Pointless Quiz show.

6.00 BBC News at Six; Weather 6.30 Regional News; Weather

BBC TWO **6.30am Escape to the Country** (R)

7.15 The Repair Shop (R) 8.00 Sign Zone: Gardeners World Planting trees. (R)

9.00 BBC News Double bill.

10.00 BBC News Headlines. 11.15 Politics Live Reports.

1.00pm Ready Steady Cook (R) 1.45 Eggheads Quiz show. (R)

2.15 Put Your Money Where **Your Mouth Is** Éric Knowles faces Chuko Ojiri at an auction in Colchester. (R)

3.00 The Heights Lottie explains her response to Ryan. (R)

3.30 Murder, Mystery and My Family Sasha Wass and Jeremy Dein re-investigate the killing of a German woman. (R)

4.15 The Real Marigold Hotel Henry revisits the cricket ground where he made his last overseas broadcast. (R)

5.15 Flog It! Revisiting some of the locations from the series. (R)

6.00 Richard Osman's House of Games With Jen Brister, Kelvin Fletcher and Ian Moore.

6.30 Lightning Comedian Zoe Lyons hosts the quick-fire quiz.

lively mix of news and current

affairs, plus lifestyle features.

9.00 Lorraine Entertainment and

the latest fashion news.

celebrity chat, features,

advice and competitions

Including Local Weather.

Cheltenham Festival Ed

Chamberlin and Francesca

Cumani present the second

day of the prestigious festival

Champion Chase, plus races

at 1.30, 2.10, 2.50 and 4.10

Finals Compilation of some

endgames from the quiz show hosted by Ben Shephard.

presents as contestants Jill,

James, Malcolm and Kat work

as a team to take on ruthless

quiz genius the Chaser and

secure a cash prize. (R)

4.30 Tipping Point: Best Ever

of the most dramatic

5.00 The Chase Bradley Walsh

including feature race the 3.30

10.00 This Morning A mix of

12.30pm ITV News; Weather

12.50 LIVE ITV Racing:

12.40 Regional News; Weather

6.00am Good Morning Britain 6.00am Countdown (R)

Morning magazine featuring a 6.40 Cheers Double bill. (R)

7.35 Everybody Loves Raymond Triple bill of the sitcom. (R)

CHANNEL 4

9.00 Frasier Triple bill. (R)

10.30 Ramsay's Kitchen Nightmares USA A Baltimore restaurant needs help. (R)

11.25 Channel 4 News Summary 11.30 Coast vs Country (R)

12.30pm Steph's Packed Lunch 2.10 Countdown Gameshow.

3.00 A Place in the Sun Scarlette Douglas helps a couple to find a new home in Valencia. (R)

4.00 A New Life in the Sun A couple of bike lovers launch a new business in Spain. (R)

5.00 Four in a Bed A visit to the Greyhound Hotel in Cromford, Derbyshire.

5.30 Fame in the Family The diners guess who is related to Neil 'Razor' Ruddock.

6.00 The Simpsons Homer is humiliated by a wild bear. (R)

6.30 Hollyoaks Zara and Tony prepare for their debate, but could a blast from the past ruin things for Zara. (R) **CHANNEL 5**

6.00am Milkshake! Children's TV. 9.15 Jeremy Vine Discussion.

12.15pm George Clarke's Build a **New Life in the Country** Relocating to Scotland. (R)

1.10 5 News at Lunchtime

1.15 Home and Away Mia has the brilliant idea of getting married to Ari in prison.

1.45 Neighbours See 6.00pm

2.15 FILM A Stranger in My Home (2020, 12) Premiere. A man hires a woman to house-sit for him, but she ends up posing as his new girlfriend with no intentions of leaving. Thriller, starring Anna Marie Dobbins. **

4.00 Filthy House SOS Richard and Brennan come to the aid of a father in Keighley. (R)

5.00 5 News at 5 Headlines.

6.00 Neighbours Amy is still waiting for an answer from Ned, but his tryst with Harlow weighs on him. (R)

6.30 Eggheads Jeremy Vine asks the questions as Uddingston pub quiz team the Windmill Regulars take on the experts.



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7.00 The One Show With Alex Jones and Jermaine Jenas.

7.30 EastEnders Keegan is frustrated with himself for not picking up on Grav's abuse. Mitch tries to find somewhere to stay and Tommy suspects the thief is close to home.

8.00 This Is My House for Red Nose Day With Claudia Winkleman, Chris Eubank, Harry Hill and Nina Wadia.

8.30 The Repair Shop Jay Blades and the team restore more family heirlooms and treasured items to their former glory.

9.00 Interior Design Masters with Alan Carr The contestants are sent to Wotton House, a grand hotel in the Surrey Hills, where they must each make over one of the nine bedrooms on a

theme of British eccentricity.

10.00 BBC News at Ten 10.25 Regional News; Weather

10.35 Mood Sasha thinks she has found a best friend in Carly and her life is on the up - until she makes a decision she never thought she would. Drama, with Nicole Lecky. (R)

11.25 Tom Daley's Hell of a Homecoming The Olympic diver takes on an endurance challenge as he rows, cycles, swims and runs his way from the Queen Elizabeth Olympic Park in Stratford to his home town of Plymouth. (R)

12.25am The Graham Norton Show. The second of two compilations of highlights from the recent series, featuring a host of stars including Adele, Kenneth Branagh, Ant and Dec and Andrew Garfield. (R) 1.15 Weather for the Week Ahead **1.20-6.00am** BBC News. Headlines.

7.00 Doctors A struggling Emma makes a bad impression with someone important and Jimmi reaches out to Asif. (R)

7.30 Rick Stein's Cornwall The chef champions the food, history, music, art and culture of the county. (R)

8.00 Your Body Uncovered with Kate Garraway Kate meets a singer who has been delaying treatment for a thyroid nodule for fear it may damage her voice, and a woman who has been plagued by agonising gallstone attacks

9.00 Great British Menu The chefs from the South West compete. For mains, one chef takes inspiration from Radio 4's Desert Island Discs, and another pays homage to William and Kate's Wedding Presented by Andi Oliver.

10.00 The Office The staff are in a charitable mood on Red Nose Day, with Gareth hopping everywhere, quiet accountant Keith doing his best Ali G impersonation and Dawn seİling kisses for a pound. (R)

10.30 Newsnight With Kirsty Wark. 11.15 Unspun World with John Simpson The BBC's world affairs editor reflects on the

week's alobal news stories.

they have learnt so far. (R)

11.40 Rock Till We Drop Rehearsals intensify so that the bands can perfect the tracks

12.40am Sign Zone: Extraordinary Portraits, Celebrated portrait artists create likenesses of members of the public. (R) **1.10** Sign Zone: Stanley Tucci: Searching for Italy. From Naples and the Amalfi Coast. (R) **1.55** Sign Zone: Great Coastal Railway Journeys (R) **2.25-6.30am** This Is BBC Two

6.00 Regional News; Weather The latest regional reports

6.30 ITV Evening News; Weather 7.30 Emmerdale Dawn is under immense pressure.

Manpreet puts on a brave face, and a vulnerable Amelia is left embarrassed

8.00 Coronation Street Abi anxiously awaits the outcome of her baby's operation, Amy is thwarted in her efforts to spend time with Jacob, Michael confronts Grace, and Adam gets drunk and chats up a girl to blot out his misery.

9.00 NEW Kate & Koji Kate is set to be rewarded for her work during the pandemic, but she discovers Councillor Bone is going to present the award.

9.30 Bradley & Barney Walsh: **Breaking Dad** The actor and his son hit the road. (R)

10.00 ITV News at Ten; Weather 10.30 Regional News; Weather

10.45 Peston Political magazine show, featuring major interviews with MPs, topical guests and cultural figures. Including updates from key players throughout the show.

11.40 Paul Sinha's TV Showdown Rachel Riley, Stacey Dooley, Nihal Arthanayake and Jon Richardson join team captains Fay Ripley and Rob Beckett on the comedy quiz show, as comedian Paul Sinha tests the panellists' TV knowledge. (R)

12.25am Home Shopping 3.00 Bling. Gok Wan meets Simone and Mara. who have a very special commission for Nikki on the Make counter, while Emma visits David on the Fix counter in the hope he will make her husband's day. (R) 3.50 Unwind with ITV 5.05-6.00am Tipping Point (R)

7.00 Channel 4 News The latest news headlines, featuring in-depth interviews and analysis of political developments and current affairs. Plus, the day's leading sports stories and up-to-theminute weather reports

8.00 Kirstie and Phil's Love It or List It Kirstie Allsopp and Phil Spencer meet supply teacher Sue and builder Roy in Poole, Dorset, who cannot agree whether to sell their four-bedroom chalet bungalow or renovate instead. (R)

9.00 Michael Mosley: Who Made Britain Fat? Documentary in which journalist Michael Mosley delves into why politicians seem powerless to reverse - or even halt - the steep rise in the number of Brits living with obesity

10.00 Naked Attraction A

28-year-old nature lover and a 48-year-old building boss each choose a date after seeing what their potential partners have to offer on a purely physical level. Hosted by Anna Richardson.

11.05 Sex Actually with Alice Levine Alice explores the world of bondage, domination and sadomasochism, meeting people whose appetite to play with power and pain is about much more than just whips, chains and latex, (R)

12.10am Ramsay's Kitchen Nightmares USA (R) **1.05** 24 Hours in A&E (R) 2.00 The Simpsons (R) 2.25 FILM Area 51 (2015, 15) Sci-fi thriller, starring Reid Warner. ** 4.00 Location, Location, Location (R) 4.55 George Clarke's Old House, New Home (R) **5.50-6.00am** Find It, Fix It, Flog It

7.00 The Gadget Show

Georgie Barrat and Jon Bentley go head to head to find out if a soundbar can cut it against speakers dotted around the room for the ultimate surround-sound experience; 5 News Update

8.00 Police Interceptors Dan Machin and Jim Campin manage to track down a suspected drunk driver, who runs at Jim holding a knife and Dan is left with no choice but to use his Taser on him; 5 News Update

9.00 NEW Council House Swap Documentary about tenants in social housing across the UK looking to exchange homes. In the first edition, mum-of-four Beth wants to trade Mitcham in Surrey with somewhere more rural.

10.00 FILM Rambo: Last Blood (2019, 18) Premiere. John Rambo must confront his past and unearth his ruthless combat skills to exact revenge in one final mission. Action thriller sequel, starring Sylvester Stallone. ***

11.45 FILM Rise of the Footsoldier 4: Marbella

(2019, 18) Fresh out of prison, a former nightclub owner heads. to Marbella to seek revenge against the man who put him away. Action comedy, starring Craig Fairbrass.

1.20am The 21.co.uk Live Casino Show 3.20 The Queen's Guards: A Year In Service. Rehearsals for the Queen's birthday parade. (R) **4.10** Get Your Tatts Out: Kavos Ink. Documentary. (R) **5.00** Wildlife SOS (R) **5.20** House Doctor (R) **5.45** Peppa Pig (R) **5.50-6.00am** Pip and Posy (R)

- 6.00am Dress to Impress 7.00 The Fllen DeGeneres Show 8.00 You've Been Framed! Unstoppable! 9.00 SecretCrush **10.00** Dress to Impress **11.00** Love es **12.00noon** Supermarket Sweep **1.00** Tipping Point: Lucky Stars **2.00** Rolling in It **3.00** The Ellen DeGeneres Show **4.00** The Masked Singer US 5.00 You've Been Framed! & Fabulous!
- 6.00 Celebrity Catchphrase Tony Bellew, Kelly Osbourne and Dan Walker guess the phrases hidden in animated clues.
- 7.00 Superstore Double bill. Dina asks for a demotion; Cheyenne goes into labour.
- 8.00 Bob's Burgers Double bill. Louise gets her bunny ears stolen by a bully; the kids decide to go trick-or-treating.
- 9.00 Family Guy Five episodes.

ITV **3.30-6.00am** Teleshopping

11.30 American Dad! Animated comedy. **12.00m't** American Dad! **12.25** Bob's Burgers. Comedy. **1.25** Superstore **2.20** Hey Tracey! **3.10** Unwind with

DAVE

- **6.00am** Teleshopping **7.10** Sin City Motors **8.00** Timber Kings **9.00** Storage Hunters UK **10.00** Top Gear **11.00** World's Most Dangerous Roads 12.00noon Red Bull Soaphox Race 1.00 Border Force: America's Gatekeepers 2.00 World's Most Dangerous Roads **3.00** Rick Stein's Secret France **4.00** Red Bull Soapbox Race 5.00 Rick Stein's Secret France
- 6.00 Taskmaster Gameshow.
- 7.00 Richard Osman's House of Games
- 7.40 Room 101 With Claudia Winkleman. 8.20 Would I Lie to You? With Claudia Winkleman and Clive Anderson.
- 9.00 QI Sandi Toksvig quizzes the panel. **10.00 Outsiders** It's the Outsiders' last day living together in the wild
- 11.00 Have I Got a Bit More 2019 News for You Extended compilation.
- 12.00m't Hypothetical. Comedy game show. **12.40** QI **1.20** Would I Lie to You? **2.00** Live at the Apollo **2.45** This Country **4.00-6.00am** Teleshopping

E4

- 6.00am Hollyoaks 7.00 Ramsay's Kitchen Nightmares USA **9.00** Married at First Sight Australia 10.30 The Big Bang Theory **11.00** Young Sheldon **12.00noon** Brooklyn Nine-Nine **1.00** The Big Bang Theory: four episodes **3.00** Young Sheldon **4.00** Brooklyn Nine-Nine 5.00 The Big Bang Theory: double bill
- 6.00 The Big Bang Theory Double bill. 7.00 Hollvoaks A protest turns sour.
- 7.30 Married at First Sight Australia The newlyweds start their honeymoons
- 9.00 Teen First Dates Patrick from Portsmouth, is set up on a date with Olly.
- 10.00 Celebrity Gogglebox Hostile Planet, Big Brother: Best Shows Ever and EastEnders are appraised.
- **11.05 Gogglebox** TV opinions.
- 12.10am First Dates 1.15 Married at First Sight Australia 2.45 Teen First Dates
- **3.40** Below Deck: Mediterranean **4.30** Ramsay's Kitchen Nightmares USA 5.20-6.00am Mike & Molly

ITVBe

- 7.00am The Real Housewives of Cheshire 8.00 Buying and Selling 9.00 LittleBe 12.00noon Best Cake Wins 12.30 The Real Housewives of Potomac 1.25 The Real Housewives of Cheshire **2.25** The Only Way Is Essex **3.10** Little Women: LA 4.05 The Real Housewives of Beverly Hills 5.00 The Real Housewives of Orange County. Vicki and Kelly argue again.
- 6.00 Masters of Flip An old farmhouse. 7.00 Buying and Selling A retired couple. 8.00 Dinner Date Shakir from Liverpool is given five menus from five potential dates
- 9.00 Botched: Most Outrageous Patients 9.30 Botched: Most Outrageous Rejects **10.00 Botched** Terry Dubrow helps a fitness model achieve her dream.
- **11.00 Bridezillas** Shannon is unhappy with her bridesmaid dresses.
- 11.55 The Only Way Is Essex Mario and Little Chris try to save their friendship. 12.45am Unwind with ITV. Daily escape.

1.00-7.00am Teleshopping

DRAMA

- 6.00am Teleshopping 7.00 Brush Strokes 7.40 Hetty Wainthropp Investigates 8.35 The Bill **9.35** Classic Holby City **10.55** Classic Casualty **12.00noon** The Bill **1.00** Classic EastEnders **2.15** Hetty Wainthropp Investigates **3.20** Lovejoy 4.20 Peak Practice 5.20 Brush Strokes
- 6.00 Are You Being Served? Sitcom. 6.40 Last of the Summer Wine Double bill.
- 8.00 The Last Detective Davies investigates the murder of a former soldier, but finding anybody within his old artillery regiment willing to give information proves a difficult task.
- 9.40 New Tricks The team reinvestigates a murder and discovers new evidence that casts doubt on the guilty verdict passed on the man executed for the crime.
- 11.00 Silent Witness The chief suspect of a murder gives himself up, leaving an unconvinced Sam to prove his innocence.
- **1.15am** Kavanagh QC **2.45** Monarch of the Glen **4.00-6.00am** Teleshopping

MORE4

- 8.55am A Place in the Sun 10.35 Find It, Fix It, Flog It 12.35pm Heir Hunters 1.35 Four in a Bed 4.15 The Hotel Fixers 4.50 Find It, Fix It, Flog It **5.55** Car S.O.S
- 6.55 Escape to the Chateau: DIY Erin and JB launch their chateau business by opening it up to the locals.
- 7.55 Devon and Cornwall Jess Harris and Charlotte Whyte welcome diners aboard their floating restaurant.
- 9.00 Secrets of the Royal Gardens The gardens of private royal houses across Britain, including Sandringham Estate.
- 10.00 Catching a Killer Thames Valley Police's investigation into the disappearance of 31-year-old Natalie Hemming in 2016, following the case through to the arrest and conclusion.
- 11.50 24 Hours in A&E A 23-year-old builder is rushed in after an accident. 12.55am Secrets of the Royal Gardens
- 1.55 Location, Location, Location 3.00-3.45am Food Unwrapped

IS & S4C

WALES As BBC1 except: 1.30-1.45pm BBC Wales Today; Weather **6.30-7.00** BBC Wales Today; Weather **9.00-10.00 NEW** Hidden. A farmer's body is found in a remote river. **10.25** BBC Wales Today; Weather **10.30** BBC Wales Live 11.05 Interior Design Masters with Alan Carr 12.05am Mood 12.50 Tom Daley's Hell of a Homecoming 1.55-6.00am BBC News

MERIDIAN As ITV except: 12.40-12.50pm ITV News Meridian 6.00-6.30 ITV News Meridian 10.30-10.45pm ITV News Meridian

CENTRAL As ITV except: 12.40-12.50pm
ITV News Central 6.00-6.30 ITV News Central **10.30-10.45pm** ITV News Central

ITV WALES As ITV except: 12.40-12.50pm ITV News Cymru Wales 6.00-6.30 ITV News Wales 10.30-10.45pm ITV News Cymru Wales

WEST As ITV except: 12.40-12.50pm ITV News West Country. Headlines; Weather 6.00-6.30 ITV News West Country 10.30-10.45pm ITV News West Country

ANGLIA As ITV except: 12.40-12.50pm ITV News Anglia **6.00-6.30** ITV News Anglia **10.30-10.45pm** ITV News Anglia

WESTCOUNTRY As ITV except: 12.40-

12.50pm ITV News West Country; Weather 6.00-6.30 ITV News West Country; Weather 10.30-10.45pm ITV News West Country

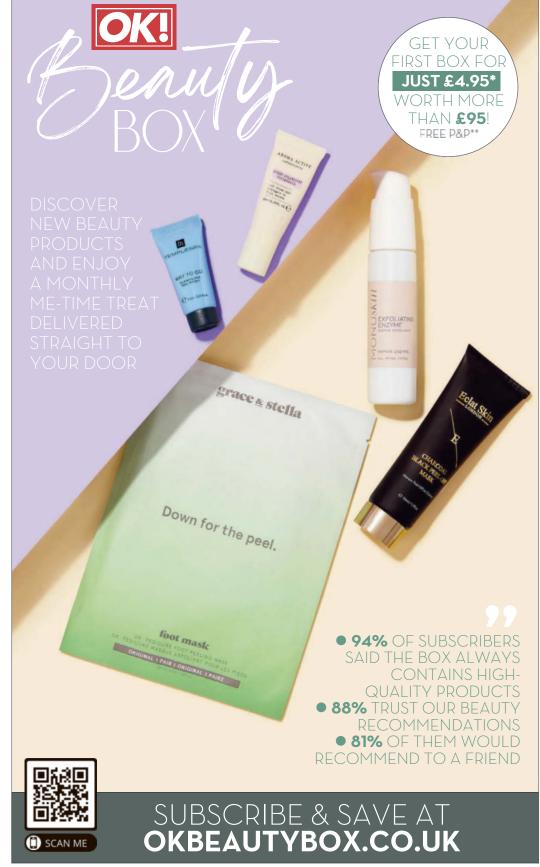
S4C 6.00am Cyw 11.00 Dysgu Gyda Cyw
12.00noon Newyddion S4C a'r Tywydd
12.05pm Sgwrs Dan y Lloer 12.30 Heno 1.00
Anrhegion Melys Richard Holt 1.30 Yn y Fan A'r
Lle 2.00 Newyddion S4C a'r Tywydd 2.05
Prynhawn Da 3.00 Newyddion S4C a'r Tywydd
3.05 Llanw 4.00 Awr Fawr 5.00 Stwnsh 6.00
Natur Gwyllt Iolo. Rediscovering wildlife that has been lost in Wales. 6.30 Rownd a Rownd. Elen worries that Llyr is hiding something from her after her prison visit. **6.57** Newyddion S4C **7.00** Heno. Magazine. **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm **8.25** Y Byd ar Bedwar. Current affairs. **8.55** Newyddion S4C Bedwar. Current affairs. **8.55** Newyddion S4C a'r Tywydd **9.00** Ty am Ddim. A kitchen designer and a globetrotter team up to renovate a house in Tonypandy. **10.00** Y Gyfrinach. The relationships within the group begin to crumble. **10.30** Cor Cymru 2022. Performances in the unison choirs category. **11.30pm-12.05am** Gwely a Brecwast Maggi Noggi. The staff at the bed and breakfast prepare for a special visit.

- 7.00pm MasterChef Australia Contestants go up against their own professional guest chefs.
- 7.55 The Catch Up The day's news. 8.00 Computer Says No Daniel Henry dives into the world of algorithms and computer-automated hiring
- 8.50 Becoming Nathan Drake Tom Holland reveals all about taking on the iconic character in Uncharted.
- **9.10 Gassed Up** Rapper Mist takes on entrepreneur Spencer Matthews.
- 10.00 The Fast and the Farmer-ish Teams from Northern Ireland and Scotland compete in this semi-final.
- 11.00 This Country A one-off special investigating the fallout from Kerry Mucklowe's criminal activity.
- 11.45 Tonight with Target With D Double E, Stylo G and Joy Crookes.
- 12.35am Gassed Up 1.20 The Fast and the Farmer-ish 2.20 Tonight with Target 3.10-4.00am This Country

BBC4

- 7.00pm Fred Dibnah's World of Steam, Steel and Stone The steeplejack's love of restoring engines and chimneys.
- 7.30 Canal Boat Diaries The Victorian village of Saltaire.
- 8.00 Secret Life of Farm Animals The behaviour of farm animals. beginning by focusing on sheep
- 9.00 Princess Margaret: The Rebel **Royal** Part one of two. Documentary profile of the Queen's sister.
- 10.00 Undercover OAP: The Mole Agent - Storyville The story of an 83-vear-old who went undercover in a Chilean nursing home.
- 11.25 Takaya: Lone Wolf Following seven years in the life of a lone wolf
- 12.25am Canal Boat Diaries 12.55 Fred Dibnah's World of Steam, Steel and Stone 1.25 Secret Life of Farm Animals 2.25-3.25am Princess Margaret: The Rebel Royal

- 6.00am TJC 9.00 NCIS 11.55 Entertainment News 12.00noon Law & Order **1.55** Entertainment News **2.00** Law & Order **3.55** Entertainment News **4.00** Law & Order. Drama.
- **6.00 NCIS** Triple bill. The team investigates when a fellow agent's burnt body is discovered; Gibbs is held captive by Paloma Reynosa; the team gets close to tracking down a Mexican drug kingpin.
- 9.00 Crossing Lines The team is called out to Lausanne in Switzerland to handle a hostage situation.
- 10.00 Law & Order: Special Victims Unit Triple bill. A businessman is stabbed; a girl's body is found outside a church: a woman's body is found at an industrial laundry.
- 12.55am Law & Order: Special Victims Unit **1.50** Private Eyes **3.35** 999: Criminals Caught on Camera 4.00-6.00am Teleshopping



Sport

SKY SPORTS MAIN EVENT 6.00am LIVE ICC Women's World Cup England v India. Coverage of the group match from Bay Oval in Mount Maunganui, New Zealand.

8.05 LIVE Test Cricket Pakistan v Australia Day five of the second Test in Karachi. 12.30pm Sky Sports News. Latest headlines.

5.30 LIVE Bundesliga FSV Mainz 05 v Borussia Dortmund (kick-off 5.30pm). Coverage of the German top-flight clash from Opel Arena.

7.30 LIVE Premier League Arsenal v Liverpool (kick-off 8.15pm). Coverage of the top-flight clash from Emirates Stadium, as both sides face each other looking for three vital points. The visitors are still breathing down Manchester City's necks after an impressive run of form. The home side are still in the hunt for important points as they try and finish in the top four for the first time since 2016.

11 00 Duel: Hamilton v Verstappen. The rivalry 1.00-6.00am LIVE ICC Women's World Cup New Zealand v South Africa, From Seddon Park

SKY SPORTS WORLD CUP

6.00am LIVE ICC Women's World Cup England v India. Coverage of the group match from Bay Oval in Mount Maunganui, New Zealand. 8.05 LIVE Test Cricket Pakistan v Australia.

Coverage of day five of the second Test in the three-match series, which takes place in Karachi 12.30pm ICC Women's World Cup 3.30 Women's World T20 Classics 3.45 My Icon. Charlotte

Edwards. **4.00** ICC Women's World Cup **7.00** Test Cricket **8.00** ICC Women's World Cup **9.00** ICC Women's World Cup **10.00** Best of the Women's World T20 10.15 Best of the ICC Women's World Cup 10.30 ICC Women's World Cup 11.30 Test Cricket, Pakistan v Australia

12.30-6.00am LIVE ICC Women's World Cup
New Zealand v South Africa. Coverage of the group match from Seddon Park in Hamilton.

SKY SPORTS FOOTBALL

6.00am Football's Greatest Players 6.30 Football Countdowns 7.00 Football Years 7.30 EFL Greatest Games 8.15 SPFL Greatest Games 9.00 Bundesliga Highlights Show 10.00 EFL Highlights 10.30 SPFL Greatest Games 11.00 EFL Cup Retro 1.00pm Retro L1 PO 15 3.00 Championship Season Review 15/16 4.00 EFL Play Off Finals C'Ship 08/09 5.00 EFL Highlights. Barnsley v Bristol City. **5.15** MLS **5.20** LVE Bundesliga FSV Mainz 05 v Borussia Dortmund (kick-off 5.30pm). From Opel Arena.

7.30 LIVE EFL Millwall v Huddersfield Town (kick-off 7.45pm). Coverage from The Den.
10.15 EFL Goals 10.45 EFL Highlights 12.00m't

Retro C'Ship 00 2.00 Championship Season Review 13/14 3.00 EFL Cup Retro 16 4.00 EFL Cup Final 17 5.00 EFL Cup Final 18 5.30-6.00am Best Championship Goals 2017/18

BT SPORT 1

6.00am Premier League Review **7.00** Inside AFL **7.30** The Aussie Rules Show. With Ollie Geale. 8.00 LIVE AFL Melbourne Demons v Western
Bulldogs (Bounce-up 8.10am). From Melbourne. 11.00 Test Cricket Highlights, West Indies v England 1.00pm LIVE Test Cricket West Indies v England. Coverage of the first day of the second Test.

10.00 WWE NXT. highlights. 11.45 WWE NXT UK

12.45am WWE Raw 1.45 AFL 3.45 BT Sport Goals
Reload 4.00-6.00am BT Sport Fight Night

BT SPORT 2

6.00am WWE Monday Night Raw. Highlights. **8.30** LIVE Isuzu UTE A-League Adelaide United v Western Sydney Wanderers (Kick-off 8.35am).

10.30 Premier League Reload 10.45 BT Sport
Goals Reload 11.00 Fishing: On the Bank

12.00noon A-League Highlights 1.00 Rugby Tonight
1.45 V8 Supercars Highlights 3.45 Premier
League Reload 4.00 WWE SmackDown
Highlights 5.00 WWE SmackDown

Highlights 5.00 WWE Raw Highlights 6.00 BT Sport Reload 6.30 ESPN FC
7.00 LIVE UEFA Champions League Lille v

Chelsea (kick-off 8.00pm). Coverage of the last-16 second-leg tie from Stade Pierre-Ma 10.30 UEFA Champions League Tonight 11.30 The Football's On **12.30am** Serie A – Full Impact **1.00** Vanarama National League 2.30 BT Sport Reload 3.00 Fishing: On the Bank **3.30** Fishing: On the Bank **4.00** UFC Unleashed **5.00-6.00am** Ligue 1 Highlights

EUROSPORT 1

6.00am Motocross World Championship 6.30 Bennetts British Superbikes 6.45 Alpine Skiing 8.45 LIVE Alpine Skiing The World Cup meeting from Courchevel, the men's downhill event.

10.15 LIVE Alpine Skiing Coverage from France, featuring the women's downhill event.

11.30 LIVE Cycling: Nokere Koerse Coverage of the women's one-day race held in Flanders that sees riders travel 125.9km from Deinze to Nokere.

12.45pm Cycling: Paris-Nice. Stage eight 1.50 LIVE Cycling: Milano-Torino All the action from the 103rd staging of the annual one-day

race, which is the oldest Italian cycling event.

3.30 LIVE Cycling: Nokere Koerse Coverage of the men's one-day race held in Flanders.

4.30 Alpine Skiing 6.30 The Cycling Show
7.00 Cycling: Milan-Torino 8.00 Cycling: Nokere Koerse 9.00 Cycling: Nokere Koerse 10.00 Alpine Skiing 11.00 Alpine Skiing 12.00m't Cycling: Nokere Koerse 2.00 Alpine Skiing 4.00-6.00am Cycling: Nokere Koerse

Entertainment & Factual

6.00am Classic Coronation Street 7.00 Classic Emmerdale 8.05 Man About the House 9.40 A Touch of Frost 11.50 Heartbeat **2.00pm** Classic Emmerdale **3.00** Classic Coronation Street **4.05** Midsomer Murders **6.00** Heartbeat **8.00** Maigret – Dead Man 10.00 Law & Order: UK 11.00 Scott & Bailey 12.00m't A Touch of Frost 2.05-2.30am Unwind with ITV

ITV4

6.00am The Best of the 70s 6.10 Cadfael 7.35 Dempsey and Makepeace 8.25 The Protectors 9.00 LIVE ITV Racing: The Opening Show 10.05 Great Racehorses 10.25 River Monsters 10.55 Made in Britain 11.55 The Champions 12.55pm Cadfael 2.35 Dempsey and Makepeace 3.40 The Professionals 4.45 Minder 5.50 Made in Britain 6.55 The Chase Celebrity Special 8.00 The Great British Treasure Hunt 9.00 FILM Bullitt (1968/15) **** 11.20 FILM Collateral (2004/15) **** 1.45 Dempsey and Makepeace 2.45-3.00am Unwind with ITV

5STAR

8.00am Last Man Standing 8.20 Shoplifters & Scammers: At War with the Law 9.10 Filthy House SOS 10.10 Judge Judy 12.00noon Traffic Cops 2.00 Police Interceptors 5.00 Shoplifters & Scammers: At War with the Law 6.00 Home and Away 7.00 Babies 24/7: The Maternity Ward 8.00 Casualty 24/7: Every Second Counts 9.00 999: Critical Condition **10.00** Ambulance: Code Red **11.00** A&E After Dark **12.00m't** Skin A&F 1.00 Don't Tell the Doctor 2.00 Sex Pod 3.05 Judge Judy 3.50-4.00am Entertainment News on 5

REALLY

6.00am Fantasy Homes by the Sea **7.00** Cruise TV **8.00** Homes Under the Hammer 10.00 Antiques Road Trip 12.00noon Money for Nothing 1.00 A Place in the Sun 2.00 Animal Cops Phoenix 4.00 Pit Bulls & Parolees 5.00 Ambulance 6.00 The Yorkshire Auction House 7.00 Antiques Road Trip 9.00 It's Me or the Dog UK 10.00 Dr Pimple Popper **11.00** Ghost Adventures **1.00am** Kindred Spirits **2.00** Teleshopping 4.00-6.00am Animal Cops Phoenix

5ACTION

9.00am 999: Criminals Caught on Camera 9.30 Traffic Cops 11.30 Florida's Mega Sinkholes 12.30pm FILM The Yellow Mountain (1954/PG) ** 2.10 FILM Dawn at Socorro (1954/PG) *** 4.00 Sinkholes: at Socorro (1954/PG) *** 4.00 SINKNOIES: Buried Underground 5.00 Traffic Cops 7.00 Police Interceptors 9.00 Treadstone
10.00 FILM The Way of the Gun (2000/18)

*** 12.25am Fights, Camera, Action!
2.25 Hijacked 3.25-5.00am Car Crash TV

SKY ARTS

6.00am Arts Uncovered **6.10** The Barber of Seville **9.00** Tales of the Unexpected **10.00** Discovering: Karl Malden 11.00 Discovering: Guns N' Roses 11.30 Discovering: Foo Fighters 12.00noon Cezanne: Portraits of a Life 1.00 Tales of the Unexpected 2.00 Discovering: Anthony Hopkins 3.00 Rodin: In His Time 4.00 Boswell & Johnson's Scottish Road Trip 5.00 Tales of the



Live Test Cricket BT Sport 1, 1pm The second Test in the three-match series between the West Indies and England gets under way at the Kensington Oval in Barbados. Ben Stokes (left) will hope to get the visitors off to a solid start.

Unexpected 6.00 Discovering: Faye Dunaway 7.00 Portrait Artist of the Year 2018 **8.00** Discovering: Audrey Hepburn **9.00** FILM Audrey (2020/PG) **** 10.55 The Directors 11.55 The Undiscovered Peter Sellers **12.55am** FILM The Painter and the Thief (2020) **2.55** Charles Dickens and Hans Christian Andersen: Urban Myths **3.20** Joan Collins: Urban Myths **4.15** The South Bank Show 5.10-6.00am The Art of Architecture

GOLD

7.35am Chef! **8.10** dinnerladies **8.50** Hi-de-Hi! 9.25 Last of the Summer Wine 10.45 The Green Green Grass 11.25 Dad's Army 12.40pm Chef! 1.20 Hi-de-Hi! 2.00 Desmond's 2.35 The Green Green Grass 3.20 Fawlty Towers 4.00 Last of the Summe Wine 5.20 dinnerladies 6.00 Desmond's 6.35 Hi-de-Hi! **7.15** The Green Green Grass **8.00** Dad's Army **9.20** The Good Life **10.00** Men Behaving Badly 10.40 Not Going Out 11.20 Peep Show 12.30am French and Saunders 1.10 Chef! 1.50 Men Behaving Badly 2.25 Not Going Out 3.00-4.00am Peep Show

YESTERDAY F

6.00am Antiques Roadshow 8.00 Forbidde History 9.00 Abandoned Engineering 11.00
Himalaya with Michael Palin 12.00noon Great British Railway Journeys 2.00 Abandoned Engineering **4.00** The Buildings That Fought Hitler **5.00** World War Weird 6.00 Brazil 7.00 Great British Railway Journeys **8.00** The Architecture The Railways Built **9.00** Hornby: A Model World 10.00 Full Steam Ahead 11.00 Bangers and Cash 12.00m't Abandoned Engineering 1.00-3.00am Antiques Roadshow

ALIBI

7.10am Murdoch Mysteries 9.00 Unforgettable 10.00 Major Crimes 11.00 Rizzoli & Isles **12.00noon** Hudson & Rex **1.00** Father Brown **2.00** Murdoch Mysteries **4.00** Unforgettable 5.00 Major Crimes 6.00 Hudson & Rex 7.00 Rizzoli & Isles 8.00 Father Brown 9.00 Pretty Hard Cases 10.00 Deception 11.00 Rizzoli & Isles 12.00m't Why Women Kill 1.00 Evil 2.00-4.00am Murdoch Mysteries

SKY MAX

6.00am Stargate SG-1 8.00 Arrow 9.00 DC's Legends of Tomorrow 10.00 The Flash 11.00 NCIS: New Orleans 1.00pm Hawaii Five-0 2.00 S.W.A.T 3.00 DC's Legends of Tomorrow 4.00 Arrow 5.00 The Flash 6.00 Stargate SG-1 8.00 There's Something About Movies 9.00 SEAL Team 10.00 Dating

No Filter 10.30 Frayed 11.30 Harlan Coben's The Five 1.30am Road Wars 2.00 Resident n **3.00** Hawaii Five-0 **4.00** S.W.A.T 5.00-6.00am Stop, Search, Seize

SKY ATLANTIC

6.00am The British **8.00** CSI: Crime Scene Investigation **9.00** The Newsroom **10.05** The Sopranos 12.25pm Game of Thrones **1.30** Babylon Berlin **3.30** Ray Donovan 5.45 The Sopranos: double bill 7.55 Game of Thrones **9.00** Yellowjackets: double bill **11.10** Six Feet Under **2.25am** Banshee 3.30 In Treatment 4.00-6.00am The British

SKY WITNESS 6.00am Nothing to Declare 8.00 Border Patrol 9.00 Stop, Search, Seize 10.00 Air Ambulance ER 11.00 Law & Order 12.00noon Bull 1.00 Blue Bloods 3.00 Private Eyes 4.00 Stop, Search, Seize **5.00** Border Security: Australia's Front Line **5.30** Nothing to Declare **7.00** Air Ambulance ER **8.00** Blue Bloods **9.00** Bull. A former client appeals his conviction.

10.00 Transplant 11.00 Law & Order: Special Victims Unit **12.00m't** The Rookie **2.00** Blue Bloods **3.00** Law & Order **4.00** Bull **5.00-6.00am** Brit Cops: Law & Disorder

SKY COMEDY

8.00am Parks and Recreation **9.00** The Fresh Prince of Bel-Air **10.00** Will & Grace 11.30 The Office (US) 12.00noon The Mindy Project 1.00 Miracle Workers 2.00 A.P. Bio 3.00 Modern Family 4.00 Will & Grace 5.00 The Office (US) 5.30 The Fresh Prince of Bel-Air 6.30 Will & Grace 8.00 Parks and Recreation 9.00 Code 404 10.00 TEW Bloods. Comedy, starring Jane Horrocks.

10.30 Yonderland: double bill 11.30 Sex and the City 12.45am The Tonight Show Starring Jimmy Fallon 1.45 The Late Late Show with James Corden 2.45 SMILF 4.00 Sick of It 4.30-5.00am Everybody Hates Chris

DISCOVERY

6.00am Wheeler Dealers 7.00 Deadliest Catch 8.00 Alaska: Homestead Rescue 9.00 Alaska: The Last Frontier 10.00 Combat Dealers 11.00 Wheeler Dealers 12.00noon Railroad Alaska 1.00 Gold Rush: White Water 3.00 Rise of the Machines 4.00 Building Off the Grid 5.00 Wheeler Dealers 6.00 Fast N' Loud 7.00 Outback Truckers 8.00 Gold Divers: double bill 10.00 Moonshiners 11.00 Gold Rush 12.00m't Moonshiners 1.00 Gold Divers 3.00 Moonshiners 4.00 Fast N' Loud 4.50 Wheeler Dealers 5.40-6.00am How It's Made

NATIONAL GEOGRAPHIC

8.00am Secrets of the Pyramids 9.00 Time Scanners 10.00 Ancient X Files 11.00 Secrets of the Spanish Armada: Drain the Oceans 12.00noon Inside the SS 1.00 World War II: The Apocalypse 2.00 Nazi Megastructures 3.00 Air Crash Investigation 5.00 To Catch a Smuggler 6.00 Car S.O.S 8.00 NEW Colossal Machines. Space exploration. 9.00 Air Crash Investigation 10.00 Car S.O.S 11.00 Air Crash Investigation 12.00m't Alaska: The Next Generation 1.00 Ice Road Rescue: Highway Havoc! **2.00**Lawless Island **3.00** Dinosaurs from the Deep Drain the Ocean **4.00-5.00am** Drain the Oceans: Lost Worlds of the Mediterranean

Radio

BBC RADIO 1

97.6-99.8MHz 7.00am Greg James 10.32 Rickie, Melvin and Charlie 12.45pm Newsbeat 1.00 Scott Mills 3.32 Vick and Jordan 5.45 Newsbeat 6.00 Radio 1's Future Sounds with Clara Amfo 8.00 Radio 1's Future Artists with Jack Saunders 10.00 Radio 1's Power Down Playlist with Sian Eleri 11.00 Benji B 1.00am Radio 1 Dance Presents 2.00 The Radio 1 Interview 2.15 Radio 1 Playlists **2.32** Legends Fall in the Making **3.00** Radio 1's Rap Anthems **4.00** Radio 1 Dance 5.00-7.00am Arielle Free

BBC RADIO 2

88-91MHz 6.30am The Zoe Ball Breakfast Show 9.30 Ken Bruce 12.00noon Jeremy Vine 2.00 Steve Wright in the Afternoon 5.00 Sara Cox 6.30 Sara Cox's Half Wower 7.00 Jo Whiley's Shiny Happy Playlist 7.30 Jo Whiley 9.00 The Folk Show with Kate Rusby 10.00 Trevor Nelson's Magnificent 7 10.30 Trevor Nelson's Rhythm Nation 12.00m't O.J. Borg 3.00 In Concert: The Zac Brown Band **4.00-6.30am** Vanessa Feltz

BBC RADIO 3

90.2-92.4MHz 6.30am Breakfast 9.00 Essential Classics 12.00noon Composer of the Week: Debussy 1.00 Radio 3 Lunchtime Concert **2.00** Afternoon Concert **4.00** Choral Evensong **5.00** In Tune **7.00** In Tune Mixtape 7.30 Radio 3 in Concert 10.00 Free Thinking 10.45 The Essay: Multitudes 11.00 Night Tracks 12.30-6.30am Through the Night

CHOICE Maureen & Friends Radio 4, 11,30am

She's still a regular on Coronation Street, but Maureen Lipman has nevertheless found the time to write and star in this show, the first of two performances recorded in front of a studio audience. It features a poem about the past two years, character sketches and an awards ceremony

BBC RADIO 4

FM 92.4-94.6MHz, LW 198kHz 6.00am Today 8.31 (LW) Parliament 9.00 The Anatomy of Kindness 9.30 Witness 9.45 (LW) Daily Service 9.45 (FM) Book of the Week: Making History: The Storytellers Who Shaped the Past 10.00 Woman's Hour 11.00 The Witches' Pardon 11.30 Maureen & Friends 12.00noon News 12.01 (LW) Shipping 12.04 Sea Change 12.18 You and Yours 12.57 Weather 1.00 The World at One **1.45** The Museums That Make Us **2.00** The Archers 2.15 Drama: Personal Shopper **3.00** Money Box Live **3.30** Inside Health 4.00 Rewinder 4.30 The Media Show **5.00** PM **5.54** (LW) Shipping **5.57** Weather **6.00** News **6.30** Conversations from a Long Marriage **7.00** The Archers **7.15** Front Row **8.00** The Moral Maze **8.45** Lent Talks 9.00 Costing the Earth 9.30 The Media Show 10.00 The World Tonight 10.45 Sea Change 11.00 The Damien Slash

Mixtape 11.15 Chris Neill: Raging Enigma 11.30 Parliament 12.00m't News 12.30 Book of the Week: Making History: The Storytellers Who Shaped the Past 12.48 Shipping 1.00 As BBC World Service 5.20 nipping **5.30** News **5.43** Prayer for the Day 5.45 Farming Today 5.58-6.00am Tweet

BBC RADIO 5 LIVE

693/909kHz 6.00am Breakfast 9.00 Nicky Campbell 11.00 Naga Munchetty 1.00pm Nihal Arthanayake 4.00 5 Live Drive 7.00 5 Live Sport 10.30 Colin Murray 1.00am Dotun Adebayo 5.00-6.00am Wake Up to Money

BBC RADIO WALES

FM: 94.6MHz 6.00am Breakfast 8.30 Jasor Mohammad 11.00 Wynne Evans 2.00pm Behnaz Akhgar **5.00** Radio Wales Drive **6.30** Country Focus **7.00** The Evening Show 10.00 The Late Show 12.30am As Radio 5 Live 5.30-6.00am Country Focus

CLASSIC FM

100-102MHz 6.00am More Music Breakfast 9.00 Alexander Armstrong 12.00noon
Anne-Marie Minhall 4.00 John Brunning 7.00 Smooth Classics at Seven 8.00 The Classic FM Concert with Trevor McDonald 10.00 Smooth Classics 1.00am Bill Overton 4.00-6.00am Early Breakfast

ABSOLUTE RADIO

1215kHz 6.00am Dave Berry 10.00 Leona Graham 1.00pm Ben Burrell 4.00 Bush and Richie 7.00 Danielle Perry 10.00 Jay Lawrence 1.00-6.00am Dan Noble

Movies

11.00am Border River (1954/U) Western, with Joel McCrea and Yvonne De Carlo. ★★★ 12.40pm Donovan's Reef (1963/U) Comedy

drama, starring John Wayne. ★★★ **2.50 Gunsmoke** (1953/U) Western, starring Audie Murphy and Paul Kelly. ★★ **4.25 The Tall T** (1957/PG) Western, starring Randolph Scott and Richard Boone. **6.00 Exodus: Gods and Kings** (2014/12)

Biblical epic, starring Christian Bale. Bruce Willis and Morgan Freeman. Donna Banva and Anna-Maria Nabirve

11.35 Four Weddings and a Funeral (1994/15)
Romantic comedy, starring Hugh Grant and Andie MacDowell

1.55-4.00am The Woman in Black 2: Angel of Death (2014/15) Horror sequel, starring Helen McCrory and Jeremy Irvine. ★★★

SKY CINEMA PREMIERE

6.55am Pil's Adventures (2021/U) 5.20am for details. **8.45 The Desperate Hour** (2021/12) See 4.30pm for details. ***

10.25 Old Henry (2021/15) Western, starring Tim Blake Nelson and Scott Haze. ***

12.15pm Kimi (2022/15) See 8.00pm. ***

2.00 Fast & Furious 9 (2021/12) See 9.45pm for details. ★★★ 4.30 The Desperate Hour (2021/12) Thriller.

with Naomi Watts and Colton Gobbo. ★

6.10 North Hollywood (2021/15) Comedy drama, starring Ryder McLaughlin. **

8.00 Kimi (2022/15) Crime thriller, starring

Zoe Kravitz and Devin Ratrav. *** 9.45 Fast & Furious 9 (2021/12) Action, starring Vin Diesel and John Cena. ***

12.25am Malignant (2021/18) Horror, starring Annabelle Wallis and Maddie Hasson. ***

2.30 North Hollywood (2021/15)

See 6.10pm for details.

5.20-7.10am Pil's Adventures (2021/U) Animated adventure, with the voices of Eleanor Noble and Wyatt Bowen. ***

SKY CINEMA DRAMA

5.45pm Milk (2008/15) Biopic of politician Harvey Milk, with Sean Penn. ★★★★ 8.00 Enemy at the Gates (2001/15) Second World War drama, starring Jude Law. **

10.15 GoodFellas (1990/18) Crime drama, starring Ray Liotta and Joe Pesci. **12.45am St Elmo's Fire** (1985/15) Coming-of-

age drama, starring Rob Lowe. ***

2.45 Once Upon a River (2019/15) Drama, starring Kenadi DelaCerna. ***

4.20-6.35am The Man Who Killed Don

Quixote (2018/15) Comedy drama, starring Adam Driver and Jonathan Pryce. ★★★★

SKY CINEMA FAMILY

5.00pm Hop (2011/U) Part-animated comedy, with James Marsden and Russell Brand. 6.40 Peter Rabbit (2018/PG) Family comedy. with the voice of James Corden. ***

8.20 Peter Rabbit 2 (2021/U) Animated

adventure sequel, starring Rose Byrne and Domhnall Gleeson. ★★★
10.00 Casper (1995/PG) Supernatural family

comedy, starring Christina Ricci. ****

11.50 Muppets from Space (1999/U) Family comedy, with F Murray Abraham. ***

1.30am The Muppets Take Manhattan
(1984/U) Puppet comedy, starring Liza

3.15 The Amazing Mr Blunden (1972/U)
Children's fantasy, starring Laurence Naismith, Lynne Frederick and Diana Dors.

Minnelli and Joan Rivers.

5.05-6.55am Fairytale: A True Story (1997/U) Fact-based drama, starring Florence Hoath, Elizabeth Earl and Paul McGann.

TCM

4.25pm Murder Most Foul (1964/U) Agatha Christie mystery, with Margaret Rutherford, Ron Moody and Charles Tingwell. ***
6.40 The Goonies (1985/12) Family adventure, with Sean Astin and Corey Feldman. ★★★★ 9.00 V for Vendetta (2005/15) Futuristic

action thriller, with Natalie Portman. *** 11.45 Full Metal Jacket (1987/15) Vietnam
War drama, with Matthew Modine. 2.10-4.00am Casablanca (1942/U) Romantic

drama, starring Humphrey Bogart, Ingrid Bergman and Claude Rains.

GREAT! MOVIES 4.35pm The Swimmer (1968/PG) Drama, starring Burt Lancaster. ****
6.30 Legends of the Fall (1994/15) Period drama, starring Anthony Hopkins. ****
9.00 Joe (2013/15) An ex-convict develops a

paternal bond with a teenager working for him and seeks to protect him from his violent father, Drama, with Nicolas Cage, ***

11.20 Dog Eat Dog (2016/18) Thriller, starring Nicolas Cage and Willem Dafoe. **
1.15am A Most Violent Year (2014/15)

Thriller, starring Oscar Isaac. ****

4.00-6.00am Paul Blart: Mall Cop (2009/PG) Comedy, starring Kevin James.

OUR VOICE



Vladimir Putin is accused of war crimes as his

troops target civilians and bomb safety routes

punishing sanctions. He should

also be told any activities by

Russian separatists in neigh-

bouring countries aimed at desta-

bilising them will be seen as an act

of war by Russia, with a firm

■ President Volodymyr Zelensky

is right, the West is not doing

They need a no-fly zone now.

Putin doesn't care about the

threat of being put on trial for war

crimes, It will never happen. Soon

he will be using nuclear weapons.

■ Putin must pay for these

Spineless NATO is too frightened

of Putin. Like Mr Zelensky says,

response from NATO.

Gateshead, Tyne and Wear

enough to help Ukraine.

soon it will be too late.

He has to be stopped.

murderous war

crimes no

matter what

Jim Temlett, Dursley, Glos

Dave Harris

out of besieged cities. Last week the world was horrified by the Russians shelling of a maternity hospital

in Mariupol. President Volodymyr Zelensky has confirmed more than 1,300 Ukrainian soldiers have died in the

conflict so far, along with thousands of civilians. You say...

the cost to the civilised world. If not

then megalomaniac despots

throughout the world will believe

they have a licence to do the same

and we all know what the cost was

of turning a blind eye to the same

Russia has a history of despotic

rulers from Ivan the Terrible, to

Stalin and now Vlad the slaugh-

terer. He should be imprisoned for

the rest of his days for war crimes.

sleep in their beds at night after

ordering these atrocities against

women and children.
Phill Prescott, Waterloo, Liverpool

■ I am ashamed to be British. Evil

survives because the good do

nothing. Shame on us in the West

The UN and NATO need to show

some strength - innocent civilians

because Putin will not stop.

Struck by new

song sensation

The Masked Singer was

always going to be a difficult

act to follow for prime-time

Saturday night viewing, but

ITV's new show Starstruck,

and judges Sheridan Smith,

Last week's Barbra

Even the judges got teary. Diane Silva, Bournemouth

Streisand impersonators

with host Olly Murs (left)

Adam Lambert, Jason

Manford and Beverley Knight, is proving to be

very entertaining.

gave wonderful

such a joy to watch.

performances and were

are dying. **Guy Middlewood, York**

How can his Russian generals

The man is obviously deranged

with impunity.

situation in 1939. Roger Grant

Thurnscoe, South Yorks

Every Monday we print your treasured family photos in Your Memories. If you have an old picture you'd like to share please email or write to us at the address below and include the photo and

information about who's in it and when and where it was taken. But please don't send

Covid surge no surprise

The BA.2 variant is dominant in England now and has caused havoc in Europe, so the present situation is not a surprise to anyone who has been watching Covid case rates in other countries,

Cambridgeshire

.'weet

Simon Schama on Russians protesting against Putin with blank signs...

blank signs are beginning to have extraordinary symbolic power, perfect way to call out the union of atrocity and absurdity that is the Putin tyranny - great respect to the brave sign holders.

■ There have always been complaints about our public transport systems. There are a couple of things that would help to improve them - major investment and a purge on illegal parking. Perhaps a simple way to focus minds would be to make politicians, transport managers and employees of these franchises use the system for a year.

Then they would have an insight into what the public have to complain about.

If they were waiting for of losing a job because of being late, they might have some empathy. RF Wills, Barnstaple, Devon

Pub quiz answers

4. Lisa Nandy

originals as we can't return them. ay for atrocities

Covid cases and hospitalisations after looking at what happened in Denmark. It's obvious the sudden dropping of all mitigation measures during a pandemic is going to lead to a

including Independent SAGE.

by vaccines only lasts around six months and from infection

Liz Hallworth, Histon

■ I predicted the surge in

resurgence in the virus.

Remember immunity given

sometimes only three

Historian and TV presenter

@simon_schama - The

hours in the cold, or in danger

How many of our daily pub quiz brainteasers did you manage to get right?

1.18th

2. Lapsang Souchong 3. Uranus

5. Barrowman

New Hitler must

This little chap is Tigger, a rescue cat who I've looked after for about nine months. The first 18 months of his life was spent mostly under a bed as he'd lived in appalling conditions with little food and no toys. When I first brought him home, he was very frightened and underweight, hiding under a kitchen chest for four days without even venturing out for food and water but after months of patience, nurturing and love, he's now a very happy little boy. I'm so pleased I've given him a good, loving home - it's one of the most

rewarding things I've ever done!



■ Would you like to show off a picture of your adorable pet? Send us a photo and tell us a little bit about them and what makes them so lovable. Either email or write, including a photo, to the address below. Sorry but we are unable to return any pictures.

E **big** ouesti



Every day we'll be asking your opinion on one of Britain's big talking points. You can have your say and vote at mirror.co.uk

The under-25s could be banned from buying cigarettes under a similar law to the one already introduced in New Zealand.

Should under-25s be banned from buying cigarettes?

Yes. I'm all for it. Smoking is disgusting and harms those around you. Why not keep it out of the way of the young?

SERIOUSLY747

No. Obesity is the biggest killer and has been since 2014. Are they going to ban people from eating cakes until they are 25 too?

MRS TED

No. People are by law adults at 18, so how can you discriminate against one section of grown-ups compared to another?

RAILWAYBOOTS

Yes. If the cost of cigs isn't prohibitive enough, maybe this will stop youngsters from taking up this awful habit.

LYNNE BURNETT

Yes. It's a good idea but why not just ban smoking altogether? I dream of that happening. RYAN BEET

THE images of a maternity

hospital in smouldering ruins will

forever remain a damning indict-

ment of the brutality of detestable

His propaganda that he is "liberating" Ukraine is patently ridiculous. To shell civilians and

Putin is another Hitler and

whatever happens now, whether

he succeeds in his barbaric plans

or not, he has perpetrated some of

For the rest of his life, he will

never be able to get off a plane or a

boat without the fear of arrest. He

will have to look over his shoulder

in fear of retribution for as long as

■ I don't see the logic in the USA

refusing to agree to Poland's offer

to supply Ukraine's Air Force with

MiG jets to defend their country

Ukrainian forces are already

being supplied with anti-aircraft

missiles being successfully used to

supplying missiles and aircraft

when they are all weapons of war?

artillery and tanks.

Peter McGraghan,

Ukraine could then impose its

own no-fly zone and use the

planes to attack Russian

Darlington, Co Durham

■ So far it is Putin setting

the agenda and it is time

to reverse this. NATO and the West should tell him

any use of chemical biological or tactical

nuclear weapons in Ukraine

will result in even more

What's the difference between

shoot down Russian aircraft.

against that war criminal Putin.

the most heinous war crimes.

bomb hospitals is abhorrent.

Vladimir Putin.

he draws breath.

John Irving, Leeds

No. Age limits don't stop people from smoking. If someone wants to smoke cigarettes, they'll find a way.

To have your say, go to mirror.co.uk



DUR MONEY



RECORD HOUSE PRICES MAKING EQUITY RELEASE MORE TEMPTING

OLDER homeowners struggling to cover today's rocketing living costs could enjoy sweet release from money worries by using their property to raise some much-needed cash.

People who own their home can unlock the spare equity in their property and turn it into tax-free cash to spend as they wish.

It's possible by taking out a regulated financial product called an equity release lifetime mortgage.

They are offered by a range of specialist companies, including big names Aviva and Legal & General, and demand is growing as house prices rise, allowing people to access equity.

The average equity release customer raised almost £125,000 last year – the kind of money that can change lives.

You could spend it on doing up your home, taking a holiday, buying a car, funding everyday living costs or helping younger family members. But if you have an outstanding mortgage, you have to clear that first.

Equity release can transform your retirement but taking out a scheme is a big decision and will affect the size of any inheritance you will leave loved ones. So don't rush it.

Make sure you understand what this option is and how it works.

What is equity release?

Equity release schemes allow homeowners aged 55 and over to unlock the capital sitting in their property and put it to work.

The average house is now worth a record £278,123, according to Halifax, handing millions of older homeowners a vast store of untapped wealth.

cash poor".

Many will have bought their house 30 or 40 years ago, and have long since paid down the mortgage, leaving them with heaps of

Last year, 76,000

homeowners

tapped into £4.8billion

of equity

spare equity. Yet at the same time, many are short of cash to pay their everyday bills, something known as being "asset rich,

While most will want to pass on their home to children and grandchildren when they die, they now have another option.

In contrast to a standard mortgage, you do not have to make any monthly interest payments when you take out an equity release lifetime mortgage.

Instead, the interest rolls up and is cleared, along with the money you borrowed, from the proceeds of your house sale when you and your partner either die or go into long-term care. Unlocking the nome to relax in retirement

Any property value left falls back into your estate and can be passed on to your nearest and dearest as an inheritance in the usual way.

How does it work?

The big attraction is that you have the cast-iron right to continue living in your home for life, provided you choose a plan from a company that belongs to trade body the Equity Release Council (ERC).

You might even be able to move home if you wanted to, subject to certain conditions.

You cannot borrow the full market value of your home, instead it is a percentage based on your age. The older you are, the more you can raise, because as your life expectancy reduces, the equity release company will not have to wait as long to get its money back. It can

therefore pay you more.

So aged 55, you could typically release a maximum 27% of your property's value. For instance, if it is worth £250,000 you could borrow up to £67,500.

Equity release tends to work best for those age 65 and upwards. By age 75, you can borrow 50% of its value.

You may be able to borrow higher percentages if you have health problems or lifestyle issues, such as smoking heavily. That's because your life expectancy is shorter, which means the equity release company does not have to wait as long before your home is sold.

Last year, 76,000 homeowners tapped into £4.8billion of housing equity, most of them for the first time.

That is a rise of a quarter on 2020

and with the average house price increasing £25,000 last year, owners can borrow more.

Lowe, Stephen communications director at retirement specialist Just Group, says demand is up as people who delayed financial decisions in the pandemic chose to crack on with plans.

"Rising house prices, historically low interest rates and a high level of competition between lenders is tempting people to consider using some of the value tied up in their homes," he added.

Where homeowners took a lump sum, the average amount raised was £124,990. Others drew an initial sum and kept some cash in reserve for later, in what is called a drawdown plan.

In this case, the average upfront sum was £89,786, with £34,950 held back for future use, making £124,736 in total.

Some plans even allow you to release money as a monthly income, a bit like receiving a salary.

Claire Singleton, chief executive of Legal & General Home Finance, says demand for equity release will continue to grow in popularity.

"Homeowners increasingly see their property as an acceptable way of raising cash in retirement."

Take advice first

If you're tempted, do not rush your decision, as your home is almost certainly your biggest asset - and equity release is complex.

Any decision will affect your loved ones, so remember to explain what you are doing, and include them in the onversation to avoid shocks later.

Matt Stirland, executive director of later life lending at equity release adviser Age Partnership, says talk to an advisory firm that specialises in



GET PEACE OF MIND EQUITY GUARANTEE

Members of the Equity Release Council must follow a code of conduct, to give their customers

All products must offer a valuable safeguard known as a no-negative equity guarantee, which means you can never borrow more than your property is worth, regardless of what happens to house prices.

So if prices crash and your debt is greater than the sale value of your property, then neither you or your family will have to make up the shortfall. And you cannot pass any debt on to your loved ones when you die either.

equity release, that will have detailed knowledge of all the issues involved.

They should also discuss alternative methods of raising the money you need, such as claiming state benefits, getting help from your family, taking a 25% tax-free lump sum for your pension, finding a part-time job, or downsizing to a smaller property.

"Equity release could affect your eligibility to state benefits, and your adviser should check whether this is the case," Matt said.

He says you should involve family and friends in the process, especially your partner and anybody whose inheritance is likely to be affected.

Advisors should offer you a free, no-obligation consultation and clearly set out their fees.

They are obliged to make this clear and a good one will be happy to do so. Typically, you can expect to pay a flat fee of around £1,500 plus VAT.

Beware those who charge a percentage fee, as this could prove more expensive, especially if releasing larger amounts.

Only use a firm that is able to offer advice on the full range of equity release plans, rather than simply selling their own product, or products from a limited panel.

Do not be pressured at any point. You must feel free to make a decision in your own time.

The whole process will typically take up to two months.

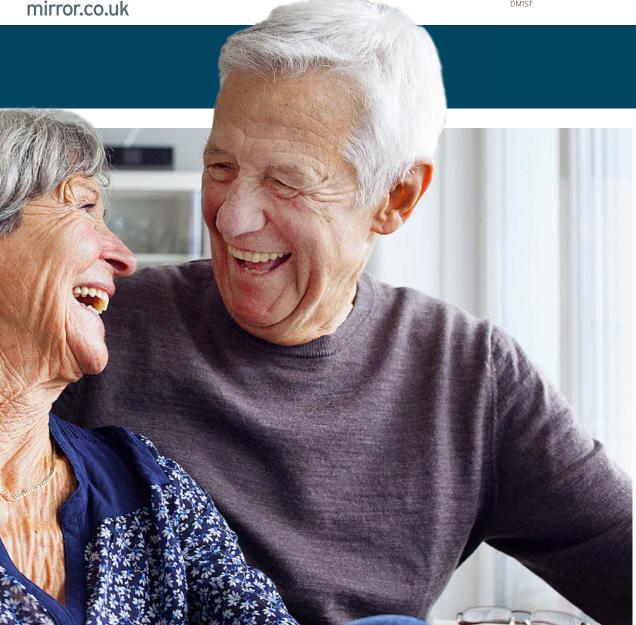
This is a long-term commitment so you really need to understand exactly what it involves from start to finish, Matt added.

In an ideal world, there would be no need for equity release. People would simply hand the property down to their kids as an inheritance. These days, that's not always possible, as so many of us are living longer and struggling to make ends meet in retirement.

So don't be afraid to talk to loved ones. Often, children will encourage parents to go ahead and make the most of their well-earned retirement.







SWITCHING PLANS TO SAVE £50k

discuss

switching your

existing plan, call the

visit agepartnership.co.uk/

Existing equity release customers could potentially save more than £50,000 by switching to a cheaper plan as interest rates halve, figures from Age Partnership show.

Yet many do not realise they are free to switch equity release plan after taking one out, wrongly believing they are locked in for life.

Rock-bottom interest rates and increased competition have slashed the charges on equity release plans from more than 6% five years ago to around 3.51% today.

your FREE guide to equity Age Partnership release call Freephone customers who 0800 0155 292. switched plan last year will save £51,000 in interest over the average 16-year term of their plan, Matt Stirland, the advisory firm's executive director, said.

'Switchers should act fast, as the Bank of England has hiked base rates twice in recent months and this is already pushing up lifetime mortgage rates, although they are

still much lower than in the past."

Many do not realise switching is an option because their original adviser or broker no longer operates. In some cases, the partner who arranged the original plan has died, and the surviving spouse does not understand how it works and the potential saving from switching.

"Many don't involve their other half when taking out equity release, so don't realise the Mirror Equity Release Service importance of provided by Age Partnership on regular reviews," Freephone 0800 158 2372 or Matt added.

Anyone who

mirrorswitch. Or to request has had their existing equity release loan for 12 months or longer can get a review, and a good adviser should do this free and without any obligation to take action. But switching is not right for everyone.

"Sometimes early repayment charges may be too high to make changing plans worthwhile. You will not know until you have the review," Matt added.





The Mirror has produced a comprehensive and practical guide, which will help explain everything you need to know about equity release and it's FREE to all our readers. Equity release may involve a home reversion plan or a lifetime mortgage which is secured against your property. Request your personalised illustration to understand the features and risks.

Equity release requires paying off any existing mortgage. Any money released, plus accrued interest, is to be repaid upon death or moving into long-term care. The Mirror Money equity release service is provided by Age Partnership, who will tell you everything you need to know about equity release, including the effect on the amount of inheritance and how vour entitlement to means-tested benefits could be affected - both now and in the future.

Call FREE to request your guide to equity release 0800 015 5293

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Age Partnership

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DUR MONEY





BY HARVEY JONES

POET TS Eliot warned, "April is the cruellest month", and it will certainly feel like it this year as a string of price rises and tax hikes come into force at the same time.

The barrage of higher bills will intensify the cost-of-living squeeze, and make life unaffordable for many.

Here is what is on the way and how it will affect you.

ENERGY DRAIN

From April 1, the rise in the energy price cap will increase the average gas and electricity bill by £693 a year to an incredible £1,971.

Tom Selby, head of retirement policy at AJ Bell, says state pensioners will find this hardest to stomach: "Energy bills will rise 54%, but the state pension will only rise by 3.1% after the triple lock was cut."

Things could get worse from October, when the energy cap could rocket to £3,000.

TAXING TIMES

On the same day, council tax bills $\,$ will rise by an average 2.8%, the Institute for Fiscal Studies reckons, which would see the average Band D charge jump by £68 to £1,951.

TaxPayers' Alliance media campaign manager Danielle Boxall, says taxpayers can check eligibility for council tax reduction or the single person's discount.

"Struggling pensioners should

credit. This increases a single pensioner's income to £177.10 a week or £270.30 a week for couples. It also offers help with council tax," she says.

NHS prescription charges typically increase every April, and are expected to rise from today's £9.35, although the figure is yet to be announced.

Prescriptions are free from age 60, but the Government is considering lifting that to 66, in line with the state pension age. This would be a massive blow for those aged 60 to 65 who have multiple conditions.

SOME RESPITE

At least the TV licence will not rise in April, having been frozen at £159 a year for two years. From 2024, it will rise in line with inflation for four years. Additionally,

water bills should fall slightly as suppliers have been told to drop prices gradually until

The National Living Wage increases to £9.50 an hour for the over-23s from April, an increase of 6.6%.

triple lock.

The state pension will rise 3.1% in April, but it would have been more than 8% if Rishi Sunak had not scrapped the

The basic state pension will rise by £4.25 to £141.85, while the new state pension paid from April 2016 will rise £5.55 to £185.15.

Selby says with inflation running hot, pensioners are going see if they can claim pension to feel the pinch: "If inflation hits

7%, this will feel like a cut of £173.04 for those on the new state pension."

The VAT rate for hospitality businesses was cut to 12.5% during the pandemic but will return to 20% from April, which could force up the cost of eating out.

BIG FREEZE

In his Budget last year, Sunak froze a string of tax thresholds for five years, until 2026. Instead of rising on April 6, the personal tax-free allowance will remain frozen at £12,570, and higher rate income tax at £50,270.

Selby says freezing income tax thresholds while inflation is rising sharply is the same as reducing them.

Somebody earning £25,000 will pay an extra £1,101 income tax

State pension

will rise by 3.1% – it

would have

been 8% with

the triple lock

over five years as a result, while a £50,000 earner will pay £5,282 more, he says.

"Those earning around £50,000 get hit pretty hard, as they may be pushed into the 40% tax bracket," he adds.

Sunak's tax freeze does not end there. The inheritance tax threshold has also been frozen at £325,000 until 2026, as has the £175,000 residence nil-rate band, for families passing on homes to children and grandchildren. With house prices rising at a rate of 10% annually, more homeowners will get dragged into the Treasury's IHT net.

"Careful gifting can reduce your reduce your exposure.

exposure, or consider trust planning," Selby says.

CAPITAL PAIN

Sunak has also frozen the capital gains tax allowance for five years at £12,300. CGT is charged on profits from selling shares, property, paintings, antiques and jewellery.

Becky O'Connor, Interactive Investor's head of pensions and savings, suggested spreading disposals over multiple tax years, or making spouse or civil partner transfers, which are exempt from CGT.

"Another option is to offset losses against gains," she said.

Investing inside a tax-free Isa can also shield your income and capital gains from the taxman, she added.

LIFETIME HIT

The pensions lifetime allowance, the maximum you can save in total pensions, has also been frozen at £1.073.100 until 2026.

Those who take dividends outside of a tax-free Isa will pay an extra 1.25% tax. This will hit company directors who draw dividends as income, and investors who have not wrapped income-producing assets in an Isa or pension.

As if all that wasn't bad enough, the new 1.25% National Insurance health and social care levy comes into force in April, lifting NI for employees and the self-employed to a punitive 13.25%. Salary sacrifice could

mirror.co.uk/business



HSBC WUK

69 banks - meaning some customers will face more than a two hour drive to their next nearest branch.

Around 400 staff will be hit, although the banking giant insists they will be offered alternative jobs.

HSBC, which last month said profits doubled to £13.9billion in 2021, blamed the decision on more people doing transactions online.

It claimed the closures meant customers had an average distance of only four miles to reach another branch. But that masks big variations.

For example, after the branch in Inverness closes on September 27, the next nearest is in Aberdeen - a two and half hour drive away.

Critics say a wave of bank branch closures has particularly hit those who can't drive and rely on public transport. HSBC's latest cull begins on July 19, with three branches in London. Among the

HSBC has confirmed plans to shut another others earmarked to go are Harborne in Birmingham, Hartlepool, Cardiff, Daventry, Ellesmere Port, Leyland, Dewsbury, Pontefract

Bishop Auckland, Ashby-de-la-Zouch, İlkeston, Strood, Herne Bay, and Whitehaven, finishing with Falmouth and Bootle in October.

HSBC said it will provide alternative access through the Post Office, pop-up branches and via tablets supplied by the bank.

Jackie Uĥi, head of HSBC UK's branch network, said: "The way people $\textbf{CLOSURES}\ \ bank\ is\ changing\ -\ something\ the$ pandemic has accelerated.

"Our branches continue to support people with their more complex banking needs, but the way we can do this has also evolved."

Jenny Řoss, Which? Money Editor, said: While many consumers now choose to bank digitally, millions of people are not yet ready or able to take that step."

The number of firms going bust has more than doubled in the past year. There were a total of 1,515 registered company insolvencies in England and Wales in February.

The figure compared with 685 the same month a vear ago and was 13% higher than in 2020, before the Covid crisis struck, according to data from the Insolvency Service.

SLIDES DOWN

Oil prices dipped below \$100 a barrel yesterday as ceasefire talks between Russia and Ukraine eased fears of further supply disruptions and surging Covid-19 cases in China fuelled concerns about

slower demand. The price of Brent crude dropped to a three-week low of \$98 a barrel at one stage during trading.

H&M Covid comeback

Fashion giant H&M says sales have accelerated over the past three months, as it bounces back from the impact of the Covid pandemic.

Takings increased by 23% to £3.9billion over the quarter to the end of February. Meanwhile, electricals chain

Currys announced a 5.2% increase to the minimum pay rate of its hourly paid colleagues, to £10 and £11.05 in London.

> It will take effect from August 1, and is the second rise in the past 12 months.

> > 0il = \$102 1

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LIDE	TOO	d	own 17.7 at 7,175	.7	
Abrdn	196.3	-1.2	Imperial Brands	1558.0	+7.5
Anglo American		-24.0	International Airlines Grp		+1.4
AB Foods		-42.5	ITV		+1.2
Admiral Group	2576.0	-77.0	JD Sports	141.8	-2.7
AstraZeneca	9383.0	-13.0	Kingfisher		-6.2
Aviva PLC	414.2	-3.7	Land Securities		-10.8
BAE Systems	732.4	+8.8	Legal & General	261.0	-4.0
B&M European	555.4	-3.2	Lloyds	47.4	-0.3
BAT	3086.5	+61.0	Marks & Spencer	162.0	-3.5
Balfour Beatty	258.6	-3.2	National Grid	1155.4	+32.2
Barclays	168.2	-1.8	NatWest Group	215.3	-2.5
BR Land Co		-4.0	Next	6240.0	-42.0
BP	361.0	+4.5	Ocado	1188.0	-6.0
BT		+2.8	Pearson	826.8	+65.8
Capita Group	21.0	-0.3	Persimmon	2228.0	-64.0
Carnival	1261.8	+30.6	Prudential		-44.0
Centrica		+1.5	Reckitt	5797.0	+101.0
Compass	1655.5	+1.0	RELX		+56.0
Currys Plc		-7.5	Rentokil Initial		-1.3
Diageo		+2.0	Rio Tinto		-89.0
Direct Line		-4.2	Rolls-Royce		-1.5
Easyjet		+16.6	Royal Mail		+3.7
Ferguson		-720.0	J Sainsbury		+0.8
Frasers Group		-8.5	SSE		+19.5
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Taylor Wimpey	136.5	-3.2
Tesco	278.5	+1.5
Unilever	.3381.5	-41.5
United Utilities	.1083.5	+22.0
Vodafone	122.1	+0.3
Whitbread	2678.0	+30.0
Reach PLC	184.0	-5.6

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(bunions, Hallux valgus)

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toe malformation



ROB MEYERTON, our Foot Specialist, explains how his brand new process works and how it uses a painless, non-invasive method straighten the toes. Nearly a million people have avoided surgery as a result!

For years I've seen how hallux valgus or bunions, this modern day problem, has ruined the lives of millions of people. Everyone who's used this breakthrough treatment can stop being ashamed of their feet and wear shoes again pain-free. This treatment is hugely popular in Japan and is now taking the UK by storm.

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The patented Bunion Medic device gradually straightens the big toe and improves comfort.

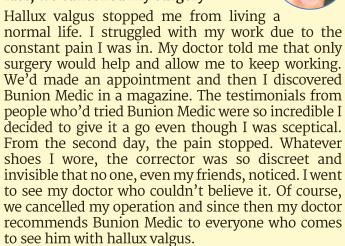


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Henry M (aged 54): My toe straightened up quickly and the pain went away so fast, we cancelled my surgery



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GBY LEAGUE DISC

Silky Hull star has had three bans in just nine months and fears the game may be getting too cautious







EXCLUSIVE BY DAVE CRAVEN Rugby League correspondent

@DCravenRL HE has been hit with three bans in less than nine months but England star Luke Gale insists: "I'm no bad boy!"

The Hull FC captain had barely been suspended throughout his long career.

Scrum-half Gale, 33, is more known for his silky creative play than dodgy disciplinary issues.

But he is currently serving a five-game ban for being sent off after catching the then trying to drag his injured international colleague to his feet.

It came following a twomatch suspension for punching while Leeds Rhinos skipper in June, which was quickly followed by a one-game ban for making contact with a referee.

But Gale (above) said: "I'm not a bad lad all of a sudden. The ban when I touched the ref was even more ludicrous than this one.

well and had never punched anyone in my life. But if hardest thing. The longest someone kneels on your I've ever been banned before knee of St Helens' Jonny neck for 10 seconds, you will is one or two weeks. I

Lomax with his studs – and be disgruntled. That was down to frustration. This current one was just stupid."

The ex-Man of Steel was initially seething at being banned for the Lomax incident, which came in only his second game for Hull.

But Gale admitted: "In that split second, I thought I could get the ball with my foot. Obviously, I didn't and I caught his leg. Do I think a five-game ban is harsh? Yes.

"But it's what they've sanctioned. I'm disappointed "I got done for striking as for myself and for my team-mates. That's the

apologised to Jonny. I've played nearly 400 games and I've never gone out to hurt someone on purpose.

"But with the way they are clamping down this year, I won't be the first and I won't be the last to get a ban."

The RFL is hitting hard on dangerous foul play, including contact to the head, this season. There has been an outcry that some bans have been too heavy.

Super League coaches are meeting RFL disciplinary officials for urgent talks next week and Gale hopes some middle ground can be found.

"I spoke with Robert Hicks (referee and RFL's director of

operations and legal) recently to say I think we have to be careful where we're going as a game," he added.

"How many matches now

are being affected by yellow or red cards? We need to remove head knocks and late tackles. I've been on the end of my fair share over the years. It's not nice.

"But I do think we're overstepping it. We need some contact. And we're probably now being too cautious."

Wigan prop Kaide Ellis has been given a five-match ban following his dismissal for punching during the 28-0 Super League defeat to Catalans Dragons in Perpignan.

RUGBY LEAGUE Wigan in tribute to an 'icon



WIGAN have paid tribute to international goalkicking centre David Stephenson, who has died aged 63.

Stephenson (above) began his career in rugby union with Fylde before switching codes with Salford in 1979 and then joining Wigan in 1982.

He had a debut to remember, scoring two tries and a drop goal in a 20-12 Challenge Cup win over St Helens, and went on to win 12 trophies with Wigan.

Wigan executive director Kris Radlinski said: "An iconic figure. He inspired many kids to play the sport. Rest in peace mate."

Stephenson scored 71 tries and 286 goals in 214 games for Wigan before playing for Leeds, Leigh and Salford. He also won 10 caps for Great Britain.

PACK SEAL £115M DEAL **FOR AARON**

VETERAN Aaron Rodgers has signed a contract extension with the Green Bay Packers.

The three-year deal, believed to be worth £115million, makes the 38-year-old the highest-paid quarterback in the NFL.

Rodgers (below) was named the

NFL's Most Valuable Player (MVP) for the second time in as many seasons in February. Only three quarterbacks had more touchdown passes than

Rodgers (37), who threw just four interceptions.

His performances made him the first player to win the NFL's MVP award in back-to-back seasons since Peyton Manning in 2008 and 2009.

Rodgers, who also won the award in 2011 and 2014, is now only behind Manning, who won five, for most MVPs



DINA ASHER-SMITH believes she is now a "stronger athlete" ahead of defending her world and European titles later this summer.

The British double sprint record holder's Olympic hopes at Tokyo 2020 were hit by injury, failing to make the 100m final, before a hamstring problem forced her out of the 200m.

Asher-Smith (above) has announced she will race in May's Birmingham Diamond League and said: "That's behind me now and my focus is on the busy summer ahead.

"Last year was full of emotional ups and downs but I think I'm a stronger athlete now because of it. I'm looking forward to returning to Birmingham for the first time since 2019 and to kick-start my season.'

BOXING: JOSH JUST LOOKING AT IBF CLASH NEXT WEEK

BY **DAVID ANDERSON**

JOSH WARRINGTON will not dream of a unification world title clash with Leigh Wood until he takes care of Kiko Martinez.

Promoter Eddie Hearn (right) wants to stage WBA featherweight champion Wood against Warrington either at Nottingham Forest's City Ground or Leeds' Elland Road.

Warrington can win back his

IBF crown from Martinez on March 26 at the First Direct Arena in Leeds.

But he says he has learned from his shock loss to Mauricio Lara last year not to overlook anyone.

The Leeds fighter said: "Yes, the prospect of Leigh Wood can give me extra motivation because you know it could be a potential fight after

"But at the same time, no, because you don't want to get too carried away and distracted and look past the man in front of you.

'That happened to me in the first Lara fight.

'I was focused on Can Xu, thinking about a unification

fight there, and I took my eye off the ball.

"Whilst I know being successful will lead to bigger things, I've still got to stay switched on for Kiko.

"There are rewards if I'm successful on March 26, but you cannot dwell on it much.

"You've got to concentrate on Martinez and go from



UPSIDE Warrington must see off challenge of Martinez first

MARCH

1872: The first FA Cup final was contested by the Wanderers and the Royal Engineers. A crowd of 2,000 at the Kennington Oval saw Wanderers striker Morton Betts score the only goal of the game.

1991: Simon Hodgkinson kicked five goals for England against France, taking his tally to a Five Nations championship record of 60 points for the season.

2001: George Graham was dismissed as Tottenham manager following a meeting with new executive vicechairman David Buchler. He had been in charge at White Hart Lane for two and a half years.

2004: Sri Lanka spinner Muttiah Muralitharan took his 500th Test wicket, bowling Australia tail-ender Michael Kasprowicz in the second Test

BACK PAGE: 1996



FRANK

BRUNO showed off his muscles and declared he was ready to KO Mike Tyson: "Man, this is the weapon that will put Mr Tyson in dreamland," he announced.

Bruno was about to defend his WBC heavyweight title against Iron Mike in Las Vegas and was backed by a massive army of travelling fans.

Bruno lost a title fight to Tyson seven years earlier but promised: 'It's my time and you'll see how things are going to be different." But Tyson won by a technical knockout early in the third round.

CARLOS BILARDO (83) -

former Argentina

coach who won the 1986 World Cup. THEO WALCOTT (33) -

Southampton's former England forward, previously with Arsenal and

DOMINIC CALVERT-LEWIN (25) -Everton and England striker

QUICK QUIZ

1. From which club did Arsenal sign Ghana midfielder

Thomas Partey?

- 2. Who claimed Britain's first medal of the Tokyo 2020 Olympics?
- 3. What nationality is golfer Viktor Hoyland?
- **4.** Franklin's Gardens is home to which Gallagher Premiership side?
- 5. In which year did Rafael Nadal win his first Grand Slam tennis singles

ANSWERS

Saints; 5. 2005. 4. Northampton 3. Norwegian;

1. Atletico Madrid; 2. Chelsie Giles;

ON THE SIX NATIONS

THE WELSH

Biggar (99 caps) hails comeback king Jones (149 caps)

AND COUNTING

BY **NEIL SQUIRES**

ALUN WYN JONES has been thrown straight back into Wales' starting line-up against Italy on Saturday - despite playing no rugby for four-and-a-half months.

The 36-year-old, who has agreed a contract extension to take him through until next year's World Cup, will win his 150th cap for Wales after another improbable return to fitness.

Jones confounded the medics by returning from a shoulder injury to join the Lions tour last summer and has done the same again to oust Wales' player of the Six Nations Will Rowlands and line up against the Azzurri.

"I know he has been out for a while but he has done incredible things to get his body back fit - which he did in the summer," said Wales stand-off Dan Biggar, who will continue as captain.

"It's really difficuİt because the boys who have played have done a really, really good job – I think Al would acknowledge that himself. But when you've got a player of his calibre and pedigree, if he's fit and available, it's

him.

"I think he deserves a pretty good day in Cardiff for his 150th – to have his family there will be brilliant for him and I'm really honoured to share the day with him.

'What we are really conscious of is that we want to put on a really good performance, and finish the competition off in a really good way, to make the day special."

Biggar (with Jones, below) has his own landmark occasion to look forward to as he prepares to play his 100th Wales Test. It has prompted an urgent summit to decide who will lead Wales out at the Principality Stadium.

"I imagine Al and I will sit down with a

very difficult not to select coffee and have a discussion," said Biggar, 32. "I would imaga brick wall for a while.

"I'm really fortunate to have played a lot of rugby with Al over the years and to have watched him turn into what he is now – an absolute legend of the game.

He was still a young pup with a bit more energy than sense. He was all over the shop, running round like a headless chicken. He actually hasn't changed too much now!"

Jones' aim is to keep on running until the 2023 World Cup in France and Wales coach Wayne Pivac confirmed he has made that official with a new deal.

Pivac said: "He has to maintain form and be selectable. Him and I have the understanding that's his target."

Jones' return is one of seven changes in all with the likes of winger Louis Rees-Zammit recalled and hooker

for the first time.

ine he will be saying for me to lead out and I will be saying for him to lead out, so we may be bashing our heads against

"I first met him in my first pre-season with the Ospreys.

Position Lock Current club Ospreys 2005-Years 2005-06 Dewi Lake starting

Date of birth 19 September 1985 (age 36) Place of birth Swansea **Height** 6ft 6in <mark>ght</mark> 19st 2lb School Llandovery College **University Swansea Univers**

Ospreys ... 248

Wales U21.. 20

2017, 2021 The Lions.... 12 0



LE BLEUS READ FUREDGAMES

Wales legend in French camp promises Jones discipline to match flair in 'Le Crunch'

EXCLUSIVE
BY ALEX SPINK
Rugby correspondent
@alexspinkmirror

SERIAL Grand Slam winner Shaun Edwards warned England the days of France falling for their mind games are over.

The countries clash on Saturday with the French just 80 minutes from a first Six Nations title and clean sweep since 2010.

Le Crunch has a history of provocation from Brian Moore winding up France with his '15 Eric Cantonas: brilliant but brutal' jibe in the 1990s to Eddie Jones promising "absolute brutality" on England's last visit.

Jones is at it again this week, telling the unbeaten leaders the pressure of playing for a Grand Slam will be unlike anything they have known.

He took it a step further, head" even more by playing with such "intensity and ferociousness" it knocks France backwards.

Edwards knows more about winning Grand Slams than Jones or anyone else after a long stint with Wales.

And Les Bleus' defence coach insists the days of rising to English bait have gone. "We're a professional outfit, very well organised on the pitch and off it," he said. "The one thing we've improved a lot is our discipline.

SIX NATIONS TABLE

W D L Bonus Pts

18

10 10

P : rance 4 4 U | reland 4 3 0 1 | England 4 2 0 2 | 7 | Scotland 4 2 0 2 | Wales 4 1 0 3 | 3 | 4 0 0 4 | 7 | TO COM

Wales v Italy (2.15pm) BBC One Ireland v Scotland (4.45pm) ITV France v England (8pm) ITV

THIS SATURDAY

"It's France versus England, so vou would expect physicality wouldn't you? We aim to play it hard but we aim to play it fair, within the rules. England are a world class team who I thought were absolutely









instructing his team to make that "live in their THE MANY FACES OF SHAUN EDWARDS.



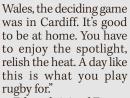
14 players against Ireland.

"Any team with Ellis Genge and Maro Itoje is going to be formidable. We know we're in for a battle royal. Add to that this France's

outstanding with since the 2011 World Cup final, a chance to win a trophy for the first time in 12 years.

There's pressure, but if you're playing at this level and you can't take pressure, you're in the wrong place. You should be doing something else."

Asked if playing before an expectant Stade de France crowd was to their advantage or not, he said: "All four times I biggest match won the Six Nations with



Edwards joined France after the last World Cup, leaving a Wales set-up with whom he collected three Grand Slams (below, Edwards with Wales head coach Warren Gatland and coach Robert Howley with the 2008 Triple Crown and Six Nations Trophies).

His mission was both to make their defence watertight and clean up their act. Within a year they went from conceding most penalties in the Six Nations to fewest.

Another year on and coolness under pressure is married to France's traditional attacking flair.

England, who dropped wing Max Malins and hooker Jamie Blamire from the squad beaten by Ireland, plan to test it.

But Edwards had a message to those intent on spoiling France's big day. The Wiganer said: 'You don't have to give penalties away to be physical."





Ireland v Scotland Dublin, Saturday, 4.45pm BY **DAVID BARNES**

MATT FAGERSON admits Scotland are disappointed with their Six Nations campaign.

But the No.8 (above) reckons the form book will go out the window when they take on championship-chasing Ireland on Saturday.

The championship started brightly when they pulled off an excellent home win over England, but Gregor Townsend's team then slumped to back-to-back defeats against Wales and France.

Victory over Italy in Rome last weekend relieved some pressure, but it was a patchy performance which left a lot of fans frustrated.

However, Fagerson believes the team is still moving in the right direction under Townsend.

He said: "We are disappointed, massively, in the way we didn't back up our England performance against Wales.

"But watching the games vou can see anvone can beat anyone. We're definitely growing as a team - our DNA is there and as a group we're quite cohesive at the minute.

"Some of the stuff we're putting on the pitch is really, really good."

SALARY-CAP

LEICESTER have been fined £309,841.06 - but they avoided a points deduction after a Premiership Rugby investigation found they had failed to comply with salary-cap regulations.

The Tigers entered into an arrangement where a third-party company made payments to the image rights companies of Leicester players.

The payments that were made over the four seasons from 2016-17 to 2019-20 should have been declared as part of part of their salary cap, but they were not disclosed.

MOTORSPORT FORMULA 1



LEWIS HAMILTON wants to banish the memory of his Abu Dhabi heartbreak by landing a "mind-blowing" eighth world championship this season.

The pursuit of that record-breaking aim begins in Bahrain on Sunday as the new campaign roars off.

Topping the drama of the previous year will take some doing.

But, with a fresh set of radical regulations, Hamilton (above) is relishing the challenge of once again trying to surpass Michael Schumacher's record title haul - and taking the fight to reigning world champion Max Verstappen (below).

"It would mean everything to win an eighth title," said Hamilton, ahead of his 16th campaign on the grid. "It is impossible to know what the future holds and what it would feel like, but

doing something that no one else has done would be mindblowing." Hamilton, 37, toyed with retirement after Red Bull's Verstappen took advantage of a late

safety car - and a hotly contested referee's call by the now sacked Michael Masi - to beat his British rival to the title at the season finale in Abu Dhabi.

But Hamilton now claims the bitter disappointment was a learning experience, as he seeks revenge for last year's debacle in the desert.

He said: "Abu Dhabi was a difficult period of time. I had to unplug. I really needed the time to re-centre, refocus.

"My whole life has been about winning and I have been racing for 29 years. But I have realised that winning is not everything and, sometimes when you lose, you win and grow.

"I have come back to fight for that eighth title. That's what I am here for.' Hamilton's scintillating rivalry with Verstappen has breathed fresh life, not only into the sport, but seemingly the grid's main attraction, too.

The Mercedes driver added: "I feel the healthiest, the fittest I have ever been and the most focused, too.

"I still love what I do. I didn't think at this age I would still feel so sharp, so energised. I am still getting up for my morning runs, still putting those workouts in and the time in - more than the other youngsters do.

"And I have had that success, so I am grateful I have still got that hunger, I know exactly what I want and I know how to get there."







Holder: England did lack respect bowling too long Root: I'd do the same thing again

BRATHWAITE'S CRITICISM BACKED BY WINDIES STAR BUT JOE SHRUGS IT OFF AS 'UNFAIR'

EXCLUSIVE BY DEAN WILSON



JASON HOLDER agrees with claims that England were disrespectful for not shaking hands earlier in the first Test draw.

And his comments will add some spice ahead of today's second Test in Bridgetown.

Although the West Indies were just four wickets down – with Holder and Nkrumah

Bonner well set to see out the draw in Antigua last week (right) – Joe Root refused to call time on his bowlers inside the final hour.
Instead, the England

captain waited until there were just five balls left and it was mathematically impossible that the tourists could win the game on a docile pitch.

Speaking as a pundit on BT Sport, Windies all-rounder Carlos decision by England to carry on as "disrespectful."

And he said: "If I were Kraigg Brathwaite the skipper or any of the other senior players in that dressing room I would have found it a bit disrespectful.

Would England have done that if it was an Ashes Test or against India, New Zealand or Pakistan? I think the answer is no, so why have they done it against us?"

And all-rounder Holder is

Brathwaite branded the right behind his countryman's assessment.

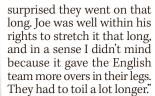
"I definitely know what Carlos said and I would be wrong if I probably didn't agree with him," he said.

"I thought they went on way too long in the last hour. I told Bonner if we batted for five overs they $w \hspace{0.1cm} o \hspace{0.1cm} u \hspace{0.1cm} l \hspace{0.1cm} d$ probably call But really



Brooks Blackwood Stokes Bairstow Da Silva (w) Foakes (w) Woakes

Overton Leach



If the row serves to motivate the West Indies players at their Kensington Oval fortress, then Brathwaite may just have played his part from the UK.

It was not all that long ago the Windies were described

as 'mediocre' by the then chairman of the ECB, Colin Graves, ahead of the 2015 tour.

That came back to bite as the home side triumphed by five wickets on the same ground to level the series.

But this time Root has been resolute in his defence of his tactics, and insisted he would do just the same if he gets the chance this week.

"I've seen those comments and I think it was slightly unfair to say that," he said. "I





SAQIB IN THE MOOD TO MAKE A SPLASH

SAQIB MAHMOOD will make his Test debut in Barbados today as a replacement for the injured Mark Wood.

It is the only change to the side from the first Test in Antiqua, with Ollie Robinson not ready to resume his international career following back spasms at the start of the tour.

Mahmood (above) is the most like-for-like substitute England have with a similarly skiddy trajectory and more pace than that of his teammates.

The 25-year-old Lancashire paceman is also a handy practitioner of reverse swing, which could be a

huge asset at the Kensington Oval on what looks to be another flat pitch.

Mahmood has played seven ODIs and 12 T20Is so far and has been a part of several England Test squads before now getting his chance.

'Of course we are going to

miss Woody and his point of difference," said England skipper Joe Root. "But Sagib is a great option to have up our sleeve. 'One thing is he's very mature for a

guy who hasn't played a huge amount of international cricket.

"He has an understanding of what he wants to do and how he wants to operate. 'We've

made a

"He's a leader, he wants to affect the game and you're desperate to win a Test match. He looked very

strong point about having real clarity on what you are going to bring to the team when you come into it and he's been very impressive.

"He's got a slightly different trajectory and will give us something different, as he has done when he's played in other formats.

'Clearly he has good control, especially if the ball moves with reverse swing, so

he offers a huge amount."

Robinson had made significant progress in his return to full fitness, but was considered too much of a risk to get through the match having struggled with the same issue in Australia.

In Hobart. Robinson declared himself fit to play but, after bowling

just eight overs in the first innings, he left the field and was unable to bowl again until the second innings following treatment.

He clearly now has to prove he can get through a game with more spells of bowling before England will send him out to play, meaning the third Test in Grenada is now his target.

The knock-on effect of a bowling attack that isn't fully fit, is the amount of work that gets handed on to Ben Stokes (inset), who is an asset England need and want to protect - if they can.

"We're going to have to be smart with Ben," added Root.

"We were backed into a little bit of a corner last week with how things unfolded.

"But with Ben, you tell him he can't do something, and he does everything he can to prove you wrong.

threatening for large periods, but you want to manage that as best you can."

GOLF THE RYDER CUP



SKIPPER AIMS TO MAKE IT A HEN

HENRIK STENSON vowed to bring a splash of colour to Europe after being charged with the task of winning back the Ryder Cup in Rome next year.

The Swede, who has signed a loyalty pact after flirting with the breakaway Saudi rebel tour, was yesterday unveiled as Europe's captain (top) for the contest against USA at Marco Simone Golf Club in 18 months' time.

Stenson, 45, says his quirky sense of humour will be part of the package for his team.

'They're going to get Henrik," he said. "I don't see myself changing too much. "In terms of

the humour side of things, that's just in my nature.

"I've been able to bring it to the Ryder Cup in the past - I don't know if the green wig at the K Club is evidence enough - but I'm never too far away from laughter.

"We want to have a good atmosphere and a few jokes isn't going to hurt anyone.

At last year's Open, Stenson placed tuna on toast on top of the campervan lan Poulter was staying in with the result his former Ryder Cup team-mate was woken at 4am by what he described as sounding like a stampede as a flock of grateful seagulls pecked at the metal roof.

Stenson will certainly be a contrast to America's straight-laced captain Zach Johnson (above). who was appointed a

fortnight ago. Lee Westwood had been favourite to succeed Padraig Harrington as

But he pulled out of the running in November to try to make it to Rome as a player and break Nick Faldo's appearance record.

Luke Donald also had his backers but lost out to Stenson after an interview process last

It is a tough challenge to take on after Europe were thrashed 19-9 by the Americans at Whistling Straits last September.

But they have a proud home record having not lost on their own soil since 1993.

"The American side played a lot better golf than we did - we got outplayed by a better team," added Stenson.

"We have done a big debrief which will help us, I'm going to get the strongest team possible assembled and we're going to come back stronger at Marco Simone in 2023."

Stenson, who was an assistant captain last time around, has played in five Ryder Cups, securing the winning point with a singles victory over Vaughn Taylor on his debut at Ireland's K Club in 2006.

He formed a formidable partnership with Justin Rose, ending unbeaten at Le Golf National in 2018 in his three matches.

And the 2016 Open champion has won 11 points for Europe in 19 matches.

have a huge amount of respect for every team we play against and we want to give ourselves every opportunity to win the

"I think he mentioned we wouldn't have done that against Australia. Well we did do that against them at Lord's in 2019 - we will always try to give ourselves the best opportunity to go and win every test match.

"It was a nice opportunity for lack Leach to take four of

five wickets, so you can open up wounds for the rest of the series as well.

"I don't think there was anything wrong with our approach at all. Given the opportunity to do it again we'd go about it the same way." ■BT Sport is broadcasting England's tour of the West Indies. Watch the action from the second Test exclusively live on BT Sport 1 from 1pm today. Visit

www.btsport.com/cricket

CHAMPIONSHIP

SHORT AND SHARP Blackpool v Sheff Utd Kick-off 7.45pm

BILLY SHARP warned his Sheffield United teammates to up their game or kiss goodbye to the play-offs.

The Blades are looking to put Saturday's dismal 4-1 defeat at Coventry behind them and return to winning ways against a

Seven matches without

a win leaves the Potters

well adrift of the

play-off fight.

They face

successive away

game at Cardiff

with O'Neill hoping

the fans can stay patient

and stick with the team. O'Neill (above) said: "I

frustrations. We need to

be more clinical because

do understand their

missed chances are

costing us games."

their third

side who also have an eye on a top-six finish.

Blackpool have won three in a row and striker Sharp, 36, said: "We had words after the game. what we didn't do and it can't happen again.

"We need to make sure we get back on track.

Cardiff v Stoke City Kick-off 7.45pm MICHAEL O'NEILL says he

HULL boss Shota understands fans' frustrations with his stuttering Stoke side. with a bump tonight.

The Sky Blues thumped Sheffield United 4-1 last time out to reignite their

Hull are not out of said: "Sheffield United the top teams in this league. To beat them so

"It tells you about this

Coventry v Hull Kick-off 7.45pm

Arveladze is out to bring Coventry back to earth

play-off push.

danger and Arveladze are, in my opinion, one of well surprised me.

league, everybody can beat everyone else. You have to be on top of your game.'

CAM JUST JERIFIC Luton v Preston NE Kick-off 7.45pm

TOM LOCKYFR reckons Cameron Jerome is showing his Premier League class.

The ex-Stoke and Norwich striker, 35, is leading Luton's fight for the top flight with three goals in six games. And defender Lockyer is loving Jerome's physical displays even though boss Nathan Jones has been giving him time off.

He said: "Cameron is a handful. The manager has been using him really well. I don't think he even trains some days but he's been brilliant."

Millwall v Huddersfield Kick-off 7.45pm

GARY ROWETT reckons Millwall's promotion bid will be boosted by their returning injured.

Sheyi Ojo, Tom Bradshaw, Maikel Kieftenbeld and Ryan Leonard should all be back after the international break.

With the Lions 11th after seven games unbeaten, boss Rowett said: "It was about staying competitive.

"I hope we can enjoy the last few games with a fully fit squad."

But Shaun Hutchinson and George Evans are injured tonight.

Kick-off 7.45pm MAN of the moment Ryan Yates is tipped to deliver in Forest's biggest week of the season.

Forest can bolster their push for the top six

tonight after one defeat in 10 league **games.**

They also meet Liverpool in a first FA Cup quarter-final in 26 years on Sunday. Midfielder Yates (above)

has scored in three games in a row and penned a new deal this week.

Boss Steve Cooper said:

"The tougher the game, the better version of Ryan

vou see.'

his Peterborough players to start enjoying their football again.

Posh are 12 league games without a win and look doomed at the bottom of the Championship.

But ahead of tonight's

but I've said to the boys we've nothing to lose.'

Szmodics could return after injuring his groin in training. McCann added: 'We didn't want to take a chance on Saturday."





West Brom 1 Fulham 0 BY JAMES NURSEY

CALLUM ROBINSON struck to give West Brom a shock but deserved win over runaway leaders Fulham.

Marco Silva's in-form Cottagers crashed to just their second league loss of 2022 as Steve Bruce's side continue to gel.

The visitors still look good for promotion as they need just a maximum of 14 more points from nine games to go up automatically.

But the Baggies have not given up joining them as they bid to gatecrash the play-offs.

They should have led at the break after a dominant first-half and got an ovation at the interval.

But they had to wait until the 63rd minute to finally beat inspired keeper Marek Rodak.

Albion, who came from 2-0 down late on to snatch a draw against Huddersfield in their previous game, bossed the first-half.

They continued their momentum from that comeback as Karlan Grant and Robinson had early efforts. While wing-back Darnell Furlong tested the leaders' defence with a succession of long throws.

Rodak was called into action in the 28th minute to punch away Grant's dipping effort.

From the resulting high ball, the Baggies appealed for a penalty when Harrison Reed caught Alex Mowatt but referee Kevin Friend waved away the appeals.

The home side continued in the ascendancy and Grant went even closer in the 34th minute.

This time he broke clear down the middle, shrugged off Tim Ream and hammered a low right-foot shot which Rodak did well to save with his feet.

Slovakia star Rodak, was called into action three minutes later to beat away Robinson's left-foot shot.

Albion went even closer to taking the lead before the break when Reed poked Conor Townsend's cross on to his own post.

It was the first time in three years, Fulham had not had shot on target in the first-half.

They did improve after the break when Fabio Carvalho curled a low right-foot shot past the post from outside the box.

But Bruce's men prevailed after Grant seized on a loose pass from Fulham defender Antonee Robinson to release Robinson to score his seventh of the season with a low right-foot angled finish.

It was no less than they deserved and could yet set West Brom on a late charge with games against Bristol City and Birmingham to come.

WE CANN HAVE FUN Peterborough v Swansea Kick-off 7.45pm visit of Swansea, McCann **GRANT McCANN wants** said: "We must win games

Playmaker Sammie

81), Adarabioyo 6, Ream 6, Robinson 4, Reed 6 (Cairney 72, 6), Chalobah 6, Wilson 6,

valho 6, De Cordova-Reid

6 (Cavaleiro 72, 6), Mitrovic 6

MOTM CALLUM ROBINSON (WBA)

.OGUN IS GIV n O Boro 2

BY **JOHN WRAGG** MIDDLESBROUGH warmed up for Saturday's FA Cup tie with Chelsea with a win that boosts their promotion hopes.

Boro, after one point from their last two games, climbed into the play-off

places and left Blues with three wins in their last 18 league outings.

Middlesbrough went ahead in 23 minutes and, after Paddy McNair missed a 51st minute penalty for 2-0, impressive Folarin Balogun (left) curled in a second from 20 yards on

62 minutes. Boro's first goal was unlucky for Birmingham keeper Neil Etheridge and defender Nico Gordon.

Balogun opened up Blues with a pass that sent Anfernee Dijksteel away for a cross and Aaron Connolly's close range

shot. Etheridge saved but the ball glanced in off Gordon's shins.

Balogun, on loan from Arsenal, took a short pass from Marcus Tavernier and placed his shot into the top corner. Blues' Kristian Pedersen was sent-off for two bookings.



.... O BENFICA (0) ... Nunez 77 Agg: 2-3; SL Benfica win 3-2 on aggregate.

MAN UTD (0) 0 AT MADRID (1) 1

Renan Lodi 41
Agg: 1-2; Club Atletico de Madrid win 2-1
on aggregate. Sky Bet Championship BOURNEMTH (1)....1 READING (0).....

Att: 11,322 BIRMINGHAM (0)...0 MIDDLESBRO (1)..2

Connolly 23 Balogun 62 BLACKBURN (0) DERBY (1)..

Wharton 53 Dolan 59 Morrison 28 Att: 12,406 ...1 FULHAM (0)

Sky Bet League One CHARLTON (1)1 GILLINGHAM (0)...0 0 WIGAN (1).

PLYMOUTH (0)

ROTHERHAM (2)2 LINCOLN C (0)......1 Wiles 11 Hopper 81 Att: 9,575 SHEFF WED (0).. .. 1 ACCRINGTON (0) .. 1

Paterson 66 Johnson 83 (og) Att: 20,688 SHRWSBURY (1)....5 MORECAMBE (0)...0 Att: 5,804

Udoh 44, 65 Leahy 47 (pen), 51 Rowman 70 ... 1 FLEETWOOD (0) ... 0 WYCOMBE (0) ..

Oxford Utd Cneitennam Burton Albio Cambridge . Charlton.... Shrewsbury Lincoln City

 Sky Bet League Two
 P W D L F A Pts

 Forest Green
 36 19 12 5 65 32 69

 Northampton
 37 18 9 10 45 32 63

 Newport Cty
 37 17 11 9 60 46 62

 Tranmere
 37 18 8 11 43 32 62
 ...1 COLCHESTER (0) .. 0

Att: 7,314 NEWPORT (1).. CARLISLE (0).

Att: 4,445 CRAWLEY TN (1) .. 1 EXETER (2)

Dieng 31, 44 FOREST GRN (1) 1 L ORIENT (0)

HARTLEPOOL (0).... O BRADFORD (0)

PORT VALE (1).. ROCHDALE (1)

MANSFIELD (1) 1 SALFORD CITY (0) 1 Lund 66 Att: 2,041 STEVENAGE (0) 1 NTHAMPTON (1) ... 2

SWINDON (1).. .2 SUTTON UTD (1)...1 Kizzi 28 Att: 8,243 HARROGATE (0).... 0 TRANMERE (0) Att: 5.437

Varrington 49 Hemmings 65 (pen) ...2 OLDHAM (1)... WALSALL (1). Osadebe 33 Wilkinson 73 Sutton 21 Att: 4,339

Vanarama National Loe BARNET (1). FC HALIFAX (0) 1 BROMLEY (0) 0

Summerfield 64 Att: 1,693 SOUTHEND (0) 0 DAG & RED (2) 3

Att: 7,542 STOCKPORT (1) 3 NOTTS CO (0). Madden 28, 71 Crankshaw 48 Att: 7,951

cinch Scottish League

Two COWDENBTH (1)....1 FORFAR (1) ... Thomson 13 Munro 84 Att: 246

CRICKET

CRICKET
2ND TEST (Karachi, day 4 close):
Australia 556-9dec (189 overs;
Khawaja 160, Carey 93, Smith 72)
8 97-2dec (22.3 overs). Pakistan
148 (53 overs) & 192-2 (82 overs;
Babar Azam 102no, Abdullah
Shafique 71no).
WOMEN'S WORLD CUP - Gp Stage
(Wellington): West Indies 131
(45.5 overs, Taylor 50); Australia
132-3 (30.2 overs, Haynes 83).
Australia (2pts) win by 7 wkts.
TENNIS.

TENNIS ATP & WTA BNP PARIBAS OPEN

ATP & WTA BNP PARIBAS OPEN (Indian Wells, California, United States of America)—Men's Singles 3rd rnd: (6) M Berrettini (Ita) bt (30) L George Harris (Rsa) 6-4 7-5, M Kecmanovic (Ser) bt B Van de Zandschulp (Ned) 7-6 (7-3) 7-5, Women's Singles 4th rnd: (24) S Halep (Rom) bt (26) S Cirstea (Rom) 6-1 6-4, P Martic (Cro) bt (28) L Samsonova (Rus) 7-6 (8-6) 6-4.

TODAY'S DIARY

(7.45pm unless stated)
UEFA Champions Lge
Round of 16 Second Leg
Juventus (1) v Villarreal (1) (8pm)......
Lille (0) v Chelsea (2) (8pm)......

Premier League

Sky Bet Championship
Blackpool v Sheffield Utd

Cardiff v Stoke

Women's Super League Man City v Reading (7pm).... West Ham v Man Utd (7.30).

Vanarama National League South: Havant and W v Hungerford Tn. cinch Scottish League Two: Albion v Kelty Hearts.

CRICKET
2nd Test—day 1 of 5: West Indies
v England (Bridgetown, 2pm).
Women's World Cup: N Zealand v
S Africa (Hamilton, 1am Thursday).

ICE HOCKEY

Elite League Challenge Cup Final: Belfast v Cardiff (7pm). Elite League: Coventry v Manchester (7.30.

TENNIS ATP & WTA BNP Paribas Open (Indian Wells, California)



BY TOM PRENTKI

TOM INCE got his dad out of jail with a late equaliser to keep Reading's survival bid alive.

Royals boss Paul Ince had been jeered by chants of "You don't know what you're doing" from the away end just minutes after he took off star striker Lucas Joao.

But the former England midfielder left the south coast with a precious point thanks to son Tom's 83rd-minute leveller to end a run of three defeats.

Dominic Solanke bagged his 23rd goal of the season to put Bournemouth ahead in the eighth minute, with Cherries chief Scott Parker watching on from the stands as he served a touchline ban.

It came after Solanke played a neat one-two with Jefferson Lerma to put promotion-chasing Bournemouth in control.

Reading created little on the night, but Joao was fit enough to start after recovering from Covid and he came close to connecting with Tom Ince's deep cross in the first half.

Bournemouth had several chances to put the game to bed. Two went the way of winger Ryan Christie, but both times he shot too close to Rovals keeper Orjan Nyland.

Paul Ince famously gave blood for the cause as he captained England to a vital draw in Italy in 1997.

But his Reading players showed little of that warrior spirit until Ince Jnr (above) smashed in from the edge of the area to steal a point.

ROVER Blackburn's play-off hopes get big lift as Rams edge closer to drop



THE BEE'S

KNEES

Dolan celebrates in

style after scoring the second goal

BLACKBURN: Kaminski 6, Lenihan 6, Van Hecke 6, Wharton 7, Rankin-Costello 4 (Gallagher 46, 6), Rothwell 7, Travis 6, Pickering 6, Dolan 6, Johnson 4 (Dack 46, 7), Khadra 6 (Giles 80) **DERBY:** Allsop 6, Byrne 6, Davies 6, Cashin 5, Buchanan 6 (Ebosele 81), Bird 6, Thompson 6, Knight 5 (Kazan-Richards 73, 5), Ebiowei (Plange 73, 5), Lawrence 6; Morrison 7

MOTM SCOTT WHARTON (BLACKBURN)

Blackburn 3 Derby 1

BY **DAVID ANDERSON BRADLEY DACK helped engineer** Blackburn's stirring second-half comeback as they boosted their promotion hopes.

Dack came on at half-time with Blackburn trailing and set up Rovers' crucial second goal to earn them only their second victory in 10 games to lift them up to fourth.

The Blackburn star's night was in stark contrast to Saturday when he missed a penalty against Bristol City on his return after a year out injured.

Defeat was tough on Derby, who finished with 10 men as Colin Kazim-Richards was stretchered off.

They bossed the first half but Wayne Rooney's (above) Rams have now slipped to six points below the safety line. Derby took the lead on 28

minutes when Malcolm Ebiowei's shot was blocked by Jan Paul van Hecke, and Nathan Byrne played the rebound back inside for Ravel Morrison to sweep home.

Thomas Kaminski saved from Tom Lawrence to prevent a second Derby goal and the frustrated Blackburn fans booed their team off at half-time.

Tony Mowbray gave his lacklustre side a boot up the backside and Rovers came out transformed.

They equalised on 53 minutes when Scott Wharton powered home a header from Joe Rothwell's corner to bring the home fans to life.

Rovers took the lead on 59 minutes. Rothwell played a corner short to Dack and his cross was headed home at close range by Tyrhys Dolan.

Sam Gallagher sealed victory with a back-post header from Ryan Giles' cross deep into stoppage time.

Morris has barns

Barnsley 2 Bristol C 0 CARLTON MORRIS' eighth goal of the season fired buoyant Barnsley to a valuable victory at a raucous Oakwell.

The imposing striker (left) rifled in a 10th-minute opener from close range before Poland defender

three games to give their survival hopes a big boost.

This win took them to

within two points of safety.

advantage as a corner sweep home. Helik's header doubled

the lead and Andreas Weimann fired badly wide from close range at the

other end. Barnsley almost added a third before the break when Claudio Gomes' cross was deflected over the bar.

Asbaghi's boys stayed dominant after the break and could have added to their lead, with Domingos Quina firing narrowly wide.

Michal Helik headed home Bristol City were awful Amine Bassi's corner 11 early and Barnsley took minutes later. from Bassi was headed by Poya Asbaghi's resurgent Tykes have now Matty Wolfe for Morris to taken five points from



BY JOHN CROSS

CRYSTAL PALACE defender Tyrick Mitchell is hoping his impressive form could earn an England call-up.

England assistant boss Steve Holland was at Selhurst Park on Monday night as the 20-year-old (above) put on another good display in the 0-0 draw with Manchester City.

Boss Gareth Southgate faces a selection headache at left-back as he prepares to name his squad tomorrow for the forthcoming friendlies with Switzerland and Ivory Coast.

Chelsea's Ben Chilwell is set to miss the rest of the season, Kieran Trippier is out and Manchester United's Luke Shaw only just returned to training. Southgate has checked on Mitchell, Newcastle's Matt Targett and James Justin and Luke Thomas of Leicester.

ASH'S HOPE FOR A NEW VILLA DEAL

BY **JAMES NURSEY**

ASHLEY YOUNG is ready to deputise for injured Lucas Digne and boost his prospects of a new Aston Villa deal.

Veteran Young, 36, only rejoined Villa last summer on a one-year deal and is a free agent this July. But he turned

down a switch to Newcastle
to stay in January when Digne joined for
£25million from
Everton - and is open
to extending his stay.
He has played 19
times for Villa, at leftback and higher up the

pitch. The ex-England star (left) came off the bench for injured full-back Digne in last weekend's 2-1 loss at West Ham where the Frenchman was subbed after clutching his hamstring.

Villa have yet to confirm how long Digne will be sidelined, but Young is expected to keep his place on Saturday for the visit of Arsenal.

Fraser's not off Scot free



BY GAVIN McCAFFERTY

RYAN FRASER'S Newcastle form will determine whether or not he earns a Scotland recall.

The Magpies winger (above) apologised after pulling out of a November double-header and then being pictured training with his club.

He has produced a host of eye-catching performances at Newcastle under Eddie Howe.

But Scotland boss Steve Clarke said: "I had a good chat with him but decided not to pick him in this camp.

"We've agreed that Ryan's club form will determine whether he's involved in the next camps."

Bologna full-back Aaron Hickey, 19, has been named in the squad for the first time for friendlies against Poland and Austria or Wales.

BRIGHTON v SPURS



GIVE SERVICE OF ENGINEERS OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SERVICE OF THE SER

Conte tells Kane and his other stars they must step up to secure Champions League

BY TONY BANKS

ANTONIO CONTE has warned Tottenham players that their future depends on a top-four slot.

Spurs go into their clash against Brighton at the Amex Stadium tonight still dogged by inconsistency.

Conte's team have won three and lost four of their last seven games – a run which reads LWL-WLWL – and have fallen six points behind fourth-placed Arsenal, with just 11 games to play.

And there are fears that striker Harry Kane will leave in the summer, especially if a Champions League slot evades Spurs again.

Manchester United are considering a bid for Kane, who in summer will have two years left on his contract.

Tottenham hope the presence of Conte will persuade Kane to stay but the Italian warned: "We need to finish in the best position possible for everybody – not only for Harry.

"It's important for our ambition. For the club, for me, for players like Kane. Not only with words but with facts. We have 11 games left and at the end we will see.

"We want to fight for something important – not just to participate. The players don't deserve that, I don't deserve that, the club don't deserve that.

"We have no guarantees that Harry will be here because now it is not important to speak about the future. The present is more important. At the end of the season everyone has to speak about their own vision. I speak about mine, the club will speak about theirs."

Former Chelsea boss Conte (below) said Kane, as well as other key Spurs players like

Hugo Lloris and Heung-Min Son, have to stand up and be counted as the season reaches squeaky-bum time.

He said: "If we hope to fight until the end, this is the moment I have to ask a lot of the big players.

"Of Harry, Hugo Lloris and Heung-Min Son. These players have to lead to keep us there until the end.

"We don't have a lot of experience and it's right to ask the players with experience and big talent to give everything.

"They're giving everything but 100 percent is not enough. We need 120 percent, 130 per cent to reach this target.

"At the moment, Arsenal seems favourite for fourth place and Manchester United, but there's also West Ham and don't forget Wolverhampton – they're having a fantastic season and they're in the same position.

"I have my vision and it does not change.

"It was the same in the past, it is the same in the present, it will be the same in the future. I want to fight to the end to win."

POTTER: SLUMP IS ON ME

BY **ANDY HAMPSON**

GRAHAM POTTER is prepared to accept criticism and shoulder the blame for Brighton's slump in form.

The Seagulls have lost their last five Premier League matches to slip into mid-table after a strong first half of the campaign.

Their immediate task does not get easier as they host Tottenham in a rearranged game tonight but the Brighton boss (right) is determined to turn the situation around.

Potter said: "There will be people out there that are negative towards me and I absolutely understand that.

"There's nothing you can do about that. You've just got to carry on doing your work.

"The Premier League is tough. It's unforgiving if you're on the wrong end of things. Through the lens of five defeats, there's not too much that's positive out there.

"That's just how it is, how the world works. I understand that. We have to fight to change that round and

we'll try and do it."
Potter has
attempted to
shield the
players from
criticism by
highlighting his

own failings. He added:
"You've got to be honest
and say that when you're
on a run like we are there's
going to be a difference in
terms of behaviour,
because people aren't quite
as happy and chirpy as
normal.

"But I can't criticise the players. The boys are honest, the boys are responsible and they want to change the situation around.

"The responsibility is mine in terms of performance and team selections and tactics and all that sort of stuff.

"So if we're not getting results it's my responsibility, it's on me."



SENAL V LIV

EMIRATES STADIUM KO 8.15PM



BY **DAVID MADDOCK**

MO SALAH is not just a superstar, he is almost superhuman.

That is the message from Liverpool boss Jurgen Klopp, who believes his Egyptian winger is an 'iron man' for his ability to avoid injury despite the brutal treatment he receives from defenders.

Anfield gaffer Klopp said it is "madness" how few fouls Salah is given. Yet he keeps coming back for more.

Since he arrived at Anfield, the Egyptian has played in an incredible 171 of a possible 180 Liverpool Premier League games, missing matches only while he was on AFCON duty or laid low by Covid.

And despite hobbling off

2-0 victory at Brighton on Saturday, he seems certain to play at Arsenal tonight.

Klopp said his incredible resilience has nothing to do with luck. "It is not only luck, he is very professional and desperate to play every game," the German said.

"I left him out once or twice and that's hard for him. He tries always to be on the pitch. He has worked on his body. Mo has the right attitude, the right mindset, and the right body. He is a tough cookie!

Statistics show that, since pitching up at Liverpool, Salah has the most touches in and around the opposition penalty area. Yet, incredibly, he is given the least number of fouls by referees.

Jack Grealish has the most fouls, around five per game. injured before the end of the Salah averages less than one

per game over the last three seasons. And Klopp believes that is a "crazy" statistic that referees must explain.

When you compare Mo to other strikers it is absolutely crazy how low the number of fouls given to him. is," he said.



'It is madness. He has the most touches in and around the box and there is no foul. Interesting. I cannot explain it. You must ask the referees. I honestly don't know.

We constantly think he gets fouled and then he gets

confronted with someone calling him a diver and it is an absolute shame.

"We don't get even close to the number of free-kicks that we should get."
Salah (left) scored his 20th

Premier League goal of the season at Brighton and his fifth from the penalty spot.

He has helped the Mersey men to score 36 goals in 14 Premier League away games so far this season, yet Klopp was quick to point out his team's defensive efficiency. The Reds have let in just 20 goals in 28 games, and only one in their last six. That was against Norwich.

"It's the basis for everything," he said

"Our defensive discipline, the attitude of the team. If you want to win, you have to defend with all you have."

can't hurt us

FRIM BACK PAGE a trophy four-timer yet the turmoil surrounding Salah's contract negotiations threatens to overshadow that.

Asked whether he would need to speak to the player and his agent, Klopp said: 'No, I don't have to remind any player and, for sure, not Mo. No chance. Everyone is completely committed."

Salah's agent appeared to rock the boat last week with what seemed like a mocking tweet immediately after Klopp had suggested in his press conference that Liverpool "cannot do much more" in their offer.

Klopp said he didn't read the tweet from Ramy Abbas Issa - a line of seven cryingwith-laughter emoiis.

He said: "Maybe he is in a good mood! It's all fine, I don't know about any kind of reaction. That's not what I'm concerned about.'



MIKEL ARTETA says Arsenal are still far from where he wants them to be despite enjoying the best spell of his two-year reign at the club.

The Gunners boss faces Liverpool on the back of five straight Premier League wins and the chance to get into the top four this season.

But Arteta warned his side are a long way from being the finished article, even though he is proud of the way the players have adapted to a culture change at the Emirates.

When asked how far away the Gunners are from reaching the targets he set after taking over in December 2019, Arteta (above) said: "Still far. We are much closer than we were, and probably the closest we have been in terms of what we are looking for. But I focus on that gap. And that gap is still big.

'We have to make things quicker, sharper. We can be more adaptable, we can be much more unpredictable, we can have much more flexibility.

"We can be much more consistent throughout games to maintain that level.

'We have unity now. Everybody is aligned with the same purpose, with the same determination and with the same level of passion to achieve what we want to do.

"One of the main factors has been the Emirates and our supporters. How much they are giving to the team, it's difficult to put a number on it but I'm telling you it's been one of the biggest parts."

Arteta admits he is looking for a statement victory against one of the traditional Big Six and beating Liverpool would really make them believe they can finish in the top four.

He added: "Beating Liverpool with the way they are playing is extremely difficult. But with the belief and understanding of doing what we can do, the game is there for the taking.



OWNER IEST

PREMIER LEAGUE chiefs are bringing in tougher tests for new owners - but they are unlikely to be in place before Chelsea's expected takeover.

The organisation will form a new independent panel to "scrutinise" future buvers after the fallout from Chelsea owner Roman Abramovich being hit with Government sanctions.

Newcastle's Saudi owners are also under the spotlight after the state carried out 81 executions over the weekend and Labour MP Mike Amesbury (below) questioned whether the Saudi Arabia **Public Investment** Fund are "proper and fit.'

Premier League executive Helen MacNamara, who is director of policy and corporate affairs, confirmed they are hopeful a new Chelsea buyer will be secured quickly.

MacNamara, who is effectively the Premier League's second in command, told MPs in a meeting of the Digital, Culture, Media and Sport Committee: "We are looking at how the gateway test should be strengthened.

'We are looking at putting together an independent panel to scrutinise the decisions and we would have liked to have had that in place before now

"I don't really know in the Chelsea case and the time scale whether we'll be able to achieve that or not but we do see the case for change."

Abramovich has put the Blues up for sale with US

choose a preferred bidder by Friday and the Government, the club and the Premier League expect it to go through quickly.

Chelsea are under strict rules following the Government sanctions.

There is frustration at Stamford Bridge (above) that, while the Government raised what they can spend on match days from £500,000 to £900,000 for costs such as stewarding, entertaining and safety, they have not changed the licence on ticketing, with new sales initially barred.

A Government spokesperson said: "We

are meeting on a daily basis with the club and football authorities to discuss further amendments to the licence which is

designed to ensure Chelsea can continue to undertake football activity.

"One of our priorities is to uphold the integrity of the game and Chelsea will have a limited number of fans at the Middlesbrough game on Saturday.

"We are working to ensure more away fans can attend games.

"But this must be compatible with the licence so we ensure that no additional revenue can be raised given the club is owned by an individual now sanctioned both in the UK and EU."

Meanwhile, FA chief executive Mark Bullingham has confirmed he will speak to England's players about human rights issues surrounding the Qatar World Cup when they meet up next week ahead of the friendlies with Switzerland and Ivory Coast.

LE v CHELSEA

Tuchel has been the only voice coming out of Chelsea in the past week and he wouldn't have it any other way

BY **MATTHEW DUNN**

ASIDE from a few empty platitudes from technical director Petr Cech on Sunday, Thomas Tuchel has been a lone voice throughout the current Chelsea crisis.

But when it was put to him, ahead of the club's bid to carry on regardless into the last eight of the Champions League, he admitted that he would not have it any other way.

And depending on which owners win the battle for control after Friday's bidding deadline, it could just be the making of him as one of the undisputed giants of the managerial game.

"Did I have a choice to be an ambassador? No, I did not have a choice to take this role," the German said.

"Do I need it? No, but it's more or less day-by-day. It's like this in England that not a lot of people are talking at a football club.

"It's a structure I really appreciate. We talk inside and,

of course, we have people who are in charge in different roles with different responsibilities.

But to the outside, it's more or less me that talks.

"Was i t alwavs comfortable? No, but I think it's necessary. I don't think too much about it.

"I try to be honest, give you insight, provide with information, but more or less from a sporting side and coach's heart.

'This is what I try and what you can rely on. I am more than happy if things calm down and we can speak about football more than ever."

At Paris Saint-Germain the public rows were with sporting director Leonardo (inset, top), a

spat which became so poisonous Abramovich was after he had that eventually Tuchel was sacked on Christmas Eve 2020.

Before that, initial success at Borussia Dortmund turned sour after the club's public-facing chief executive Hans-

Joachim Watzke described Tuchel as a "difficult person".

Things came to a head after Watzke (below) agreed with UEFA to play a Champions League quarter-final in 2017 just one day after the team's bus had been bombed.

> Tuchel left the club shortly afterwards.

Since the start, despite stepping into the legendary boots of Frank Lampard, the

chemistry at Stamford Bridge has just seemed right. The first time Tuchel met Roman won him the Champions League, but new owners would be well advised to forge a stronger bond with what is turning out to be their prize asset.

Perhaps give him more support away from the football itself.

But Tuchel added: "Before we discuss a new owner, a new owner needs to arrive, a new owner needs to be approved and allowed to own the football club.

'Then we can discuss whether it's necessary to talk about it. Maybe, again, I'm not the right person because there is a process how you become an owner in this league.

"Of course, everybody relies on the reliability of the process and the values which are behind the decisions, allowances and commitment to own and run a club."

Right now, by trusting his instincts, Tuchel is steering Chelsea through potential calamity to calmer waters and maybe even continued success



BY **MATTHEW DUNN**

KAI HAVERTZ claims that Chelsea's stars would pay their own way to arrive at games properly prepared.

The squad have flown to tonight's Champions League clash in Lille as travel arrangements were

already booked before sanctions were brought against Blues owner Roman Abramovich.

But with a £20,000 cap on future away trips in place, forward Havertz (left) feels the players would chip in rather than

cut corners to prepare. The German said: "That's not a big deal for us. For us to come to the games is the most important thing.

"There are much harder things in the world at the moment than if we have to take the bus or plane to an

away game. I would pay.' And as war continues to rage in Ukraine, he called for perspective, adding: "There are bigger things happening than us playing football. You see the images and think it's not possible this can happen.'



UNAI EMERY wants his Villarreal side to be remembered for their achievements in this season's Champions League starting with a win in their last-16 match at Juventus tonight.

The teams are level at 1-1 heading into the second leg in Italy and boss Emery said: "We don't want Villarreal to be something ephemeral in the Champions League, we want to be here to stay.

'Winning against a club like Juventus means the opportunity to keep competing at the European level.

"We want to build around defined structures so we can stay here long-term. It's wonderful to be in the Champions League and we don't want to leave."

The former Arsenal boss (above, in training) added: "We are aware of what Juventus are, their magnitude and what they represent. They are one of the most successful teams in Europe.

'They are the favourites, but we must respond with our collective game. The rival is going to set the bar high for us. We will be ready to play a competitive game.'

Juventus have not reached the quarter-finals of this competition for the past two seasons and boss Massimiliano Allegri urged his players to treat the match like a final.

"The only goal is to qualify," he said. "This is the moment that counts.

"It will be like a final and we play it at home. Since away goals no longer count double, we have to win and that's it."



'LIONS MUST TARK A LOOK

BY **DAVID ANDERSON**

SEAN DYCHE says Burnley duo Nick Pope and James Tarkowski deserve to be brought back in from the cold by England boss Gareth Southgate.

The Three Lions coach names his squad tomorrow for the friendlies against Switzerland and Ivory Coast, and Turf Moor chief Dyche reckons his Clarets pair should get recalls.

Keeper Pope (above) was England's No.2 until he got injured before Euro 2020 and was dropped, while defender Tarkowski won the last of his two caps in 2018.

'It's no question of Gareth and what he has to do, it's just purely on form," said Dyche. "I've only ever remarked that if there are centrehalves out there playing better than Tarky then they must be playing very, very well, and equally with Popey.

The league table sometimes makes a difference to your thinking, not mine. I look at Popey and Tarky and think 'there must be some very strong players in the Premier League' if they're not at least in the squad."



BLUES SHAMED IN TICKETS U-TURN

launched a bitter attack on Chelsea.

Boro hit back with a strongly worded club statement, which said: "Given the reasons for these sanctions, for Chelsea to seek to invoke sporting 'integrity' as reason for the game being played

behind closed doors is ironic in the extreme." And Gibson added: "For 19 years, corrupt money has fuelled Chelsea's success.

"If they were to beat us in the FA Cup, with no fans there, what would that do to the integrity of the competition? Are they going to play all their Premier League games behind closed doors, too? This is pathetic by Chelsea.

"Chelsea and sporting intearity do not belona in the have withdrawn the request, following "constructive talks" with the FA.

The Government were also frustrated with Chelsea for going public while they tried to find a solution. They emphasised the sanctions placed on Roman Abramovich (above) were the No.1 priority.

It remains to be seen whether agreement regarding ticket sales can be reached in time for Saturday's game at the Riverside.

Chelsea believe it would be unfair for them to have just 500 fans, who bought tickets before sanctions, compared to a sell-out Boro crowd.

Chelsea will also be asking the Government to review their £20,000 limit on travel costs to away games and say that would not even cover the cost of a hotel for Middlesbrough, while they would have to make a 10-hour



YOU SHOULD KEEP NOSE OUT, BORIS

BY **MATTHEW DUNN THOMAS TUCHEL has** rounded on Boris Johnson, suggesting the Prime Minister should have bigger concerns than Chelsea fans singing their support for Roman Abramovich.

The Chelsea manager had already condemned his own supporters for interrupting the tribute to Ukraine, at Burnley earlier this month, by calling out the Russian

oligarch's name. Then on Monday a spokesman for the Prime Minister (above) blasted the "inappropriate behaviour" supporters backing their sanctioned owner.

When asked about it in the midst of preparing for Chelsea's Champions League trip to Lille tonight, Tuchel said: "I heard about it just

don't know if, in these times. it is the most important discussion to have in Parliament.

"I don't know if fan chants being discussed in Parliament means that we have to worry about the priorities of this government.

"But OK, listen, no need to comment from me. We have really far more urgent things to discuss and handle."

The Court of Arbitration for Sport has upheld the decision to ban Russian teams from **UEFA** competitions.

The interim judgment means Spartak Moscow will no longer take part in the Europa League, although Russia's participation in the World Cup will be decided in a fuller meeting of the council in the weeks to come.



ATLETICO WIN 2-1 ON AGGREGATE





BY DAVID McDONNELL

SO the trophy drought goes on for Manchester United.

At this rate, Manchester City fans will erect at banner at the Etihad marking the number of years since their local rivals last lifted silverware.

United had such a banner at the Stretford End for 35 years, mocking City's lack of success, but now it is their turn to suffer such indignity. You have to go back to the Europa League win of 2017 for the last time United lifted a trophy.

In truth, even had United progressed to the last eight, there was little chance of them

going all the way and being crowned champions of Europe given their glaring limitations.

Those shortcomings ultimately led to their meek exit here, United lacking the quality and tactical nous to find a way past the well-drilled Spanish champions, who fully deserved to go through.

As soon as Diego Simeone's streetwise side took the lead just before the end of the first half, it was always going to be an uphill task for United to find

a way back into the tie.

Twice finalists under
Simeone, Atletico's game management was far superior to United's and they exposed the

limitations of interim boss Ralf Rangnick's side and the scale of the job facing the new permanent manager this summer.

Yet United began the game brightly and went close to taking the lead in the 12th minute, a fluid move involving Diogo Dalot, Cristiano Ronaldo and Bruno Fernandes end ing with Anthony

Elanga's shot from pointblank range blocked by the face of Atletico keeper Jan Oblak.

Three min-

utes later and it was the turn of the visitors to go close, Rodrigo De Paul unleashing a goal-bound shot from 25 yards which was kept out by an equally majestic save at full stretch from David De Gea.

Atletico had the ball in the United net just after the halfhour mark after a

superb move involving skipper Koke and Marcos Llorente, whose cross was turned in by Joao Felix. But the goal was correctly ruled out for off-

side against Spanish international wing-back Llorente.

The visitors went ahead four minutes before the break, the goal coming against a backdrop of controversy, with United furious they had not been awarded a foul at the other end for a challenge on Elanga. Referee Slavko Vincic (harangued by Fernandes and Harry Maguire, left) had his whistle to his mouth and seemed ready to blow for a foul but waved play on and Atletico cashed in, Antoine Griezmann crossing for Renan Lodi, who wrong-footed De Gea with his far-post header.

United's players surrounded

the ref for his failure to blow for a foul on Elanga, but the brutal truth is the 19-year-old needed to be stronger when challenged rather than going to ground and hoping for the decision to go his way. Shoddy defending at the other end compounded United's misery.

Elanga nearly levelled within 30 seconds of the restart, scampering on to a clever flick from Fernandes, but dragged his shot just wide of Oblak's far post. Then Jadon Sancho blazed a volley over the bar just before the hour as Atletico withstood everything United threw their way.

Simeone's side went through



long-range drive. It was a thing of beauty for the Stretford End to appreciate. As a shot-stopper, he has few peers. If only his distribution hit the same mark.

palm away Rodrigo De Paul's

flying save high to his right to

The early clearance from outside his box which glanced off Joao Felix could have gone anywhere. The shank to the feet of De Paul seven minutes after the break, after he had been played into a cul-de-sac by Harry Maguire, required a face-saving sprawl to his left.

With Atletico content to absorb and hit United on the break, De Gea's brief was often of the watching variety, but the visitors carried a threat nonetheless.

They had hit the United net once already - through Felix, only to have the goal ruled out for offside - when the United defence was pulled apart down the right four minutes before the break and Antoine Griezmann's cross was met by Renan Lodi's header.

One-nil to Atletico and everyone knew what came next. The master-spoilers pitched their tents, sat in and asked United what they had in their locker.

their full repertoire of dark arts time-wasting, over-reacting to fouls, and general irritancy, all designed to run down the clock, disrupt United's rhythm, and ultimately see them through to the next round.

With 25 minutes left, Rangnick made a triple substitution, bringing on Marcus Rashford, Nemanja Matic and Paul Pogba, to try to gain some semblance of control and plunder the goal they needed, a task which proved beyond them.

Simeone was pelted with bottles as he raced to the dugout at full-time - a real night to forget for the red half of Manchester.





Benfica won 3-2 on aggregate ERIK TEN HAG's prospects as Manchester United's potential next manager took a major knock last night as his Ajax side were turfed out of the

Champions League. Ten Hag, highly fancied at Old Trafford to take over as

permanent boss, saw his team fall to Darwin Nunez's (left) header 13 minutes from time. The Dutch side had only

themselves to blame as they had dominated the game at the not take their chances.

The Eagles defended heroically and then struck out of the blue when Alejandro Grimaldo swung in a free-kick and Nunez got in front of keeper Andre Onana to head home.

The visitors had been pinned inside their own penalty area for most of the game.

But Steven Berghuis volleyed over, Jurrien Timber and winger Antony both missed and Ryan Gravenberch was denied by keeper Odysseas Vlachodimos.



BY ALEX RICHARDS

CHRISTIAN ERIKSEN been recalled to the Denmark squad for the first time since suffering a cardiac arrest at Euro 2020.

The midfielder, whose collapse occurred in the match against Finland in Copenhagen last June, has not played for his country since the incident, which saw him undergo life-saving surgery treatment.

But Eriksen (above) was vesterday named in the 23-man squad for Denmark's friendlies against Holland and Serbia following his impressive return to action with Brentford in the Premier League.

Denmark boss Kasper . Hjulmand said: "I expect Christian to go in and to be a deciding factor for our team.

"I did not expect him to play right now - realistically, I thought he would be ready by the summer. However, Christian is with the squad because he is the best in that position. He's in really good physical shape.

After being fitted with an implantable cardioverter defibrillator device, he was forced to leave Inter Milan in December, as Serie A rules would not allow him to continue playing in Italy.

The former Tottenham star joined the Bees in January and only made his debut for Thomas Frank's men on February 26, playing the final 38 minutes of the 2-0 defeat to Newcastle.

He has since played the full 90 minutes in matches against Norwich and Burnley, with his class helping to inspire Brentford to back-toback wins.

Eriksen, who has won 109 caps and scored 36 goals for his country, is desperate to secure a place in the Danish squad for the World Cup in Qatar later this year.

Hjulmand added: "I saw him against Burnley on Saturday where he was the best player out there.

'He is a player that thinks faster than most.'









CHELSEA have been forced into a humiliating climbdown after a bitter row over FA Cup tickets. They made a

request for their FA

Cup fifth-round tie with

interests of "sporting integrity". But Boro and chairman Steve Gibson (above) both

Middlesbrough to be played behind closed doors in the **TURN TO PAGE 57**

BY **DAVID MADDOCK** JURGEN KLOPP says there is "no chance" Mo Salah will allow his contract dispute to disrupt Liverpool's quadruple bid. And the Reds boss

insisted talks with the Egyptian superstar are "how they should be," despite suggestions from the player's agent to the contrary. The Mersey club are chasing **TURN TO PAGE 55**

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REPORT & RATINGS: SEE PAGES 58 & 59

PUZZLES

Quizword & Crossword

Two sets of clues, two different answers - all on the same grid. Choose one or the other.

Quizword

ACROSS

3 and 2 Down

- 2003 crime thriller the last film directed by the late Alan Parker (3,4,2,5,4)
- 8 Lew -, 1956 Australian Championships singles tennis champion (4)
- 9 and 23 Unit of measurement used in navigation equal to ,852 metres (8,4)
- 10 The -, 1986 novel by lain Banks (6)
- 13 Unreactive element of the rare gas series used in electric lights; symbol Ar (5)
- Spear with three prongs also called a trident used for catching fish (7)
- 15 and 19 Down The –, 1937 volume of four stories by John Steinbeck whose central character is Jody Tiflin (3,4)

16 See 14 Down

- 17 Brightly coloured tropical freshwater fish such as the Neon - or Cardinal – (5)
- 21 Fibrous interior of the dishcloth gourd used as a bath sponge (6)
- 22 British dish of suet pastry spread with jam, rolled up and steamed as a pudding (4-4)

23 See 9 Across

24 Name, until 1964, of Malawi (9)

- 1 1959 stage play by Jean Genet subtitled A
- 4 Jessica –, actress and starred in BBC TV sitcom
- **5** Rugby union lock whose 2012 Wales Test debut was against
- 6 Light slender flexible vord tipped by a button (4)
- 7 Small port and resort in W Scotland in Argyll and Bute (4)
- Stong adapted for the cinema and as a Broadway musical (5,4)
- 14 and 16 Across St Helens 1966 Challenge Cup and Lance Todd Trophy winner (3,7)
- Lesser (7)
- 18 Errol -, actor who played the title role in 1942 biopic Gentleman Jim (5)

Lancashire on a one-

DOWN

- 2 See 3 Across

- **12** Clerk in the 1850
- Charles Dickens novel David Copperfield (5,4)

- Clown Show (3,6)
- Scotland (3,4)
- 11 1932 novel by Phil
- 15 Small finch such as the Arctic or
- year contract in 2002 (4)

- who created, wrote Up The Women (5)

19 See 15 Across

20 D –, former Yorkshire CCC captain who joined

13

22

Crossword **ACROSS**

- 3 Very typical
- 8 Skin condition (4)
- **9** Alone, single (8) **10** Thick oil (6)
- **13** Truck (5)
- 14 Lightweight
- anorak (7) 15 Plaything (3)
- **16** Diapers (7)
- 17 Anaesthetic (5) 21 Large wine
- bottle (6) 22 Entire (8)
- 23 Indication (4) **24** Coiffure (9)

CHECK THE SOLUTIONS NOW! Call 0903 659 6060 (80p/min) to hear FULL SOLUTIONS to CROSSWORD and QUIZWORD,

and to hear 5 EXTRA CLUES for **CROSSWORD** and **QUIZWORD** too! Or text **CROSSCLUE** or **QUIZCLUE** to **61011** (£1/text) for 5 clues.

DOWN

21

1 Portable bridge (9)

23

- 2 Butt in (9)
- 4 Stair part (5)
- **5** Vacation (7)
- 6 Ballet skirt (4)
- Young salmon (4)
- **11** Genuine (9) 12 Admonish or
- rebuke (9) **14** Lettuce (3)
- **15** Storm (7)
- 18 Odour (5)
- 19 Roman gown (4) 20 Practice

Solutions in tomorrow's Daily Mirror

Two-speed coffeebreak

Two sets of clues - but the answers are the same.

- 1 Sailor's last order (4)
- epitaph (4)
- Soho meadow has abode (4)
- God of the roses (4)

- Somehow tires of rituals (5)
- Woman took it to be important (5)
- colours (5)
- 22 Bottom of drain layout (5)
- 24 Flowers in sleigh (3)
- 25 Condiment in grave trouble (7)
- 28 German song wasn't honest (4)
- **30** Auction ales off (4) **31** Part of Far East (4)
- **33** Cease sending post (4)

- 2 Tool wasted money (4)
- 3 Vehicle test for roofless car (5)
- **4** Facts in emergency (3)
- Deserve new remit (5)
- Youngster of minute energy (4)
- Star upsets a student of the stars (6)
- Is let off roofing (5)
- 20 Delivery includes organ (5)
- 23 Equestrian clause (5)
- 26 Step to portal, say (4) Gather pear was cooked (4)

Fellow of defiance (3)

Cryptic clues

ACROSS

- 4 Understanding German
- Contented with bivvy (4)
- Entertainer turned to drama (7)
- Hearsay about organ (3)
- Temperature isn't about

- Won't change address (4)

DOWN

- 1 Most employees have to hold back (4)

- For every one inside wharf (4)
- Artist has plant to gorge (6) Dish as ordered by boy (5)

- Follow queue (4)
- 24 Lots may get mislaid (4)

13 15 18 20 21 23 25 26 27 28 30

DOWN

1 Stalk (4)

2 Plunder (4)

3 Engine (5)

5 Jettv (4)

9 Canyon (6)

10 Meal of raw

Stellar (6)

20 Body part (5)

23 Horseman (5)

27 Harvest (4)

29 Man's name (3)

17 Game pieces (5)

Appendage (4)

24 Was defeated (4)

26 Manner of walking (4)

4 Information (3)

Be worthy of (5)

vegetables (5)

Adolescent (4)

Quick clues

ACROSS

32

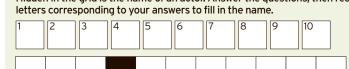
- 1 Seasoning (4)
- 4 Hold (4) 6 Residence (4)
- 8 Greek deity (4) 11 Canvas shelter (4)
- 13 Bullfighter (7) 14 Head of corn (3)
- 16 Ceremonies (5)
- 18 Essential (5) **21** Shades (5)
- 22 Lowest point (5) **24** Garland (3)
- 25 Acetic acid (7) **28** Fibbed (4)
- 30 Transaction (4)
- **31** Region (4) **32** Small city (4) **33** Desist (4)

Solutions in tomorrow's Daily Mirror

CHECK THE SOLUTIONS NOW! TWO-SPEED COFFEEBREAK **0903 659 6060** (80p/min)

Solutions in tomorrow's Daily Mirror

The name game Hidden in the grid is the name of an actor. Answer the questions, then rearrange the



BOX1: Which young adult fantasy novel US author Sarah J Maas? The Caster Chronicles (I)

City of Bones (B) Throne of Glass (L) BOX2: The leaves of the stevia rebaudiana plant are used to create a substitute for what? Chocolate (L)

Sugar (T) **BOX3:** The Guanches were aboriginal inhabitants of which islands? Balearic Islands (L)

Canary Islands (M)

Aleutian Islands (G)

BOX4: "Ulema" is a term referring to the scholars of which religion? Catholicism (H)

Judaism (U) **BOX5:** Which fashion designer was the co-host of the TV show Eurotrash?

Jean Paul Gaultier (N)

Islam (A)

Vivienne Westwood (F) BOX6: Kele Okereke is the lead singer of which indie rock **band?** Death Cab for

Cutie (N)

Pavement (F)

Bloc Party (O)

BOX7: Which California city was the birthplace of Clint Eastwood? Sacramento (M) San Diego (T)

San Francisco (O)

BOX8: In rugby, a crooked feed results in a what? Free kick (H) Line-out (D) Penalty try (A)

the title of the

musical, how many brides were there number of brothers? Five (W) Seven (L) Nine (V)

tomorrow's Daily Mirror

(pictured) was

Shadow of the

Vampire (E)

nominated for an

Solutions in

Oscar for his role as a real-life horror filmmaker in which drama film? Gods and Monsters (D) Fd Wood (S)

BOX10: Ian McKellen

BOX9: According to

TERMS & CONDITIONS: Calls cost 80p/min plus your phone company's access charge. Texts cost £1 + 1 standard network rate message. SP Mi Telecom Ltd. Helpdesk 0330 880 6060. Min age 18+. All lines close midnight tonight except where stated. Std Trinity Mirror Rules apply, see www.mirror.co.uk/rules.

Boost your brain power with our 30-second test. Start with the number on the left and follow the instructions. Beginners should aim to complete the puzzle in 30 seconds. Intermediates should finish their own puzzle and the Beginner's Challenge. Genius players have 30 seconds to complete their own plus the Intermediate. Good luck!

2/3 +14 ÷4 **x4** -25**x6** -12 +43 57 of this 5/12 40% **x**5 +131 114 **x**7 +93 .93

Mirrorgram

Solve our ten-letter anagram

Solutions in τοmorrow's Daily Mirror



30-sec brain teaser

Solutions in tomorrow's Daily Mirror





20:20

Test your codecracking skills against us! We took 20 minutes and 20 seconds to complete this puzzle – can you do better? We've taken a completed crossword puzzle and replaced each letter in the grid with the same number throughout. The completed grid will include all letters of the alphabet. If you find it hard to get going, call the Extra Letter line where you will also find a little bit of extra help. Remember, none of the answers are proper nouns. Solutions in Friday's Daily Mirror

ABCDEFGHIJKLMNOPQKS/VVWXYZ

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	¹⁹ U	20	²¹ T	22	23	²⁴ R	25	26

to be won!

Which letter is represented by the number '1' in today's Speedbreaker? Call 0903 681 3000 (£2/call) or text SPEED and your answer, name and postcode to 61011 (£2/text)

Last Wednesday's winner: John Howard, , from Manchester

Calls to solutions line cost 80p/min + network access charge and texts cost £1 +1 standard network rate message. Calls to the Speedbreaker competition line cost £2/call + network access charge and texts cost £2 +1 standard network rate message. You may receive free promotional messages, to opt out end message with NO INFO. Competition lines close midnight tonight. Min age 18+. SP: MI Telecom Ltd. Helpdesk 0330 880 6060. Full T&C's at www.mirror.co.uk/rules.

	21		5		9	8	20	2	2	14	23	9
9	26	5	17			20		26		20		11
	24		14	26	5	7	23	22		23	5	²⁴ R
19	7	22	26					20		4		¹⁹ U
			15		5	22	18	5	11	23	7	²¹ T
3	26	6	6	10		26		11		15		20
26		23			16	14	10			5		7
15		16		25		11		8	26	7	1	10
23	13	5	11	19	23	23	9		12			
6		14		23					10	19	5	7
26	20	14		7	19	1	20	7	4		13	
10		23		11		20			23	17	20	11
9	19	7	9	3	20	7	23		7		22	

Just a bit of fun

Which one of our three definitions is correct?

PAROXYSM

- 1 Any Buddist saying2 Meaning the opposite3 Sudden violent action

Solutions in tomorrow's Daily Mirror

Scribble pad 🖾

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text) for 5 extra letters. Deduct

one minute from the target time for each extra letter used.

SOLUTIONS

Arrow Words are like crosswords, but the clues are printed inside squares on the grid. Write your answers in the blank squares in the direction indicated by the arrows. Solutions in tomorrow's Daily Mirror

- 1	east of ourden ontinent	•	Needy	7	Conquer	7	Employ	7	Within Attach	7	Tailored	7				À
ŀ	>						_ Toksvig, pictured	-	V				1			
A	cademic award		Spirit		Nurtures	-					Monarchs		4	2	6	
ŀ	>		V				Knotting	Soil	-		V		A	1		
TI	nickness	Time period		Travel over snow	Dined	-			Owed Song of praise	>			30		9	4
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Su-doku corner

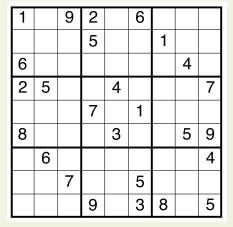
EASY SU-DOKU

9 3 6 9 4 5 7 1 7 3 5 8 5 9 9 2 5 1 3 2 6 8 4 3 2 9 1 5 2 6 3 9

The rules for Su-doku couldn't be easier. All you have to do is fill the empty squares so that each row, column and 3x3 block contains all the numbers 1 to 9.

Solutions in tomorrow's Daily Mirror

SU-DOKU TOUGHIE

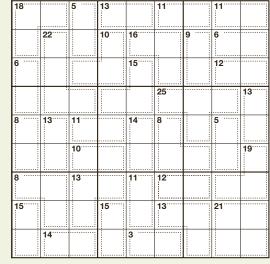


The rules for Su-doku are easy, but this one's a toughie! Each number from 1 to 9 must appear only once in each horizontal and vertical line, and only once in each 3x3 grid. Solutions in tomorrow's Daily Mirror

CHECK THE SOLUTIONS NOW! Call 0903 659 6060 (80p/min) to hear SU-DOKU 5

NUMBER CLUES or **FULL SOLUTIONS** to the easy and toughie su-dokus. Or text **EASYCLUE** or **TOUGHCLUE** to **61011** (£1/text) for **5 CLUES**.

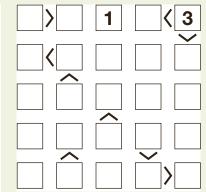
KILLER SU-DOKU



Killer Su-doku is based on the traditional grid and every column, every row and every 3x3 box must contain the digits 1 to 9. But the dotted squares must be filled with numbers that add up to that in the left corner.

Solutions in tomorrow's Daily Mirror

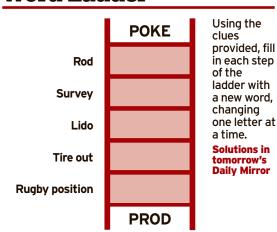
FUTOSHIKI



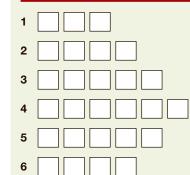
Insert the numbers one to five in each row and each column, making sure that no number is repeated. The only symbols to guide you are the "greater than" (>) and "less than" (<) signs.

Solutions in tomorrow's Daily Mirror

Word Ladder



Brickwork



Solutions in tomorrow's Daily Mirror

Enter the solutions to the clues in their numbered layers of the wall. Each word must be an anagram of its neighbours, plus or minus one letter.

- 2 Small duck
- 3 Change
- 4 Hesitate
- Following
- 6 Doom Consume

Bingo

Ved Mar 16 2022 Game 9 Day 3



HERE are the numbers for Day 3 of Game 9 on your Bingo card.

15 numbers on the Game 9 grid must be correctly crossed off with the Daily Mirror numbers. If you're still short by Saturday, buy the Sunday Mirror and the Sunday People for more numbers and the chance to win a £100 prize.

TO WIN a full house £250 prize, all

TO CLAIM Call 01420 525501 (Rol 01 868 8620) from 10am to 3pm on Mondays only. If you get a full house on any other day, you will need to phone and make your claim on the following Monday. No responsibility accepted for failure to call within stated hours.
Standard Reach PLC rules apply, see

www.mirror.co.uk/2022bingorules

2 9 4 1 5

FUTOSHIKI

WORDSEARCH

SU-DOKU TOUGHIE

Wordsearch

Can you find all the listed winning terms in the grid? Solutions in tomorrow's Daily Mirror

SRIFCONQU ERR GYUQHVANW Ζ LUYUN Ζ PMUIRT 0 T ZWROWB ΧE O R V C E O CH K Т Т Ε Р V A 0 M G C В Α R Α D S C 0 R Ε Н Υ Τ X C S SMASH O TAHCW ΕT A N IMODSC Υ

ACCOMPLISH FIRST SUCCESS ACHIEVE GAIN SWEEP ATTAIN GOLD TARGET CHAMPION LEAD TRIUMPH CONQUER REACH VICTORY DOMINATE SCORE FINISH WIN **SMASH**

YESTERDAY'S SOLUTIONS

QUIZWORD

ACROSS: 6 Dwight Yoakam, 8 Sassari, 9 Bantu, 10 Carr, 12 Dybbuk, 14 Panis, 15 Nilgai,

12 Dybbuk, 14 Panis, 15 Nilgal, 16 Cavy, 19 Osric, 21 Lineker, 22 Lay Of The Last. **DOWN:** 1 Minstrel, 2 Ah Van, 3 Syria, 4 Bad Boys, 5 Pawn, 6 Des O'Connor, 7 Turkey trot, 11 Rai, 12 Dix, 13 Blackcap, 14 Pak choi, 17 Klute, 18 Inner, 20 Read.

CROSSWORD

ACROSS: 6 Snap fastener. 8 Oatmeal, 9 Tenor, 10 Keep, 12 Spades, 14 Flute, 15 Tissue, 16 Gnat, 19 Lemon, 21 Plastic, 22 Pitch-and-toss.

DOWN: 1 Mattress, 2 Often, 3 Psalm, 4 Red tape, 5 Mean, 6 Stock-still, 7 Brass tacks, 11 Ole, 12 Sty, 13 Donation, 14 Furnace, 17 Apian, 18 Lands, 20 Main.

TWO-SPEED COFFEEBREAK

ACROSS: 1 Margin, 4 Comb, 7 Over, 8 Potent, 9 Dame, 10 Even, 12 Wide, 14 God, 16 Van, 17 Oats, 20 Tons, 23 Laid, 24 Scrape, 25 Ripe, 26 Then, 27 Threat.

DOWN: 1 Maple, 2 Rats, 3 Noted, 4 Cede, 5 Orange, 6 Blend, 11 Vent, 13 Iron, 15 Entire, 16 Valet, 18 Asset, 19 Fleet, 21 Odin, 22 Game.

MONDAY'S SPEEDBREAKER

1=P, 2=Z, 3=B, 4=T, 5=K, 6=E, 7=F, 8=0. 9=X. 10=H. 11=Q. 12=W. 13=L 14=M, 15=G, 16=C, 17=R, 18=U, 19=D, 20=V, 21=A, 22=Y, 23=N, 24=J, 25=I, 26=S,

ARROW WORD

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NAME GAME THE RAINBOW

1R, 2T, 3A, 4E, 50, 6W, 7H, 8B, 9I, 10N.

In the Daily Mirror every Saturday our Big Name

orize crossword

EASY SU-DOKU

9

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KILLER SU-DOKU

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MIRRORGRAM **EUCALYPTUS**

30-SEC BRAIN TEASER

Beginner 82; Intermediate 8; Advanced 357.

JUST A BIT OF FUN 3 Egg-shaped

BRICKWORK Rep, Pear, Caper, Preach, Parch, Harp,

WORD LADDER Haul, Hall, Tall, Tale, Tame, Tome, Tote.

mirror.co.uk/ horoscopes

Aries March 21-April 20 If you aren't hiding your feelings then there is probably someone else who is hiding the truth from you. You're surprised by the way someone has so easily swept an important issue under the carpet. An important matter is not being addressed and you want

For more call **0905 789 4171** (80p/min + netwaccess charge)

to get to the bottom of it.

Taurus April 21 - May 21 Social activities and situations will be pleasant enough. Friends and colleagues will inspire you as they talk about their interests and share their hopes for the months to come. You have goals of your own and listening to a friend's ambitions will help you push past self-imposed limitations.

For more call **0905 789 4172** (80p/min + netw access charge)

Gemini May 22 - June 21 You like to feel you can rely on your intuitive responses. At the same time, you always question what you see, hear and experience and will take an analytical view of what is going on. By being aware of your thoughts and feelings you can embrace both imagination and practicality.

For more call **0905 789 4173** (80p/min + network

Cancer June 22 - July 23 You will be asked to share your views but the moment you do so, someone will question why you feel this way and wonder why you can't agree with them instead here are times when it is sensible to keep quiet about your opinions even when you are being asked to share them.

For more call **0905 789 4174** (80p/min + netw access charge)

Leo July 24 - August 23 It's a good time to set up a savings plan. You seem to instinctively know the best way to grow your money. A legal or financial matter you're mixed up in will go better than you had dared expect. You knew it wasn't going to be easy and it will be a relief it's resolved to your satisfaction.

For more call **0905 789 4175** (80p/min + network access charge)

Virgo Aug 24 - Sept 23 A group is doing some great work refurbishing donated items and getting these to the people who need them. A different challenge altogether is now presented. You may be asked to ioin a committee to look at new problems and decide the best way to approach these.

For more call **0905 789 4176** (80p/min + network access charge)

1 Libra Sept 24-Oct 23

Your patience is about to be tried to its limit. You can't understand why a housemate seems to want to stir up unnecessary conflict. You aren't in the mood to argue. In fact one of your greatest strengths is the ability to maintain harmony, even when other people are irritable.

For more call **0905 789 4177** (80p/min + netvaccess charge)

Scorpio Oct 24 - Nov 22

A legal issue has been causing you a lot of stress and tension. In addition to this there has been an array of problems that have been discovered. You will be closely following developments on a news story because this will affect your life or community in some way.

For more call **0905 789 4178** (80p/min + access cha

Sagittarius Nov23-Dec21

Someone in the family is spending cash with no thought of tomorrow. Disputes in the family over money mar your day. Do you intend to do some travelling soon? If so, be careful who you tell your plans to as someone will invite themselves along, even though you will prefer to travel alone.

For more call **0905 789 4179** (80p/min + network

Capricorn Dec 22 - Jan 20 You aren't happy with the way a team effort is going. Too many people are in too much of a hurry and details are being ignored. Unless you are in charge, keep any critical feelings to yourself. Providing you're doing your work to the best of your ability, your conscience is clear.

For more call **0905 789 4180** (80p/min + netwo

Aquarius Jan 21 - Feb 19

Both in work and social matters, it could pay off handsomely if you refuse to follow the crowd. Plenty of advice will be given but you should make important decisions independently. This may mean taking a risk and expressing those original and untried ideas that spring to mind.

For more call **0905 789 4181** (80p/min + netwo

Pisces Feb 20 - Mar 20 You've always been sensitive and that's why it will hurt your feelings when a friend or workmate makes comments about you or your lifestyle. What upsets you most is that you felt comfortable with them enough you to reveal your vulnerabilities. Now you will wish you hadn't.

For more call **0905 789 4182** (80p/min + network

Calls cost 80p per minute plus your telephone company's network access charge – maximum of 5 minutes duration. You must be over 18 and have the bill payer's permission.

Service provider Spoke. Helpline 0333 202 3390

Mirror OFFERS



SOUP CHEF PRO

- 8 Functions Smooth, Smooth+, Sauté, Keep Warm, Chunky, Auto-Clean, Memory & Delay Timer.
- Perfect for families & Meal Prep The large 1.6L capacity Soup Chef cooks up to 5 bowls of soup in minutes!
- 12 Hour Delay Timer: your soup is ready when you are. Simply set your timer and Soup Chef Pro will start making your nutritious soup at a time that suits you.

www.highstreettv.com/DM088

CARTOON















PREP:

35 MINS

COOK: 25 MINS

St Patrick's Day specials BBC Good Food daily recipe to collect

Black velvet baby cakes

These gorgeous Guinness puds are an indulgent treat – and perfect for St Patrick's Day on March 17

TOMORROW'S RECIPE: SLOW-COOKED IRISH STEW

100g softened butter, plus extra for greasing

175g light brown soft sugar 1 egg

100g self-raising flour 50g ground almonds 1/2 tsp bicarbonate of soda

5tbsp cocoa, plus a little extra for decorating 150ml Guinness

FOR THE CREAM

200ml double cream 25g icing sugar Splash of champagne (optional)

Heat oven to 180C/160C fan/ gas 4. Grease and line the bases

of six dariole moulds with baking parchment. Put the butter, sugar, egg, flour, ground almonds, bicarbonate, cocoa and Guinness in a mixing bowl. Beat together until lump-free Divide between the tins then bake for 20-25 mins until risen and a skewer poked in comes out clean. Cool for 15 mins, then remove from tins and cool completely - the same way up they baked, don't turn them upside-down.

Whip cream with the icing sugar and a splash of Champagne, if using, until thick. Spoon a dollop on to the top of each cake and dust with a touch of cocoa. Serve with glasses of Champagne or Black Velvets for pudding.



© for Sundays

HOME-MADE SOUP IN MINUTES!

Mirror OFFERS

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Simply Stunning! Garden Glamour Repeat-flowering Rose Bush Collection... Fully Fragrant Flowers For Non-stop **Summer Colour Every Year!**

This sensational Garden Glamour collection has been specially selected and features five multiple awardwinning varieties, three of which have been honoured with the prestigious title "World's Favourite Rose"; 'Pascali', 'Queen Elizabeth' and 'Peace'! All are proven performers, guaranteed to produce masses of fragrant classicstyle flowers. Grows to 90cm

- This beautiful collection includes a mix of pink, red, white, yellow and peach bush roses
- These roses are repeat-flowerers meaning they'll produce masses of blooms in repeat displays from May October every vear
- Proven performance in **British gardens**



3 REASONS TO BUY TODAY: REE With Every Order! Dahlia Mix - pack of 3 tubers!



ROSE 'QUEEN ELIZABETH' **FREE** WITH ORDERS OVER £30! SUPPLIED AS A BARE-ROOT BU



OUR DOUBLE GUARANTEE 1. If you're not totally happy with your order, return it within 30 days and we'll replace or refund in full.

2. Should any hardy plants fail to thrive thereafter, we'll replace free of charge you just pay the P&P!



Perfect For Borders & Pots!

300 SUMMER FLOWERING BULB COLLECTION

Fill your summer garden with this spectacular array of colourful flowering bulbs NOW ONLY £14.99 HALF PRICE OFFER! SAVE £15.00!

Transform your garden this summer with this brilliant collection of summer-flowering bulbs. You'll be amazed by the dazzling array of colours and variety of shapes for five whole months of summer! They are perfect for patio containers and flower borders. Best of all, they will naturalise easily and provide your garden with bigger and better displays each year for many years to come! All of these bulbs will flower from this summer and produce a minimum of 300 stems of vivid colour this season!

• Gladioli Mix x 25 Bulbs Flowers Jun-Aug, grows to 1m • Acidanthera muraliae x 50 Bulbs Flowers Aug-Sep, grows to 90cm • Brodiaea Mix x 75 Bulbs Flowers May-Jul, grows to 30cm • Freesia Mix x 25 corms Flowers Jun-Aug, grows to 25cm • Allium Yellow Moly x 75 Bulbs Flowers Jun, grows to 1m • Liatris spicata White x 30 Bulbs Flowers Jul-Aug, grows to 1m • Allium White Neapolitanum x 20 Bulbs Flowers May, grows to 50cm



GREAT OFFERS! DON'T MISS OUT!

GREAT PLANTS FOR CREATING DISPLAYS IN YOUR GARDEN!



The Busy Lizzie is back! The number-one bedding plant grown in UK for last 5-6 years is making a return with a breeding breakthrough to bring a riot of summerlong colour to your garden.

We are extremely excited to be able to bring this Busy Lizzie to you and we're sure you'll be just as keen to have them in your garden where their reliability and proven performance make 'Beacon' Impatiens a top choice. The 'Beacon' series of Busy Lizzie is guaranteed to excel in UK gardens, rain or shine, sun or shade! During intensive, large-scale trialling, 'Beacon' out-performed other varieties even when exposed to downy mildew, growing superbly and lasting until the first frosts. Grows to 45cm. Supplied as 12 plug plants.

TWIN PACK PREMIUM PROFESSIONAL COMPOST

Bespoke professional mix made to our exacting recipe from one of Europe's leading blenders. It contains 20% composted wood fibre, to open the mix up and get air in to the roots. and a precise blend of 3 different grades of peats to balance drainage and water holding. With added Lime, it is pH balanced to give the optimum growing conditions and with starter fertiliser and a wetting agent, to ensure even water distribution in pots and container. Available in 2 x 40L bags that we will deliver to your door (80 Litres in total).





2 X 12" EASY FILL HANGING BASKETS

'Easy Fill' Hanging Baskets are easy to plant up thanks to the ready-made planting holes with snap-in gates. Made from ÚV-resistant black plastic complete with chains. Capacity 8L.



2 X HI-LO HANGING BASKET RAISERS

This pair of ingenious hanging basket raisers will allow you to water and tend to your hanging baskets with ease! No longer will you have to strain to reach your baskets.



flowering display and a firm favourite for our Club Members' hanging baskets!

With layer upon layer of delicate petals they are breathtakingly beautiful and always draw admiring glances. Just look at their size too – each whopping flower is up to 10cm (4") across A regular best-seller with our customers year in, year out, they simply perform all summer long, flowering profusely whatever our British weather throws at us. Your collection comprises the 4 varieties shown. *Grows to 30cm.*

ULTIMATE 3-TREE MINI ORCHARD

PICK YOUR OWN BUMPER CROPS OF APPLES, PEARS & PLUMS

MINI ORCHARD FRUIT TREE COLLECTION

Scrumptious! You Can Now Pick **Abundant Crops Of** Delicious Plums, Apples & Pears From Your Own Mini-**Orchard Fruit Tree** Collection!

These top-quality, 'Professional Standard' fruit trees mean YOU can now grow full-sized crops in your garden or even in pots on your patio! What's more, you can expect to be picking your first juicy fresh fruit in the first year! The crop will increase year on year, eventually giving you hundreds of pounds of produce per season and costing literally pennies per lb over their long life of over 50 years!

They are 'self fertile' and grown on 'dwarfing' rootstocks so they will pollinate themselves and always be compact. The beautiful, fragrant blossom in spring will precede the fruits, with 'Victoria' cropping from July, 'Conference' in September and 'Braeburn' in October. Delicious fresh from the tree, they also make perfect jams and preserves or can be stored for later use - 'Conference' and 'Braeburn' will even keep until Christmas!

You'll get one of each shown on this page. Grows to

3 1-1.2m Tall Bare-root Trees 1 of each SAVE £20 ITEM: 300004



PLUM 'VICTORIA'

This 'nation's favourite' Victoria Plum tree is a popular classic - enjoy bumper crops of incredibly juicy fruit year-upon-year. Grows to 2.5m.

ITEM: 300003



The 'Conference' variety has a sublime flavour. You can expect over 100lbs of fruit every year, once your tree is established. *Grows to 2.5m.*



Braeburn trees are renowned for their bumper crops - even in their first season they will yield several pounds of juicy fruit. Grows to 2.5m.

3 EASY WAYS TO ORDER YOUGARDEN.COM/RDMUP101 (C) CALL 0844 502 0050 QUOTE: RDMUP101 (OPEN MON - SAT 8-6 & SUN - 10-4) OR POST THE COUPON BELOW TO: DAILY MIRROR OFFER RDMUP101, YOUGARDEN, PO BOX 1468, PETERBOROUGH, PE1 9XL



I enclose a cheque for £ _____ made payable to YouGarden Please write your name and address on the back of your cheque. Or please debit my... Visa MasterCard Maestro card Card no Iss no (if Maestro) Valid from Exp date Address. .. Davtime tel no.

OUR DOUBLE GUARANTEE

<mark>1. If you're not tota</mark>lly happy with your order, return it within 30 days and we'll replace or refund in full.



2. Should any hardy plants fail to thrive thereafter, we'll replace free of charge you just pay the P&P!



Mirror | OFFERS





LARGE 'EUREKA' LEMON TREE

Pick your very own delicious fresh lemons and add a Mediterranean feel to your home or garden! Packed full of vitamin C, these fruits are not only delicious, but good for you as well! Use your fruits in everything from freshly squeezed lemonade, to scrumptious lemon meringue pies, and save loads of money on supermarket prices! Grows to 2m.



ITEM: 680020

ORANGE 'NAVELINA' TREE

Pick your very own delicious fresh oranges and add a Mediterranean feel to your home or garden! Packed full of vitamin C, these fruits are not only delicious, but good for you as well! Use your fruits in everything from freshly squeezed juices, to yummy desserts, and save tons of money on supermarket prices! Grows to 2m.





THE COMPLETE BLUEBERRY KIT

Save a small fortune compared with supermarket prices - pick up to 5kg of fruit PER BUSH once established, saving well over £100 a year. Perfect for a patio or balcony and packed with vitamins and antioxidants. Supplied as a complete kit ready for planting up, including 3 x Blueberry plants in 9cm pots, 3 x Metallic effect square planters and a 60L bag of Ericaceous Compost.



SURFINIA PETUNIA COLLECTION

Surfinia is 'THE' summer flowering trailing petunia - by far the most popular variety. It produces a seemingly unending display of colour, flowering all along its stems from April until October! Bred and developed to produce the biggest, best and longest display of any petunia variety, the trumpet shaped flowers have a gorgeous sweet fragrance too. Trails to 90cm.







Thyme right for Bryony to seal the deal

SIR GERHARD is a novice to note as the Ballymore kicks off day two at Cheltenham.

Willie Mullins' star engaged the turbo at Leopardstown despite some jumping errors. He still won well and will be hard to beat here. SELECTION: SIR

GERHARD

L'HOMME PRESSE will be hard to keep out of the frame in the Brown Advisory.

Thriving over fences, he has experience of this track and is capable of better.

Charlie Deutsch is at the top of his game and he will deliver the selection at the right time. Stamina-laden Beacon Edge, last season's Stayers' Hurdle fourth, is worth adding

SELECTION: L'HOMME PRESSE, BEACON **EDGE**

2.50

SAINT FELICIEN

deserves plenty of respect in the Coral Cup as this Irish raider a workable handicap debut

Unexpected Party scored easily at Ascot and a 12lb rise should not prevent another big race. SELECTION: SAINT FELICIEN.

UNEXPECTED PARTY

SUPERSTAR SHISHKIN has two Festival wins to his name and can make it three in the Champion Chase.

He holds Energumene on Ascot form, when that rival was ridden perfectly by Paul Townend, By contrast, Shishkin had a couple of blips and can do even better at his favourite track.

SELECTION: SHISHKIN

All eyes will be on TIGER ROLL as he chases a staggering six Festival success. He loves the venue, so don't

read too much into several below-par efforts this season.

He will bounce off the spring ground and is fancied to lead home stablemate Delta Work. **SELECTION: TIGER ROLL**

4.50

THYME WHITE won with plenty in hand before being put away for the Grand Annual, Paul Nicholls rates his chances and Bryony Frost (above) gets on well with him.

Buddy Rich, also coming here after an absence, is high on the shortlist for shrewd connections who took this in 2020.

SELECTION: THYME WHITE, BUDDY RICH

■ PLACEPOT PLAN: Eight lines at 50p = £4

BALLYMORE NOVICES HUR (GRADE 1) (1) (4yo+) 2m5f Winner £75,965 (9 run) ITV/RTV

NEWSBOY'S 1-2-3 1 SIR GERHARD **2 STAGE STAR** 3 I AM MAXIMUS

SIR GERHARD is sure to go off at prohibitive odds but it is hard to see past

Successful from stablemate Kilcruit in the Champion Bumper 12 months ago, the Willie Mullins-trained son of Jeremy finished third to the same horse at Punchestown, but has been imperious in two attempts over hurdles this winter.

Sir Gerhard was sent off the 2-9 favourite for a maiden hurdle at Leopardstown on Boxing Day and wasn't extended as he won by eight lengths.

Mullins then returned the seven-year-old to Foxrock for the Dublin Racing Festival's Grade 1 two-mile novice hurdle, and Paul Townend's partner overcame some scruffy jumping to come home six lengths to the good of Three Stripe Life.

The step up to two miles is unlikely to stretch my



with the extra vardage an aid to ironing the creases in his hurdling, Sir Gerhard
- running here in preference to yesterday's Supreme Novices' Hurdle - is expected to remain unbeaten over obstacles.

Stage Star is already a

high achiever in the hands of Paul Nicholls - he gained an emphatic triumph in the top-level Challow Hurdle at Newbury on his most recent start and the Ditcheat hope is feared most, ahead of I Am Maximus and Journey With Me.

08-162 HAXO (21) (BF)

W P Mullins (IRE) 5 11-7 S O'Keeffe 129 SH 2-1fav (11-12) Led, pushed along 2 out, headed, ridden and no impression on winner, kept on one pace, 2nd of 16, 2¾l behind Walnut Beach (10-13) at Punch 2m mdn hdl 7-1D22 **HEMLOCK** (22)

T Gibney (IRE) 511-7 D J O'Keeffe 131 H 9-4 (11-12) Led, travelling well 3 out, ridden after next, joined at last, headed final furlong, no extra, 2nd of 25, 11/41 behind Irish Blaze (11-12) at Navan 2m mdn hdl hvy 1-312 I AM MAXIMUS (74) (BF, C) (EW)

N Henderson 6 11-7 N De Boinville 150 S 7-5fav (11-7) Chased winner, disputing lead off final bend, no impression final 100 yards, kept on, 2nd of 7, 2l behind Hillcrest (11-7) at Chelt 2m 4f Lstd nov hdl (1) sft yards, kept on, 2nd of 1, 21 behind milicrest (11+1) at Chert zm 4t LSta nov nui (i) Sit

11-11 DURNEY WITH ME (32) (F)

H De Bromhead (IRE) 6 11-7Rachael Blackmore 143 YS

4-iffav (11-10) Tracked leaders, improved to dispute lead at 3rd, led next and made rest, comfortably, won at Naas 2m 3f nov hdl sft bt Choice Of Words (11-5) by 3l

54022 **SCARFACE** (25) C Tizzard 511-7 B J Powell 137 S
12-1 (11-0) Held up midfield, smooth headway 4 out, pressed leader travelling best
last, stayed on, 2nd of 8, nk bhd Skytastic (11-5) at Ascot 2m 3f nov hdl (2) stt

113-11 SIR GERHARD (38) (C) (SF)

W P Mullins (IRE) 711-7 P Townend ©158 YS 8-13fav (11-12) Led, mistake 3 out and last, ridden and asserted run-in, comfortably, won at Leopardstown 2m nov hdl G2 (1) in Feb bt Three Stripe Life (11-12) by 6l

23-111 **STAGE STAR** (77) (D)

23-111 STAGE STAR (17) (U)
P Nicholls 611-7 H Cobden 152 S
5-4fav (11-7) Tracked leaders, switched 2 out, soon led, left in clear lead 2 out, stayed
on strongly, won at Newbury 2m 4f nov hdl Grade 1 sft bt West Balboa (11-0) by 7l
14-122 THREE STRIPE LIFE (38)

G Elliott (IRE) 6 11-7 D N Russell 151 YS 5-1 (11-12) Tracked leader, pushed along before last, mistake, ridden and no impression, kept on same pace, 2nd of 8, 6l behind Sir Gerhard (11-12) at Leop 2m nov hdl G2

13-15 **WHATDEAWANT** (73)

W P Mullins [IRE] 6 11-7 DE Mullins 143 S 2-1 (11-12) Mid-division, progress 4 out, 3rd 2 out, soon ridden, no extra in closing stages, 5th of 7, 9l behind Ginto (11-12) at Naas 2m 4f nov hdl G2 (l) sft in Jan

BETTING: 8-11 Sir Gerhard, 5 Three Stripe Life, 11-2 Journey With Me, 6 Stage Star, 14 I Am Maximus, 20 Whatdeawant, 66 Scarface, Haxo, 100 Hemlock,

SINGLE-SHOT STAR

(Top in-form jockey with just one booked ride)
William Buick: TRUE ACCOLADE (6.00 Kempton).

TODAY'S FAB 4 TIPS

NORTHERNER'S NAP
RED ALLURE
(7.45 Newcastle)
TOPSPOT
GARRY CLERMONT

WEST COUNTRY'S BEST SWORD BEACH

SPEEDHORSE AROUSING (7.30 Kempton)

TODAY'S ABC GUIDE TO **FOUR UK MEETINGS**

CHELTENHAM - CH HUNTINGDON - HU KEMPTON - KM NEWCASTLE - NC

NEWCASTLE - NC
A Wave Of The Sea
Abingworth
Ace Time
Ahoy Senor
Ain't No Sunshine
Alaskan Wind
Alpha Des Obeaux
Amarillo Sky
American Mike
Andy Dufresne
Anightinlambourn Arousing Artemision Artemision Arwaag Ashdale Bob Atrafan Au Jus Author's Dream Authorised Speed Autonomy Back On The Lash Backinforglory Ballaquane Ballaquane
Beacon Edge
Before Midnight
Bella Beau
Bobby On The Beat
Bolt N Brown
Bomb Squad
Brahma Bull
Brains
Bravemansgame
Broken Rifle Caracristi
Castle Keep
Catlow
Chacun Pour Soi
Champ Is Real
Champagne Gold
Charming Getaway
Chase The Dollar
Christopher Wood Christopher Wood
Chronos
Chronos
Cillians Charm
Cillians Charm
Cillians of Fury
Commander Of Fleet
Count Otto
Dally Tiger
Dancing On My Own
Danita
Dans Le Vet
Darcys Hill
Dariya
Deciduous
Definitive Force
Delta Work
Dembe
Diderot

Detta Work
Dembe
Diderot
Diesel D'Allier
Doirean
Doirean
Double Dare You
Dragons Will Rise
Drop The Anchor
Due A Win
Dusart
Dwyfran
Easysland
Editeur Du Gite
Ellian Dubh
El Bello
Elixir De Nutz
Elkstone
Embittered
Encouraged

EAIL FOIL
EXTROOTIGINARY MAN
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James's Gate
Johnny Reb
Joly Maker
Journey With Me
Joyeux Machin
Jungle Inthebungle
Just In Time
Just In Time
Justus
Kingston King
L'Homme Presse
Lanfear
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Leopolds Rock
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Lord Sparky
Lost Of Love
Madmansgame
Main Target
Maykir
Maze Runner
McFabulous
Midnight Maestro
Military Two Step
Mililes Mite
Million Reasons
Miss Calculate
Miss Malarky
Mitchouka
Mohareb
Motarajja
Mr Mccall
Music Drive
Myboymax
Nube Negra
Ocean Of Mercy
On The River
Our Jester
Outsmart
Overtougeorge
Daykie's Denam
Pallas Dancer
Paolo Panini
Parisian Blue
Party Island
Pembroke
Plan Of Attack
Planxty
Poetic Music
Poker Party
Politologue
Poker Party
Politologue
Poker Party
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Tyger Bay
Unexpected Party
Viva Devito
Watch Your Toes
Whatdeawant
Wheal Kitty
Yazaman
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BROWN ADVISORY NOVICES' CHASE (GRADE 1) (1) (5yo+) 3m Winner £98,473 (11 run) ITV/RTV

BEACON TO FIRE

BY **DANNY HALL**

NOEL MEADE sent out a big-race double at Naas on Sunday and his horses are in even better form coming into the Festival than some of his more lauded Irish compatriots.

So it would be no surprise if his battlehardened warrior

BEACON EDGE ran a big race in the Brown Advisory Novices' Chase (2.10), having finished a typically gutsy fourth behind Flooring Porter in the Stayers' Hurdle last season.

JP McManus has three towards at the head of the betting in



IN FORM Noel Meade

the Coral Cup (2.50) -The Shunter, Drop The Anchor and

CAMPROND, with conditions having come right for the Philip Hobbs trainee.

A good ground horse, he has spent the winter in his stable following his excellent fourth in the Greatwood Hurdle over two miles of this track in November.

Arguably better over 2m4f, and with the ground drying out this week, Camprond represents another in-form vard.

It paid to be handy in the early Cheltenham races yesterday which bodes well for the front running **EDITEUR DU GITE**, a notably stylish iumper, in the Grand Annual Chase (4.50).

TODAY'S SELECTIONS Beacon Edge (ew)

2.10 Cheltenham Camprond (ew) 2.50 Cheltenham Editeur Du Gite (ew)

4.50 Cheltenham



NEWSBOY'S 1-2-3 1 BRAVEMANS-2 AHOY SENOR **3** FURY ROAD

BRAVEMANSGAME is expected to defend his unbeaten chase record currently standing at 4-4.

Podium finishes at Cheltenham and Aintree last spring marked the end of the seven-year-old's career over hurdles.

Paul Nicholls, who once compared my selection with 2008 Cheltenham Gold Cup hero Denman, then sent the French-bred gelding over fences - with impressive results.

Bravemansgame started off in an intermediate chase at Newbon Abbot in October, beating Fusil Raffles by five and a half lengths, and followed up from Itchy Feet in a graduation event at Haydock.

He stepped up to the top level for Kempton's Kauto Star Novices' Chase on Boxing Day and jumped with panache in beating a

below-par **Ahoy Senor** by seven and a half lengths.

And the Ditcheat runner warmed up for today by carrying top weight to victory in a novices' handicap chase at Newbury last month.

There is something thoroughly admirable about the way Harry Cobden's mount gets things done and he hasn't finished yet – not by a long chalk

Ahov Senor has since captured the Grade 2 Towton Novices' Chase Wetherby and isn't written off, while improving unbeaten chaser L'Homme **Presse** and top-level scorer **Fury Road** are others with a role to play.



1-U121 AHOY SENOR (39) (D)

L Russell 7 11-4 D R Fox 168 GS 8-11fav (11-5) Led until 7th, led 9th, drew clear from 3 out, landed a bit awkwardly 2 out, easily, won at Wetherby 3m nov chs G2 (1) gd in Feb bt Noble Yeats (11-0) by 6l

F-21F2 BEACON EDGE (22)

3

N Meade (IRE) 8 11-4 S W Flanagan 167 H
7-2 (11-10) Tracked leaders, pushed along 3 out, kept on same pace in 2nd close home,
2nd of 4, ¾I behind Farouk D'Alene (11-3) at Navan 3m nov chs G2 (I) hvy in Feb 2-1111 BRAVEMANSGAME (32) (D) (SF)

P Nicholls 7 11-4 H Cobden ●174 GS 8-11fav (11-8) Made virtually all, stayed on strongly, impressive, won at Newbury 2m 7f nov Limited hcap ch (3) gs in Feb beating Pats Fancy (10-6) by 31/4, 4 ran 41-12U **CAPODANNO** (38) (D)

W P Mullins (IRE) 6 11-4 M P Walsh 170 S
13-2 (11-10) Chased leader, 6th at 5th where mistake and unseated rider, in a race
won by Galopin Des Champs (11-10) at Leopardstown 2m 5f nov chs G1 (1) in Feb 13-11 **DUSART** (42) (D)

N Henderson 711-4 N De Boinville 153 GS
2-7fav (11-8) Prominent, travelled strongly to lead at 4 out, kept on after final fence, won easily, won at Exeter 3m nov chs (3) gs in Feb bt Flash Collonges (11-2) by 11l 1-1221 **FAROUK D'ALENE** (22) (D)

G Elliott (IRE) 7 11-4 D N Russell 164 GY 4-11fav (11-3) Tracked leader, ridden 2 out, improved to lead final furlong, stayed on well close home, won at Navan 3m nov chs G2 hvy bt Beacon Edge (11-10) by ¾1 P-2315 FURY ROAD (38) (D)

G Elliott (IRE) 8 11-4 J W Kennedy 168 Y 9-1 (11-10) In touch, not fluent in 3rd at 7th, mistake 4 out, weakened before last, tailed off, 5th of 8, well bhnd Galopin Des Champs (11-10) at Leop 2m 5f nov chs G1

21-333 GAILLARD DU MESNIL (38)

W P Multins [IRE] 6 11-4 P Townend 162 Y 33-1 (11-10) Towards rear, progress to 3rd 4 out, ridden and kept on one pace, 3rd of 8, 15l behind Galopin Des Champs (11-10) at Leop 2m 5f nov chs G1 (1) in Feb 6-1111 L'HOMME PRESSE (39) (C) (F) C Deutsch 171 GS

V Williams 7 11-4 C Deutsch 171 GS 8-13fav (11-4) Pressed leader, led 11th made rest, went clear from 3 out, impressive, won at Sandown 2m 4f nov chs G1 (1) gs in Feb beating Mister Coffey (11-4) by 21

7-13R3 STREETS OF DOYEN (11) (CD) J McConnell (IRE) 8 11-4 S D Torrens 147 G 33-1 (11-1) Tracked leaders, ridden 3 out, disputed remote 2nd 2 out, 3rd before last, no impression, 3rd of 5, 181 behind Gentleman De Mee (11-1) at Navan 2m nov chs G3

-21111 THREEUNDERTHRUFIVE (60) (CD) (EW) P Nicholls 7 11-4 A P Heskin 162 S 8-13fav (11-7) Made all, clear approaching 2 out, unchallenged, won at Warwick 3m nov chs G2 (1) sft in Jan beating Doyen Breed (11-2) by 31/4, 5 ran

BETTING: 2 Bravemansgame, 10-3 L'Homme Presse, 5 Ahoy Senor, 8 Capodar Du Mesnil, Threeunderthrufive, Fury Road, Farouk D'Alene. 2021: MONKFISH 7 11 4, Paul Townend 1-4 Fav (W P Mullins), 6 ran.

- NEWSBOY
 1.30 SIR GERHARD
 2.10 BRAVEMANSGAME (NAP)
 2.50 DROP THE ANCHOR
 3.30 CHACUN POUR SOI
 4.10 TIGER ROLL
 4.50 AMARILLO SKY (NB)
 5.30 AMERICAN MIKE

BOUVERIE

- BOUVERIE
 1.30 SIR GERHARD
 2.10 L'HOMME PRESS (NAP)
 2.50 FASTORSLOW
 3.30 SHISHKIN
 4.10 DELTA WORK
 4.50 ANDY DUFRESNE (NB)
 5.30 AMERICAN MIKE

JACKPOT MEETING

GOING: Good to Soft; Cross Country: Good to

COURSE: The old course is left-handed, oval, of

Soft-Soft in places
COURSE: The old course is left-handed, oval, of a testing nature, one and a half miles in extent, with nine fences per circuit.

TOP TRAINERS: N Henderson 46-320 (14.4%), W P Mullins 31-272 (11.4%), G Elioti 30-185 (16.2%), P Nicholls 23-269 (8.6%), D Skelton 23-243 (9.5%), F OiBrien 22-181 (12.2%), N Twiston-Davies 22-239 (9.2%), G Tizzard 20-214 (9.3%), H De Bromhead 17-105 (16.2%), P Hobbs 11-165 (6.7%).

TOP JOCKEYS: Harry Skelton 23-193 (11.9%), Nico De Boinville 21-140 (15.0%), Sam Twiston-Davies 18-215 (8.4%), Paddy Brennan 18-180 (11.2%), Aidan Coleman 17-139 (12.2%), Harry Cobden 15-134 (8.2%), Paul Townend 14-84 (16.7%), Bobbie Power 14-110 (12.7%).

TRAINER TARGETS (Won today's race at least twice in last 10 years): G Elliott won the 1.30 in '18 and '20. W P Mullins won the 2.10 in '15, and '21. N Henderson won the 2.30 in '17, 31', 61', 18 and '19. P Nicholls won the 3.30 in '17, 31', 61', 18 and '19. P Nicholls won the 5.30 in '12, 113, '16, '16 and '17. A Henderson won the 5.30 in '12, '13, '16, '16 and '19. P Nicholls won the 5.30 in '17, '13, '16, '16 and '19. P Nicholls won the 5.30 in '12, '13, '18, '18 and '19. P Nicholls won the 4.50 in '16 and '16. G Elliott won the 4.10 in '17, '18 and '19. P Nicholls won the 5.30 in '12, '13, '18, '18 and '19. P Nicholls won the 5.30 in '12, '13, '18, '18 and '19. P Nicholls won the 5.30 in '12, '13, '18, '18 and '19. P Nicholls won the 5.30 in '12, '13, '18, '18 and '19. P Nicholls won the 5.30 in '12, '13, '18, '18 and '19. P Nicholls won the 5.30 in '12, '13, '18, '18 and '19. P Nicholls won the 5.30 in '12, '13, '18, '18 and '19. P Nicholls won the 5.30 in '12, '13, '18, '18 and '19. P Nicholls won the 5.30 in '12, '13, '18, '18 and '19. P Nicholls won the 5.30 in '12, '13, '18, '18 and '19. P Nicholls won the 5.30 in '12, '13, '18, '18 and '19. P Nicholls won the 5.30 in '12, '13, '18, '18 and '19. P Nicholls won the 5.30 in '12, '13, '18, '18 and '19. P Nicholls won the 5.30 in '12, '13, '18, '18 and '19. P Nicholls won the 5.30

Bull, EasySaitul, Sitady Operaturi, Step Back, 4:50 Cumball".

TONGUE STRAPS: 2:10 Capodanno, Fury Road, Streets Of Doyen, 2:50 Champagne Gold*, Fastorslow*, Ganapathi*, The Bosses Oscar, The Shunter, 3:30 Envol Allen, Nube Negra, Politologue, 4:10 Alpha Beo Boeaux, Delta Work, Diesel D'Allier, Easysland, Poker Party, Step Back, Tiger Roll, Tout Est Permis, 4:50 Amarillo Sky, Budy Rich, Capuccinus, Dancing On My Own*, Destined To Shine, Elixir De Nutz, Embltered, Il Riddto, Sky Pirate, 5:30 Joyeux Machin, Music Drive, Rosy Redrum, (*=1 st time). Machin, Music Drive, Rosy Redrum. (*=1st time). 1ST RUN SINCE WIND OP: 3.30 Envoi Allen 1ST TIME HOODS: 5.30 Rosy Redrum. PROFITABLE RACES FOR FAVS: 1.30.



TOP AMATEUR Patrick Mullins

IN FORM

TRAINERS: J Best & K Jewell 2-4 (50%), J O'Keeffe 2-4 (50%), M Keighley 2-4 (50%), W P Mullins 14-33 (42%), A Brown 2-5 (40%), T Ward 2-5 (40%), A Balding 7-18 (39%), A Murphy 2-6 (33%), C Appleby 4-13 (31%), N Twiston-Davies 7-23 (30%), P Hobbs 7-24 (29%), C Tizzard 7-25 (28%), M Harris 5-18 (28%), N Meade 3-11 (27%), P Nicholis 9-35 (26%), Alice Haynes 4-16 (25%), C Longsdon 3-13 (23%), G Elliott 10-45 (22%), D Skelton 8-38 (21%). JOCKEYS: Connor Brace 4-5 (80%), Paul Townend 4-7 (57%), Joshua Bryan 3-6 (50%), Robbie Power 3-7 (43%), Aiden Brookes 2-5 (40%), Isabel Williams 2-5 (40%), Isabel Williams 2-5 (40%), Tom Buckley 2-5 (40%), Mr Jamie Codd 3-8 (38%), Adam Farragher 2-6 (33%), Davy Russell 2-6 (33%), Harry Cobden 7-23 (30%), Harry Skelton 6-20 (30%), Jack Mitchell 6-20 (30%), Sam James 3-10 (30%), David Egan 2-7 (29%), Rossa Ryan 4-15 (27%), Jason Watson 5-19 (26%).

PRO-BET

AMERICAN MIKE (5.30 Cheltenham) 2pts win

CORAL CUP H'CAP HURDLE (GRADE 3) (1) (4yo+) 2m5f Winner £56,270 (26 run) ITV/RTV

ANCHO

NEWSBOY'S 1-2-3

DROP THE ANCHOR caught the eye with a strong finish at Leopardstown last month and makes appeal in a wide-open race.

Pat Fahy's (right) son of Shantou has already shown his mettle in valuable two-mile



Torrens at Leopardstown's Dublin Racing Festival in February of last year.

The JP McManus-owned big-field handicaps, lifting eight-year-old is without a win in four starts over contest for jockey Simon obstacles since, but wasn't

beaten far when seventh in the County Hurdle here 12 months ago.

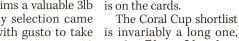
Although down the field at Punchestown - and when ninth to Tritonic in a big-money event at Ascot a week before Christmas Drop The Anchor showed green shoots in south Dublin last time out.

Again ridden by Torrens, who claims a valuable 3lb here, my selection came home with gusto to take fifth, beaten just over 10 lengths, to Call Me Lyreen.

His three hurdles wins but Drop The Anchor is

well worth this return to further and a good account

is invariably a long one, with **The Shunter**,



Unexpected Party, Indigo Breeze and Ashdale Bob have been over two miles, just four horses worth a second look.



-232PP THE BOSSES OSCAR (53)

GELLIOTT (IRE) 7 11-12 Mr R James (7) 156 GS 2-0) Rear, jumped slowly throughout and mistakes, hampered 12th and pulled fore next, in a race won by Champagne Platinum (12-0) at Navan 3m beg chase 3-1 (12-0) Rear in

-U3732 **ASHDALE BOB** (22)

J Harrington (IRE) 711-10 Jack Foley (3) 158 H 9-2 (11-8) Led, headed 4 out, led again 3 out, strongly pressed final furlong, headed and no extra, 2nd of 9, hd bhd Thedevilscoachman (11-6) at Navan 2m 5f hdl G2 hvy

5F1P83 COMMANDER OF FLEET (22) (B) (D) G Elliott (IRE) 8 11-10 S Fitzgerald (5) 157 Y 16-1 (11-3) Tracked leaders, ridden in 5th 2 out, no impression on leaders at last, kept on same pace, 3rd of 9, 101 bhd Thedevilscoachman (11-6) at Nav 2m 5f hdl G2 hvy

128-24 MCFABULOUS (46) (D)

P Nicholls 8 11-8 H Cobden 157 S 5-1 (11-6) Kept wide in 4th, every chance 2 out, pushed along out wide before the last, soon weakened, 4th of 5, 251 behind Paisley Park (11-6) at Chelt 3m hdl G2 gd

1-12 SAINT FELICIEN (45) (BF)

G Elliott (IRE) 5 11-7 R M Power 154 GY 4-5fav (11-7) Tracked leaders, headway to dispute lead 2 out, soon ridden, headed at last, kept on same pace run-in, 2nd of 6, 3½ bhd Darasso (11-12) at Naas 2m hdl G3

20-344 **GRAND ROI** (22)

G Elliott (IRE) 6 11-7 D N Russell 158 G 6-1 (11-8) Tracked leader, led 4 out, ridden and headed 3 out, mistake at last, 4th of 9, 12l behind Thedevilscoachman (11-6) at Navan 2m 5f hdl G2 (1) hvy in Feb

-12127 HANG IN THERE (151) (C)

E Lavelle 8 11-6 J A Anderson (7) 159 G 11-1 (10-13) Prominent, ridden and outpaced before 3 out, weakened, 7th of 12, 201 behind Glory And Fortune (10-7) at Ffos Las 2m hcp hdl (2) gd in Oct

123-4U THE SHUNTER (38) (H) (CD) E Mullins (IRE) 9 11-6 M P Walsh 157 GY 8-1 (11-6) Rear, mistake and unseated rider at 6th, in a race won by Birchdale (9-7) at Leopardstown 2m 5f hcp chs in Feb, 17 ran

0-6132 **GOWEL ROAD** (54) (CD) N Twiston-Davies 6 11-3S Twiston-Davies 157 H 17-2 (11-12) Led until after 1st, chased leaders, hung under pressure between last two, stayed on same pace, 2nd of 12, 11/4l behind Metier (11-10) at Ling 2m hcp hdl (2) hvy

5-2144 DALY TIGER (25)

N Meade (IRE) 9 11-3 E Walsh (3) 147 H 9-2 (11-3) Tracked leader, 2nd after 9th, slow jump at 10th dropped to 3rd, weakened to rear before last, last of 4, 27l behind Melon (11-3) at Gowran 2m 4f chs G2 hvy

1250F- GANAPATHI (320)

W P Mullins (IRE) 6 11-3 B J Cooper 143 H 15-2 (11-12) Tracked leaders, disputed 3rd at halfway, pushed along straight, chance when fell at last, won by Gaillard Du Mesnil (11-12) at Punch 2m 4f nov hdl G1 in Apr

-34622 CHRISTOPHER WOOD (25)

V Williams 7 11-1 H Bannister 157 GS 16-1 (11-9) Prominent. led 3 out. ridden and headed 2 out. staved on but no match for winner, 2nd of 11, 9l behind Good Risk At All (10-9) at Ascot 2m 3f hcp hdl (2) sft

170-95 **DROP THE ANCHOR** (38)

P A Fahy (IRE) 8 11-1 S D Torrens (3) 160 GS 33-1 (11-7) Mid-division, headway straight, ran on well run-in to 5th close home, never nearer, 5th of 27, 10l behind Call Me Lyreen (11-4) at Leopardstown 2m hcap hdle



E Williams 9 11-Olsabel Williams (3) 158 S 13-2 (10-13) Held up, pushed along and struggling 3 out, headway 2 out, no chance with leading duo, 3rd of 17, 8l bhnd Green Book (10-6) at Sand 2m 7f hcp hdl G3 gs

@15 -41221 UNEXPECTED PARTY (53) (D) (F)

D Skelton 7 11-0 H Skelton 155 S 3-Ifav (10-13) Rear, smooth headway 3 out, clear when dived at the last, very easily, won at Ascot 2m 3f hcp hdl (2) sft in Jan beating Fils D'oudairies (11-7) by 41/sl

16 3-1233 GARRY CLERMONT (53)

Jonjo O'Neill 7 11-0 Jonjo O'Neill Jr 161 S 9-2 (11-12) Mid-division, headway chasing leaders 3 out, 3rd and one pace betweer last two, 3rd of 11, 91 bhd Unexpected Party (10-13) at Ascot 2m 3f hcp hdl (2) sft 161 S

17 3-4P36 CALL ME LORD (39) (C, D)

N Henderson 9 11-0 D Jacob 159 GS 12-1 (11-6) Mid-division, struggling rear 3 out, headway and mistake 2 out, stayed on same pace, 6th of 17, 211 behind Green Book (10-6) at Sandown 2m 7f hcp hdl G3 gs

1/2-00 **FASTORSLOW** (38) (EW)

M Brassil (IRE) 6 10-13 D J O'Keeffe 146 YS 33-1 (11-5) Mid-division, 14th before 4 out, no impression before last, kept on same pace run-in, 12th of 27, 25l behind Call Me Lyreen (11-4) at Leop 2m hcap hdl DJO'Keeffe 146 YS

19 142114 CAMPROND (122) (C)

P Hobbs 6 10-12 A Coleman 156 G 17-2 (11-5) Tracked leaders, stumbled badly 3 out, ridden before the last, no impressior run-in, 4th of 19, 6l behind West Cork (10-13) at Cheltenham 2m hcp hdl G3 (1) qd A Coleman 156 G

20 128-12 **INDIGO BREEZE** (60) (H) (BF)

G Elliott (IRE) 6 10-12 J Gainford (3) 150 S 9-4fav (11-7) Tracked leaders, mistake 2 out, ridden to go 2nd at last, kept on well final furlong, 2nd of 5, 2¾ bhd Autumn Evening (11-7) at Fairy 2m hdl sft

21 00-570 **CHAMPAGNE GOLD** (38)

H De Bromhead (IRE) 7 10-11Rachael Blackmore 147 SH 33-1 (11-2) Rear, effort before last, kept on same pace run-in, no danger, 15th of 27, 34l behind Call Me Lyreen (11-4) at Leopardstown 2m hcap hdle in Feb

22 F3PP30 **TOP MOON** (39)

B Haslam 7 10-11 R McLernon 145 33-1 (11-2) Tracked leader, pushed along and lost place approaching 2 out, weaken tailed off, 18th of 24, well behind Good Time Jonny (10-13) at Leop 3m hcap hdl R McLernon 145 S approaching 2 out, weakened, 23 01-006 MAZE RUNNER (39)

W P Mullins (IRE) 7 10-11 S O'Keeffe 150 SH 20-1 (10-13) Tracked leaders, led before 2 out, ridden and headed last, soon no extra, 6th of 24, 11l behind Good Time Jonny (10-13) at Leopardstown 3m hcap hdle in Feb

24 /710-P **TRONADOR** (229) G Elliott (IRE) 6 10-10 S Ewing (3) 152 GS 25-1 (10-8) In rear, not fluent at 1st, soon reminder, niggled along, detached at 8th, pulled up before next, in a race won by Jazzaway (10-5) at Galway 2m 7f hcp hdl gd

S O'Keeffe 150 SH

/2-151 **FAIR FRONTIERES** (32) (D)

K Bailey 7 10-9 D Bass 151 GS 5-1 (11-7) Made all, not fluent when pressed 2 out, not fluent last, driven out, won at Warwick 2m 5f nh nov hdl (4) gs in Feb beating Earth Lord (11-7) by 11/4, 3 ran

125527 MARS HARPER (53) (BF)

G Elliott (IRE) 6 10-9 J W Kennedy 153 YS 4-1fav (10-10) Tracked leaders, ridden in 5th 3 out, soon no impression, 7th of 17, 10l behind The Very Man (11-1) at Navan 2m 4f hcp hdl in Jan

CHELTENHAM...

PRICE **GUARANTEE**

ON THE QUEEN MOTHER CHAMPION CHASE CHELTENHAM 3.30PM



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BETWAY QUEEN MOTHER CHAMPION CHASE (GRADE 1) (1) 2m Winner £225,080 (8 run) ITV/RTV

131-51 CHACUN POUR SOI (38) (D)

W P Mullins (IRE) 10 11-10 Mr P W Mullins 185 Y
4-7fav (11-12) Led, not fluent at 7th, increased advantage last, clear run-in, kept on well, easily, won at Leop 2m if chs G1 (1) in Feb beating Durvegan (11-12) by 121

111-12 ENERGUMENE (53) (D) (F)

W P Mullins (IRE) 8 11-10 P Townend 186 S
5-4 (11-7) Led, over 1 length ahead jumping 2 out, 2 lengths clear at the last, headed and no extra final 50 yards, 2nd of 4, 11 bhd Shishkin (11-7) at Ascot 2m 1f ch G1 sft FP-161 **ENVOI ALLEN** (79) (CD)

H De Bromhead (IRE) 8 11-10Rachael Blackmore 167 GY 2-5fav (12-0) Prominent and led after 2nd, slight mistake 2 out, ridden and kept on well run-in, won at Leop 2m If chs G1 (1) in Dec bt Battleoverdoyen (12-0) by 8I

2-2911 **FUNAMBULE SIVOLA** (32) (D)

V Williams 7 11-10 C Deutsch 168 GS 9-4 (11-0) Made all, hit 6th, quickened and came clear 2 out, kept on strongly, unchallenged, won at Newbury 2m chs G2 (1) gs beating Sceau Royal (11-6) by 2!

123-14 NUBE NEGRA (102) (CD) (EW)

/124-2 **POLITOLOGUE** (122) (CD)

P Nicholls 11 11-10 H Cobden 168 S
5-1 (11-6) Led, joined 2 out, headed soon after, 2 lengths down last, stayed on same pace, 2nd of 4, 61 behind Nube Negra (11-6) at Cheltenham 2m G2 chs (4yo+) gd 111-11 **SHISHKIN** (53) (CD) (SF)

111-11 SHISHRIN (53) (CD) (SF)

N Henderson 8 11-10 N De Boinville 187 S
5-6fav (11-7) Tracked leaders, went 2nd 5th, bad stumble next, 2 lengths down last, ridden and stayed on to lead, won at Asc 2m if chs G stf bt Energumene (11-7) by II

314-35 PUT THE KETTLE ON (74) (CD)

H De Bromhead (IRE) 8 11-3 A Coleman 172 GS
9-2 (11-9) In touch in last, went 4th at 7th, last and trailing 2 out, last of 5, 421 behind Mount Ida (11-5) at Fairyhouse 2m 5f mares chs Grd 3 (I) in Jan

BETTING: 4-5 Shishkin, 7-2 Energumene, 5 Chacun Pour Soi, 12 Nube Negra, 20 Envoi Allen, Put The Kettle On, 33 Funambule Sivola, 50 Politologue. 2021: PUT THE KETTLE ON 7 11 3, Aidan Coleman 17-2 (H De Bromhead), 9 ran.

STAT OF THE DAY

Trainer Sam Thomas and jockey Sam Twiston-Davies have a 50 per cent strike rate together at Cheltenham – two wins from four runners for a level-stake profit of 12.58pts. So look out for BEFORE MIDNIGHT (4.50).







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CHAC'S TH LAD FOR MI

NEWSBOY'S 1-2-3 1 CHACUN POUR **2** Shishkin **3** Funambule

CHACUN POUR SOI has flopped on his previous two visits to Britain but gets the vote to make it third time lucky and gatecrash the Shishkin-**Energumene** reunion party.

A year ago, punters madė Willie Mullins' 10-year-old the 8-13 favourite to mark his first appearance on this shores with success in the Queen Mother Champion Chase.

But Chacun Pour Soi ran below market expectations in third behind Put The Kettle On and Nube Negra, and it was a similar story at the same odds when he trailed in last of five behind Greaneteen in the toplevel Tingle Creek Chase at Sandown in December.

But those runs are no reflection whatsoever of month.



Chacun Pour Soi's ability as he showed when powering home by 12 lengths to rack up a hattrick in the Dublin Chase at Leopardstown last

After that win, Mullins unveiled his theory that Chacun Pour Soi finds crossing the Irish Sea unusually taxing and resolved to leave the horse one gallop short of fitness Spirit Chase last time out.

before his departure from Closutton.

It's an ambitious plan but Mullins hasn't won 15 trainers' titles in his homeland by accident, and it's worth taking the chance at the prevailing odds that it comes off.

Shishkin got the better f my selection's stablemate Energumene in a thriller for the Clarence House Chase at Ascot in January and the view that Cheltenham's left-handed layout and stiff uphill finish will help him stay on

top is a persuasive one. **Politologue** won this two years ago but is performing below that level these days, and Envoi Allen has long since lost his aura of invincibility.

Those seeking to play at more remunerative odds could do worse than Funambule Sivola. Venetia Williams' seven-year-old has it to do on the ratings, but is heading in the right direction and still looks capable of building on the form that saw him lift Newbury's Grade 2 Game







King's Edward reigns

EDWARDSTONE captured the Arkle to give jockey Tom Cannon a first Festiv al triumph – and end a losing streak of 86 runners at the meeting for trainer Alan

The 5-2 favourite needed to be quick on his feet to avoid Brave Seasca when the 80-1 outsider took a heavy fall at the fourth

But that proved to be his backers' only anxious moment as the eightyear-old (above), whose four fencing wins included the Grade 1 Henry VIII Novices' Chase at Sandown in December, surged up the hill to beat Gabynako by four and a half lengths.

'There was plenty going on around him," said King, whose last Cheltenham Festival success was Uxizandre in the 2015 Ryanair Chase – also the final winner of Sir AP McCoy's legendary career in

"These good horses don't happen overnight. He was two or three years in the making, and Tom does a great job with him.

"I've been training 22 years and he is only my third

stable jockey."
Cannon added: "It feels great – and it feels like it has been a long time coming. "We might not have had

the horses for the past couple of years but they will come again soon and there's a lot to look forward to.''

King Henry hails his 'dream team' as Blackmore and Honeysuckle make history

history girl with a Champion Hurdle triumph that worked the record Cheltenham Festival crowd into a frenzy.

Twelve months ago, Rachael Blackmore drove Henry de Bromhead's remarkable mare to a six-and-a-half length victory before empty stands in Tuesday feature.

But yesterday a packed house tested the grandstand roof fittings to their limit as

Honeysuckle humbled her nine rivals, led home by 2020 Champion Hurdler and fellow female Epatante, to become the first mare to lift the great prize twice.

"It was just an incredible reception," said Blackmore, who sent her mount — the 8-11 favourite — to the front on the run to the final flight to score by an easy three and a half lengths.

"It's such a special place. We missed the crowd last year and to have them back is just unbelievable.

"I wish I had the vocabulary to explain it.

Coming back, the whole way down the chute, the reception was

"Last year we were delighted to be here but Cheltenham is about dream team."

HONEYSUCKLE became the the people and they didn't let us down."

> Blackmore, who was lucky to walk away from a heavy fall in the following Close Brothers Mares' Hurdle - Telmesomethinggirl was brought down at the second-last flight – went on: "Walking into the winner's enclosure - it's an incredible place.

> "It was some feeling jumping the last and hearing the crowd. I I do have a lot of confidence in her

and she's never let me down. Jockeys dream of getting on good horses, but she takes that to a whole new level - she's once in a lifetime."

Honeysuckle also holds the record of 15 career starts without defeat, and de Bromhead (above) smiled: "She's incredible, a never-ending fairytale.

"I'm always trying to prepare myself for it all to end. I did feel the pressure more, with the crowds and the build-up. but she just keeps winning.

"If goodwill and all the 'good lucks' could win you a race, she'd have won by a furlong, because most here were willing it.

'You have to pinch yourself at how lucky we are to be involved with a ȟorse like here, and Rachael was sublime. They're a

STATTLER eased a day of frustration for Willie Mullins by galloping to an eight-length supremacy in the Ukraine Appeal National Hunt Chase for amateur riders.

The Supreme Novices' Hurdle fall of Dysart Dynamo, Appreciate It's humdrum seventh in the Champion Hurdle and a short-head defeat for Gaelic Warrior in the Boodles Juvenile Hurdle made it a day to forget for Ireland's champion trainer.

But Mullins (above) registered a record 79th Festival victory as 2-1

Patrick, comfortably proved the better of 15-8 favourite Run Wild Fred.

The result of the concluding race gave Ireland a third winner against GB's four and Mullins laughed: "We had to wait till the last while all this

English dominance was going on! 'Stattler is a good jumper and I think that is why Patrick nominated him early in the season for this race - thinking

Mullins, now a five-time Cheltenham Festival winner, said: "We were thinking he is maybe a Grand National horse but he could be a Gold Cup horse."

about himself the whole time!"



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THE OPENING DAY'S ACTION

CHELTENHAM FESTIVAL 2022





Hill climbs to new heights

SUPREME NOVICES' HURDLE

CONSTITUTION HILL smashed the course record with a 22-length opening race romp that propelled him to the head of the betting for next year's Champion Hurdle.

Nico de Boinville sat motionless aboard the Nicky Henderson fiveyear-old (above), sent off the 9-4 joint-favourite, as stablemate Jonbon tackled Dysart Dynamo at the penultimate flight of the Festival curtain-raiser.

Fellow market leader Dysart Dynamo crashed out at that obstacle, leaving the unbeaten Constitution Hill – bought by his owner Michael Buckley for £120.000 from Henderson's former stable jockey Barry Geraghty – to surge to the front and lead home a Seven Barrows stable 1-2.

Henderson, whose winner is William Hill's 2-1 market leader to dethrone Honeysuckle in the 2023 Tuesday feature, said: "That was awesome.

"I know what the second horse is - I'd be very surprised if anything could have done that to Jonbon – so he must be extraordinary.

"He's got an enormous turn of foot. He's always just racing in two gears below everyone else because it's all so easy for him. Then you press the button and the turbo works."

The success lowered the course record set by 2016 Champion Hurdler, Annie Power, and de Boinville, riding the first winner in front of a Festival crowd since the 2020 meeting, added: "The majority of us were here last year and it was dead to the world.

'You have got to give it to the crowd. It is great to have them back and great to enjoy these moments with so many people."

CANNY FOX BRINGS

ULTIMA HANDICAP CHASE

CORACH RAMBLER stormed home in the Ultima Handicap Chase to give Lucinda Russell victory with the first of her two runners at this vear's Cheltenham Festival.

Jockev Derek Fox (right), successful aboard Russell's One For Arthur in the Grand National five years ago, still had most of the field in front of him jumping the third-last fence of the three-mile, one-furlong

journey. But Fox, winning for the first time at the Festival, brought his mount with a telling late run to beat Gericault Roque by two and three-quarter lengths.

"He is quirky and he is odd, but he so deserved to win a race at Cheltenham," said Russell. "It was a super ride from Derek. The horse loves coming through horses and we knew he would bound up the hill, as he has won round here before."

BOODLES HURDLE

BRAZIL, carrying the colours of JP McManus. came to the bookies' rescue when edging out Gaelic Warrior for the Boodles Juvenile Handicap Hurdle.

Punters made ex-French talking horse Gaelic Warrior the 13-8 favourite to make a winning debut for Willie Mullins, but it was Mark Walsh (above) aboard the Padraig Roche trainee

who shaded the photofinish by a short head.

Roche, whose father Christy rode Secreto to success in the 1984 Derby and saddled McManus's Like-A-

Butterfly to land the 2002 Supreme Novices' Hurdle, was scoring with his first-ever runner in Britain.

Roche said of the 10-1 winner: "We knew he'd stay and he got his head in front at the right time."

HENDERSON REV ROCK SOLID SH

MARES' HURDLE

MARIE'S ROCK (below), a late scratching from the 2020 Cheltenham Festival, made amends with an 18-1 score in the Close Brothers Mares' Hurdle.

The market leader for the Parnell Properties Mares' Novices' Hurdle two years ago before suffering a last-minute setback rattled up the stands' side to beat Queens Brook and give Nicky Henderson and Nico de Boinville a 60.75-1 double on the opening day.

"She was coming in the other year as favourite and she got injured and couldn't run,'' said Henderson.

"She came back last year and we'd lost her completely, but this year she looked as though she was back."

De Boinville added: "I'm over the moon with how it's gone – now we are focused on tomorrow."

GLENFARLCAS CHASE (CROSS COUNTRY)

(2) (5yo+) 3m6f Winner £39,023 (16 run) ITV/RTV

P89U80 ALPHA DES OBEAUX (31)

JBU ALPTIA DES UDELAUA (SI)

GELLIOTE (IRE)

Prominent, disputed lead 4th, towards rear 4 out, no extra, weakened, well bhd Midnight Maestro (12-0) at Punch 3m ff crs cntry chs (5yo+) hvy 171515 BACK ON THE LASH (96) (BF, CD)

M Keighley 8 11-4 S Bowen 148 G 10-3fav (10-6) Chased leader until 4th, weakened 2 out, 5th of 15, 18l behind Diesel D'Allier (10-2) at Cheltenham 3m 6f hcp chs (2) gs in Dec

02333P BRAHMA BULL (48)

02333P BKAHMA BULL (48)

W P Mullins (IRE) 11 11-4

B Hayes 163 G
33-1 (11-6) Always towards rear, mistake 3rd, under pressure 9th, pulled up before 3
out, in a race won by Longhouse Poet (10-9) at Gowran Park 3m 1f hcp chs sft

U3-466 DELTA WORK (39) (C) (F)

G Elliott (IRE) 9 11-4 J W Kennedy 173 Y
12-1 (11-10) Tracked leaders, pushed along and towards rear 3 out, no impression, no
extra run-in, 6th of 8, 161 behind Conflated (11-10) at Leop 3m chs Gf (1) in Feb

236-31 DIESEL D'ALLIER (96) (CD) (EW)

R Bandey 9 11-4 H Bannister 150 GS
6-1 (10-2) Mid-division, headway chasing leaders 30th, strong challenge run-in, led post, won at Chelt 3m 6f hcp chs (2) gs bt Potters Corner (9-11) by ns

/42-PP **EASYSLAND** (25) (CD)

Jonjo O'Neill 8 11-4 Jonjo O'Neill Jr 154 S 66-1 (11-9) In rear, ridden and detached after 4th, tailed off 6th, pulled up before 4 out, in a race won by Good Risk At All (10-9) at Ascot 2m 3f hcp hdl (2) sft in Feb 4-2091 MIDNIGHT MAESTRO (31)

E Bolger (IRE) 10 11-4 L Dempsey 149 H 9-2 (12-0) Tracked leaders, mid-division halfway, progress 2 out, ridden and kept on best, won at Punch3m If crs cntry chs (5yo+) hvy bt Shady Operator (12-0) by nk

13-P00 MITCHOUKA (31) 13-PUU MITUTINA (31)

J Dreaper (IRE) 8 11-4 K M Donoghue 115 GY
10-1 (12-0) Tracked leaders, no impression in mid-division 5 out, no extra after 2 out, 10th of 15, 34l bhd Midnight Maestro (12-0) at Punch3m ff crs cntry chs (5yo+) hvy F7-043 **PLAN OF ATTACK** (96) (B)

H De Bromhead (IRE) 9 11-4 D I O'Keeffe 147 S 9-2 (10-3) Soon towards rear, headway chasing leaders 20th, stayed on same pace in 3rd run-in, 3rd of 15, 4l behind Diesel D'Allier (10-2) at Chelt 3m 6f hcp chs (2) gs

143/00 **POKER PARTY** (48)

H De Bromhead (IRE) 10 11-4Rachael Blackmore 115 S 16-1 (II-8) Mid-division on outer, ridden 8th, weakened, 12th of 18, well behind Kells Priory (9-13) at Gowran Park 2m 4f cond hcap hdle sft in Jan 76P2P0 POTTERS CORNER (18)

Christian Williams 12 11-4 J Tudor 148 H 40-1 (10-13) Midfield, mistake 7th, blundered 20th, pushed along 22nd, soon weakened, 14th of 16, 50l behind Win My Wings (11-0) at Newcastle 4m 1f hcp chs (2) gs in Feb -11110 PRENGARDE (17) **∆12**

E Bolger (IRE) 6 11-4 M P Walsh 145 S 22-1 (11-9) Always towards rear, no danger from 4 out, never a factor, tailed off, 18th of 21, well behind Palace Rock (11-7) at Naas Im 7f hcp hdl sft in Feb

13 609102 SHADY OPERATOR (31)

E Bolger (IRE) 9 11-4 Mr D O'Connor 153 GY 5-2 (12-0) Led, strongly pressed before last and headed, kept on, not match winner, 2nd of 15, nk bhd Midnight Maestro (12-0) at Punch 3m ff crs cntry chs (5yo+) hvy 116-73 **STEP BACK** (39)

M Bradstock 12 11-4 N De Boinville 133 GS 7-1 (10-10) Tracked leaders, led 3rd, pushed along and headed 4 out, stayed on one pace, 3rd of 6, 23l behind Captain Cattistock (9-12) at Muss 3m 7f hcp chs (2) gd

614-PO TIGER ROLL (53) (B) (CD) (SF)

G Elliott (IRE) 12 11-4 D N Russell 172 GS
28-1 (11-5) Always towards rear, ridden in moderate 14th 3 out, soon no impression, never a factor, 14th of 17, 31l behind The Very Man (11-1) at Navan 2m 4f hcp hdl

P-5903 TOUT EST PERMIS (31) (BF)

N Meade (IRE) 9 11-4 SW Flanagan 153 Y
15-8fav (11-4) Mid-division, headway into 3rd 3 out, ridden and kept on one pace run-in, 3rd of 15, 8l bhd Midnight Maestro (12-0) at Pun 3m ff crs cnt chs (5yo+) hvy

BETTING: 13-8 Tiger Roll, 6 Delta Work, 13-2 Prengarde, 8 Shady Operator, 10 Easysland, 12 Midnight Maestro, 14 Diesel D'Allier, Brahma Bull. 2021: TIGER ROLL 11 11 4. Keith Donoghue 9-2 (Mrs D Foster), 13 ran.

SPOTFORM GOINGS

Heavy - H; Soft - S; Good to soft - GS; Good - G; Good to firm - GF;
Firm - FM; Hard - HD; Yielding - Y; Yielding to soft - Y S.

A-W: Standard - ST; Slow - SL; Standard to fast - SF, Standard to slow- SS

NEWSBOY'S 1-2-3 1 Tiger Roll 2 DELTA WORK **3** BACK ON THE LASH

TIGER ROLL, in what has been advertised as his career valediction, is in the right place to go out in a blaze of glory.

In recent years, too many column inches have been devoted to owner Michael O'Leary's multiple beefs over the little hero's Grand National weight.

But that must not detract from the fact the Gordon Elliott trainee has been the most popular National Hunt horse of the past decade, with two Aintree triumphs and five Cheltenham Festival victories on his CV.

Three of those have been in this race, including an 18-length humbling of **Easysland** 12 months ago.

That performance came on the back of a couple of uninspiring efforts - a resurgence Elliott



attributes to Tiger Roll's effectiveness over Cheltenham's banks and hedges, and a preference for spring ground.

It has been a similar story this winter as Tiger Roll pulled up behind Cheltenham Gold Cup hope Protektorat at Aintree in December and then ran down the field in a Navan handicap hurdle.

But Cheltenham is his

stage and, with old ally Davy Russell in the plate for the final act, Tiger Roll is expected to bring the house down.

Stable companion **Delta**

regulation fences and, reported to have taken like a duck to water to his new discipline, rates a threat, ahead of Shady Operator and Back On The



ENJOY the Journey in the Ballymore Novices' Hurdle.

Sir Gerhard might well go off odds-on but he's got to prove his jumping and stamina are up to the

Unbeaten **JOURNEY WITH ME** (1.30) trained by Henry De Bromhead

(below) looks much better value. He made it two from two over hurdles despite the snail-like early pace at Naas last month.

His earlier defeat of Minella Crooner and Kilcruit has worked out well and his proven staying power could be key.

Have 2pts to win at 8-1.

The Coral Cup is as competitive as ever and it might be worth chancing **DALY TIGER** (2.50) at monster odds for in-form Irish trainer Noel Meade.

He is well treated on his chase form and he was successful over hurdles on Boxing Day. To give weight and a beating to useful novice Choice Of Words at Limerick was a decent effort.

It's probably not wise to get bogged down with his two

JOURNEY'S END W TA HAPPY P

STEVE JONES with FOUR top tips

subsequent runs as he made mistakes over fences in one and the

trip was too short in the other. Have 1pt each-way at 66-1, with Sky Bet paying out on eight places and others stretching to seven.

The Grand Annual is a tricky puzzle but **BEFORE**

MIDNIGHT (4.50) looks the right type for this 2m handicap chase. He

made it four wins on the bounce when holding off Amoola Gold at Ascot in November having earlier beaten last year's Grand Annual winner Sky Pirate over this course and distance.

The form of his length second behind Funambule Sivola at Doncaster in January got a boost when the winner followed up in Newbury's Game Spirit so it's easy to argue he's still progressing. Have 1pt each-way at **14-1.**

Willie Mullins has the red-hot favourite Facile Vega as he attempts to make it a dozen Champion Bumper wins but he has never landed this race with his first string when he has more than one runner.

The Irish champion trainer also bred **SEABANK BISTRO** (5.30) and he makes more appeal on his 2m3f Naas debut win.

If the forecast heavy afternoon rain hits the track, he'll need that stamina but he's not short on speed.

Have 1pt each-way at 40-1 with most bookies paying four places.

GRAND ANNUAL CHASE (GRADE 3) (1) 2m Winner £70,338 (20 run) RTV



IEWSBOY'S 1-2-3

AMARILLO SKY is fancied to rack up his fourth - and most significant – prize of a fruitful campaign.

in May, the Colin Tizzardsaddled son of Westerner was sent over fences in November and hit the ground running with a length-and-a-half novice handicap chase score from Thyme White at Wincanton.

Second in the same sphere at Ascot eight days before Christmas, Amarillo Sky was Successful over hurdles travelling with ominous

ease when departing at the second-last at Newbury in mid-January.

But Brendan Powell's mount made handsome amends at the Berkshire course last time, sprinting clear on the final to the final obstacle to beat Shakem Up'Arry by an increasing 10 lengths.

Under circumstances, an 8lb rise in the weights was to be expected and Amarillo Sky has plenty of as-yet untapped potential to draw upon.

The Gordon Elliott pair Andy Dufresne and Buddy Rich have been well backed for this test and must enter calculations, while Before Midnight and dual Cheltenham winner **Editeur Du Gite** are others to throw into the melting

-24324 **SKY PIRATE** (32) (CD) (EW)

Jonjo O'Neill 9 11-12 N Scholfield 164 S 8-1 (11-4) Tracked winner until 4th, chased leading pair until 5 out, 3rd again next, weakened 2 out, last of 4, 12l bhd Funambule Sivola (11-0) at Newb 2m chs G2 (1) gs

113P-2 ANDY DUFRESNE (130) (D)

G Elliott (IRE) 8 11-11 M P Walsh 161 GY 9-4 (11-10) In touch, soon led, headed 2 out, no impression on winner run-in, kept on same pace, 2nd of 6, 5l behind Captain Guinness (11-3) at Naas 2m chs Grd 3 (1)

11-U11 **EDITEUR DU GITE** (95) (CD)

G L Moore 8 11-9 Joshua Moore 162 GS 3-1fav (11-2) Made most, jumped well, soon asserted and ridden out run-in, stayed on well, always doing enough, won at Chelt 2m hcp ch (2) gs bt Cheddleton (11-9) by 4l

5062F1 A WAVE OF THE SEA (39) (B) (D)

JP O'Brien (IRE) 6 11-6 S Fitzgerald (5) 159 S 9-2 (11-5) Mid-division, disputed lead straight and pushed along before last, rkept on well under pressure, won at Leopardstown 2m 1f hcp ch bt Grange Walk (11-0) by 11/2l

211326 **EXIT POLL** (39) (D)

J Harrington (IRE) 8 11-5 S O'Keeffe 157 S 9-2 (11-7) Led early, pushed along after 2 out and dropped to 5th before last, no extra, 6th of 9, 18l behind A Wave Of The Sea (11-5) at Leopardstown 2m 1f hcap ch in Feb

1-1142 **BEFORE MIDNIGHT** (47) (CD)

S Thomas 9 11-4S Twiston-Davies 164 G
7-2 (11-8) Pressed leader, ridden 3 out. headed before last. rallied to lead flat, headed close home, 2nd of 7, 1l bhd Funambule Sivola (11-12) at Donc 2m hcp chs (2) gd

121365 **EMBITTERED** (39) (D) (F)

J P O'Brien (IRE) 8 11-1 B J Cooper 155 S 80-1 (11-12) Rear, slow and detached, no impression in rear 2 out, no extra in straight, 5th of 6, 34l behind Blue Lord (11-12) at Leopardstown 2m 1f nov chs G1 (1) in Feb

222214 BUDDY RICH (109) (BF) (SF)

G Elliott (IRE) 9 11-0 D N Russell 158 G 5-2fav (11-0) Mid-division, travelling well 2 out, ridden before last, 4th inside final furlong, no extra, 4th of 10, 7l behind Dunvegan (11-1) at Fairyhouse 2m hcap ch gd

2-4211 **ELIXIR DE NUTZ** (33) (CD)

C Tizzard 8 10-13 Jonjo O'Neill Jr 160 G 2-Ifav (11-8) Led 1st, drawing clear when not fluent 2 out, eased towards finish, won at Kempton 2m 2f nov Ltd hcp ch (3) gd in Feb bt Across The Line (10-10) by 13I

6412F1 AMARILLO SKY (24) (D)

C Tizzard 6 10-13 B J Powell 163 S 3-1 (11-10) Jumped boldly, tracked leading pair, led 4 out, clear next, stayed on strongly, won at Newbury 2m nov chs (2) sft bt Shakem Up'arry (11-12) by 101

16/13F DANCING ON MY OWN (31)

H De Bromhead (IRE) 8 10-13 D J O'Keeffe 154 YS 14-1 (11-9) Rear of mid-division, slight mistake 3rd, 4th and no impression when fell last, in a race won by Ciel De Neige (11-12) at Punchestown 2m nov ch hvy in Feb **12** 2-31P3 **IL RIDOTO** (52) (D)

P Nicholls 5 10-13 H Cobden 166 H 3-1 (11-4) Led, pushed along turning in, joined from next, headed and no extra run-in, lost 2nd closing stages, 3rd of 4, 4½l bhd War Lord (11-8) at Lin 2m nov chs (2) hvy 07-2U1 **THYME WHITE** (77) (D)

P Nicholls 6 10-12 Bryony Frost 159 S 85-40fav (11-8) Chased leaders, disputing 2nd from 7th, led going well next, clear flat, very easily, won at Donc 2m nov hcap ch (3) sft in Dec bt Nero Rock (11-1) by 51 -43312 FRERO BANBOU (39) (D)

V Williams 7 10-11 C Deutsch ●167 GS 5-2 (11-5) Held up in rear, steady headway 3 out, stayed on same pace run-in, nc chance with winner, 2nd of 8, 4l behind Dolos (11-8) at Sand Im 7f hcp chs (2) gs C Deutsch @167 GS

2U1PU5 **POSEIDON** (31) (D)

C Byrnes (IRE) 8 10-11 D E Mullins 158 G 33-1 (11-9) Mid-division, no impression 4 out, left 5th at last, ridden and kept on one pace, 5th of 9, 24l behind Ciel De Neige (11-12) at Punchestown 2m nov ch hvy

03-482 **GUMBALL** (84) (D)

F O'Brien 8 10-10 P Brennan 165 GS 10-3 (11-12) Rear, pushed along & headway 3 out, strongly pressed leader 2 out, kept on but always held 2nd of 6, ½l bhd Not Available (11-1) at Lud 2m hcp chs (2) gs

17 69-1F8 CAPUCCIMIX (39) (D)

H De Bromhead (IRE) 9 10-8 J Gainford (3) 165 G 12-1 (11-5) Always towards rear, detached before 3 out, bad mistake 2 out, weakened, 8th of 9, 41l behind A Wave Of The Sea (11-5) at Leopardstown 2m if hcap ch in Feb

-F31F4 FOR PLEASURE (32) (CD)

A Hales 7 10-8 H Bannister 164 G 25-1 (11-0) Raced freely, clear 3rd until 6th, not fluent 7th, headed after next, weaken 3 out, last of 4, 20l behind Edwardstone (11-5) at Warwick 2m nov chs G2 (1) gs H Bannister 164 GS

42U111 HASANKEY (28) (V) (D)

L Morgan 6 10-7 L Dobb (7) 160 S-1fav (11-0) Chased leaders, challenging when not fluent 4 out, led before last, drive flat, held on, won at Weth 1m 7f hcp chs (3) sft bt Destined To Shine (11-0) by hd **20** -92023 **GLOBAL CITIZEN** (39) (D)

B Pauling 10 10-6 K Woods -14-1 (11-5) Pressed winner, led 2nd, pushed along and headed 2 out where mistake, no chance with winner, 3rd of 5, 16l behind Goshen (11-11) at Sand 2m Lstd hdl gs

BETTING: 6 Buddy Rich, 7 Embittered, 15-2 Amarillo Sky, 8 Thyme White, Andy Dufresne, 12 Frero Banbou, Editeur Du Gite, Dancing On My Own. 2021: SKY PIRATE 8 II 6, Nick Scholfield 14-1 (Jonjo O'Neill), 19 ran.

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PLUS 12-page pullout packed with Cheltenham tips and coverage

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RESULTS & PRICES

GIC MIKE CAN

(GRADE 1) (1) (4-6yo) 2m Winner £45,560 (22 run) RTV

HERBYS CHAMPION BUMPER

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0009

William HILL

CHEHTENHAM

1.30: CONSTITUTION HILL (N De Boinville 9-4ij-1; Jonbon (5-1) 2; Kilcruit
(6-1) 3. 9 ran. 9-4jt-f Dysart Dynamo. 22l,
2½. (N Henderson). Tote: £3.25; £1.40,
£1.50, £1.60. Tote Exacta: £11.80. Tricast:
£56.23. Trifecta: £72.30. CSF: £13.47.
2.10: EDWARDSTONE (T Cannon 5-2f)
1; Gabynako (25-1) 2; Blue Lord (4-1) 3.
11 ran. 4½, 3½. (A King). Tote: £3.50;
£1.70, £6.20, £1.90. Tote Exacta: £78.90.
Tricast: £241.88. Trifecta: £434.40. CSF:
£59.47.

2.50: CORACH RAMBLER (D R Fox 10-1) 1; Gericault Roque (9-1) 2; Oscar Elite (22-1) 3; Tea Clipper (12-1) 4. 24 ran. 15-2f Floueur. 2¾, hd, 8!. (l. Russell). Tote: £11.40; £3.80, £3.70, £5.10, £4.50. Exacta: £117.00. Tricast: £2000.82. Trifecta: £1811.50. CSF: £92.00.
3.30: HONEYSUCKLE (Rachael Blackmore 8-11f) 1; Epatante (16-1) 2; Zanahiyr (28-1) 3. 10 ran. 3½, 11. (H De Bromhead (RE)). Tote: £1.73; £1.10, £2.70, £4.00. Tote: £1.73; £1.10, £2.70, £4.00. Tote Exacta: £9.20. Tricast: £177.00. Trifecta: £95.40. CSF: £12.01.
4.10: MARIE'S ROCK (N De Boinville 18-1) 1; Queens Brook (4-1) 2; Mrs Milner (14-1) 3. 12 ran. 7-2f Stormy Ireland 1¼, 1¾. (N Henderson). Tote: £19.40; £3.70, £1.90, £3.20. Tote Exacta: £88.30. CSF: £86.45. 2.50: CORACH RAMBLER (D R Fox

CSF: £86.45.
4.50: BRAZIL (M P Walsh 10-1) 1; Gaelic Warrior (13-8 f) 2; Bell Ex One (28-1) 3; Hms Seahorse (8-1) 4. 21 ran. shd, 1½, 21. (P Roche). Tote: £11.00; £2.40, £2.10, £4.60, £1.90. Tote Exacta: £34.90. Tirast: £485.78. Trifecta: £886.00. CSF: £24.31. NR: Petit Tonnerre.

£24.31. NR: Petit Tonnerre.
5.30: \$TATTLER (Mr P W Mullins 2-1)
1; Run Wild Fred (15-8f) 2; Vanillier (11-4)
3. 6 ran. 8l, 22l. (W P Mullins (IRE)). Tote:
5.300; £1.50, £1.60. Tote Exacta: £20.
Tifecta: £11.20. CSF: £6.04. NR: Ontheropes.

Jackpot: £49,504.90. pot: £72.90. Quadpot: £24.30.

SEDGEFIELD

1.15: FAIRFIELD FERRATA (C O'Farrell evensf) 1; Nora The Xplorer (5-2) 2; Mad About Sally (11-1) 3. 4 ran. ½, 1l. (J O'Keeffe). Tote: £2.00; Tote Exacta: £3.40.

cta: £7.70. CSF: £3.77. 50: YOU SAY NOTHING (J Tudor

Infecta: £7./0. CSF: £3.//.

1.50: YOU SAY NOTHING (J Tudor 6-4f) 1; Lucky Robin (20-1) 2; Little Orange (100-30) 3. 6 ran. 15l, 5½. Christian Williams). Tote: £2.50; £1.40, £5.30. Tote Exacta: £27.20. Infecta: £114.70. CSF: £24.23. NF: Roxyfet.

2.30: DESARAY GIRL (Emma Smith-Exactor). Fire (8-1) 3. 9 ran. 7-2]:-f Coral Blue. 1½, 11. (M Hammond). Tote: £4.50; £1.50, £2.10, £1.70. Tote Exacta: £21.50. Tricast: £104.61. Trifecta: £121.50. CSF: £18.56. NRs: Arcanja, Hajey.

3.10: BLUEBERRY WINE (B Hughes 6-1) 1; Onenightintown (10-1) 2; Just Call Me Al (3-1) 3. 8 ran. 11-4f Soivegota-chance. 1¾, 9½. (D McCain). Tote: £7.40; £1.70, £2.80, £1.30. Tote Exacta: £64.20. Tricast: £215.59. Trifecta: £269.50. CSF: £61.48.

\$61.46.

3.50: ELLAAT (S Bowen 2-1f); The Navigator (4-1) 2; The Dancing Poet (13-2) 3.7 ran. 3¼, 2¼. (N C Kelly (IRE)). Tote: \$3.00; £1.40, £2.80. Tote Exacta: £12.60. Tricast: £42.17. Trifecta: £47.30. CSF: £10.58. NR: Sayar.

4.30: POWERFUL POSITION (J Tudor 8-13f) 1; Wigglesworth (11-2) 2; Reine Fee (25-1) 3. 6 ran. 5½, £12. (Christian Williams). Tote: £1.62; £1.10, £2.00. Tote Exacta: £4.00. Trifecta: £1.9.40. CSF: £4.94.

£4.94.
5.10: GLORY BRIDGE (B Hughes 3-1)
1; The Scorpion King (12-1) 2; Tik Tok
(13-8f) 3. 7 ran. ¾, 1½. (D McCain). Tote:
£4.00; £2.00, £2.0. Tote Exacta: £24.90.
Trifecta: £83.20. CSF: £37.09.
Placepot: £34.50. Quadpot: £6.90.

NEWCASTILE
5.45: SHOW LIGHTS (J Mitchell 16-5) 1;
Nikhi (10-1) 2; Love Mystery (6-4f) 3. 7 ran.
11, 2½. (C Appleby). Tote: £4.20; £1.70, £3.80.
Tote Exacta: £29.90. Tircast: £64.87. Tiffecta:
£77.10. CSF: £33.54. NR: Sea Formula.
6.15: CATHAYENSIS (O Stammers 9-2) 1;
Coase (100-30) £2 Dance At Night (15-2) 3. 9
ran. ½, hd. (G Tuer). Tote: £5.50; £2.10, £1.30,
£2.40. Tote Exacta: £23.00. Tircast: £110.56.
Tiffecta: £132.30. CSF: £19.98.

14-1) 1; **Old News** (9-2) 2; **Dutch Decoy** (13-2) 3. 8 ran. 9-4f Shalaa Asker. 1l, shd. (K Frost). Tote: £15.00; £3.40, £1.60, £1.70. Tote Exacta: £70.50. Tiricast: £452.95. Tiricata: £420.10. CSF: £73.40.

7.15: MONSIEUR JUMBO (K Stott 3-1) 1: 7.15: MONSIEUR JUMBO (k Stott 3-1) 1; Sunset And Vine (6-5) 2; Bold Ribb (7-2) 3. 11 ran. 34, 234. (k Ryan). Tote: £4.50; £1.60, £1.10, £1.20. Tote Exacta: £10.60. Tiffecta: £81.0. CSF: £7.04. NR: Dan De Man Can. 7.45: BEN MACDUI (k Stott 13-2) 1; Ginato (6-5) 2; Badri (14-1) 3. 5 ran. ½, hd. (k Ryan). Tote: £7.50; £3.00, £1.20. Tote Exacta: £14.60. Tiffecta: £89.30. CSF: £14.59. NR: hards Species

Jungle Speed. 8.15: JUDY'S PARK (B Curtis 7-4jt-f) 1;

8.15: 3JDYY 8-ARK (S Currs Y-4]t-f); Another Bertie (10-1) 3. 7 ran. nk, 134. (G Boughey). Tote: £2.75; £1.40, £1.50. Tote Exacta: £4.50. Trifecta: £17.90. CSF: £4.48. Placepot: £22.40. Quadpot: £5.10.

SOUTHWELL

5.20: OTTO OYL (Miss A M Keighley 13-2)
1; Only The Brave (6-1); Ranger Bob (17-2)
3. 12 ran. 16-5f Cashel. ½, nk. (T D Barron).
Tote: £7.50; £2.60, £2.40, £2.80. Tote Exacta:
£38.30. Tricast: £346.24. Trifecta: £302.70.
CSF: £45.19. 5.55: KRYSTAL MAZE (Miss Chelsea

Brooks 33-1) 1: Odd Socks Havana (13-8f) Brooks 33-11; Out 300x5 Flavalia (13-0), 2; Broughtons Flare (13-2), 3. 12 ran. 21/4, 11/4. (O Pears). Tote: £56.70; £5.20, £1.40, £1.90. Tote Exacts: £149.60. Tricast: £438.74. Tri-

fecta: £1835.00. CSF: 887.87. 6.30: CAPTAIN KANE (D Muscutt 7-4f) 1; Foreshadow (12-1) 2; Away Wit Da Fairys (4-1) 3. 11 ran. nk, ½. (G Scott). Tote: £2.75; £140, £2.70, £1.70. Tote Exacta: £28.80. Tri-7.00: LYNNS BOY (D Muscutt 11-2) 1; Birkenhead (28-1) 2; lesha (4-1f) 3. 12 ran. 4l, 2l. (D P Quinn). Tote: £7.00; £2.10, £8.20, £1.70. Tote Exacta: £158.30. Tricast: £696.37.

E1.70. IOIE EXAMBLE 1.70005.
Triffects: 829.100. CSF: £151.79.
7.30: PROTECTED GUEST (L. Morris 3-1); Fair Star (5-1); Affworn (15-2) 3. 6 ran.
11-4f Wiss Eagle. ½, 1¼. (G Margarson). Tote: £4.00; £2.00, £2.40. Tote Exacta: £18.30. Tri-

81.70. CSF: £17.89. 8.00: DAAFY (C Hardie 13-8f) 1; Patonthe-

8.00: DAAFY (C Hardie 13-8) 1; Patonthe-back (7-2); Hanvest Day (6-1)3. 11 ran. nk, nk. (D Shaw). Tote: £2.63; £1.10, £1.70, £2.40. Tote Exacta: £9.60. Tricast: £28.21. Trifecta: \$28.90. CSF: £66.2. NR: Crunchie. 8.30: BURROWS SEESIDE (G Lee 3-1f) 1; Capla Spirit (9-2) 2; Rajmeister (13-2) 3. 10 ran. nk, ½. (P Kirby). Tote: £4.00; £1.40, £1.90, £2.60. Tote Exacta: £16.90. Tricast: £81.58. Trifecta: £72.50. CSF: £16.18. NRs: Sarah's

Verse, Water Of Leith.

Placepot: £59.40. Quadpot: £14.10.

GREYHOUND RESULTS

GREYHUUND RESULTS
PERRY BARR. - 11.06 Moyar Bond 3-1
(3-5-6, 227.92, TC: 199.62). 11.21 Westview Bielsa 5-2 (6-1-5, £8.80, TC: £28.45).
11.36 Gentle Touch 11-2 (3-4-6, £20.81, TC: £70.02). 11.51 Sweet Picking 11-2 (5-1-6, £45.21, TC: £173.67), 12.06 Skeard Jet 9-2 (5-1-2, £22.53, TC: £46.64), 12.21 Clonleigh Kat 4-1 (4-1-3, £23.70, TC: £0.00).
12.36 Hilliop Dessie 7-2 (4-3-1, £22.00, TC: £8.75). 12.51 Burkos Blue 6-1 (1-6-4, £20.62, TC: £45.05). 1.06 Cabriol Grasso 3-1 (4-5-3, £15.98, TC: £40.00). 1.21 Pure Pasteur 3-1 (4-3-6, £16.46, TC: £42.01). 13.6 Burgess Kyle 5-2 (2-4-6, £12.64, TC). rasteur 3-1 (4-3-6, £16.46, TC: £42.01). **1.36 Burgess Kyle 5-2** (2-4-6, £12.26, TC: £23.00). **1.51 Fair Trend 7-2** (1-2-6, £12.78, TC: £38.89)

TC: 538.92, 1.1.13 Shellys Blaze 6-4f (6-5-4; C9-96, TC: 221.9). 11.28 Routemaster 7-4 (6-5-2; £55.58, TC: £190.91). 11.43 Pacific Picture 9-2.63-65, E22.75, TC: £77.60). 11.58 Grandads Snow 10-3 (4-5-1, £18.72, TC: £52.85). 12.13 Beech Hill Marg 9-2; 6-35, 41.43, E1.28 Grangeview Jass 2-1f (2-5-4, £14.16, TC: £38.09). 12.43 Lanody Rosmur 2-1f (6-4-2, £13.08, TC: £37.82). 12.58 Swift Lampoon 11-4 (1-4-2, £14.45). 12.59 Swift Lampoon 11-4 (1-4-2, £14.45). 12.59 Landy Rosmur 2-1f (5-42, £13.67). 12.84 Hazelgrove Annie 5-2 (2-6-3, £21.94, TC: £94.82). 1.45 Songful Bird 3-1 (4-6-1, £15.07, TC: £34.28). 1.59 About The Town 5-1 (4-5-6, £25.56, TC: £91.44).

24.00; £2.00, £4.20. Tote Exacta: £24.90.
Trifecta: £83.20. CSF: £37.09.
Placeport: £34.50. Quadpot: £6.90.

NEWCASTLE

5.45: SHOW LIGHTS (J Mitchell 16-5) 1; Nikhi (10-1) 2; Love Mystery (6-4) 3. 7 ran. 1; 24. (C Papleby). Tote: £20; £17.05. Tot. 28.20. E17.05. Show Lights (J Mitchell 16-5) 1; Nikhi (10-1) 2; Love Mystery (6-4) 3. 7 ran. 1; 24. (C Papleby). Tote: £20; £17.05. Tot. £39.50. Tot. £30.55. NR: Sea Formula.
6.15: CATHAYENISIS (O Stammers 9-2) 1; Coase (100-30) 2; Dance At Night (15-2) 3.9 ran. ½, Ad. (G Tuer). Tote: £50; £21.0, £1.30. £2.40. Tote Exacta: £23.00. Ticast: £110.56.
Tiffecta: £132.30. CSF: £19.93.
6.45: FIFTYSHADESOFRED (J Mitchell



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NEWSBOY'S 1-2-3 **1** AMERICAN **2** FACILE VEGA

American Mike has

AMERICAN MIKE has won both his starts under Rules in impressive fashion and has plenty more to

3 James's gate

offer. Successful on his sole start in a point-to-point, at Cork last April, by 20 lengths, the son of Mahler

went under the hammer

for £195,000 at the

Tattersalls Cheltenham sales 13 days later.

Put into training with Gordon Elliott, American Mike was sent off at 4-7 for a bumper at Down Royal's Champion Chase undercard last October.

And he didn't disappoint his backers, cantering clear to beat Royal Romeo by seven lengths.

My selection's sights were then raised to Listed level at Navan a week before Christmas, and American Mike hardly came out of second gear to justify odds of 1-8 by 17 lengths from Battling

Bessie. The runner-up then gave the form a boost when going within a nose of victory in the Grade 2 mares' bumper at Leopardstown's Dublin Racing Festival last month.

And Jamie Codd's mount has the untapped potential to move up to the top level and stay unbeaten. Willie Mullins, throws

no fewer than seven darts at the board in his quest for a 12th victory in this race, with Facile Vega, Redemption Bay and **James's Gate** the trio who appeal most of all in an

intriguing contest.

1 AIN'T NO SUNSHINE (26) (D)

K Dalgleish 6 11-5 D McMenamin 112 H 5-4fav (11-5) Tracked leader, led 4f out, ridden and strongly pressed 3f out, won at Kelso 2m NH flat (4) hvy in Feb beating Eloi Du Puy (10-2) by 11, 7 ran

G Elliott (IRE) 5 11-5 Mr J Codd 135 GY 1-8fav (11-13) Tracked leader in 2nd, travelling well 2f out, stayed on strongly final furlong, impressive, won at Navan 2m Istd nh flat bt Battling Bessie (11-6) by 17I 2214 AUTHORISED SPEED (32) (BF, D)

G L Moore 511-5 Joshua Moore 122 GS 13-8fav (11-5) Chased leaders, headway out 3f out, ridden over 2f out, unable to quicken, 4th of 12, 4l behind Top Dog (11-5) at Newbury 2m Listed NH flat (1) gs

1-11 AMERICAN MIKE (88) (D) (F)

11 CALL ME HARRY (43) (D)

13 CALL ME HARRY (43) (D)

13 CALL ME HARRY (43) (D)

13 SS
5-2 (11-9) Mid-division, headway tracking leaders 3f out, ridden to lead final furlong, stayed on well, won at Newc 2m NH flat (5) std bt Ri Na Farraige (11-9) by 11/4

22 CILLIANS CHARM (30)

A McCann [IRE] 511-5 Jonathan Moore 113 S 5-1 (11-2) Led, ridden and headed over 1f out, kept on one pace, 2nd of 11, 51 behind You Wear It Well (10-9) at Catterick 2m NH flat (5) sft in Feb

You Wear It Well (10-9) at Catterick 2m NH flat (5) sft in Feb

2814 ESPERTI (154) (D)

Peter Fahey (IRE) 5 11-5 K Sexton 114 GY

13-8 (11-9) Tracked leader, pace quickened 4f out, last 11/sf out, no impression final furlong, last of 4, 41/sl behind Hey Johnny (17-2) at Punchestown 2m 4yo NH flat gd

11 FACILE VEGA (39) (D) (SF)

W P Mullins (IRE) 5 11-5 Mr P W Mullins © 139 Y

8-11flav (11-11) Tracked leaders, travelling well to lead 2f out, asserted and 5 lengths clear if out, very easily, won at Leop 2m G2 NH flat bt Sandor Clegane (11-11) by 12l

37 **GODOT** (33) A Irvine 5 11-5 B J Powell 106 H
12-1 (11-5) Held up rear, headway 5f out, no impression, outpaced and well held over 2f out, 7th of 13, 28l behind Leave Of Absence (11-5) at Kempton 2m NH flat (5) gs

11 HOULANBATORDECHAIS (136) (D)

WP Mullins (IRE) 5 11-5Rachael Blackmore 133 S
(10-3) Made all, ran on strongly from 2f out, easily, won at Durtal (FR) 1m 6f NH flat sft in Oct, 7 ran

1 **JAMES'S GATE** (31) (D)

W P Mullins (IRE) 5 11-5 S O'Keeffe 119 H 2-5fav (12-0) Led, joined after 5f, led again 6f out, travelled well entering straight and 3 lengths clear over 1f out, drew clear inside final furlong, very easily, won at Punchestown 2m NH flat hvy in Feb beating Secret Artist (11-7) by 81, 12 ran

F21 **JOYEUX MACHIN** (53) (D)

Polan (IRE) 511-5 B J Cooper 121 S 13-8fav (12-2) Tracked leaders, pushed along ridden in 2nd if out, led final furlong, stayed on well, won at Navan 2m NH flat in Jan beating Don Chalant (12-2) by 1¾1

12 11 MADMANSGAME (22) (D)

W P Mullins (IRE) 511-5 D E Mullins 119 H 4-11fav (12-0) Made all, ridden over if out, strongly pressed inside final furlong, stayed on well close home, won at Navan 2m NH flat hvy in Feb bt Landrake (12-0) by ¾1

13 E-121 MISSIC DDIVE (17)

13 F-121 MUSIC DRIVE (17)
G Elliott (IRE) 5 11-5 DN Russell 121 S
9-2 (11-7) Disputed lead, pushed along to challenge 2f out, ridden and led 150 yards out, kept on well, won at Naas Im 7f NH flat sft bt Sandor Clegane (11-11) by 3/4

4 23 OCEAN OF MERCY (144)
P Hennessy (IRE) 6 11-55 Twiston-Davies 115 (
8-1 (11-0) Mid-division, headway over 3f out, driven over 1f out, kept on, went 3r close home, 3rd of 15, 1l behind Bonttay (10-10) at Cheltenham 2m NH flat (2) gd

22-11 OUR JESTER (52) (D)

H Morrison 611-5 N De Boinville 121 G
5-2 (11-8) Tracked leader, led entering final 4f, quickened pace and went clear 2f out, in no danger after, won at Lingfield Zm NH flat (2) std bt Swapped (11-8) by 31/4 15 5-2 (11-in no de **№**16

in no danger after, won at Lingliela Zm NH nat (2) sta or swappea (11°0) by 37al

6 1 REDEMPTION DAY (78) (D)

W P Mullins (IRE) 5 11-5 P Townend 124 S
8-11fav (12-2) Tracked leader, travelled well to lead 1½f out, asserted under if out, kept on well, easily, won at Leop Zm NH flat sft in Dec bt Music Drive (11-9) by 4½l

1 SEABANK BISTRO (45)

W P Mullins (IRE) 5 11-5

5-4 (12-2) Mid-division, headway into 3rd straight, led travelling well 2f out, on well under pressure, won at Naas 2m 3f NH flat bt Santonito (12-2) by 5l B Hayes 123 Y

18 52-431 SPANISH PRESENT (22)

M Keighley 6 11-5 S Bowen 112 S 15-8fav (11-2) Tracked leader, led 3f out, ridden clear over 1f out, won at Market Raser 2m 1f NH flat (5) hvy in Feb beating Shantou's Melody (11-9) by 4l, 7 ran

2-231 **TOP DOG** (32) (D) E Lavelle 5 11-5 T Bellamy 124 GS 9-1 (11-5) Raced keenly tracking leader, led and hung badly left final 2f, stayed on well, won at Newbury 2m Listed NH flat (1) gs in Feb beating Rosy Redrum (10-0) by 1½1

20 4-1 VIVA DEVITO (97) (H) (D)

4-1 VIVA DEVTIO (97) (H) (D)
W P Mullins (IRE) 5 11-5 Mr D O'Connor 115 S
5-6fav (11-11) Tracked leaders, headway to lead 51 out, went well clear, eased final furlong, very easily, won at Tramore 2m ldy NH flat sft bt Bugs Moran (11-11) by 161
21 111 POETIC MUSIC (74) (C)
F O'Brien 410-2 P Brennan 124 S
7-2fav (10-5) Held up in rear, went 2nd 2f out, stayed on well final furlong, led towards finish, won at Chelt Im 6f 4yo NH flat (Listd) (f) sft bt Iliade Allen (10-5) by 11/sl

22 12 ROSY REDRUM (32) (H) M Harris 4 10-2 M Bastyan 123 GS 7-1 (10-0) In rear, headway 2f out, shaken up and hung left 2f out, wstayed on same pace final furlong, 2nd of 12, 11/4 behind Top Dog (11-5) at Newb 2m Lstd NH flat gs

BETTING: 5-4 Facile Vega, 5-2 American Mike, 11-2 Redemption Day, 12 James's Gate, 20 Our Jester, Madmansgame, Houlanbatordechais, 25 Rosy Redrum, Seabank Bistro. 2021: SIR GERHARD 6115, Rachael Blackmore 85-40 (W P Mullins), 14 ran.

HUNTINGDON

1.15 GENTLEMAN AT ARMS 1.50 JOLY MAKER 2.30 HELLO SUNSHINE 3.10 POKER MASTER
3.50 EXTRAORDINARY MAN

GOING: Good-Good to Soft in places.
COURSE: Right-handed flat, oval course of 1m 4f, nine fences per circuit and a run-in of 200 yards.
TO TRAINERS: D Skelton 31-163 (19.0%),

TOP TRAINERS: D Skelton 31-163 (19.0%), Nenderson 25-102 (24.5%), Jonijo O'Neill 20-108 (18.5%), O Murphy 19-82 (23.2%), G L Moore 19-122 (15.6%), K Bailey 18-117 (15.4%), Mrs C Bailey 13-67 (19.4%), A King 13-93 (14.0%), B Pauling 12-100 (12.0%), C Longston 12-116 (10.3%), S Edmunds 10-67 (14.9%), N King 8-85 (9.4%). TRAINER TARGETS (won today's race at least twice in last 10 years): N Henderson wonth e 3.50 in 12 and 14. Jonjo O'Neill won the 4.30 in 13 and 15.

won the 4.30 in '13 and '15.

1ST RUN SINCE WIND OP: 3.50 Party Island, 4.30 Miss Malarky, 5.05 Give Me A Cuddle.

1ST TIME HOODS: 3.10 Inferno Sacree.

PROFITABLE RACES FOR FAVS: 5.05.

1.15 GENTLEMAN AT ARMS 1.50 JOLY MAKER 2.30 HELLO SUNSHINE 3.10 POKER MASTER 3.50 SALIGO BAY 4.30 LESKINFERE

TOP JOCKEYS: Ciaran Gethings 19-113
(16.8%), Jamie Moore 13-97 (13.4%), Tom Cannon
12-80 (15.0%), Jack Quinlan 10-159 (6.3%), James
Bowen 8-54 (14.8%), Tom Scudamore 8-53 (15.1%),
Connor Brace 7-37 (18.9%), Fergus Gregory 7-47
(14.9%), Benjamin Poste 6-61 (9.8%), Paul O'Brien
6-51 (11.8%), Bridget Andrews 6-29 (20.7%), Sean
Houlithan 5-46 (10.9%), James Davies 5-66 (7.6%),
CHEEKPIECES: 1.50 For Fitz Salee', Kingston
King, Overtougeorge', Torrent Des Mottes, 2.30
Global Famenglory', 3-10 Sawplt Sienna, Systemic,
4.30 Artemision, Bot N Brown, Champ is Real,
Geordie Washington', Leskinfere.
TONGUE STRAPS: 1.50 Kingston King, 2.30
Darrys Hill', Fist Pumping Time, Harry's Hottie', Hello
Sunshine, Sparkling Davnr, Tiki Fire, 3.10 Millies Mite,
Sawpit Siernia, Systemic, 4.30 Catlow, Champ is
Real, Lord Sparky, Miss Malarky, (*=1st time).

1.15 FREE CHELTENHAM PLACEPOT EVERY DAY TOTE.CO.UK NOVICES' HURDLE (4) 2m 5f Winner £4,084 (4 run)
1 5122 GENTLEMAN AT ARMS (34) S Edmunds 5 11-12 (C) (SF) C Gethings ●135 S
2 2/74 BALLAQUANE (55) 0 Sherwood 7 11-5 T Cannon 108 S
3 24 PROPELLED (28) N Henderson 5 11-5 (F)
4 3/3- HONEST OSCAR (457) A Irvine 7 10-12
BETTING: 1-5 Gentleman At Arms, 13-2 Propelled, 10 Ballaquane, 25 Honest Oscar. 2021: SOLWARA ONE 7 11 8, Robbie Dunne 1-7 Fav (N Mulholland), 7 ran.
1.50 25 MATCHED FIRST BET AT TOTE.CO.UK HANDICAP CHASE (5) 2m 4f Winner £3,812 (9 run)
1 /5/105 PI77APRO (3/) N Twiston-Davios 10 11-12 (CD) (SF) Mr Finn Lambort (10) 112 GS

660843 PAKIF'S DRFAM (24) (V) J Candlish 8 10-4

2.30 TOTE.CO.UK FREE CHELTENHAM PLACEPOT EVERY DAY MARES' 1. AND HANDICAP HURDLE (5) 2m 5f Winner £4,030 (15 run)

	76-224	GLOBAL FAMENGLORY (33) D Skelton 6 12-0	Mr T Durrell (7)	109	GS
2	2528P2	REINE FEE (27) Henry Oliver 9 11-12	D Noonan	76	S
}	11/0-9	MISS DELIGHTED (34) 0 Greenall 9 11-10	Craig Nichol	54	G
ļ	22-575	HARRY'S HOTTIE (29) H Whittington 5 11-8	J Best	101	GS
,	5-1PP3	HELLO SUNSHINE (46) P Webber 6 11-3	R Dingle	110	GS
,	3-6P57	PARISIAN BLUE (42) N Henderson 6 10-11	J Bowen	104	S
•	33P225	DOIREANN (20) S Edmunds 5 10-10	C Gethings	106	G
}	-04377	FIST PUMPING TIME (33) 0 Greenall 6 10-7 (EW)	F Gregory	108	Н
)	3-0855	BACKINFORGLORY (54) A Irvine 6 10-5	N F Houlihan (3)	103	Υ
0	590999	DARCYS HILL (22) Joanne Thomason-Murphy 7 10-4	C Leonard (5)	102	Υ
1	-7P999	DARIYA (43) D Brace 7 10-3	C Brace	105	G
2	74362	TIKI FIRE (28) N King 4 10-2	J Quinlan	112	S
3	4669	RIO SILVA (20) 0 Murphy 5 10-1 (F)	D England	99	S
4	00/362	BELLA BEAU (56) N Hawke 7 10-0 (SF)	T Buckley (5)	105	GS
5	U798/7	SPARKLING DAWN (99) R G Hawker 10 10-0 (C)	Sean Houlihan	71	Н
BET	TING: 13-	2 Rio Silva, 7 Hello Sunshine, Tiki Fire, 15-2 Glo	bal Famenglory, Paris	ian B	lue,
lar	ry's Hotti	e, 8 Doireann, Reine Fee, Bella Beau.			

3.10 NEW TOTE GUARANTEE, SP OR BETTER HANDICAP HURDLE (5) er £4,030 (12 run)

745488	MILLIES MITE (30) J Best & K Jewell 6 11-12	N F Houlihan (3)	102	(
554	SWORD BEACH (44) (V) A King 5 11-11 (SF)	T Cannon	95	(
-70P11	POKER MASTER (13) P McBride 5 11-10 (CD)	T Buckley (5)	102	ŀ
	CHRONOS (34) P Webber 5 11-7			(
	SYSTEMIC (44) G L Moore 5 11-6			(
	CHARMING GÉTAWAY (35) K Bailey 5 11-4			(
42	TORBELLINO (30) J Best & K Jewell 6 11-0 (F)	J Best	107	(
	ACE TIME (9) J R Jenkins 8 11-0 (D)			9
	SAWPIT SIENNA (22) S Drinkwater 7 10-11 (EW)			9
	INFERNO SACREE (67) (H) N Hawke 4 10-8			
	INFINITI (75) K Frost 9 10-4 (BF, D)			
	STYLE COUNCIL (44) Miss S West 6 10-0			
	4 Poker Master, 3 Sword Beach, 4 Torbellino, 10			

ng Getaway, Infiniti, 14 Ace Time. WERSTOWN PARK 8 12 2, Jordan Nailor(3) 1-3 Fav (S Thomas), 9 ran

3.50 10% MORE, BET DIRECT AT TOTE.CO.UK MAIDEN HURDLE (GBB RACE) (4) 2m Winner £5,445 (11 run)

1	7-5239	EXTRAORDINARY MAN (50) D Bridgwater 6 11-6 (F) T Scudamore	125	G				
2		HAAS BOY (46) C Longsdon 5 11-6Sean Quinlan	-	-				
3	377	HUNKY (20) Mrs C Bailey 5 11-6 (EW)						
4		MAYKIR (29) J R Jenkins 6 11-6	75	S				
5	39	PARTY ISLAND (77) D Coakley 5 11-6 Paul O'Brien	117	GS				
6			-	-				
7		TILSWORTH SAMMY (F14) (V) J R Jenkins 7 11-6 C McGivern (7)	73	GS				
8	90	AU JUS (7) M & D Easterby 6 10-13	-	GS				
ğ		SALIGO BAY (16) G L Moore 4 10-10 (SF)Jamie Moore		GS				
10		DANITA (F114) H Main 4 10-3						
11	P8	HAYKAL (F28) (H) P Phelan 4 10-3 Sean Houlihan	76	G				
BETTING: 7-4 Rathmacknee, 5-2 Saligo Bay, 9-2 Extraordinary Man, 6 Party Island, Haas Boy, 25 Au Jus, 50 Danita, 66 Haykal.								
202	21: BOMBYX	i 11 2, Brian Hughes Evens Fav (L Wadham), 9 ran.						

4 30 TOTE POOL SCHOOL NOW ON YOUTUBE HANDICAP CHASE (5)

4.3U 3m Winner £4,684 (12 run)	BETTING: 5-4 Guilin, 1-2 Arwaag, 4 Hesperantna, 10 Stevenson, 16 Iwilight Steel, Rockade,
1 021P23 LORD SPARKY (20) (B) Mrs C Bailey 8 12-4 (CD) (EW) J Andrews (5) 103 G	25 Paolo Panini, Double Dare You, Safe Passage. 2021: IMPERIAL SANDS 3 8 11, Hollie Doyle 6-4 (A Watson), drawn (2), 9 ran.
2 -4P420 ARTEMISION (35) B Pauling 6 11-12Luca Morgan (3) 101 S	
3 540-8P GEORDIE WASHINGTON (90) N Hawke 6 11-11 K Buckley (5) - S	7 00 UNIBET 3 UNIBOOSTS A DAY HANDICAP (4) 1m
4 974131 QUEEN OF THE COURT (22) J G Cann 9 11-10 (D) (F) A Bellamy (7) 99 GS	7.00 Winner £5,616 (11 run)
5 325/57 LARGY NIGHTS (69) C Longsdon 8 11-5Paul O'Brien	1 (6) 88936- FANTASY BELIEVER (149) E Walker 5 9-7 (CD) (EW)R Kingscote 94 G
6 -06811 CHAMP IS REAL (14) L Morgan 6 11-3 (D) (SF)	9-1 (9-8) 6th of 12, 8l behind Carp Kid (8-2) at Bath 1m 2f hcp 0-85 (4) gs in Oct
7 047P T'ARAISON (29) Jonjo O'Neill 5 11-2	2 (5) 2172-7 TRICOLORE (21) M Botti 4 9-5
8 26F574 BOLT N BROWN (21) G Kelleway 6 10-13	16-1 (9-8) 7th of 9, 4½l behind Proclaimer (8-11) at Kempton 1m app hcp (4yo+) (4) pol
9 O-P554 THAIS TOIR (34) A Wintle 7 10-5 K Brogan (3) 102 S	3 (11) 81111- SPIRIT OF THE BAY (182) C Cox 4 9-5 (CD) (SF)
10 435743 LESKINFERE (5) J Cornwall 9 10-1 B Poste ●104 S	2-1fav (9-2) Won at Sandown 1m flls hcp (4) sft in Sep beating Flying West (9-5) by nk
11 6905P5 CATLOW (14) (H) Miss J Davis 9 10-0	4 (2) 105-37 BRAINS (26) (B) J Osborne 6 9-5 (CD)S Osborne (3) 93 SF
12 /OP-P4 MISS MALARKY (86) J Best & K Jewell 9 10-0 J Best 43 H	(8-10) 7th of 10, 9l behind Zagato (8-13) at Sakhir(BHR) 1m 2f hcp in Feb
BETTING: 11-10 Champ Is Real, 9-2 Queen Of The Court, 8 Lord Sparky, 12 Thais Toir,	5 (8) /1030- GRAIGNES (191) G Baker 6 9-5T Whelan 72 G
14 Artemision, Bolt N Brown, T'Araison, 16 Largy Nights.	(9-1) Last of 11, 25I behind Soft Light (9-1) at Craon(FR) 1m 4f Listed stks sft in Sep
2021: MAHLER'S FIRST 9 10 13, Ciaran Gethings 11-4 Fav (V Ďartnall), 8 ran.	6 (1) 5674-3 ENOUGH ALREADY (49) H Spiller 6 9-4 (D) S Donohoe 93 G
TO THE VALUE NEW TATE AREN NO ELAT DACE (CDD DACE) (E) 2	4-1 (9-2) 3rd of 4, 5l behind Darwell Lion (9-7) at Lingfield 1m hcp 0-85 (4) pol in Jan
TOUR NEW TOTE OPEN NH FLAT RACE (GBB RACE) (3) ZIII	
5.05 YOUR NEW TOTE OPEN NH FLAT RACE (GBB RACE) (5) 2m Winner £2,178 (9 run)	7 (3) 37-899 SEVENTH KINGDOM (21) J Osborne 4 9-2
1 812 SWAPPED (52) N Henderson 5 11-10 (D) (F)	7 (3) 37-899 SEVENTH KINGDOM (21) J Osborne 4 9-2
1 812 SWAPPED (52) N Henderson 5 11-10 (D) (F)	7 (3) 37-899 SEVENTH KINGDOM (21) J Osborne 4 9-2
1 812 SWAPPED (52) N Henderson 5 11-10 (D) (F)	7 (3) 37-899 SEVENTH KINGDOM (21) J Osborne 4 9-2
1 812 SWAPPED (52) N Henderson 5 11-10 (D) (F)	7 (3) 37-899 SEVENTH KINGDOM (21) J Osborne 4 9-2
1 812 SWAPPED (52) N Henderson 5 11-10 (D) (F)	7 (3) 37-899 SEVENTH KINGDOM (21) J Osborne 4 9-2
1 812 SWAPPED (52) N Henderson 5 11-10 (D) (F)	7 (3) 37-899 SEVENTH KINGDOM (2)) J Osbornier 49-2
1 812 SWAPPED (52) N Henderson 5 11-10 (D) (F)	7 (3) 37-899 SEVENTH KINGDOM (21) J Osborne 4 9-2
1 812 SWAPPED (52) N Henderson 5 11-10 (D) (F)	7 (3) 37-899 SEVENTH KINGDOM (21) J Osborne 4 9-2
1 812 SWAPPED (52) N Henderson 5 11-10 (D) (F)	7 (3) 37-899 SEVENTH KINGDOM (2)) J Osborne 4 9-2
1 812 SWAPPED (52) N Henderson 5 11-10 (D) (F)	7 (3) 37-899 SEVENTH KINGDOM (21) J Osborne 4 9-2
1 812 SWAPPED (52) N Henderson 5 11-10 (D) (F)	7 (3) 37-899 SEVENTH KINGDOM (2)) J Osborne 4 9-2
1 812 SWAPPED (52) N Henderson 5 11-10 (D) (F)	7 (3) 37-899 SEVENTH KINGDOM (21) J Osborne 4 9-2

П	15	YOUR NEW TOTE OPEN NH FLAT RACE (Winner £2,178 (9 run)	GBB RACE) (5) 2m		
	812	SWAPPED (52) N Henderson 5 11-10 (D) (F)	J Bowen 11	10	9
	4-	CASTLE KEEP (329) M Rowley 6 11-3 (EW)	A Edwards (3) 10	07	(
	6	GIVE ME A CUDDLE (120) N King 6 11-3 (BF)	J Quinlan 6	58	(
	2F	PEMBROKE (108) D Skelton 5 11-3 (SF)	Bridget Andrews	-	
	20	ABINGWORTH (33) G L Moore 4 10-7	Jamie Moore 🌒	118	GS
		INGENNIO R Hobson 4 10-7	Lilly Pinchin (5)	-	
		THE SPIN KING T H Weston 4 10-7	Mr L Scott (7)	-	
		WATCH YOUR TOES C Dunnett 4 10-7		-	
		SHE'S OUT OF REACH G Kelleway 4 10-0	D Hiskett (3)	-	

NEWCASTLE

Į	5 .	14	PLAY 4 TO WIN AT BETWAY HANDICAP (6) 1m 4f Winner £2,970 (8 run)	SPOT FORM	0	
1			LOPES DANCER (15) H Bethell 10 9-12 (CD) Joanna Ma			ST
2			MOTARAJJA (73) K Frost 4 9-9 D I			ST
3	(4)	33230-	MYBOYMAX (100) M Hammond 4 9-8 (D) A Broo	kes (7)	70	G
4	(5)	3-48	LEOPOLDS ROCK (57) P Kirby 6 9-8	3 Curtis	71	SF
5	(8)	007-55	TOMMY R (15) Phillip Makin 4 9-4 (F)	R Scott	72	ST
6	(1)	860-56	ZUMAATY (15) Jardine 4 9-3	H Shaw	65	G
7	(7)	754-36	GHOSTLY (25) Mrs Stella Barclay 4 9-0 (SF) F McManor	man (3)	72	GF
8	(2)	111-05	AUTONOMY (15) P Kirby 6 8-12 (D) (EW)	D Swift	●79	ST
1	3-2 N	lotarajj	Tommy R, 9-2 Leopolds Rock, Ghostly, 11-2 Zumaaty, 6 ia, 8 Autonomy, 14 Myboymax.	Lopes	Dan	cer,

CHELTENHAM FESTIVAL 2022

5.45 BETWAY HANDICAP (4) 1m 2f

•	_	-	Willier 24,773 (0 rull)			
			PALLAS DANCER (13) B Ellison 5 9-12 (CD) (SF)			
			TEJANO (27) R Menzies 5 9-11 P J McDonald			
3	(5)	014-13	DRAGONS WILL RISE (40) M Hammond 6 9-7 (BF, CD) (F) B Curtis	85	SS	l
			JOMONT (34) M Dods 5 9-0 (CD)			
			MR MCCALL (21) P Kirby 4 8-9			
6	(6)	7-2331	BROKEN RIFLE (15) H Bethell 5 8-5 (CD)	87	ST	ı
BE	ETTIN	IG: 11-4	Pallas Dancer, 3 Dragons Will Rise, Broken Rifle, 4 Jomont, 10 Mr Mc	call,	12	ı

4 ALL WEATHER CHAMPIONSHIPS MILE HANDICAP (3) 1m

1111111	a).	IJ	Winner £6,480 (6 run)
				DIDEROT (31) (H) J Ferguson 4 10-0 (D) (SF)
ııııı				9-2 (9-2) 2nd of 7, 1/21 behind My Oberon (9-7) at Southwell 1m cnd stks (4yo+) (2) in Feb
illini	2	(3)	25-532	HEADINGLEY (37) D O'Meara 4 9-7 (D)
11111				8-1 (9-2) 2nd of 5, 1¾l behind Fox Power (8-3) at Wolv 1m 1f hcp 0-95 (3) in Feb
ııııı	3	(1)	24-251	IMPERIAL COMMAND (20) M Loughnane 5 9-6 (CD) (F) D Costello 97 SS
innin				9-1 (9-7) Won at Newcastle 1m hcp 0-85 (4) in Feb beating Coase (8-8) by ¾1, 6 ran
	4	(4)	412-13	STAR SHIELD (40) D O'Meara 7 9-2 (CD)
111111				12-1 (9-0) 3rd of 6, 7l behind Tyrrhenian Sea (9-3) at Newcastle 1m hcp 0-95 (3) in Feb
	5	(5)	11570-	FLYIN' HIGH (206) A Balding 4 9-1 (CD)P J McDonald 99 ST
nnn				13-2 (9-5) 11th of 16, 12l behind Farasi Lane (9-5) at Sandown 1m hcp 0-85 (4) gs in Aug
mm	6	(2)	306-25	EILEAN DUBH (32) K Burke 4 8-9
ııııı				13-8 (9-0) 5th of 8, 8l behind Alrehb (9-7) at Wolverhampton 7f hcp 0-85 (4) in Feb
				Diderot, 3 Imperial Command, 9-2 Star Shield, 6 Flyin' High, Eilean Dubh,
11111	7 H	leac	lingley.	

6.45 AWC MILE MEDIAN AUCTION MAIDEN STAKES (6) 1m

Ų	J •'	TJ	Winner £2,754 (7 run)		
	(7)	88-950	GLORYELLA (20) (B) B Rothwell 6 9-9 K O'Neill	47	SS
2	(3)	08	HELLAVAHEART (19) P Evans 3 8-11	47	ST
3	(1)	2332-	OUTSMART (146) 0 Pears 3 8-11 (SF)	69	SS
1	(2)		SPELLS AT DAWN Alex French 3 8-11	-	-
5	(5)		HIGH BORN EAGLE J O'Keeffe 3 8-6 B McHugh	-	-
5	(6)	6-2	SAORLA (18) A Balding 3 8-6 (F)	66	ST
7	(4)	3836-3	WHEAL KITTY (31) B Smart 3 8-6G Lee	₽70	ST
			Saorla, 13-8 Outsmart, 6 High Born Eagle, 10 Wheal Kitty, 14 Spells A		
33	He	llavahea	art. 100 Glorvella.		

BOUVERIE 6.00 CLIFFS OF FURY 6.30 SAFE PASSAGE 7.00 PROCLAIMER 7.30 AROUSING 8.00 MILITARY TWO STEP 8.30 THAPA VC

..... Harry Davies (7) 76 STDavid Egan 75 STC Hutchinson (5) 81 ST

......L MorrisL KeniryR Havlin

... W Carson ... J F Egan R Tart 59 ST
...Adam J McNamara -L Keniry 54 ST

.Jam

.....L Keniry 54 ST lames Doyle 667 ST ... J Haynes 49 SSJ Bryan 42 ST ... C Bishop

.... C Bishop - -...D Probert 60 STL Morris - -...David Egan 56 SS ..C Shepherd - -

..T Whelan 82 ST ...N Callan 83 SS

63 ST

LONGEST TRAVELLER

NEWSBOY 6.00 SEA GREY 6.30 GUILIN 7.00 PROCLAIMER 7.30 AROUSING 8.00 AUTHOR'S DREAM 8.30 THAPA VC

INNER LIGHT C Appleby 9-2...
0 PLANXTY (25) J Gallagher 9-2. 8 SAINT PETER (47) S Kirk 9-2

INDIAN PEARL (H) P Leech 4 10-0 6/ DWYFRAN (1013) S C Williams 5 9-9.... IMAGEMAKER Dr J Scargill 4 9-9.....

0/5 SAFE PASSAGE (18) (H) L Dace 4 9-9...
ARWAAG A Watson 3 8-11 (F)

(13) (9) (4) (1) (2)

By road, trainer Lucinda Russell sends AHOY SENOR (2.10) on a 363-mile trip from Arlary, Perth & Kinross to Cheltenham.

6.30 UNIBET SUPPORT SAFE GAMBLING MEDIAN AUCTION MAIDEN

STAKES (GBB RACE) (5) 1m Winner £3,780 (14 run)

NEWSBOY 5.14 AUTONOMY 5.45 PALLAS DANCER 6.15 DIDEROT 6.45 OUTSMART 7.15 EL BELLO 7.45 MILLION REASONS

BOUVERIE 5.14 LOPES DANCER 5.45 BROKEN RIFLE 6.15 DIDEROT 6.45 WHFAI KITTY 7.15 EL BELLO 7.45 ATRAFAN

7 15 PLAY CORAL RACING-SUPER-SERIES FOR FREE HANDICAP (5)

_			5-1-0) / i willier £3,510 (6 full)			
1	(8)	31473-	LIAMARTY DREAMS (152) K Burke 9-8 (CD) (F)	C Lee	81	S
2	(6)	99434-	MISS CALCULATION (149) R Menzies 9-7	Rodriguez	78	-
			EL BELLO (30) M Botti 9-4 (D) (SF)			
			DEFINITIVE FORCE (25) Alice Haynes 9-3 (C)			
5	(4)	840-	HOI AN BEACH (155) R Menzies 8-12	H Shaw	80	S
6	(3)	12376-	ON THE RIVER (183) B Haslam 8-11 (D)	A Mullen	80	-
7	(2)	67416-	ALASKAN WIND (156) J Mackie 8-10 (CD) (EW)	C Beasley	81	G
8	(1)	8446-6	CARACRISTI (13) P Kirby 8-6	G Leé	83	-
BE Ca	TTI	NG: 7-4 ation, 8	El Bello, 5 Liamarty Dreams, 11-2 Definitive Force, 6 On 3 Alaskan Wind, 12 Hoi An Beach, 25 Caracristi.	The River, 1	5-2 N	1is

7 45 READ KATIE WALSH ON BETWAY INSIDER HANDICAP (6) 6f

	•	T	winner £2,	11U (Y	run)					
1			MILLION REA							
			I KNOW HOV							
3	(3)	213-10	FIRCOMBE H	IALL (5	 P Kirby 4 9 	-5 (BF, CD)		B Curtis	70	G
4	(5)	-11141	ATRAFAN (12) A Brow	n 8 9-2 (CD) .			D Swift	71	S
5	(2)	80-687	BOMB SQUA	D (37) J	Mackie 4 8-11	(D)		A Mullen	69	S
6	(9)	73-620	DUE A WIN (12) B Sm	art 5 8-11 (EW)	G S	anna (7)	●73	S
7	(7)	53609-	JUNGLE INT	HEBUI	NGLE (127) N	Hammond 6 8-1	0 A Bro	okes (7)	71	-
8	(1)	327-24	RED ALLURE	(33) (V) R Menzies 7	8-9	PJN	AcDonald	70	S
9	(6)	-24565	TARNHELM (12) W St	orey 78-7 (D)		Joanna M	lason (3)	69	-
В	TTI	NG: 7-2	Million Reasor nhelm, Due A \	ıs, 4 At	rafan, 5 I Kr	now How, Red				



straight course.

DRAW: High numbers have a slight advantage

DRÄW: High numbers have a slight advantage over 5f.

TOP TRAINERS: B Haslam 49-359 (13.6%), B Ellison 46-479 (9.6%), K Burke 46-383 (12.0%), D O'Meara 37-413 (9.0%), B Menzies 35-324 (10.8%), P Kirby 34-388 (8.8%), M Dods 28-254 (11.0%), J O'Keeffe 28-242 (11.6%), B Smart 27-246 (11.0%), J O'Keeffe 29-242 (11.6%), B Smart 27-246 (11.0%), J O'Keeffe 29-242 (11.6%), B Smart 27-246 (11.0%), J J Armacho 26-253 (10.3%), A Balding 21-74 (8.8%), J Jardine 20-399 (5.0%), M Botti 20-109 (18.3%), M Hammond 18-205 (8.8%), Mrs Stella Barckay 14-148 (9.5%), A Brown 11-96 (11.5%), Phillip Makin 10-124 (8.1%), M Loughnane 10-93 (10.8%), P J McDonald 76-612 (12.4%), Daniel Tudhope 70-368 (19.0%), Callum Rodriguez 59-370 (15.9%), Andrew Mullen 33-629 (8.4%), Jason Hart 50-540 (9.3%), Graham Lee 45-627 (7.2%), Ben Robinson 36-402 (9.0%), Cam Hardie 35-672 (5.2%), Clifford Lee 24-255 (9.4%), Barry McHugh 23-290 (7.9%), Harrison Shaw 19-228 (8.3%), Daniel Muscutt 18-101 (17.8%), Connor Beasley 17-196 (8.7%).

CHEEKPIECES: 5.14 Ghostly, Zumaatly, 5.45 Pallas Dancer, Tejano, 6.15 Headingley, Star Shield 7.15 Definitive Force*, 7.45 Atrafan, Bomb Squad, Due A Win. (*=1st time).

PROFITABLE RACES FOR FAVS: None.

TOP DOG'S BEST

TOP DOG'S BEST

NOTTINGHAM 11.06 Billis Hawk (4-5-1)
11.21 Risky Rocco (3-1-2) 11.36 Marffield
Virgil (4-3-5) 11.51 Ticktiy Elsa (3-2-4)
12.06 Jaynes Ruby (6-5-2) 12.21 Midshipman (4-5-2) 12.36 De Bumblebee (1-6-3)
12.51 Amazing Talent (2-6-3) 1.06 Wellington (3-2-1) 1.21 Cassys Diva (Nap)
(3-4-6) 1.36 Sarahs Rose (3-6-2) 1.51
Gulleen Act (5-2-3).
SWINDON 11.13 Anns Lucie (Nap) (6-3-1)
11.28 Wychwood Max (6-5-3) 11.43
Westwell Claire (4-5-2) 11.58 Norton
Lad (5-2-1) 12.13 Moss Row Aine (2-5-3) 12.84
Dapper Ruby (3-1-2) 12.58 Ashway
Pearl (3-1-5) 1.13 Shes Mine (6-3-5) 12.8
Ballygibba Sea (2-4-1) 1.44 Jetstream
Spring (2-3-1) 1.59 Ringsend Ruby (6-4-1).

NEWCASTLE 2.04 Droopys Eye (2-6-4)
131 Danier Curil (4-6-5) 278 Blackbouse

4-1). NEWCASTLE 2.04 Droopys Eye (2-6-4) 2.19 Dower Cyril (4-6-5) 2.36 Blackhouse Bear (3-2-1) 2.54 Droopys Verity (1-5-6) 3.09 Nakas Left Peg (2-6-4) 3.26 Dodgy Pete (3-1-5) 3.44 Ask The Doctor (1-3-2) 4.04 Nice As Ice (Nap) (6-2-5) 4.23 Hather Teddy (5-1-4) 4.43 Carneys Shell (4-1-6) 5.03 Ice Cream (5-3-2) 5.22 Sonic Vegas (1-3-4).

KEMPTON

7.30 TRY OUR NEW PRICE BOOSTS AT UNIBET HANDICAP (3) 6f Winner £7,731 (12 run) ..T Ladd (3) 94 SS

2	(6)	62600-	YAZAMAN (195) R Cowell 4 9-7			GF
			33-1 (9-5) 10th of 11, 7l behind Strike Red (9-5) at Newcastle 6f hos	эр (3) in Sep		
3	(1)	15315-	· LITTLE BOY BLUE (249) W G M Turner 7 9-7 (D) L B	rowne (7)	94	G
			12-1 (10-0) 5th of 12, 4l behind Top Secret (9-1) at Ascot 7f hcp 0-8			
4	(8)	213-21	AROUSING (7) W Haggas 4 9-7 (CD) (SF)			
			3-1 (9-7) Won at Kempton 6f app hcp (0-85) (4yo+) (4) pol bt Man	y À Star (9-4	4) by	1341
5	(9)	00-877	COUNT OTTO (12) (B) A Perrett 7 9-6 (CD)			G
			14-1 (9-7) 7th of 8, 3l behind Jack's Point (9-4) at Lingfield 6f hcp			
6	(5)	51410-	 SECRET HANDSHEIKH (157) (B) J Gallagher 4 9-2 (D) (EW) 			
			40-1 (8-5) Last of 12, 171 behind Spanish Star (9-1) at Goodwood 6f I			0ct
7	(3)	33339-	PRINCE OF ABINGTON (153) (V) J Chapple-Hyam 4 9-2 (D) J			G
			12-1 (9-4) 9th of 10, 13l behind If You Dare (9-5) at Chelmsford City			
8	(10)	6-2221	TYGER BAY (21) (B) C Allen 5 9-0 (CD)			
			7-2fav (9-5) Won at Kempton 6f hcp 0-75 (5) pol in Feb beating Si	Gregory (8	-1) by	1341
٥	/12\	051-62	COOD HIMOD (27) C C Williams E 0-10 (C)	Chanhard	00	СТ

D Probert 97 GF

2-flav (8-8) 3rd or 8, |/82 benind 24x5 Foint (9-4) at Lingield of ncp (0-90) (3) pol 12 (2) 611294 BOBBY ON THE BEAT (13) P McEntee 4-8 (CD), ..., 30-sephine Gordon 96 GF 22-1 (9-7) 4th of 10, 11/4l behind Intervention (8-8) at Southwell 6f hcap 0-70 (5) BETTING: 6-4 Arousing, 7-2 Puerto De Vega, 9-2 Tyger Bay, 12 Mohareb, Good Humor, 16 Idoaplogies, 20 Secret Handsheikh, Count Otto, Bobby On The Beat. 2021: CAPOTE'S DREAM 4 9 5, Hollie Doyle 8-11 Fav (T Ward), drawn (3), 8 ran.

8.00 Winner EX,731 (8 run)

· · · · · · · · · · · · · · · ·								
1 (7) 151-31 AUTHOR'S DREAM (36) (V) W Knight 9 9-11 (CD) (SF)	94	ST						
2 (6) 1535-2 MILITARY TWO STEP (30) C & M Johnston 4 9-8 (D) (EW) J Fanning	92	S						
3 (3) 684-32 JUST IN TIME (36) A King 8 9-6 (C) (F)	9 5	G						
4 (5) 24-115 RESUMPTION (29) W Haggas 4 9-4	93	SS						
5 (8) 21514/ HIGH WELLS (J534) (V) F O'Brien 8 9-3 (CD)	-	-						
6 (2) 2215-5 JUSTUS (67) Williams 4 9-0	88	SS						
7 (4) 23223/ RED ROYALIST (J41) S Edmunds 8 9-0	-	-						
8 (1) 82-412 CHASE THE DOLLAR (20) D Loughnane 4 9-0 (BF)Rossa Ryan	93	ST						
BETTING: 5-2 Resumption, 11-4 Chase The Dollar, 5 Just In Time, Author's Dream, 8 Military								
Two Step, 10 Red Royalist, 20 High Wells, 25 Justus.								
2021: CLEONTE 8 0 0 Joshua Bryan(2) 6-1 (A Balding) drawn (2) 5 ran								

202: CLEONTE 8 99, Joshua Bryan(3) 6-1 (A Balding), drawn (3), 5 ran. 8.30 Winner £5,616 (13 run)

•	_	-	Willier 25,010 (15 Idil)		
1	(1)	5-5111	DEMBE (7) B Johnson 4 9-10 (CD) (SF)Rossa Ryan	85	ST
2	(4)	1140-8	TWILIGHT HEIR (12) S Durack 4 9-7 S W Kelly	90	SS
			ZHUI FENG (215) T Ward 9 9-7 (CD)		
			SIR TITAN (53) A Carroll 8 9-6 (CD)	89	G
5	(10)	9800-	ENCOURAGED (248) J Fanshawe 4 9-5D Probert	-	-
6	(5)	214-93	FOLLOW YOUR HEART (41) M Loughnane 4 9-3 (CD) A Farragher (5)	91	ST
7	(3)	82-111	THAPA VC (21) M Rimell 4 9-3 (CD) (F)	89	ST
8	(8)	551/76	MAIN TARGET (27) K P De Foy 4 9-2 (D)	79	ST
9	(12)	4557-1	SAYIFYOUWILL (21) A Perrett 4 9-2 (CD)R Hornby	89	ST
10	(11)	54128-	GOSNAY GOLD (171) S Dow 4 9-1 (D) (EW)L Morris	87	G
11	(7)	/8130-	LOCKDOWN (168) (H) G Baker 4 9-1 (C)T Whelan	89	GF
12	(13)	123/6-	JOHNNY REB (426) R Teal 6 8-13 (CD) K Shoemark	-	-
13	(6)	314-11	GOT NO DOLLARS (27) S C Williams 4 8-12 (CD)	92	ST
В	ETTII	NG: 4 G	ot No Dollars, 9-2 Dembe, 5 Thapa VC, Sayifyouwill, 10 Encouraged, Follo	w Y	our

TOTESCOOP6 TODAY'S RACES

Leg 1: 2.10 Cheltenham; Leg 2: 2.50x Cheltenham; Leg 3: 3.30 Cheltenham Leg 4: 4.10 Cheltenham; Leg 5: 4.50 Cheltenham; Leg 6: 5.30 Cheltenham WIN FUND: £60,343 BONUS FUND: £15,643

SPOTFORM GOINGS

Heavy - H; Soft - S; Good to soft - GS; Good - G; Good to firm - GF; Firm - FM; Hard - HD; Yielding - Y; Yielding to soft - Y S. A-W: Standard - ST; Slow - SL; Standard to fast - SF, Standard to slow- SS

GOING: Standard to Slow.

COURSE: Right-handed Polytrack all-weather course. 1m round with tight turns and a 3f run-in.

DRAW: No advantage.

TOP TRAINERS: J. & T Gosden 88-369 (23.8%), A Balding 63-413 (15.3%), A Watson 54-273 (19.8%), C Appleby 52-146 (35.6%), C & M Johnston 46-353 (13.0%), C Cox 44-339 (13.0%), E Walker 41-299 (13.7%), M Botti 41-388 (10.6%), A King 38-350 (10.9%), W Hagga 56-208 (17.3%), M Appleby 34-293 (11.6%), J Fanshawe 34-291 (11.7%), S C Williams 33-272 (12.1%), R Hughes 31-290 (10.7%), A Carroll 31-464 (6.7%), W Knight 28-251 (11.2%), J Osborne 22-234 (9.4%), G Baker 20-166 (12.0%), A Perett 20-210 (9.5%), M Loughnane 19-230 (8.3%).

19-230 (8.3%). **FOP JOCKEYS:** David Probert 86-847 TOP JOCKEYS: David Probert 86-847 (10.2%), James Doyle 77-340 (22.6%), Luke Morris 71-905 (7.8%), Robert Havlin 66-421 (15.7%), Richard Kingscote 54-409 (13.2%), Roberthy 48-463 (10.4%), William Buick 46-195 (23.6%), Jack Mitchell 46-348 (13.2%), Rossa Ryan 40-341 (11.7%), Callum Shepherd 36-420 (8.6%), Kieran Shoemark 33-365 (9.0%), Shane W Kelly 33-504 (6.5%), Liam Keniry 32-505 (6.3%), Kincal Currie 31-322 (9.6%), David Egan 30-254 (11.8%), Hector Crouch 28-326 (6.6%). 1ST TIME BLINKERS: 6.30 Safe Passagae.

CHEEKPIECES: 7.00 Tricolore, 8.00 Just In

Time, Justus, Red Royalist. **TONGUE STRAPS:** 6.30 Arwaag*, 7.30 Good Humor, Idoapologise, Puerto De Vega, Tyger Bay, 8.30 Follow Your Heart, Got No Dollars,

Too, Graignes.

1ST TIME HOODS: 6.30 Indian Pearl.
PROFITABLE RACES FOR FAVS:



IN FORM David Probert

TOMORROW'S **CHELTENHAM RUNNERS AND RIDERS** SEE P

CHELTENHAM

TOMORROW ITV: FIRST FIVE RACES

TURNERS NOVICES' CHASE (GRADE 1) (1) 2m 4f Winner £98,472 (4 run) 111-11 BOB OLINGER (60) H De Bromhead (IRE) 7 11-4 (C, D) (SF) Rachael Blackmore 175 S Mr P W Mullins 150 YS 11-231 FL RARRA (4) W P Mullins (IRF) 8 11-4...

PERTEMPS NETWORK FINAL HANDICAP HURDLE (GRADE 3) (GBB RACE) (1) 3m Winner £56,270 (24 run) 2.10 32-2P4 SIRE DU BERLAIS (61) (B) G Elliott (IRE) 10 11-12 (CD) (SF

Mr R James (7) €165 GS 005211 BALLYANDY (19) N Twiston-Davies 11 11-6 (C, D)......Mr Finn Lambert (10) 158 S 5P-260 DALLAS DES PICTONS (40) (B) G Elliott (IRE) 911-0 (D)

SASSY YET CLASSY (89) (IN: CHIVE) 7117-(10) DN Russell HOREST VIC (48) (IB) H Daly 9 10-11 (CD). R Patrick THIRD WIND (26) H Morrison 8 10-11 (D). T J O'Brien TULLYBEG (145) 6 Elliott (IRE) 7 10-10 (IBF, D). D O'Regan | 19-733 | THIRD WIND (26) | MORTISON 810-10 (10) | T. J. O'Brien | 159 |
19-716	DAME DE COMPAGNIE (81) N Henderson 9 10-9 (C)	D. O'Regan	155 6	
19-716	DAME DE COMPAGNIE (81) N Henderson 9 10-9 (C)	A Coleman	142	
17-1412	STONEY MOUNTAIN (75) J Snowden 9 10-9 (C)	G Sheehan	158	
17-1412	MILL GREEN (26) N Henderson 10 10-8	N De Boinville	157	
1215-5	ALAPHILIPPE (61) F O'Brien 8 10-8 (D)	P Brennan	155	
15-15-15	ALAPHILIPPE (61) F O'Brien 8 10-8 (D)	P Brennan	155	
15-15-15	ALAPHILIPPE (61) F O'Brien 8 10-8 (P)	P Downend	156	
15-15-15	ALAPHILIPPE (61) F O'Brien 8 10-8 (P)	P Townend	156	
15-15-15	ALAPHILIPPE (61) F O'Brien 8 10-8 (P)	P Townend	156	
15-15-15	ALAPHILIPPE (81) F O'Brien 8 10-8 (P)	P Townend	156	
15-15-15	ALAPHILIPPE (81) F O'Brien 8 10-8 (P)	P Townend	156	
15-15	ALAPHILIPPE (81) F O'Brien 8 10-8 (P)	P Townend	156	
15-15	ALAPHILIPPE (81) F O'Brien 8 10-8 (P)	P Townend	156	
15-15	ALAPHILIPPE (81) F O'Brien 8 10-8 (P)	P Townend	156	
15-15	ALAPHILIPPE (81) F O'Brien 8 10-8 (P)	P Townend	156	
15-15	ALAPHILIPPE (81) F O'Brien 8 10-8 (P)	P Townend	156	
15-15	ALAPHILIPPE (81) F O'Brien 8 10-8 (P)	P Townend	156	
15-15	ALAPHILIPPE (81) F O'Brien 8 10-8 (P)	P Townend	156	
15-15	ALAPHILIPPE (81) F O'Brien 8 10-8 (P)	P Townend	156	
15-15	ALAPHILIPPE (81) F O'Brien 8 10-8 (P)	P Townend	156	
15-15	ALAPHILIPPE (81) F O'Brien 8 10-8 (P)	P Townend	156	
15-15	ALAPHILIPPE (81) F O'Brien 8 10-8 (P)	P Townend 8 157	P Townend	156
15-15	ALAPHILIPPE (81) F O'Brien 8 10-8 (P)	P Townend 8 157	P Townend 8 157	P Townend 8 157

MRS MILNER 6 10 9, Bryan Cooper 12-1 (P Nolan(Ire)), 22 ran.

SO RYANAIR CHASE (REGISTERED AS THE FESTIVAL TROPHY)

(GRADE 1) (GBB RACE) (1) Zm 5f Winner £211,012 (9 run)

112-11 ALLAHO (53) W P Mullins (IRE) 8 11-10 (CD) (SF). P Townend 181 GY

4-U211 CONFLATED (40) G Elliott (IRE) 8 11-10 (F). D N Russell 172 Y

5-1321 ELDORADO ALLEN (33) C Tizzard 8 11-10 (C) ... B J Powell 170 GS

5-4123 FANION D'ESTRUVAL (26) V Williams 71-10. C Deutsch 170 S

12-253 JANIDIL (40) W P Mullins (IRE) 10 11-10 (EW) ... Mr P Walsh 169 YS

PP-341 MELON (26) W P Mullins (IRE) 10 11-10 (CD) ... J Bowen 171 S

4/U-3P SAINT CALVADOS (26) P Nicholls 9 11-10 (CD) ... J Bowen 171 S

1252-F SHAN BLUE (138) D Skelton 8 11-10 (BF) ... H Skelton 154 GS 1252-F SHAN BLUE (138) D Skelton 8 11-10 (BF). ... H Skelton 154 GS BETTING: 8-13 Allaho, 11-2 Conflated, 8 Shan Blue, 12 Janidil, 14 Eldorado Allen, 16 Mel 25 Mister Fisher, Saint Calvados, 33 Fanion D'estruval. 202: ALLAHO 7 11 10, Rachael Blackmore 3-1 Fav (W P Mullins(Ire)), 11 ran.

3.30 PADDY POWER STAYERS' HURDLE (GRADE 1) (GBB RACE) (1)
3m Winner £182,878 (10 run)

TING: 3 Flooring Porter, 10-3 Thyme Hill, 7-2 Klassical Dream, 9-2 Champ, 13-2 Paisley 6, 8 Royal Kahala, 33 Lisnagar Oscar, Home By The Lee. FLOORING PORTER 6 11 10, Danny Mullins 12-1 (G Cromwell((Ire)), 15 ran.

CRAFT IRISH WHISKEY CO. PLATE HANDICAP CHASE (GRADE 3) (GBB RACE) (1) 2m 5f Winner £67,524 (22 run) ... Mr R James (7) 162 H Cobden 163

GOING: Good to Soft-Soft in places.
COURSE: The new course is left-handed, oval
and of a testing nature, slightly longer than one and a
half miles in extent and has ten fleens on 46-312 (14.7%),
WP Mullins 31-261 (11.9%), G Elliott 28-177
(15.8%), P Michols 23-266 (8.6%), D Skelton 23-240
(9.6%), F O'Brien 22-179 (12.3%).
TRAINER TARGETS WP Mullins won the
1.30 in 112, '15, '16 and '17. G Elliott won the 2.10 in
18, '19 and '20. WP Mullins won the 2.50 in '16, '17, '20 and '21. WP Mullins won the 4.50 in '16, '17, '18, '19 and '20.
G Elliott won the 5.30 in '16 and '20.
TOP JOCKEYS: Harry Skelton 23-190 (12.1%),
Nico De Boinville 21-137 (15.3%), Paddy Brennan
18-156 (11.5%), Sam Twiston-Davies 18-212 (8.5%),
Aldan Coleman 17-135 (12.6%).
1ST TIME BLINKERS: 2.10 Coeur Serein,

Aidan Coleman 17-135 (12.6%). 1ST TIME BLINKERS: 2.10 Coeur Serein,

CHEEKPIECES: 2.10 Dame De Compagnie*, Dunboyne, Kansas City Chief, Pileon, Small Present*, The Cob, The Jam Man, 2.50 Melon, 3.30 Koshari, Lisnagar Oscar, 4.10 Cavalry Master*, Hardline*, Simply The Bets*, Sprintoffhegames, 5.30 Frontal Assault, Larry, Mint Condition*, Rocco.

TONGUE STAPS: 2.10 Alaphilippe*, Go Another One, Remastered, Sire Du Berlais, Tullybeg, Whatsnotoknow, 2.50 Allaho, Eldorado Allen, Saint Calvados, 3.30 Flooring Porter, Paisley Park, 4.10 Adrimel, Cavalry Master*, Chinwag, Fire Away, Grand Paradis, Imperial Alezas, Stale House, Stolen Silver, 4.50 Party Central, Choice Of Words, Love Envol, Hors Piste, Mayhem Mya*, Say Goodbye, 5.30 Almazhar Garde, Cat Tiger, Janika, Larry, Lord Accord, Powerstown Park, Smoking Gun, (*=1st time).

1ST RUN SINCE WIND OP: 2.10 Minter Fon.

1ST TIME HOODS: 2.10 Winter Fog. PROFITABLE RACES FOR FAVS: 3.30.

4 50 RYANAIR MARES' NOVICES' HURDLE (GRADE 2) (GBB RACE) (1)

4		2m 1f Winner £59,084 (22 run)		
•				
	1115	IMPERVIOUS (109) Colm Murphy (IRE) 6 11-7 (D)	139	S
	1-1111	LOVE ENVOI (28) H Fry 6 11-7	138	Н
}	1-1411	PARTY CENTRAL (39) G Elliott (IRE) 6 11-7 D N Russell	141	Υ
ļ		STATUAIRE (39) (H) W P Mullins (IRE) 7 11-7 D E Mullins		G
,	2-1422	CHOICE OF WORDS (33) M Brassil (IRE) 7 11-5	133	S
,	111F23	NINA THE TERRIER (28) A King 6 11-5 (D) T Bellamy	134	Ğ
•	36-416	TWEED SKIRT (57) N Henderson 5 11-5	124	Ğ
1		AHORSEWITHNONAME (77) N Henderson 7 11-2 (D)N De Boinville		GS
,		BRAGANZA (47) W P Mullins (IRE) 7 11-2S O'Keeffe		
n		BRANDY LOVE (47) W P Mullins (IRE) 6 11-2 (BF) (F) P Townend		
ĭ		DINOBLUE (70) W P Mullins (IRE) 5 11-2 (D) (SF)		H
1	(1.145	CDANCEE (47) WE MUIIIIIS (IRE) 3 112 (U) (31)	143	
٤	01-141	GRANGEE (47) W P Mullins (IRE) 6 11-2 Mr P W Mullins	142	YS
3		HEIA (36) W P Mullins (IRE) 5 11-2Rachael Blackmore		S
4	1580	HIDDEN LAND (F13) A Kinirons (IRE) 5 11-2 S Twiston-Davies	122	G
5		HORS PISTE (28) W P Mullins (IRE) 5 11-2B J Cooper		Н
6		MAYHEM MYA (55) Chris Honour 5 11-2 B Carver		Н
7	4243-U	MIGHTY BLUE (33) J P O'Brien (IRE) 6 11-2 (BF)	146	GS
8	081243	MONISHTER ARE MWEE (28) (H) Jayne Hearne 6 11-2 (D) I J Power	134	GY
9	112	NURSE SUSAN (55) D Skelton 5 11-2 (BF, D) (EW)	140	Н
0		SAY GOODBYE (39) G Elliott (IRE) 611-2R M Power		Ÿ
1		THE PLAYER QUEEN (25) R Dobbin 6 11-2 (CD)Craig Nichol		Ġ
2		WALK IN CLOVER (37) D Skelton 5 11-2 (BF)		Š
_		Dinoblue, 10-3 Brandy Love, 11-2 Party Central, 15-2 Grangee, 8 Imp		-
		1/1 Statuaire 16 Choice Of Words Nurse Susan	CI VIC	Jus,

12 Love Envoi, 14 Statuaire, 16 Choice Of Words, Nurse Susan. 2021: TELMESOMETHINGGIRL 6 11 2, Rachael Blackmore 5-1 (H De Bromhead(Ire)), 15 ran.

,	31-366	AIN I IIIAI A JIIAME (34) II DE DIVIIIIEGU (IKL) O II II (DE)		
		Mr Ben Harvey (3)	142	Υ
4	50-67P	JANIKA (47) (B) N Henderson 9 11-10Mr B Bromley (3)	152	S
5	3-2521	CAT TIGER (54) P Nicholls 8 11-9 (EW)Mr D Maxwell	150	S
6	2436-1	SCHOOL BOY HOURS (80) N Meade (IRE) 9 11-9 (F)Mr D O'Connor	147	GY
7		ELEGANT ESCAPE (32) (B) C Tizzard 10 11-7 (BF) Miss T Eyston (7)		GS
В		SMOKING GUN (36) (B) G Elliott (IRE) 9 11-7		S
B 9		MISTER FOGPATCHES (49) P A Fahv (IRE) 8 11-7 Mr P W Mullins	146	S
	662722	ALMAZHAR GARDE (31) (B) C Longsdon 7 11-6 Mr M J M O'Sullivan (3)		GS
11		MISTER COFFEY (40) N Henderson 7 11-4Mr S Waley-Cohen		GS
12		LORD ACCORD (22) N Mulholland 7 11-4 Mr J Hendrick (7)		
13	543512	MINDSMADEUP (124) M J Smith (IRE) 11 11-4	144	G
14	36-152	COME ON TEDDY (58) TR George 8 11-4 (C) Mr W Biddick	151	S
15	11-211	COME ON TEDDY (58) T R George 8 11-4 (C)	153	S
16	-8214P	MINT CONDITION (26) J Candlish 8 11-3	154	Ĥ
17	5-927P	THE MIGHTY DON (75) N Gifford 10 11-2 (C)	152	GS
10 11 12 13 14 15 16 17	34/743	GLENLOE (60) G Elliott (IRE) 11 11-1 (BF)	141	Н
	-241PP	ROCCO (47) N Twiston-Davies 9 11-1Mr Z Baker	152	G
20	-12211	CHAMBARD (11) V Williams 10 11-1Miss L M Turner (3)	149	S
21		LARRY (26) G L Moore 9 11-0 Mr F Mitchell		
22		RIGHTPLACERIGHTIME (11) E Mullins (IRE) 7 10-11 (BF)		

-U51P1 POWERSTOWN PARK (45) S Thomas 9 10-11..... 614-64 RED INFANTRY (103) (V) I Williams 12 10-10 (D).... 628484 DIDERO VALLIS (9) (B) V Williams 9 10-8......



David Yates with the latest Festival news



Renton plays down the relevance of small field

four-runner line-up for tomorrow's Turners Novices' Chase was 'disappointing'' as Galopin Des Champs (above) and Bob Olinger frightened away the opposition.

The Irish stars face off for the two-and-a-half-mile Grade 1 test, with the quartet completed by compatriots El Barra and Busselton.

Arkle beat three opponents to lift the Cheltenham Gold Cup in 1964 and 1965, but tomorrow's line-up is the smallest at the Festival in the modern era. "Obviously it's a disappointing

Cheltenham's managing director lan Renton.

"In essence, we've obviously got two extremely good horses and, rather than just coming here with little chance, I presume a lot of owners and trainers feel it's difficult to oppose them."

But Renton said the turnout would not impact upon any future plans for a five-day Festival.

"I don't think it's relevant." he added. 'We've seen ups and downs in all the field sizes this week. We look at each individual race every year.

NICO DE BOINVILLE was slashed to 7-1 (from 16-1) for the Cheltenham Festival's top jockey prize after a Tuesday double aboard Constitution Hill and Marie's Rock.

William Hill's Tony Kenny said: "With Shishkin in the Queen **Mother Champion** Chase, Nico de Boinville has got a golden chance to

extend his lead Paul Townend failed to register a winner and he's now 5-6 from 4-6.

"Rachael Blackmore was brilliant on Honeysuckle and is 9-2 from 11-2 to retain her title.

"In the top trainer betting, Willie Mullins has hardened from 2-5 to 1-3."

CHELTENHAM celebrated the return of racegoers to the Festival with a record first-day crowd of 68,567.

The figure eclipsed the Tuesday attendance of 67,934 in 2019 and Cheltenham's managing director Ian Renton said: "More than 68,000 people can say, 'I was there' for Honeysuckle and Rachael Blackmore.

"Racegoers have been extremely generous in donating towards the Red Cross Ukraine Appeal and we look forward to being able to confirm how much money has been raised."

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